Above The Rest

Erin
Stay Crazy
I'm still fun
It was Dull, remember
I'm sorry I have a good summer
and well's I have a good knowledge life
good luck
anny afton

Erin
I hope you
have a nice
summer. wish
you could have met
your carrier in the
can. don't forget to call!
Friends Always.
Jennifer Stern
1516-0496 - 1769 Worthridge
Heights, CA 95610.

Erin,
have a nice summer,
and have a nice
career after graduation
Your Friend,
Mike Morrell

Erin,
You have acted
weird all year.
John Sternagle

Erin,
this year has been pretty
Fun, See you sometime
over the summer
Glen

Erin,
It was nice
meeting you this
year. I think you're
very nice and very
sweet. But you're
kind of short for
a Senior. Hope to
see ya over the
summer K.I.T
723-9806
Tim Adkins

Erin
have a nice
summer
and forget
about the
dollar
Love,
Bill
Bennett

ERIN,
HAVE A GREAT SUMMER
AND TAKE CARE KID!
SD VOLTRO

Erin
Have a great
Summer and good
luck in your marriage.
Ben #95

Hi Erin
it's been nice
knowin ya, have
a nice summer
bum
Brian Sattler

Erin,

Yo Erin
It was nice
knowing you
Hope I see you
over the summer
have a great
summer if I don't
see you at grad-
uation Congraqulate
good luck
Kit
9661353
don't forget always
me.
Friends
Theeds.

Erin Even though I
don't know you
that well It was
nice having ya
in math Have
a killer summer
Bunsberey
Anne
Lewis

Erin,
Stay cool this Summer
and stay away from
Jerks like Dan Brew.
Bye John Bittner

Well it's been
real nice knowing
Yah good luck in
everything your
do.
"85
Friends
always
Always!!*
Thanks!

Erin
Have a
Really good
Summer
Yo
Milan
Thanks

Have a great
Summer. take it
easy. Mark Cooley

Have a great summer
and get stoned To
See you next year
Dan Tobin

Erin,
Have a Bitchin
Summer and Party
Te hardy. See you
later and have a great
Summer and Stay in
Touch

Erin,
I hope you have a great summer. It's been really fun being in some of your classes. Good luck in the future!
Love ya,
Cindy Rife

P.S. Congradulations!

Erin,
Have a good ~~time~~ life
Best regards
Matt Fredricks

Erin,
melonie called me a "Jerk"
Hi hope for your new
car
bell rang
Phil

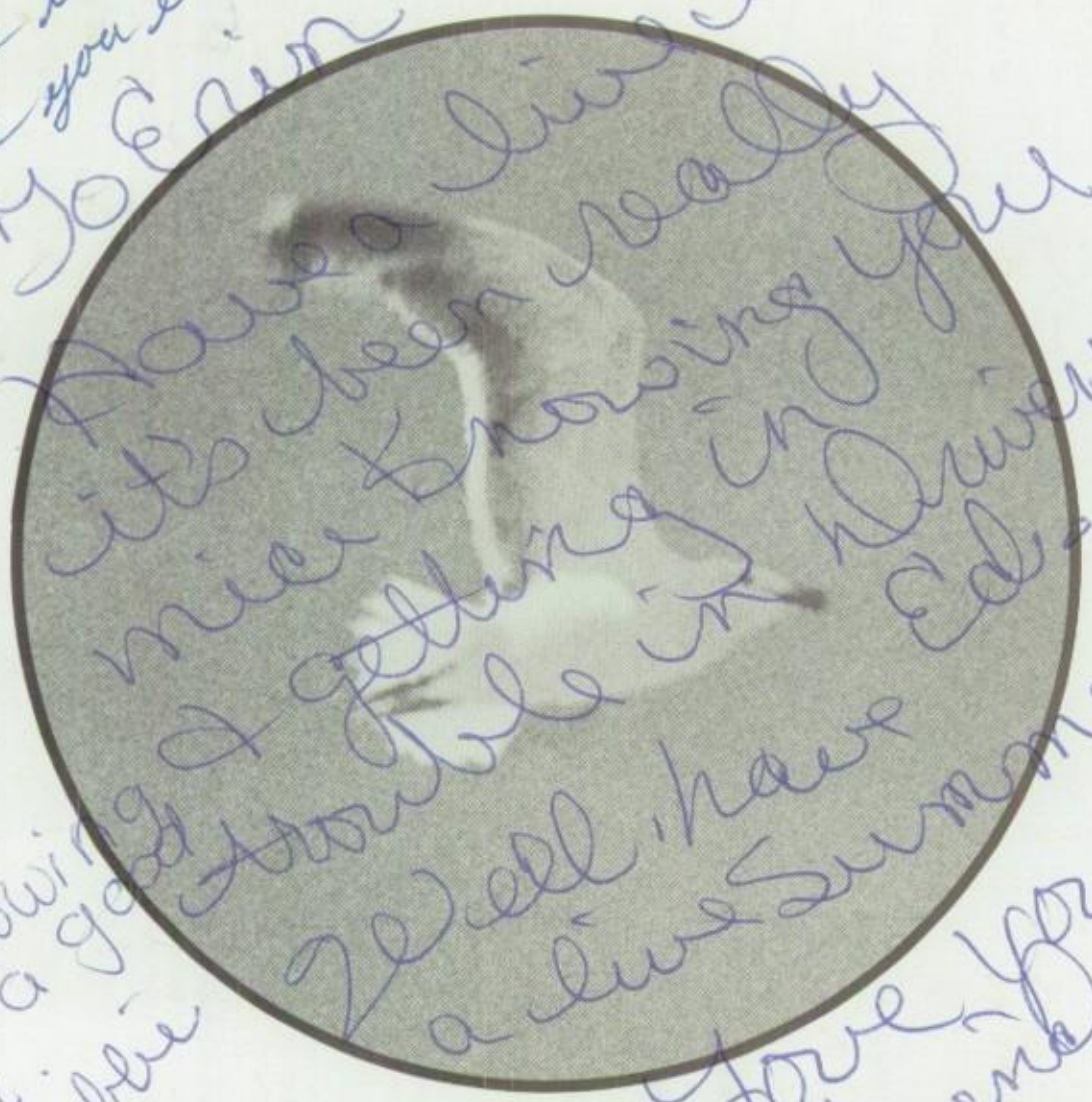
Erin,
I'm glad I got to know you because you're such a sweet person and have a good future.
Lenny young

Erin,
Hope you make it in the long run
Luck

Erin, well another close friendship
Hi I like to later!
Looks comes still
Your were see
Bye
1987

Erin;
Bio 1000's
anytime you want to
come over come on over!
K.I.T. - 9604(6?
Jerrie

Erin,
Thanks for all the help you've given me. I hope you have a great summer and a great year next year. Maybe we can do something together next year. Have fun.
Melanie Gilmore



San Juan soars, like a seagull, Above the Rest

1984 GREENBACK NOTES

San Juan High School

7551 Greenback Lane

Citrus Heights, California 95610

Volume 60

Spartans Are Above the Rest

Everyone strives to be the best at something, whether it be grades, sports or popularity. Unfortunately people often only recall or notice mistakes and flaws. Like people, schools try to be at the top of the heap, but they can never shed the often negative image others put on them. However, there are exceptions to this no-win scenario. San Juan High School is such an exception. It's not the name that makes San Juan commanding, it's the dignity and spirit of the students, and the students themselves.

Reaching to soar above the expectations and judgments of the community and school rivals should be the Spartan goal, one easily attained. As in ancient Sparta, where men under stern discipline became a dominating force, so should San Juan carry out the victorious Spartan tradition of being Above the Rest.

2

3.

Erin,

Hey ya kiddo, you better be cool now that your out of high school. It's been great talking to and dancing with you this year. Oh well, whatever happened to you and that guy. Caron, ya'know the guy with the tennis raquet. Well, have a great summer and take care. Just think I only have one more year too.

Love ya,

KIT

723-6035

P.S. Don't do anything I would do.

Dear Erin,

You've been a good friend. Take advantage and have a fantastic life!

Love,

Ann Marie

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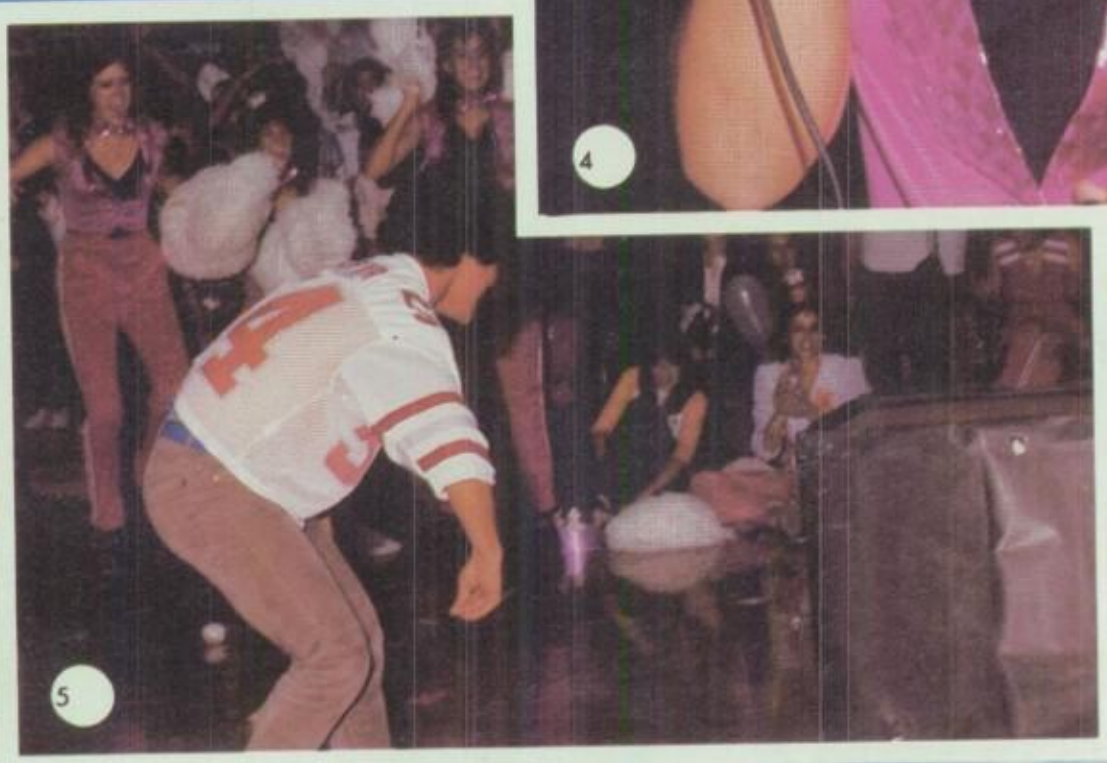

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1 Photo courtesy of Mr. Marston 2 Photo courtesy of Mr. Marston 3 The J.V. cheerleaders take a ride in Wendy Kniesel's convertible. 4 To kick off the songleaders' Homecoming routine, Jodi Bell sings the Broadway hit "Let Me Entertain You". 5 Jimmy Lepper cheers Chris Gopez to a senior victory in the [illegible] race on Homecoming day.

1. Spartans pounce their opponents, the Del Campo Cougars. 2. Laurie Breece entertains at the Homecoming rally. 3. Jolene Collum eyes the crowd. 4. Seniors show their superior spirit at the Homecoming rally.

Dear Erin,
Hi, I wish
I would have
gotten to know you
better oh well maybe
next year. Have a great
summer. Your friend,
Laura Lewis
H.H. 725-1389

Spirit's on the Rise

The spirit of the Spartans is definitely on the rise. The increase in participation is a sign of the spirit and pride students have taken in San Juan High. Increased enthusiasm in both sports and club activities demonstrates the overwhelming interest and support of the students. The Mighty Spartans' spirit is evident in class competitions, rallies, and our victorious games. Increased community support of our "home" further sparks the Spartans spirit. It is this spirit that makes San Juan High what it is. It shows other schools we have what it takes. Our spirit really shines . . . Above The Rest.

Dear Erin,
I don't know you very well but you are a very nice person. Have a nice summer. Stay cool
Peahanya Martin

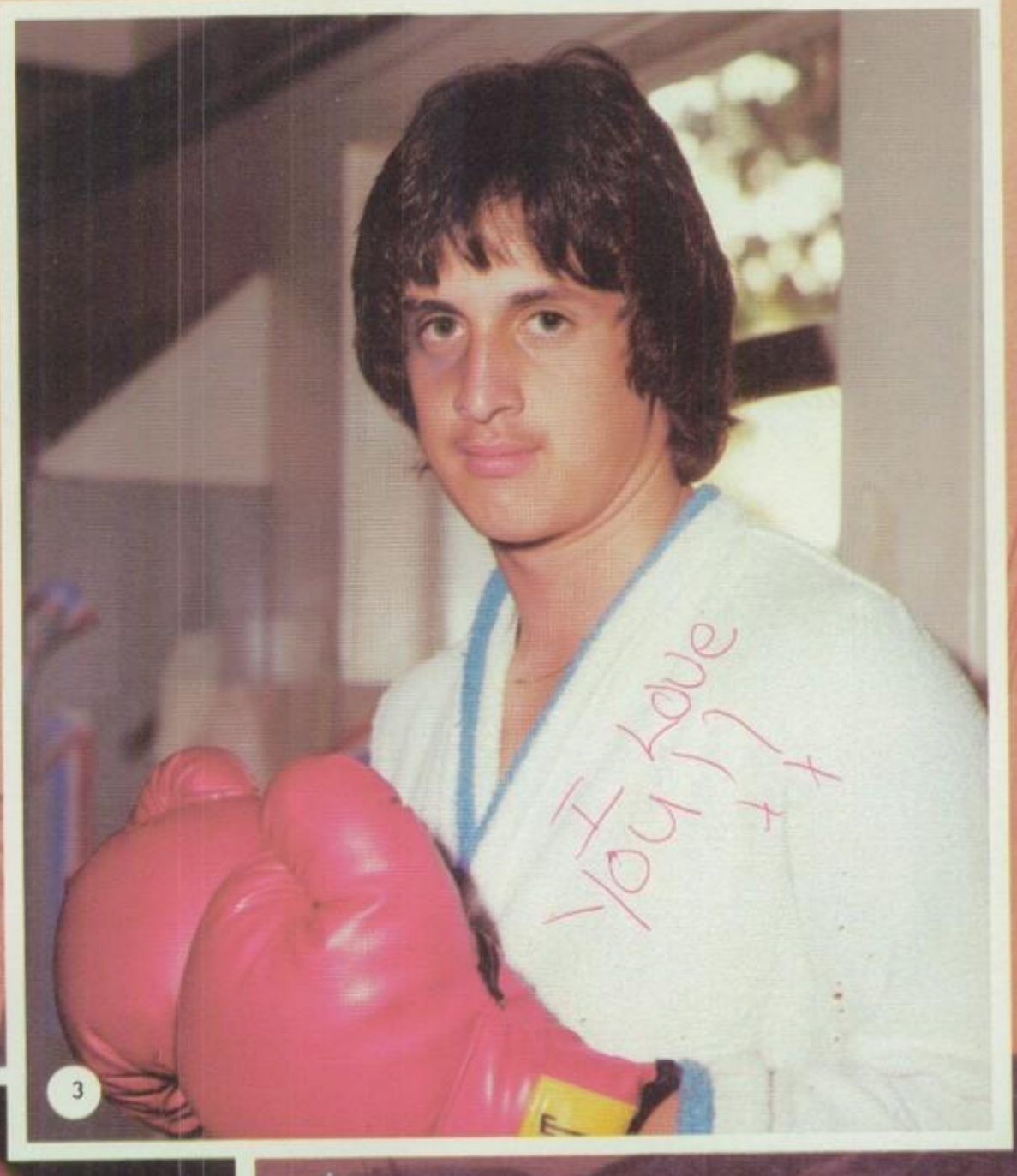
San Juan Presents a New Image

Exceedingly great school spirit must have its roots in something worth being enthusiastic about. Many other schools have thought San Juan to be an old, dusty school, but the anxiously awaited "face lift" of the Spartan home has begun. The new look of the school has heightened spirit and pride. Fresh coats of paint have been applied to the once drab yellow walls, giving the buildings a new look they haven't had since the school was young. New bushes and trees have been planted or old ones have been salvaged, making San Juan alive and vibrant. These changes have wrought a new image for the "Ol' Red and White". Faculty changes, closed campus, and attendance policy revisions have improved the education of the students. San Juan is striving and succeeding to be better than the rest.

1. Photo courtesy of Susan Nelson. 2. Photo courtesy of Susan Nelson. 3. The legendary Rocky Balboa was seen in the Junior Homecoming hall. 4. Two tired Spartans sit on the bench during a soaking game against B.V. 5. The Class of '85 displays their spirit upon the backboard.

Erin,
I hope
you have
a good summer
and good luck
in the future
Tina Cain

Erin
I really enjoyed
your great personality
& skill & helpfulness in
working at the Infant
Center
Jenny Horning



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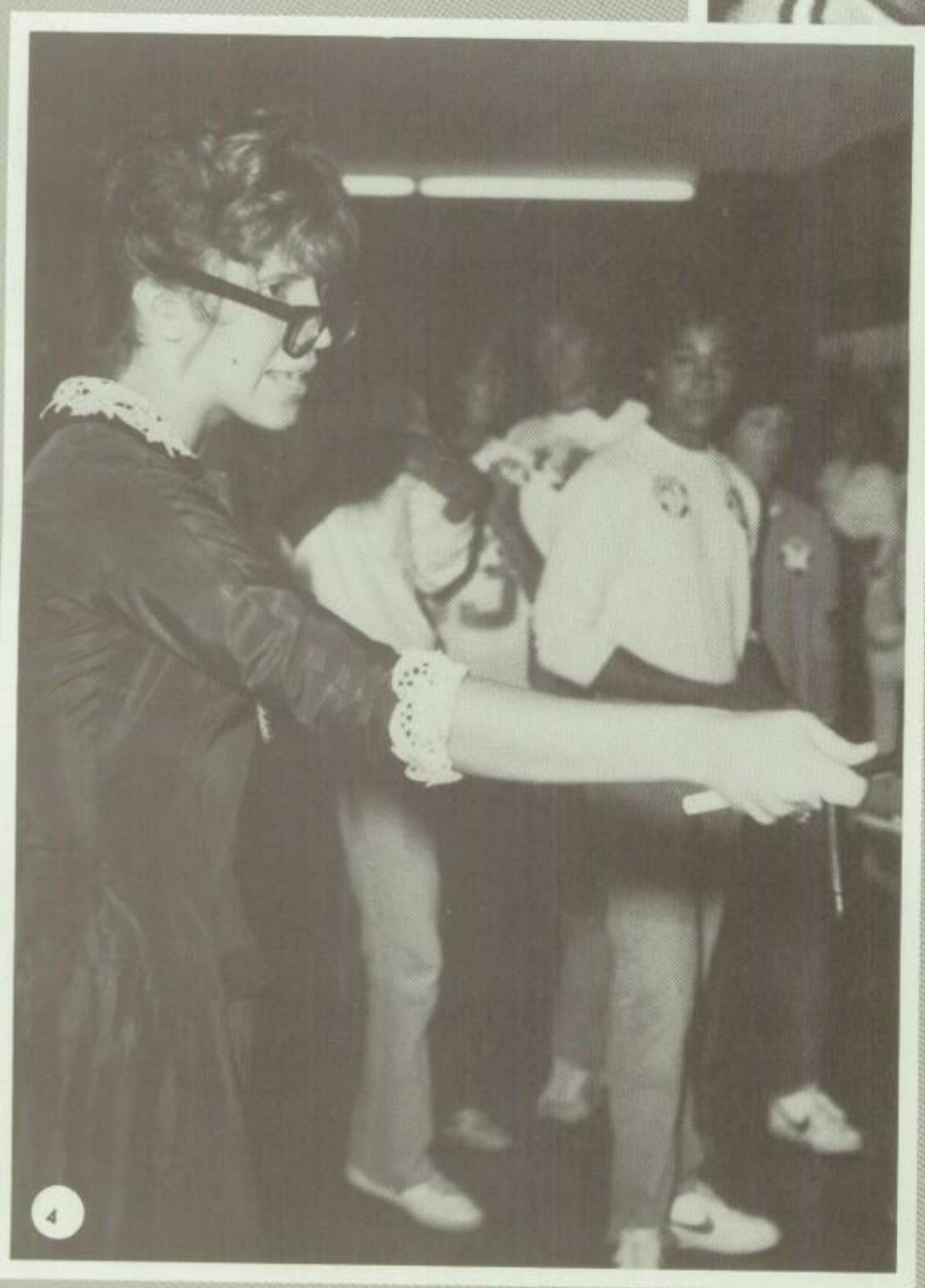


1. The band is ready to entertain the anticipating crowd. 2. Kevin Fujimoto and Jeff Robinson overpower the defensive wall of Del Campo. 3. Photo courtesy of Mr. Marston. 4. Miss Priss disciplines her students at Hollywood High in the Senior Homecoming hall.

Erin,
I didn't get to
see you after the
game tonight.
Have a good summer.
Andrea

Erin
We really
haven't talked
all that much
but I think you're
a sweet person. Be good
and stay cool.
Love,
Sheri
Moore
(Bagged
Been)

Unity Is Our Key

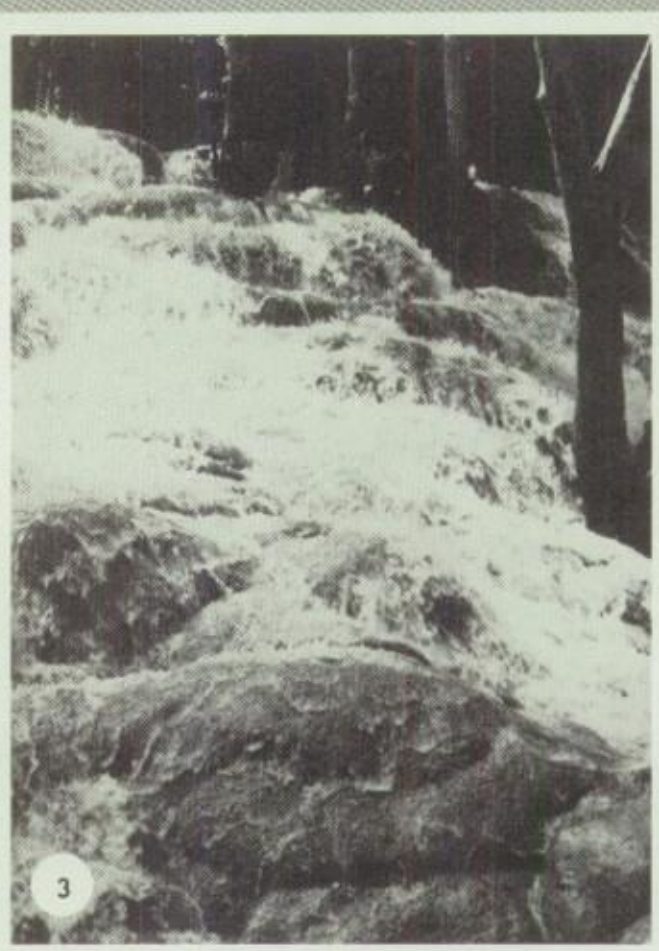
The various changes around San Juan have created an increased school pride demonstrated not only by the students, but by the supportive faculty as well. Uniting these two groups together, we have created an ideal educational setting, surpassed by no other. It is this unity of students and faculty that makes San Juan so distinctive. The Spartans' attendance records clearly exemplify this point. Working together in unity is the key to our success.

Unity, however, is not restricted to the classroom. The spirit of unity surrounds us at rallies, Homecoming activities, and especially games. Our abundance of spirit and enthusiasm unites us into one fighting family, the mighty San Juan Spartans. To combine unity with community support is to discover a well-balanced, yet diverse student body. It is clear to understand why San Juan High is the school on top of its class.

Erin
(to Been Great
knowing for this
Year Have a
Great Summer
Love Shawn
Brown
K.T 726-12[illegible]
1276

Erin,
I'm glad we had known
eachother for so long
have a good Summer
Leah Hendrix

Erin
Hey have a
be tah summer
and don't party
to much.
Love
Robert



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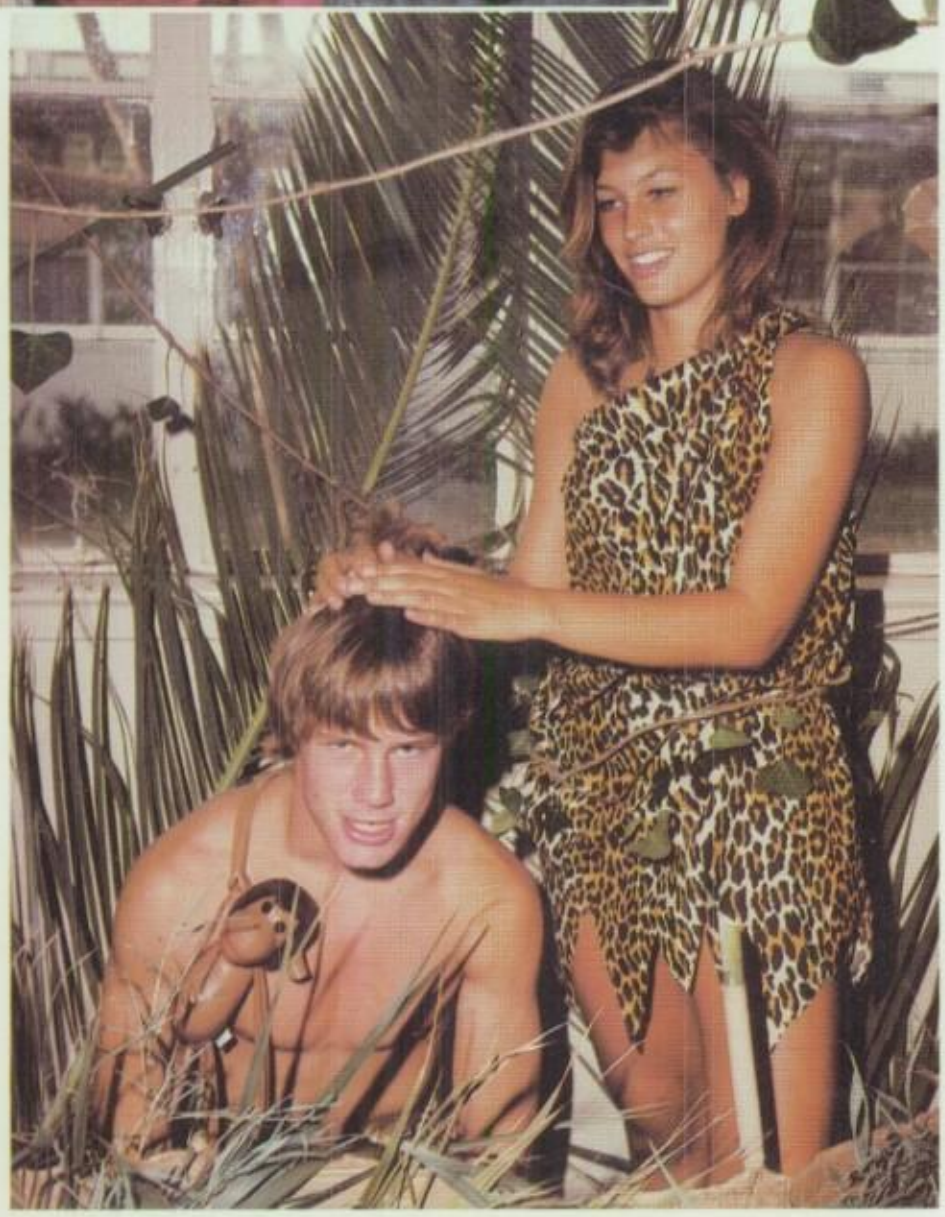
Homecoming Brought Out Spirit and Creativity

Activities during Homecoming Week peaked on Friday, with the annual hall decorating and rally.

The Freshman hall included posters of famous movie stars such as Clark Gable, Superman and numerous others. The Sophomores decorated B-Hall and created an old time movie house. The Junior class tried to recreate scenes from some of Hollywood's biggest box office hits, such as Psycho, Tarzan, Rocky, and The Wizard of Oz. C-hall is where the Seniors made a reproduction of Sunset Blvd. The hall included the sets of Grauman's Chinese Theater, complete with the Walk of Stars, the Frederick's of Hollywood Boutique, the famous Hollywood High School, and the intersection of Vine Street and Sunset Blvd, which included the usual winos, bums, and "ladies of the evening."



After second period, endurance was flowing through the veins of every Spartan as they made their way to the boys' gym for the Homecoming Rally. Throughout the rally, performances were given by the band, Freshmen Cheerleaders, Junior Varsity Cheerleaders, Varsity Cheerleaders,Songleaders, and Drill Team. The hall decorating winner was announced at the rally this year in a unique way. Each class president came down onto the gymnasium floor and was handed a large envelope which contained a ribbon telling which place each class received. The results were as follows: 1st Seniors, 2nd Juniors, 3rd Freshmen, and 4th Sophomores. Just before the Alma Mater was played, the winner of the rally and of all Homecoming Week was announced. In 1st place by an overwhelming margin were the Seniors, way back in 2nd were the Juniors. Third place went to the Sophomores, and only three points away were the Freshmen.

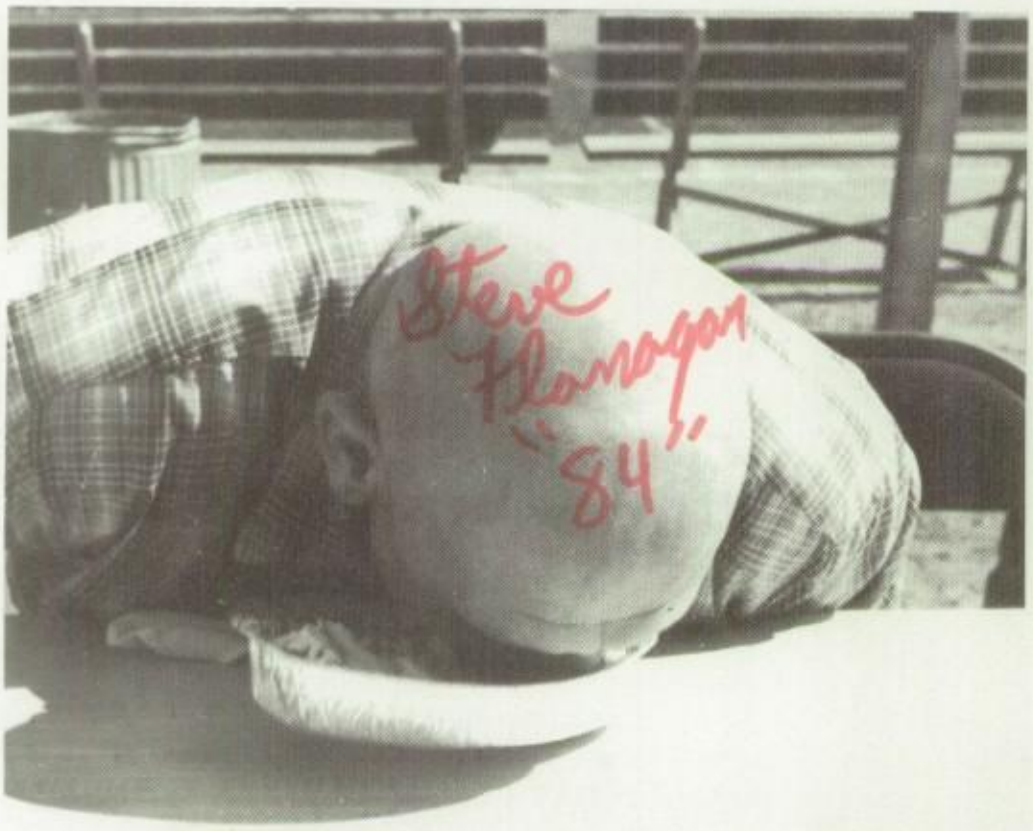
After all the excitement had died down, the entire fun-filled week was deemed a huge success.

1. At the brink of death Susan Coleman screams her head off as Eric Schoenman stabs her in the throat. 2. Andrea Rodriquez looks for her dinner. 3. Lesli Jones and Jeff Merenda monkey around. 4. Sophomores keep their pride inside. 5. Leslie Keener surveys Senior Hall from the Chinese Theater.

Music Disappointed Dancers

The 1983 Homecoming Week was wrapped up by the annual Homecoming Dance, which was held on Saturday night in the boys' gym. Despite tradition, this years music was provided by a Disc Jockey from Party People Productions. According to the mass majority of the students who attended, the dance was deemed a let down due to the "lack of a variety of music." Many students found the music hard to dance to.

The evening was complete when the Homecoming King and Queen cut the three-tier cake provided by the FHA Club. Soon after many of the students attended Homecoming parties to give the evening its feeling of completion.



1. Toni Contreraz and Amber Gomez wait for the highest bidder. 2. Kurt Sweikar — ready for school? 3. Frosh cheerleaders perform at the Homecoming Rally. 4. Excited Dexters await the start of the Dexter race. 5. Donna Boling and David Bunce have a good time at the Homecoming Dance. 6. Diana Matracia looks for a date. 7. Mr. Crowl chows down during the ice cream eating contest.

2

3

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4

1

4

Erin 'good pot
use of picture and
in yearbook
used around part of
each year
have another
pose

Seniors Swept Homecoming Activities

Throughout Homecoming Week there were various activities that students participated in. Among these activities were the Dexter race, won by Seniors Steve Ford, Wendy Kniesel, and Shelley Russell. The ice cream eating contest was won by Mr. Crowl, representing the Seniors, Kelly Monteiro for the Seniors finishing minutes before her competition, and Brad Ehrman for the Juniors (their only victory). Senior domination during the week was especially evident during the tug-o-war. The Senior women dragged the Junior girls through the dirt to win for the fourth year in a row. The Senior men also demolished their competitors in the tug-o-war. CONGRATULATIONS TO THE UNDEFEATED WOMEN OF THE CLASS OF '84!

Although Seniors won all activities (excluding guys' ice cream eating) this year's activities were most successful in promoting spirit and competition between all classes.

1. Just a couple of nerds on Nerd day. 2. Nancy Denny wears the traditional Red and White. 3. Senior girls tug their way to a victory. 4. Senior guys prove their might with a victory.

Erin I hope you have the best of luck in the future. Don't take all the guys away, leave some for me.
Nancy Denny
'84"

ERIN, WERE HAS THE YEARS GONE. HOPE YOU Have a beautiful Summer and a Happy New Year. OH. MERRY X-MAS HOPE YOU Have a Successful life

Your Friend
Dawn Harris

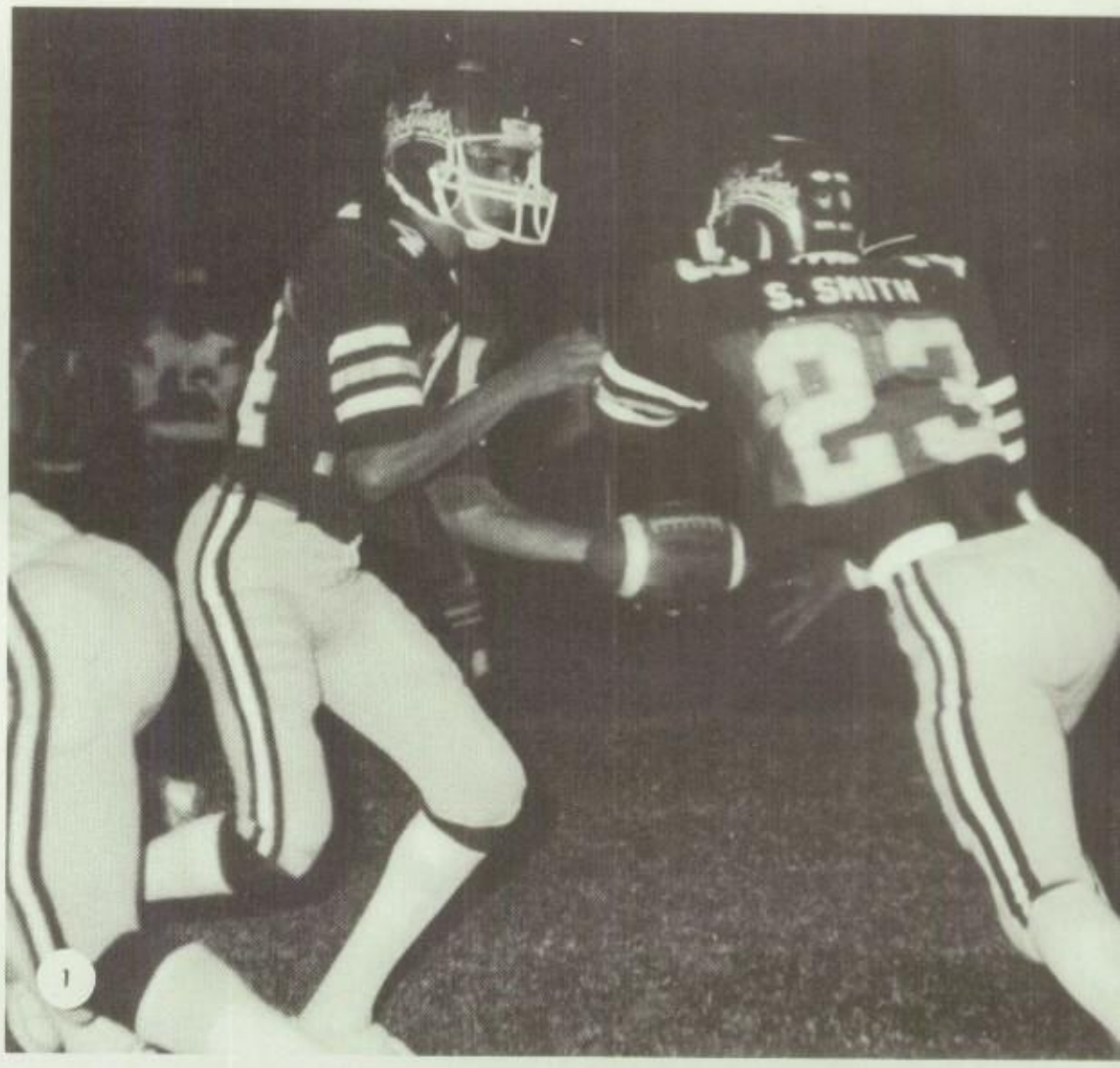
Decisive Victory Made Homecoming Memorable

On the evening of October 7, enthusiasm and excitement described the Spartan fans to the utmost. Although most of the spectators were San Juan's student body and relatives, some came from neighboring schools. They came to observe our "Mighty Spartans" demolish the Del Campo Cougars.

With outstanding efforts and performance from our superior players, all spectators witnessed two fabulous games. Junior Varsity played a very good game, but were upset by the Cougars. However, Varsity played brilliantly in their 21-12 victory. Highlights of the evening were two touchdown passes by starting Senior quarterback Bryan Victor, which were completed by a third touchdown thrown by Aaron Phillipi to Eric Stephens. Other key players of the game were Dale Smith who intercepted a pass thrown by the Cougars' quarterback and Eric Stephens who also intercepted one of Del Campo's throws.

Between the J.V. and Varsity games the 1983-84 Homecoming Royalty was announced. Freshmen Prince and Princess were Jason Lepper and Shauna Bushey. Sophomore Prince and Princess were Pat Gomez and Cindy Roberts. Junior Royalty winners were Troy Taylor and Marilyn Strautman, and Senior Royalty winners were Prince Mike Hemphill, Princess April Wood, Homecoming King Kevin Mantz and Homecoming Queen Kim Lymath.

At halftime of the Varsity game, the Drill Team performed to music played by our own Spartan Band, followed by a fine performance from the Songleaders. All were elated at their spectacular presentations. To lift spirits even higher, all were amazed at the plane which flew overhead displaying the message, "D.C. is easy", and, of course, "S.J. will kill D.C." which proved to be true. It was an unforgettable evening that all who attended will remember for years to come.



1. Bryan Victor hands the ball off to Steve Smith. 2. Marti Anderson performs with the Drill Team during half time. 3. Spartan band members blow their horns. 4. Bryan Victor takes a snap from center. 5. Sophomore nominee Barbara Shepherd steps out of her limo.

Erin, will we are finally out. good luck with everything in the future. your friend, Sam Dozier

Erin, you must be as happy as me about graduating. I hope you have a terrific future and have lots of fun. your friend Tammy '84

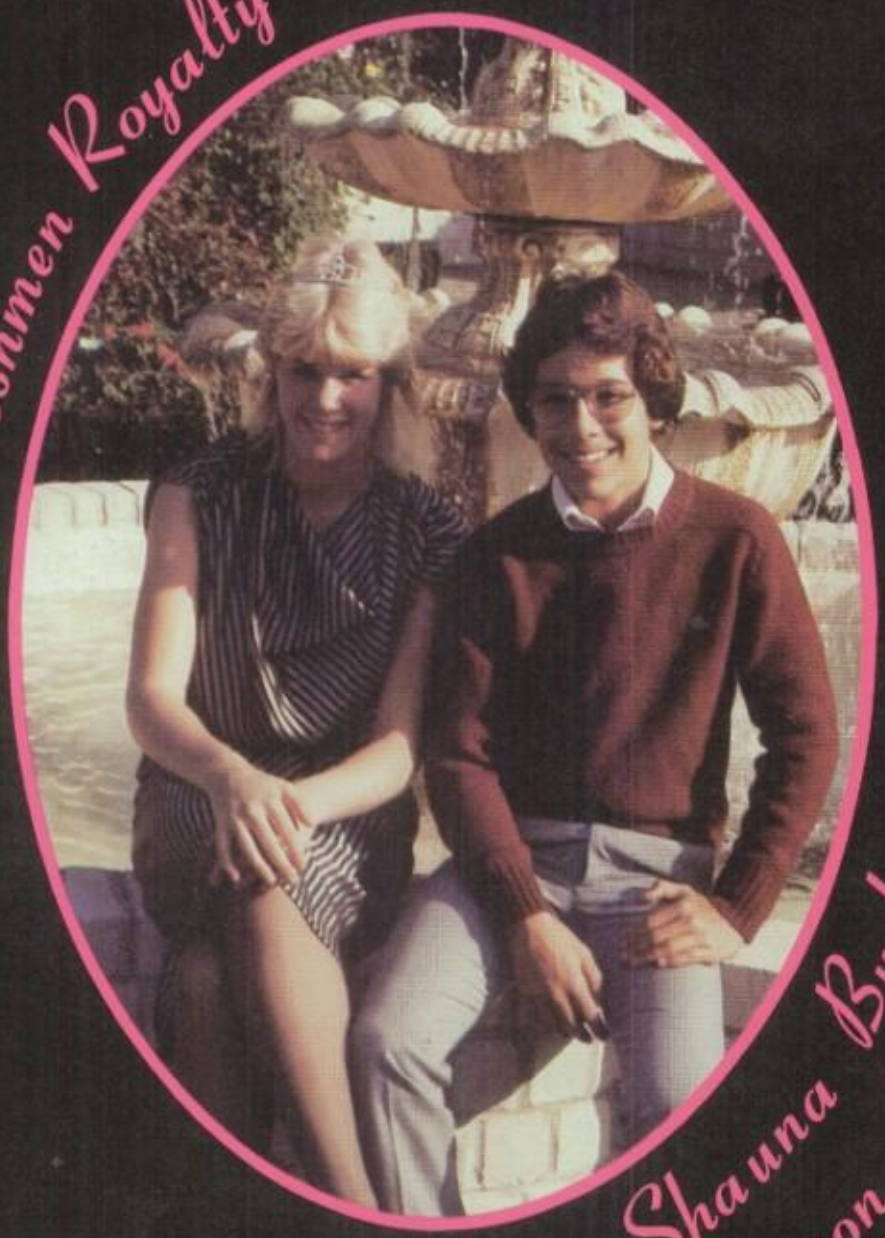
2

3

4

Erin,
Guess what
thats me—
Oh well its
been fun while
it lasted. wasn't
it? RSP. fun!! Have
a great summer
and keep in
touch. 722-8880.
Good luck in
the future
-84'
Love,
Linda
Shirley

Freshmen Royalty



Shauna Bushey
Jason Lepper

Sophomore Royalty

Cindy Rob

Junior Royalty

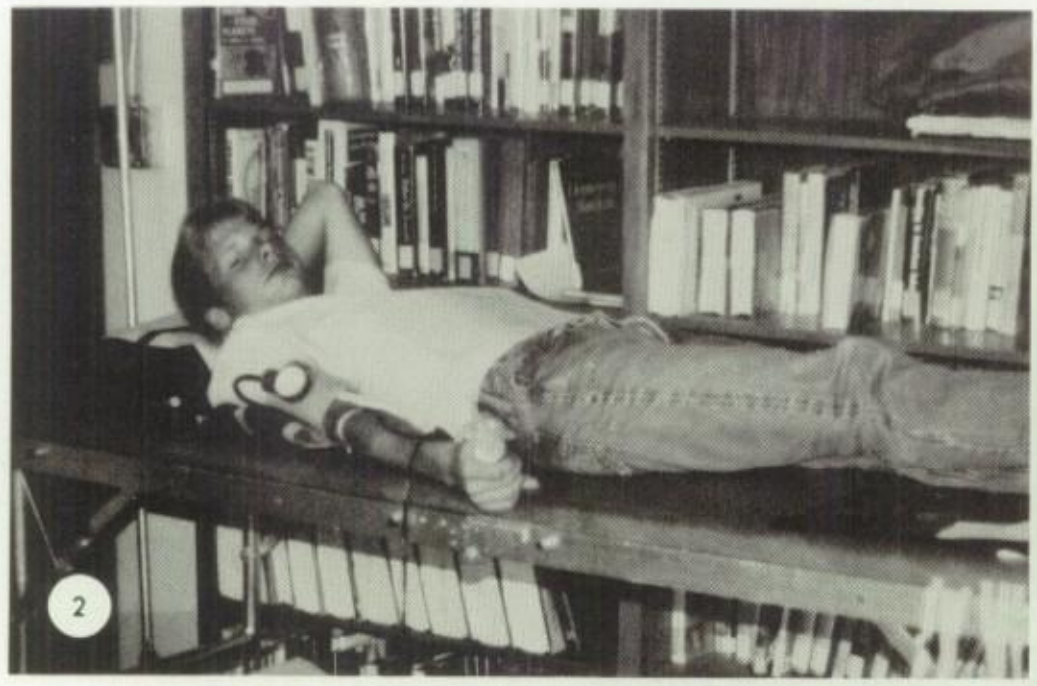
Marilyn Strautman
Troy Taylor

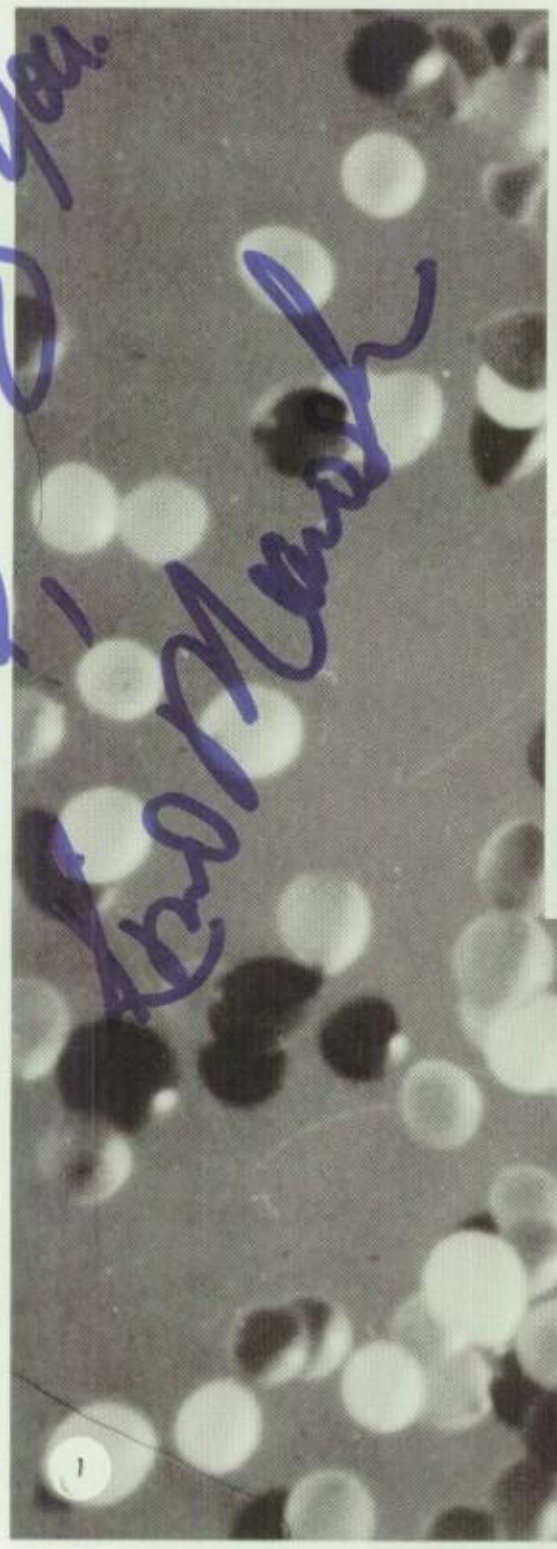
Senior Royalty

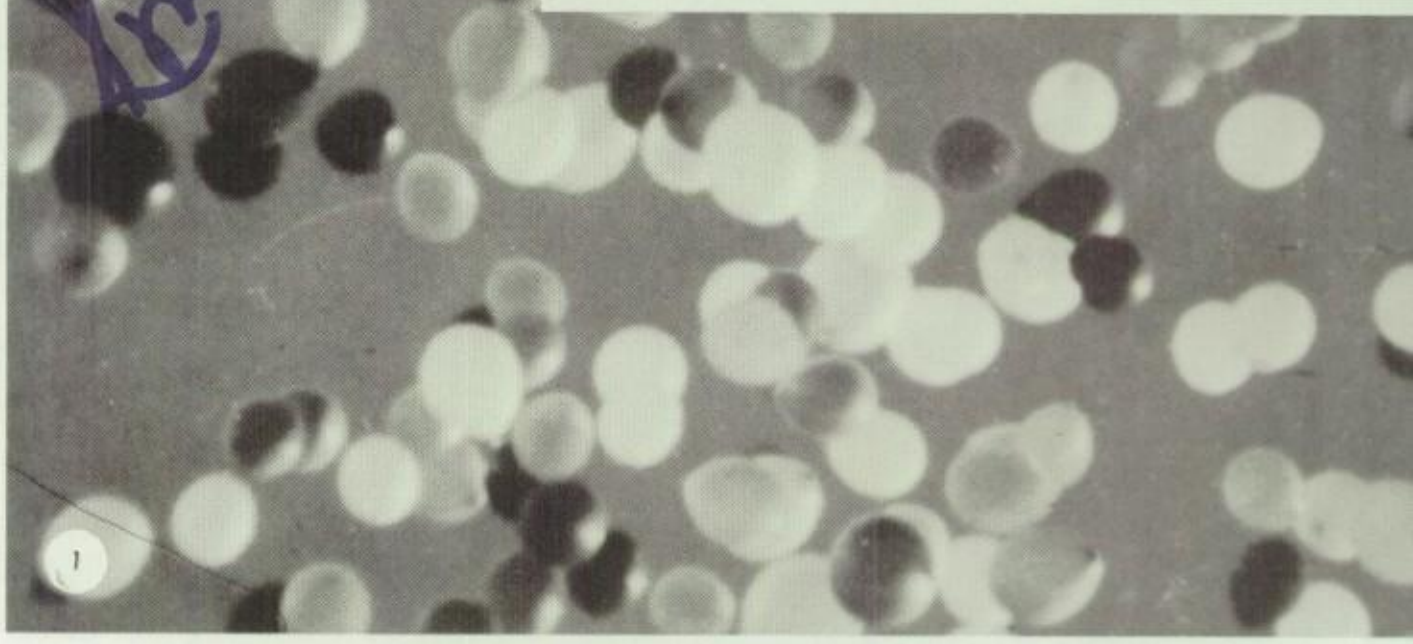
April Wood

83-84 Homecoming King and Queen

Kevin Mantz
Kim Lymath

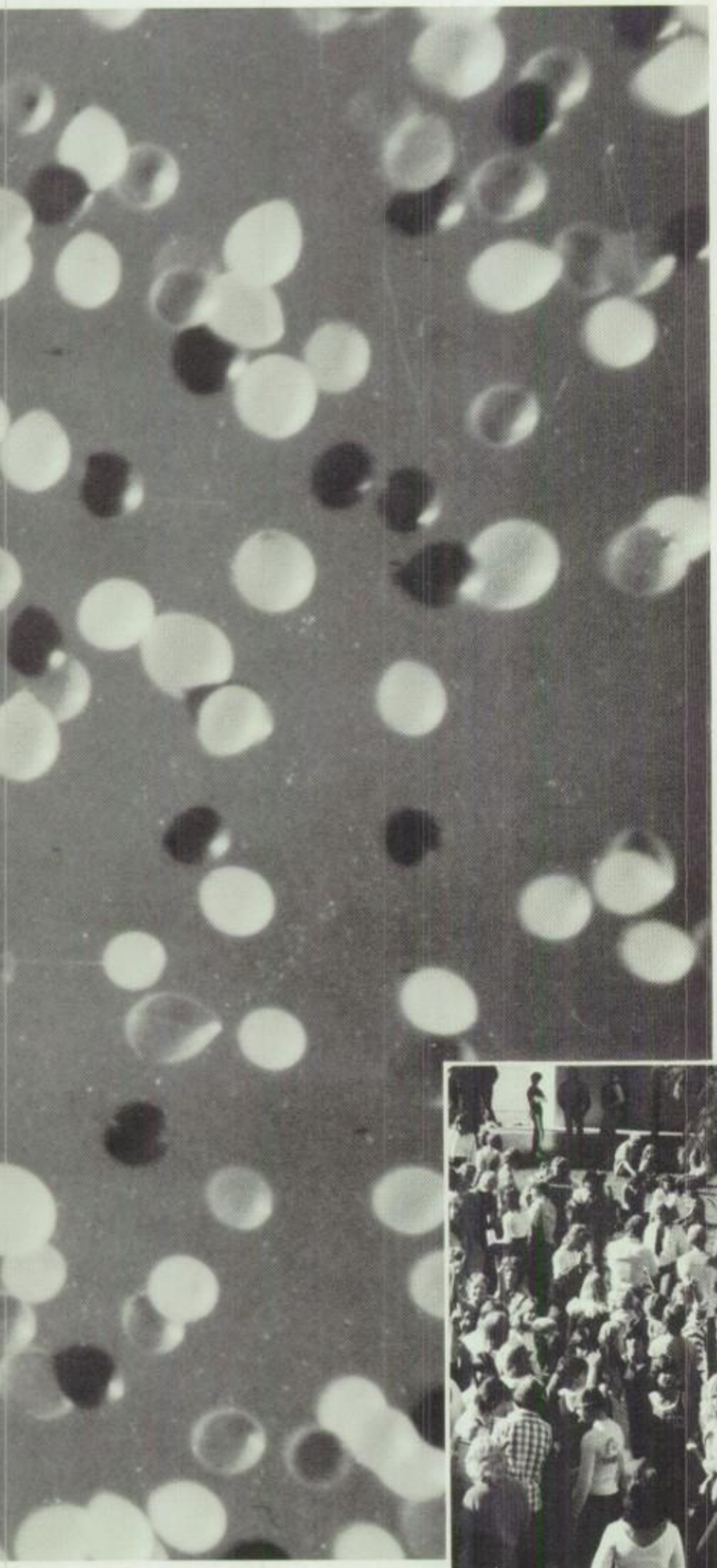






Eric,
I hope you have a great future. It's been nice working you.
Stay sweet,
Your friend,
Sarah

1. Photo courtesy of Wendy Shelgren. 2. Travis Reed gives a gift-of-life, a pint of blood. 3. Photo courtesy of Wendy Shelgren. 4. Crowds of students gather around the school radio listening for their favorite tunes.



ERIN,
Real Interesting
It's Been ~~Cool~~ knowing
you. It's Been fun
having you in art.
driving you Insane
and etc. etc etc.
Have a wonderful
summer. good luck
in the future
Love Mrs. Gallagher

Student Activities Inspire Learning

Time and time again, students look for an escape from the pressures of their studies. More than ever, teenagers need to find an outlet for all the energy that seems to bottle up while sitting in a hard desk. Community and social activities are a break from these pressures that students can get involved in. After school jobs and weekend activities heighten the willingness of most to learn and enjoy learning.

Lunchtime: Murder by Design

Students this year, due to the closed cam
situation, were forced to eat on cam
Although the cafeteria and snack bar lines w
crowded, it didn't mean everyone ate the
after they bought it. Many students sta
bringing their lunches and found they enjo
lunch better.

This year San Juan had music during lu
Many students crowded around the speak

1. Students enjoy socializing in the halls. 2. Spartans enjoy music at lunch. 3. Spartans exercise their basketball ability at lunch. 4. Not too many people in the cafeteria, huh? 5. Students take time our of lunch to participate in a committee meeting.

Elvin, Heaven a long journey. I hope you have a nice summer. See ya at the lake. Love, Mary Magdalene

escaped from education to their social lives
ifty minutes.
he lunch staff aimed to improve their food;
dents hoped for their success or for open
npus again!!!
unch was still the most popular hour of the
at San Juan High School and will be for a
g time.

3

4

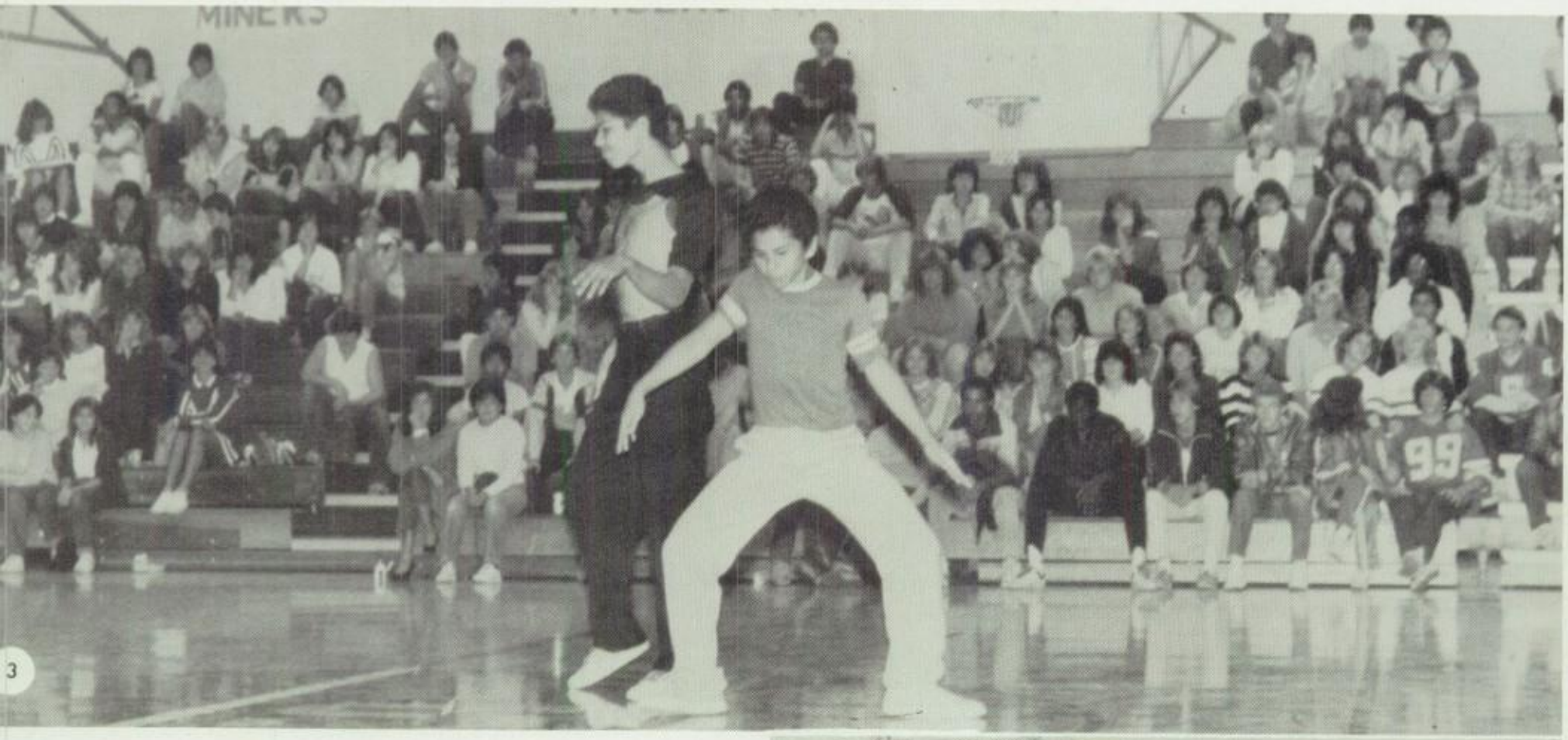
Erin,
It was nice
knowing you all
these years I wish
you luck in every
thing you do.
good
luck
always
Candy
Erdman

A Time to Catch Your Breat

Many students enjoyed the lunch hour and the break between second and third periods for many reasons. It gave them a breather between their classes and time to socialize with friends. Due to the closed campus, students' lunch choices were limited, but the cafeteria menu offered students a greater variety of choices for lunch. The snack bar was also open at break for anyone who wished to purchase food.

To make the lunch hour more pleasura the student Government supplied a music a between D and E halls. The music was pla on a daily basis as long as the area was k clean. The girls' gym was also available anyone who wished to play basketball. others finished up homework or reviewed quizzes or tests. Students generally kept campus clean and got to their classes on tim

ERIN
NOELL LIFE IS
OVER U/ SAW SOAD
NOW THE REAL FUN
BEGINS. HAVE FUN,
#1 Fan
BY Lo Stevens



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1. Students socialize in the cafeteria. 2. Students enjoy eating their lunch outside. 3. Todd Meza and Richard Torres show their talent at the popping contest. 4. The music area attracts quite a crowd at lunch. 5. Students satisfy their hunger by visiting the Snack Bar.

Erin,
My Best wishes to your future
Good Luck!
Love you friend
Celestine Burhens

School Spirit Remained Stron

When thinking about school spirit, cheerleaders and rallies usually come to mind, but in reality there is more to it than that. San Juan takes pride in itself in school spirit. True Spartans can be easily recognized all over campus, by either wearing or using Spartan paraphernalia, whether it was a button which read "Go Big Red" or a t-shirt which states mighty "Class of 84". Even the automob which are driven to and from school by students display school spirit by the displa the ever so popular bumper sticker "I love Juan", on either the center of the rear win or the back bumper.

Erin-

Well it's been an interesting year. Haven't it? R.O.P. wasn't that bad. Considering the fact that we got to escape for 3 hours!!

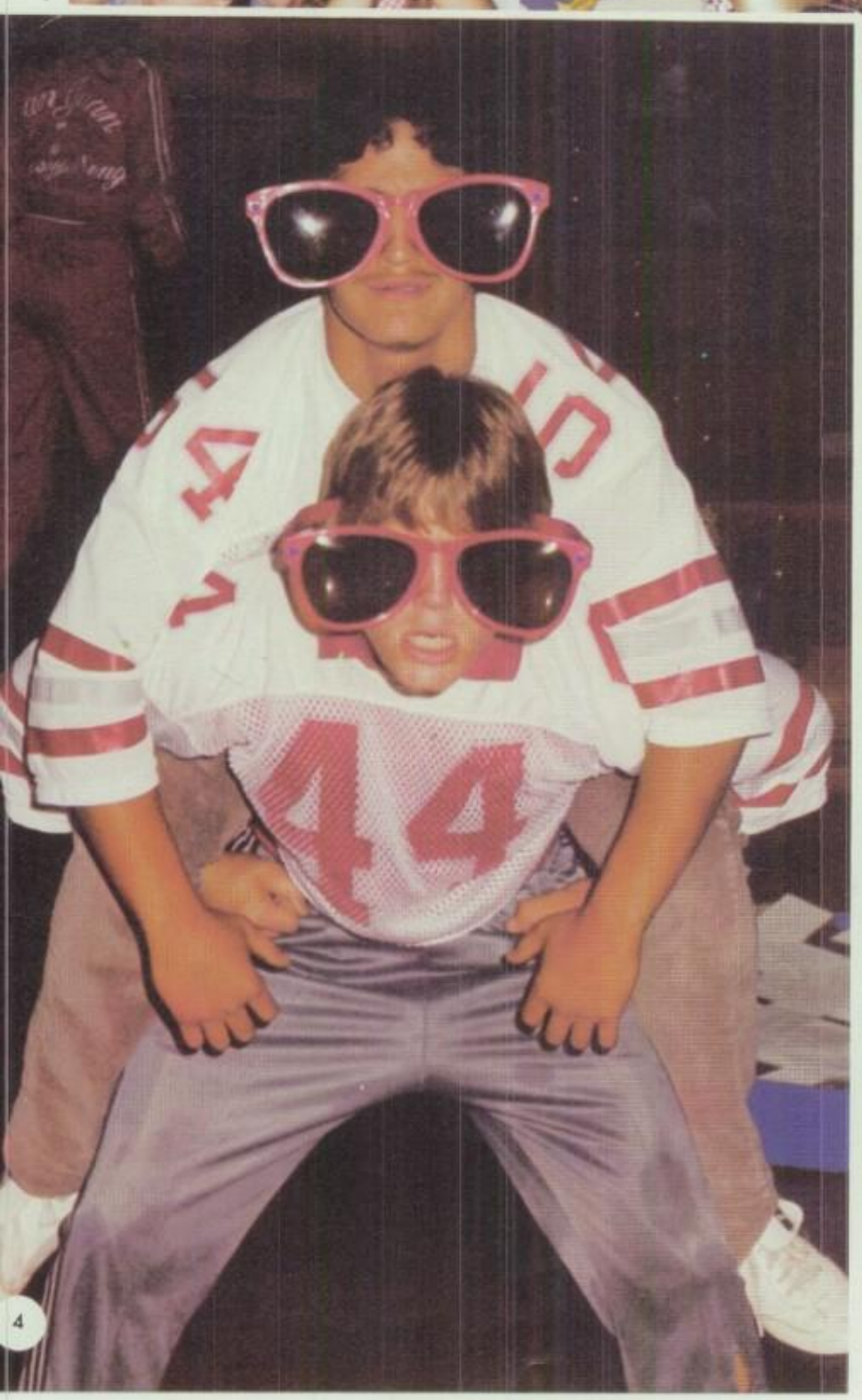
Even if we had passed that stupid cashier test (which we didn't!) I still had fun meeting you in the backroom of Monkey Wards. Have a fun-tastic year at Sierra.

IKIT 966-3362

Love
Donna
Conover
"85"

1. A Senior and proud of it!! 2. Seniors blow awa the competition with their spirit. 3. Chri demonstrates her spirit in a unique way. 4. A cou ple of goobs sport their glasses.

2



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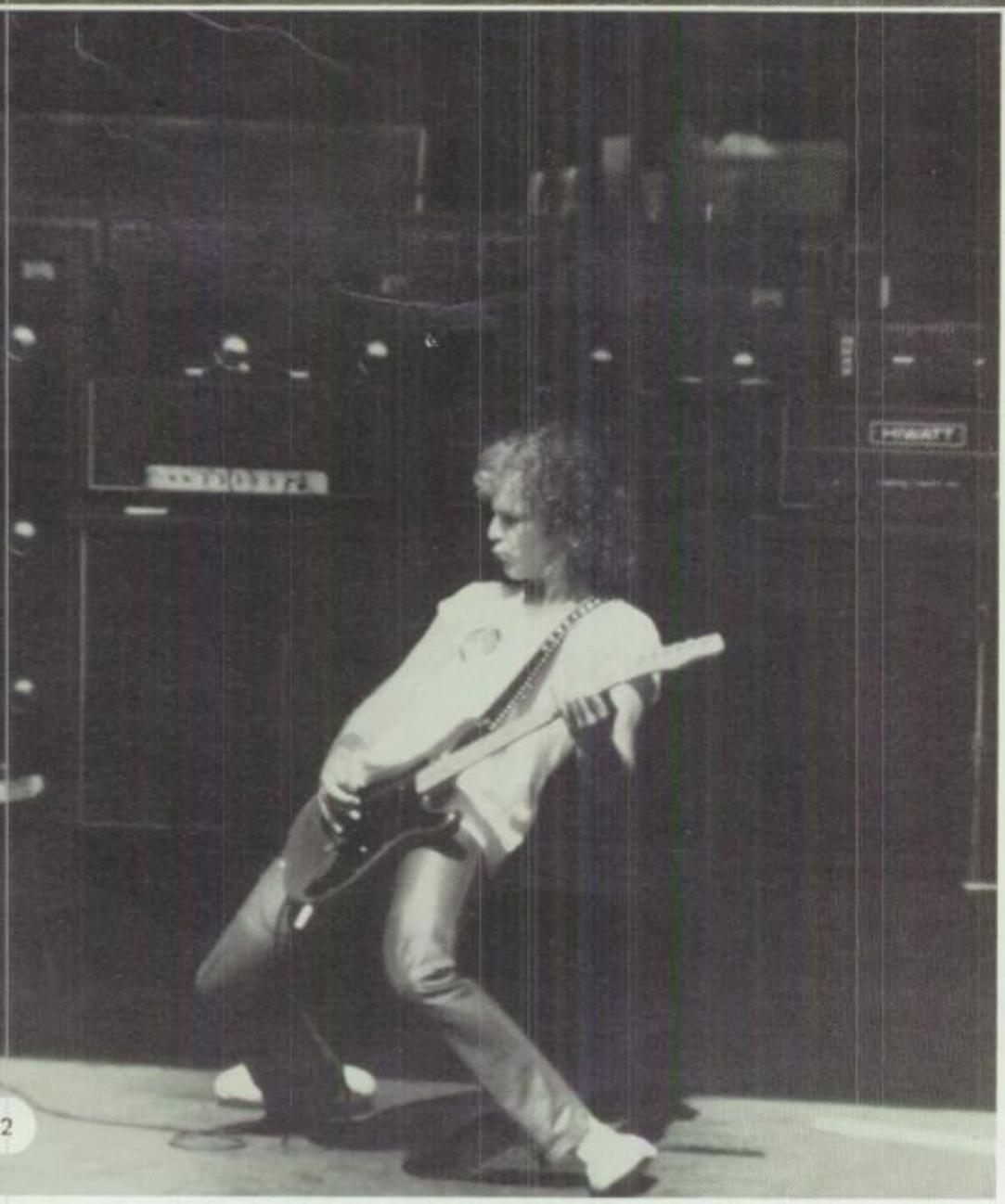
Students Live for the Weeken

Weekend fun was early skiing at Boreal, washing the car for Friday night's cruisin', or a banana split at Leatherby's, Sacramento's newest ice cream parlor. But mostly, weekends were highlighted with games.

The games were not only contests between the Spartans and their traditional foes on the football field, but the San Francisco Forty-Niners drew many Spartan fans and t families. In fact, the cheerleaders perform their usual spectacular routines in Candles Park when the Niners went against the Atla Falcons in September. Other Bay Area eve that lured the weekender were the Def Leppa AC/DC, and Robert Plant concerts in Oakland Coliseum Arena.

1. Joe Montana of the Niners passes to Earl Cooper. 2. Diana Matracia and Sheri Ford shop at Sunrise Mall. 3. Chris Childers hits the slopes.



1. Kurt Sweikar rides his Yamaha motorcycle.
2.Lead guitarist Paul Dean of Loverboy rocks out at Mountainaire.

Erin,

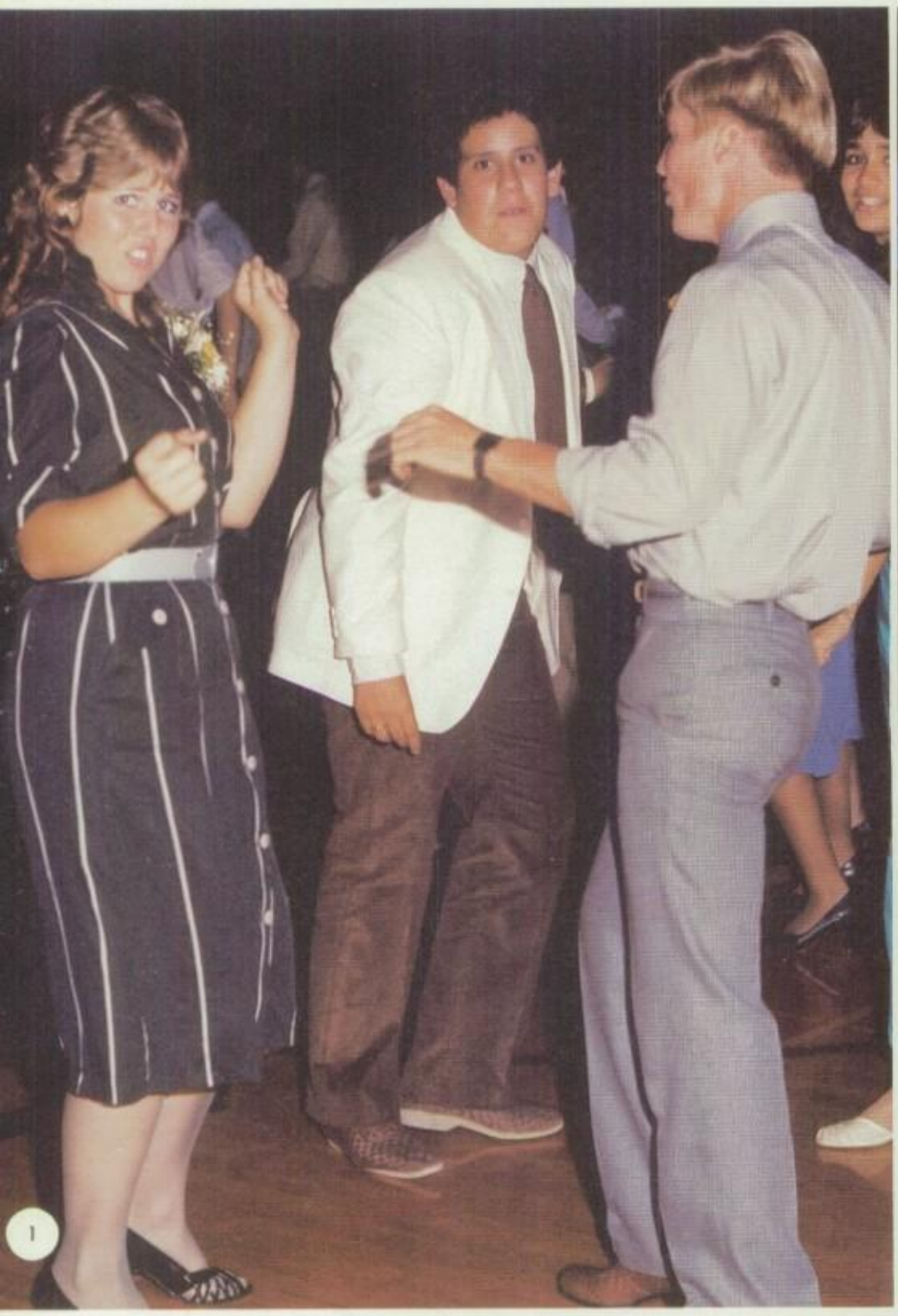
Its been great this year. Going to all the places with you and Matt, I'm sorry about you guys. But theres millions of others out there. Maybe I'll see you again sometime. I hope so.

Love

Enthusiasm and Spirit Lead to Succes

Expectations were met by both dances and rallies this fall. The first dance, an after-game dance, was sponsored by the Juniors and Seniors. The music was provided by "Mark, Mike, and Rick," three San Juan '83 graduates. The Homecoming Dance was promoted by student Government and the music was supplied by "Party People Productions," whose sound was considered danceable, but did not represent the majority's taste. All in all, both turnout and the income were more t expected.

Rallies proved that spirit at San Juan risen to new heights. Led by the spirit lead all classes strived for victory in the numer competitions that were held. The first rally, h 7th period, had a surprisingly poor turnout,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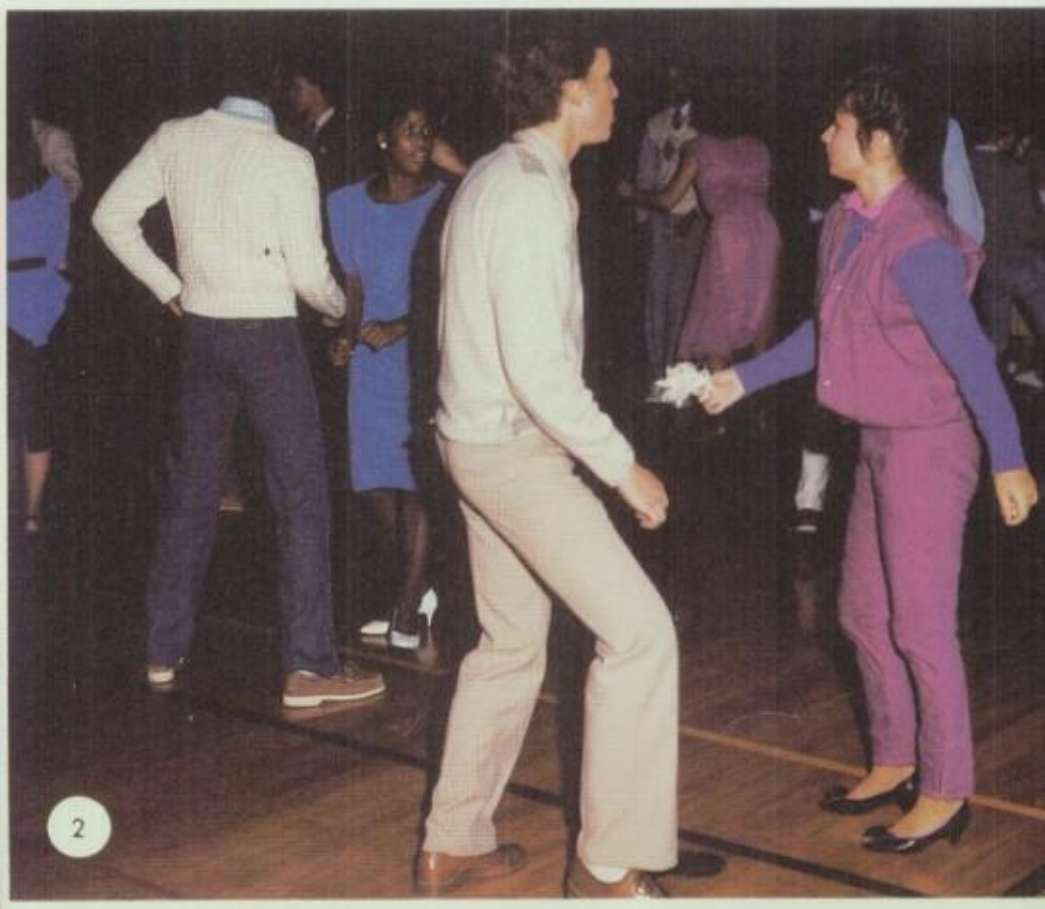
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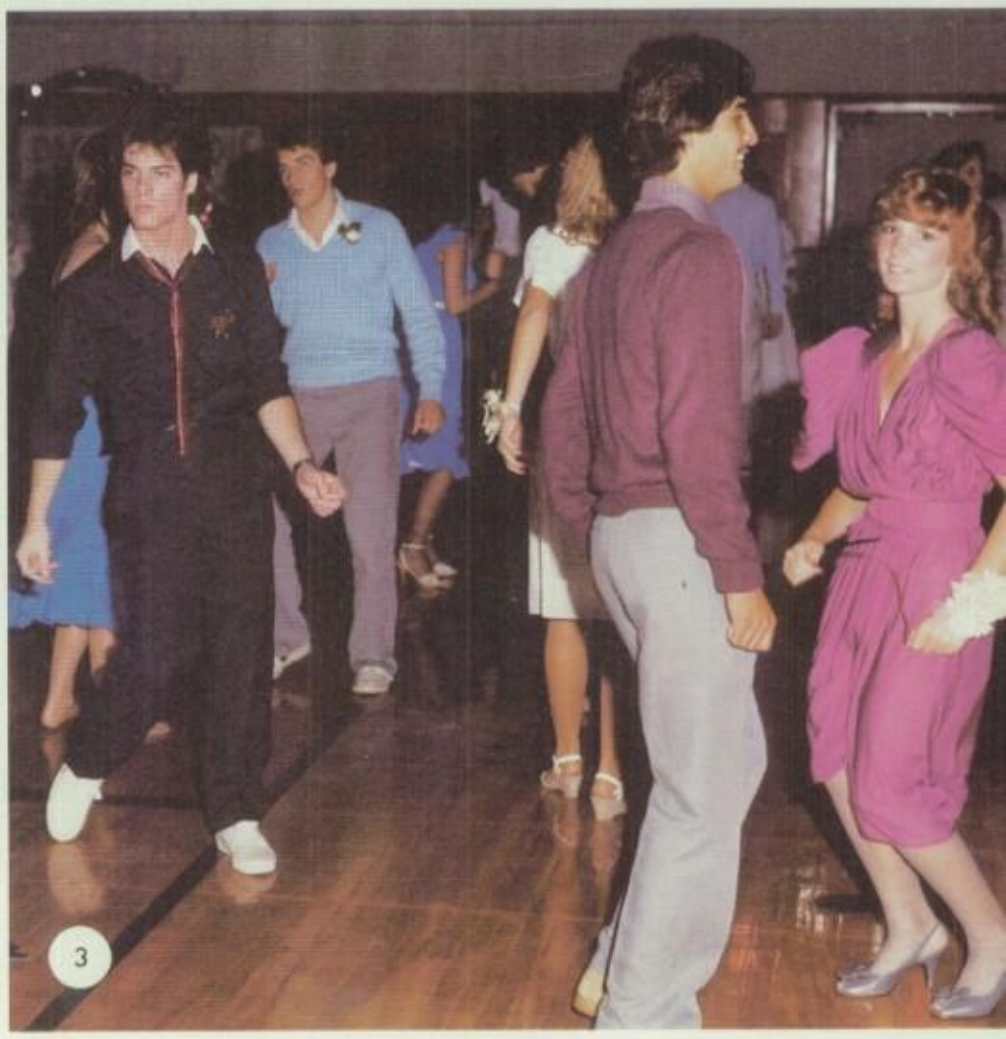
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1. Denise Candy and Herbert Mendoza with their dates are having a good time at the Homecoming dance. 2. Robert Reboin and Tylene Osgood share a dance together. 3. A crowd of San Juan students rock to the beat.

: the next three rallies, held 2nd period and
ch, showed the true Spartan spirit. This year,
Seniors walked away with the honors at two
the rallies, with the Juniors and the Sopho-
res following closely behind. A surprise treat
the third rally was the presence of Carmey
rari, a disc jockey of K-POP F.M. As usual,
n Juan has proven itself to be number 1.

1. The Seniors rush to form their pyramid. 2. Freshmen show their spirit at the Halloween rally. 3. The songleaders perform for an enthusiastic crowd.

San Juan Students Bring Home the Baco

At San Juan, many students held down part-time jobs. Most of the jobs they held were in fast food. They worked between fifteen to twenty five hours per week, depending on how often they were needed. Although sometimes the students had to work late hours, it really didn't affect their grades.

A lot of students had to choose between having a job and participating in a sport. Few both positions at the same time, but most of students didn't mind since they had mone buy items that they desired. Overall, students agreed that the valuable work perience would help them in future years, taught them discipline.

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1. Sue Bolander gets a customer's Pepsi at Togo's. 2. Senior Donna Boling cashiers at the Coach House in Sunrise Mall.

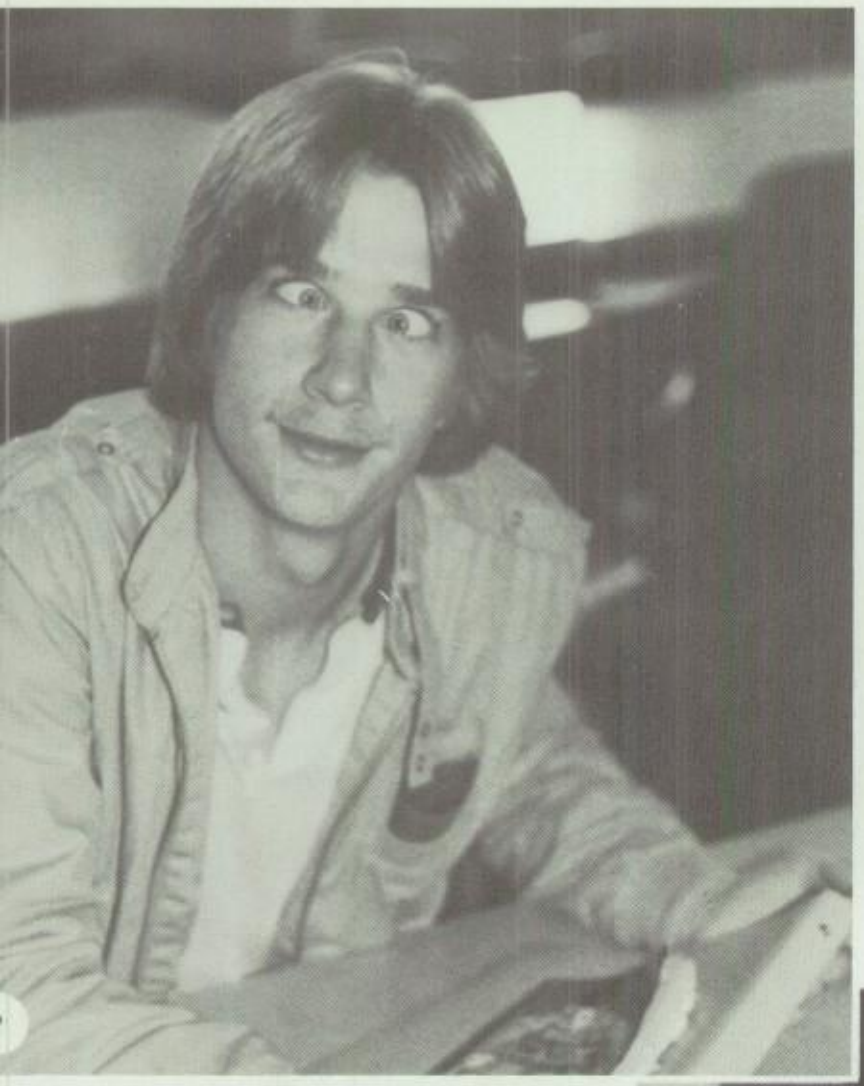
1. Tina Christianson is a familiar face at Burger King. 2. Linda Burnett stuffs some tacos at Taco Bell. 3. Kerri Wilcox folds clothes at Swansons.

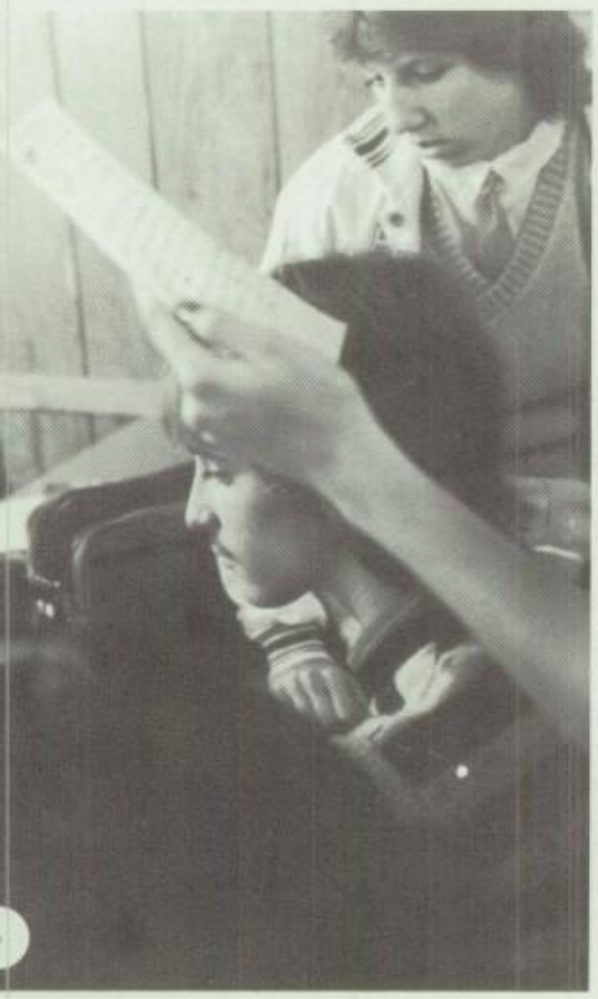
Cast of Crazies Created Chaos and Annual

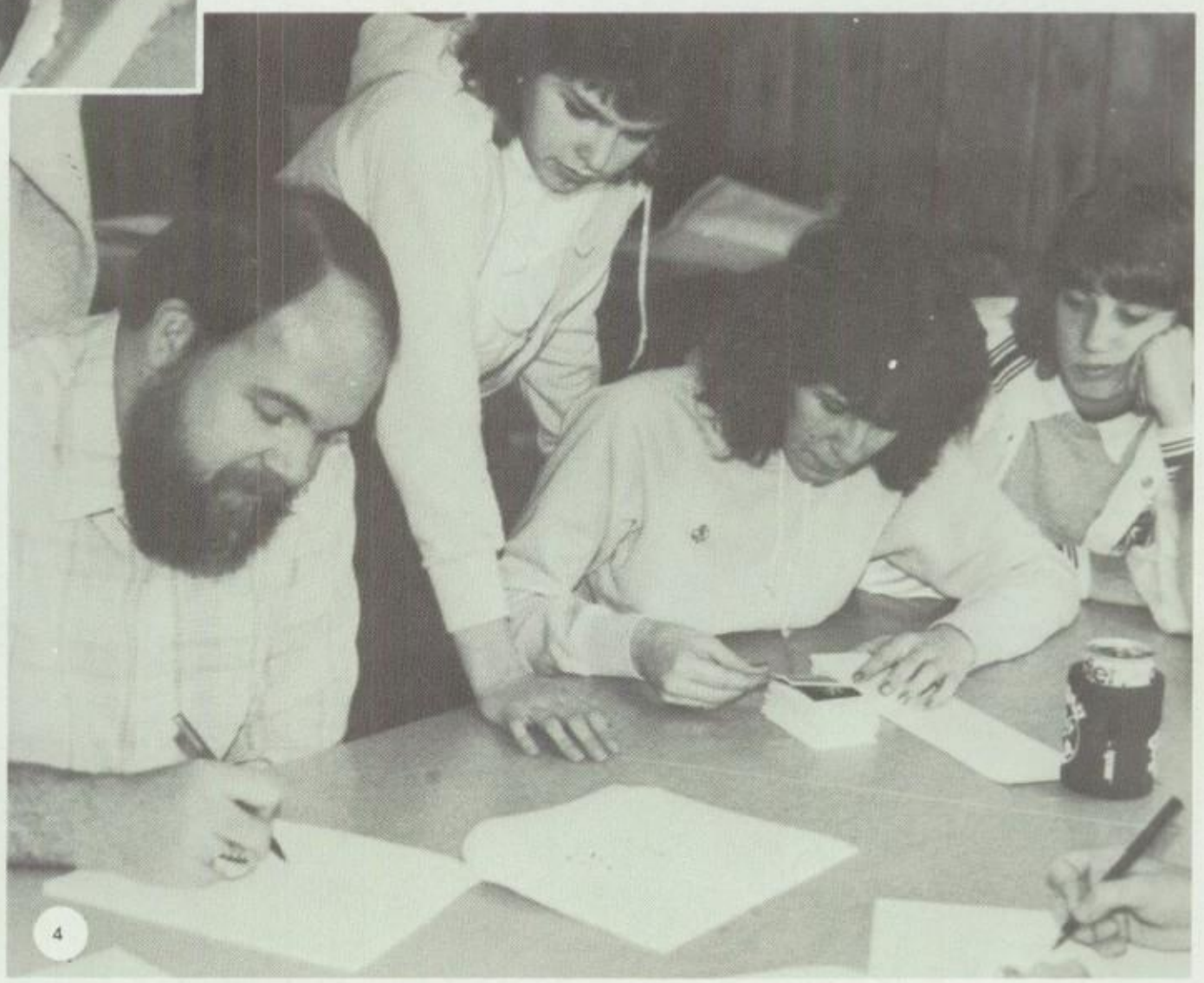
The 1983-84 Greenback Notes class closely resembled the bedlam atmosphere of the local loonybin. In between the song and dance routine, Bob Maher — Sue Salidas love affair, Steve Ford look-alike contests, crummy jokes, good gossip, bad checks, the death of the little woman's Cabbage Patch kid, malfunctioning cameras AND photographers, good days, bad days, and Mr. T impersonations, *The Book* was put together. Headed by Mr. T himself, who piddied all us foos, the staff managed to keep itself in some sort of disorderly order.

The yearbook staff spent a lot of time on production although pages never seemd ready around deadline time. When deadlines came up, the class was usually in complete shambles, Mr. Terwilliger going over each and every page while correcting his classwork, while discussing soccer with his players, while dealing with the staff crazies all at the same time. After ten minutes of this, he started to sound like Mr. T., Mickey Mouse, and the 3 Stooges all mixed together.

"The class was a fun class that you really had to work hard at. Although it's called an easy A, it's the hardest, most time consuming and pressured easy A I've ever had," said Jill Heiman.





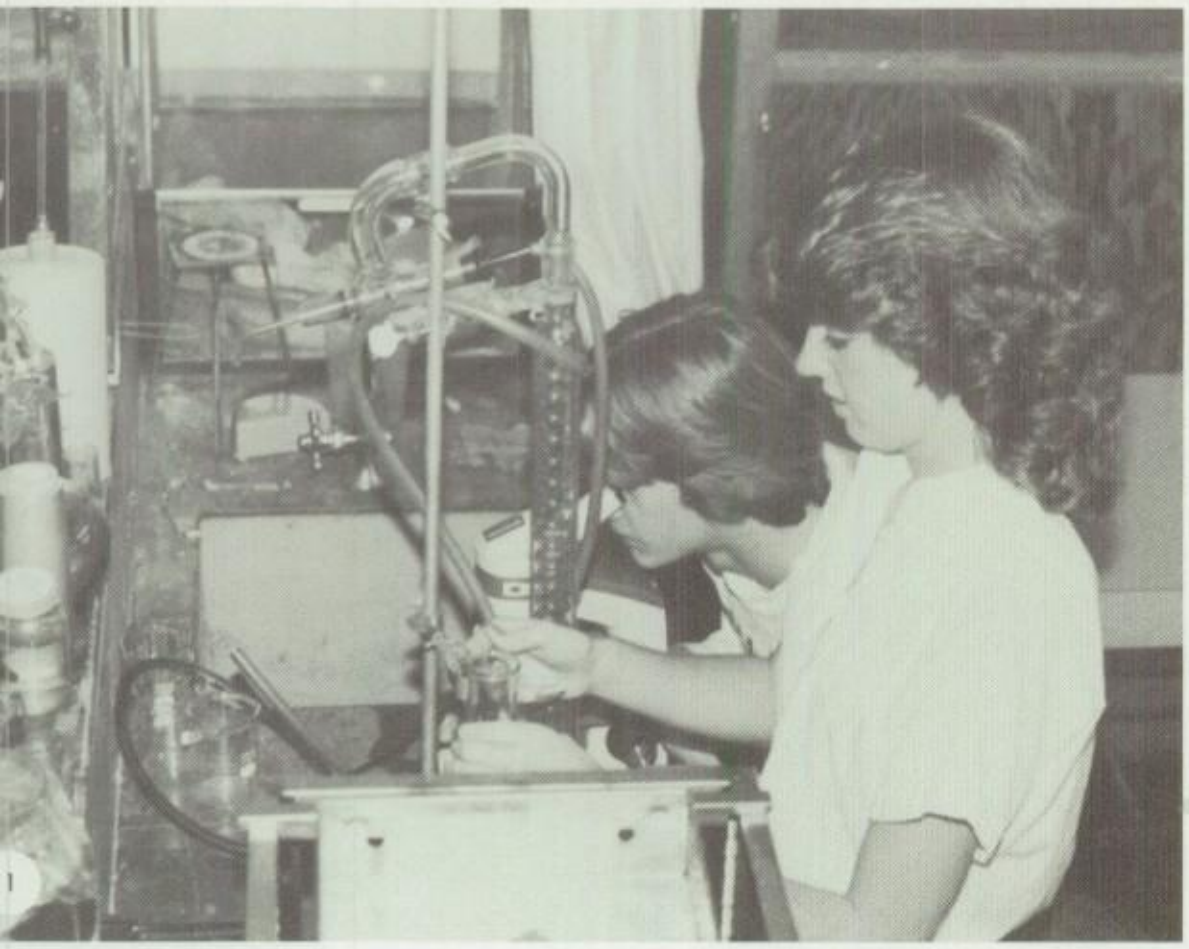


hat did you do this time, Bob? You got the r mad again! 2. Kurt Sweikar clowns nd after finishing his pages. 3. Mary Haling tates on her work. 4. Sue Nelson, Jill an, and Kim Bledsaw help Mr. Terwilliger er the Senior names and mugs. 5. Listen- o the dictation, Jeff Matracia types his rs off. 6. The 1983-84 Yearbook Staff was: Row: Sue Salidas, Karl Engelbach, Rachel nbes, Kim Bledsaw, Jeff Matracia, Sue n, Tim Phillips, and Mary Haling. Front Kurt Sweikar, Bob Maher, Jill Heiman and MacDuffee. 7. Kurt Sweikar needs group py???

Highlights Showed Determination

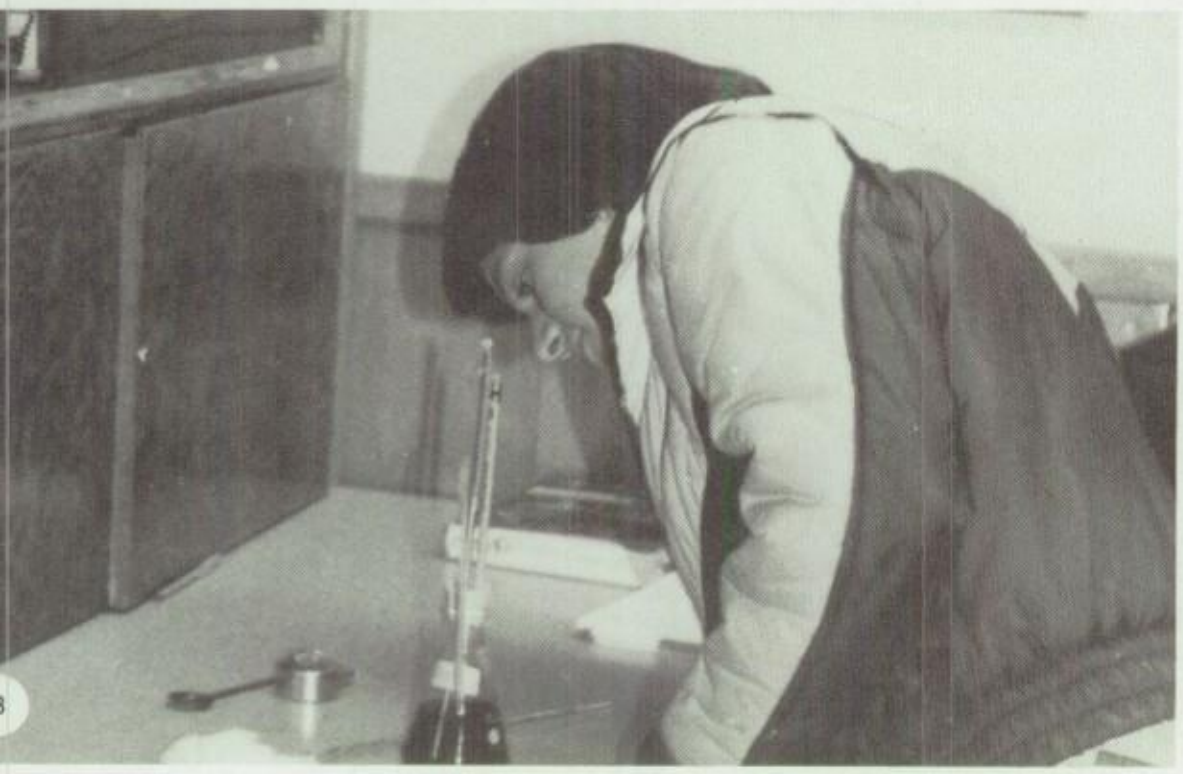
The newspaper staff at San Juan, though few in number, worked hard to get several *Spartan Highlights* issues out in the first semester. Although the class ceased to exist after the first semester, the enthusiasm showed forth in the effort of the staff to get more issues out in the second half of the year. The writing staff consisted of Brian Haven, Dennis Heer, Pat Hoskins, Randy Hunt, Carol Kawashima, Brian Kurtz, Bart Marchand, Randy McWilliams, Joel Miller, Matt Rhodes, Frank Rivers and Sue Salminen. The photographer was Brian Kurtz. Dennis Heer and Joel Miller held the office of co-editors, and Mr. Terwilliger was the advisor of the *Spartan Highlights.*

1. The newspaper staff met first period for the first semester. 2. Pat Hoskins and Brian Kurtz work on layouts. 3. Brian Haven writes an article. 4. Newspaper staff met fourth period second semester.



An Active and Productive Year

Advanced Biology was a class and club. Students enjoyed numerous activities and labs throughout the year. Such activities included oral presentations on nutrition, dissections, and a wide variety of labs. Mr. Nielsen was the advisor and instructor and led the club in the making of wine, root beer, and several other experiments dealing with Biology. The club went on several field trips, one to the U.C. Davis field day, the Senior "class" picnic, and the UCD/CSUS science library visitation. This year's officers were Steve Ford, president, and Angela Keller, vice-president.



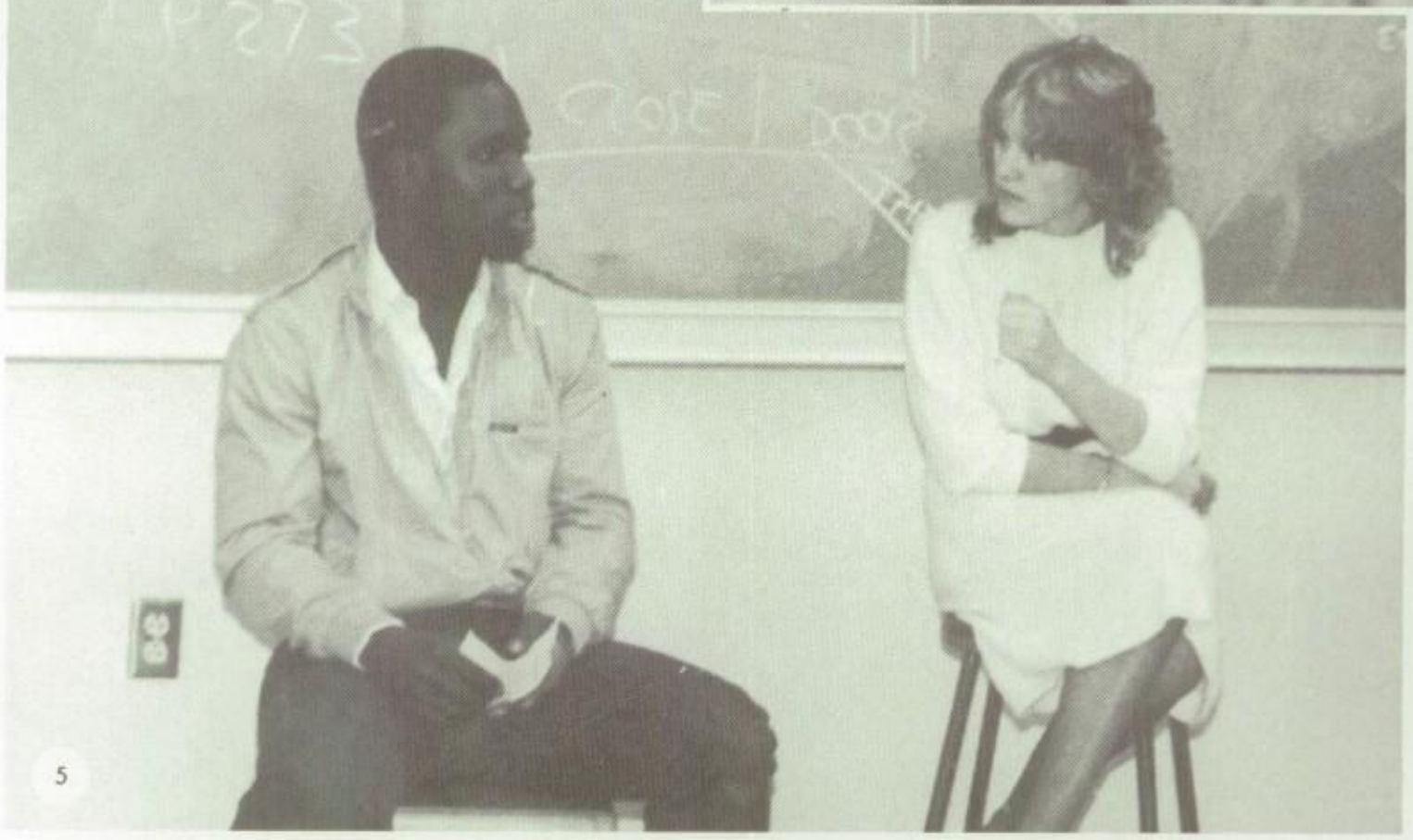
1. Donna Boling and Kurt Sweikar work on a lab. 2. Julie Saathoff and Steve Ford make preparations for a lab. 3. Jason LaCosse observes his yeast population. 4. Mr. Neilsen instructs students for their nutrition seminar.

Projects Improved San Juan

Student Council held meetings every Wednesday at lunch to discuss Student Body related subjects. President Keith Caldwell and Council members supervised and coordinated student body activities that were held on San Juan's campus.

The Council made many decisions that improved San Juan. They proposed amendments to the Constitution that benefited the entire school. Student Council had numerous powers which affected San Juan. Such powers included the power to approve and reject ideas from boards and committees.

The Council was comprised of five members. The new advisor was Smokey Murphy who transferred to San Juan after the closing of La Sierra.



1. Council members listen intently. 2. Mr. Murphy discusses activities with Julie Normington. 3. Heather Matson is confused about putting up the marquee. 4. Kirk Pearson thinks of what he's going to do next. 5. President Keith Caldwell and Vice-President Sue Salminen discuss a major issue.

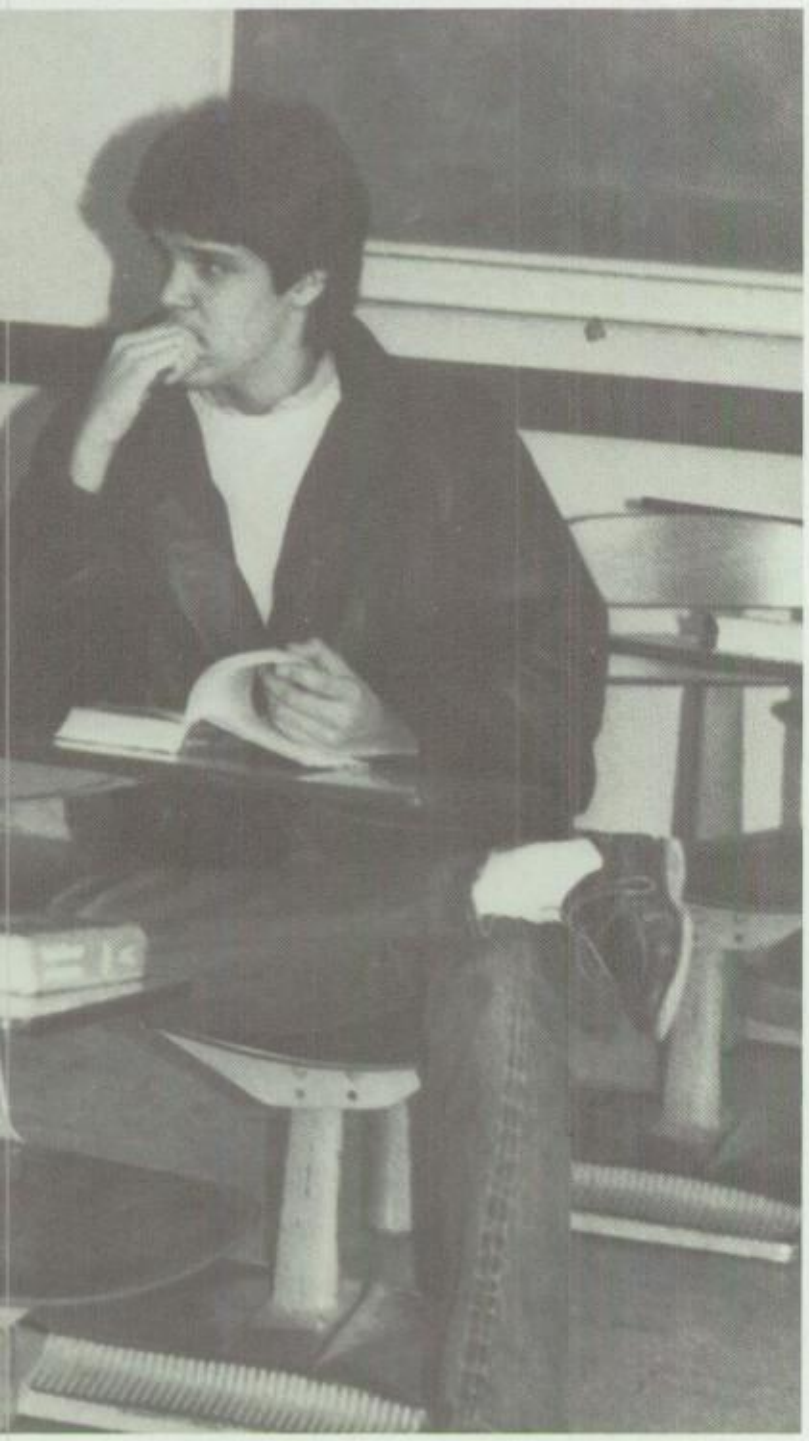
Student Government Influenced School Life

Working to improve student body participation, Student Government organized varied activities to unify and involve San Juan students.

Activities planned included the games and dress-up days during Homecoming week, special rallies, and live bands and music during lunch.

Perhaps the two highlights of the year were when government ran two campaigns along with the student body. First was the food drive in which over 100 food baskets were prepared for distribution to the needy in our area at Christmas time. Second was the drive to have all San Juan students contribute $1.00 to the cost of the ten-inch bronze letters spelling San Juan High School.

The effort and time put into making SJHS a better place made this year a huge success for Student Government.



CSF Enjoyed an Active Year

The California Scholarship Federation (CSF) had an average sized group of about 50 members this year. To have been a member of CSF, one must have had at least three A's and one B, with no D's, F's, or Unsatisfactories on his last report card.

One of the altruistic projects that the members participated in was a bake sale with the proceeds going to the S.P.C.A. The members came to school bearing baked goods to sell, willing to donate their time and effort.

One of the activities planned for spring was a trip to Ashland, Oregon for two days, to see the Royal Shakespeare Festival being held there. Another project planned was a candy sale to raise money for the treasury.

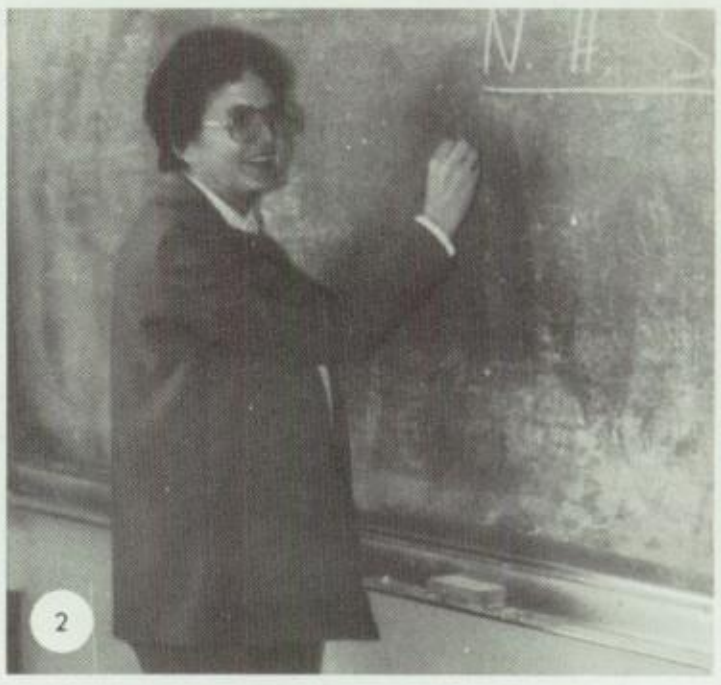
Mrs. Anderson, the advisor, felt it was a good group this year, and she hopes that this trend will continue.

1. The members wait for the meeting to begin. 2. Carol Kawashima addresses the students. 3. The C.S.F. members participate in the meeting.

NHS Recognizes Senior Excellence

San Juan's National Honor Society (NHS) changed its status from that of a club to that or a society which recognized outstanding seniors. This change was made (last year) because most NHS members are involved in many other activities and have no time for more projects and fundraisers. This year the eligibility requirements were even steeper: members needed a 3.5 GPA, outstanding citizenship (no U's), and at least 4 semesters of active participation in school activities. Upon graduation, these outstanding students received an NHS pin and tassel.

HONORED MEMBERS:
Marti Anderson
Andy Asmus
Kris Barth
Jodi Bell
David Boliard
Donna Boling
Jennifer Brown
Leslie Burdett
Keilani Curtright
Karl Engelbach
Marcia Ford
Steven Ford
ADVISORS:
Carolyn Fuke
Crystal Granger
Michael Hagen
Lee Ann Hainline
Corina Hill
Krista Jensen
Carol Kawashima
Jason La Cosse
Kim Lymath
Bart Marchand
Tracy Meyers
Linda Morarity
Mrs. Burns
Susan Nelson
Jolane Nickell
Kim Reed
Melinda Regjo
Julie Saathoff
Sandra Sharpe
Geoff Shaw
Linda Shirley
Renee Slocum
Patricia Sorenson
Suzanne Spalding
Karen Turk
Miss Haley

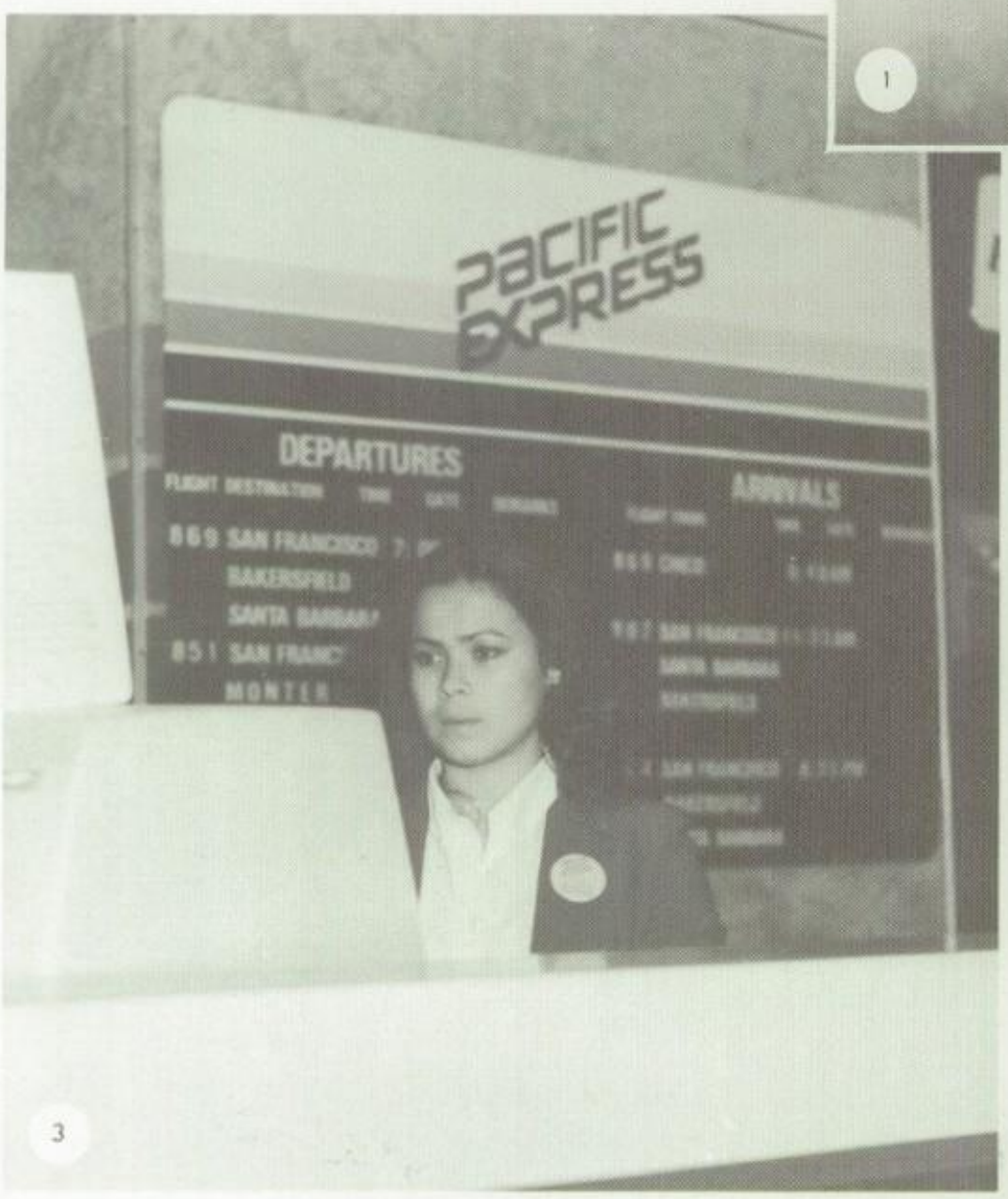


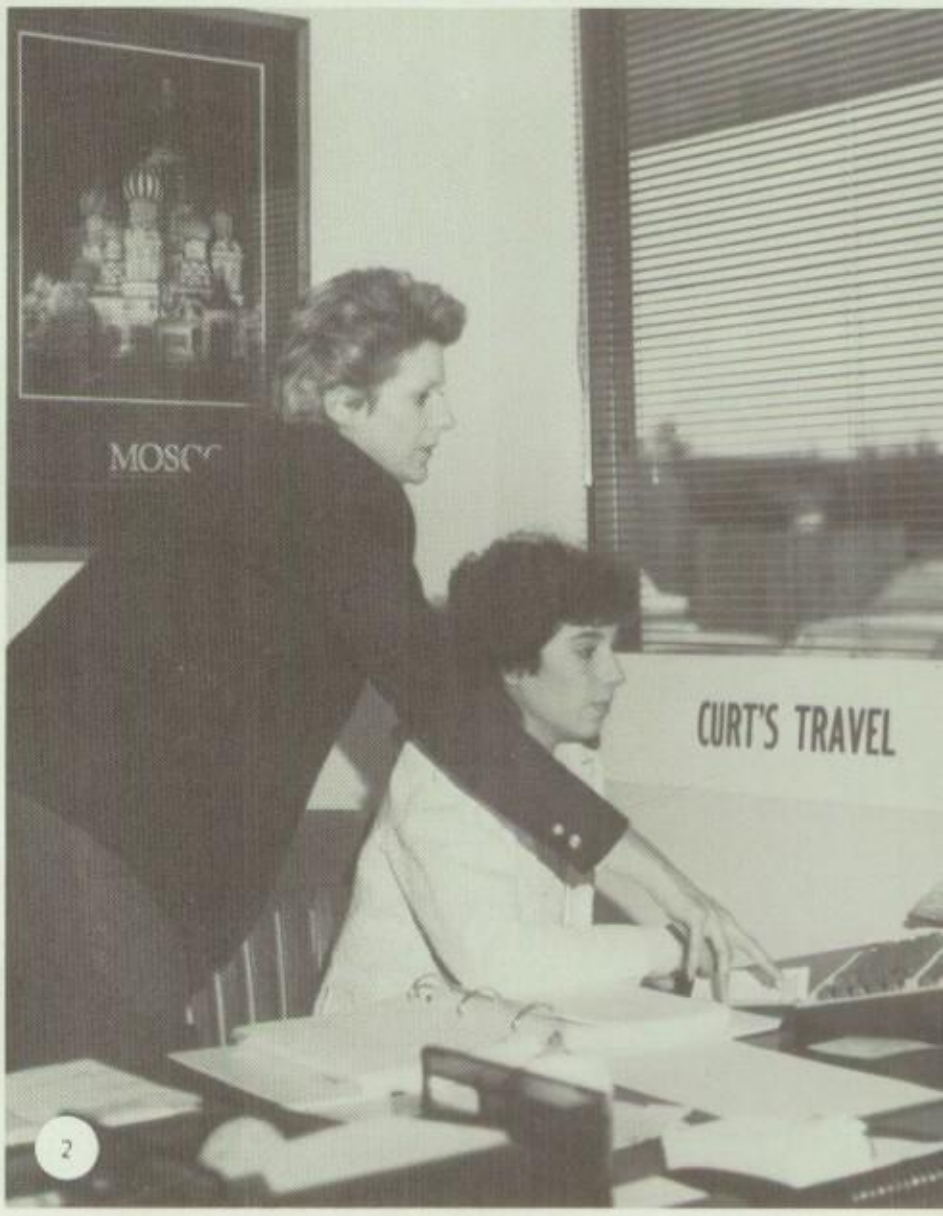
1. Marcia Ford listens with interest to upcoming plans and events. 2. Miss Haley describes the honor of the society. 3. The 1983-84 National Honor Society of San Juan High.

ROP Opened Many Opportunities

The Regional Occupational Program is available to juniors and seniors who are interested in getting training in, and learning more information about, a career in which they are interested. There are programs covering more than sixty different career fields.

ROP provides on-the-job training and offers either five, ten, or fifteen units of credit per semester. The number of units depends on the number of hours spent on the job. The average is fifteen units of credit and three hours per day. One major advantage of ROP is that a large percentage of the time, the student worker is hired for work after graduation for starting a career.



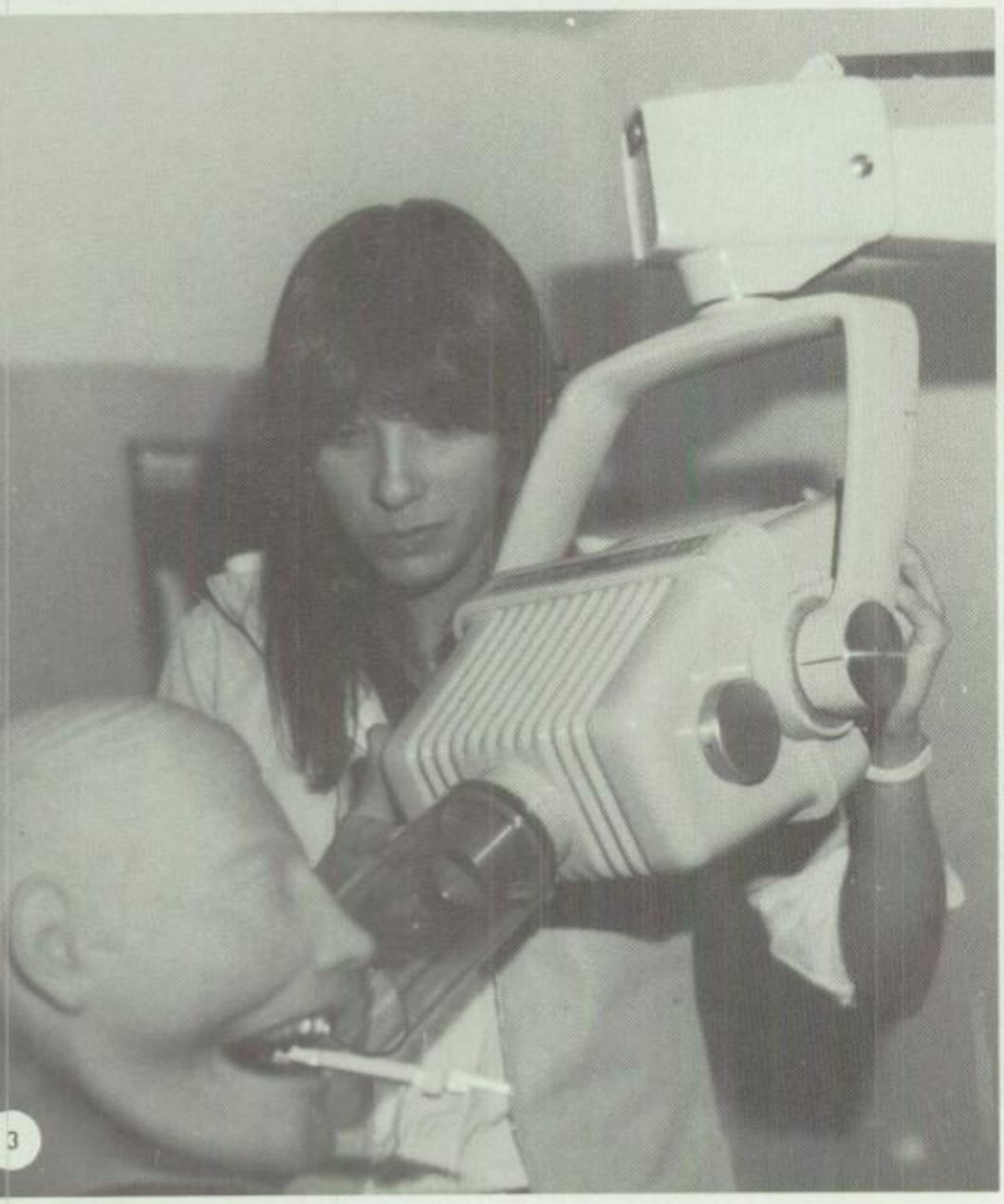


1. Loni Carino greets Mr. Hull, the ROP Coordinator, at Metro Airport. 2. Teri Peri works at a computer terminal at Curt's Travel with Louise Hammer, an assisting travel agent. 3. Diana Denning checks reservations on a computer at Metro Airport.

WEE Really Pays!

The requirements for the Work Experience Education program are that the students have to be a junior or a senior with a valid work permit if they are under eighteen years old. The student must have a part-time job with legal hours for legal wages, and he must be under direct supervision by an adult. He also must attend any seminars that are related to his job in any way.

WEE is a program in which students receive legal wages and credits for one or two periods depending on their work schedule and released periods. WEE is an excellent way to get paid for training and experience on the way to a future occupation and receive school credits at the same time.



1. Cammie Borsh, who works as a teller at the Bank of Alex Brown, visits with Mr. Hull. 2. Mary Bernard works at Leatherby's Family Creamery on San Juan. 3. Leslie Keener practices dental X-ray techniques at Rancho Arrayo.

FHA/HERO: Small But Successful

Though the number of members was low this year, the Future Homemakers of America didn't let San Juan forget they were there. Among the many activites they sponsored were the Annual Horror-Gram delivery at Halloween, the FHA Valentine Cake sale, and the frozen banana sale. They expected their treasury to be full by the end of the year thanks to these three money-making events.

The presiding officers for the 1983-84 school year were: Sandy Myers, President; Betty Haslett, Vice-President; June Golveo, Secretary; and Cynthia Logsdon, Treasurer.

This year, the competitive recognition events were held in Davis and Chico, and the State meeting was held in Sacramento, making it convenient for the members to participate in the activities. FHA participated in the Annual Sunrise Mall Vocational Fair.

Advisor Mrs. Edwards felt that this year's group was "a great bunch of kids."

1. The FHA participants receive their membership cards. 2. The members listen patiently to Mrs. Edwards. 3. The students react to the business at hand.

M.E.S.A. Promoted Science and Math

The MESA (Mathematics, Engineering, Science Achievement) group was small, but active this year. The San Juan Chapter of MESA was part of a district-wide group of sixty (60) to seventy (70) people.

MESA is a group that encourages students to examine career opportunities in the areas of math, science, and engineering, helping members inclined to these fields.

Miss Solie, the advisor, wished more people knew about MESA, as many students were eligible, and various universities have made it clear that they felt that belonging to MESA had an effect on their admissions. One of the reasons that MESA was not widely known was because most meetings were held off campus.

This year, MESA took quite a few field trips, sponsored by the University of California at Davis and California State University in Sacramento. Both of these schools also sponsored summer school programs.

MESA had a busy year!

1. Rick and Donna Rouse, Miss Solie, Tracy Middlebrook, and Manuel Del Rio talk about summer MESA programs. 2. MESA members included: Back Row: Jerrod Pope, Rachel Polk, D'Shara Wallace, Danine Bailey, Miss Solie. Front Row: Sharmele Brown, Todd Meza, Ernest Thomas, Martin Ross, Mark Ross.

Foreign Exchange Added the Spice of Life

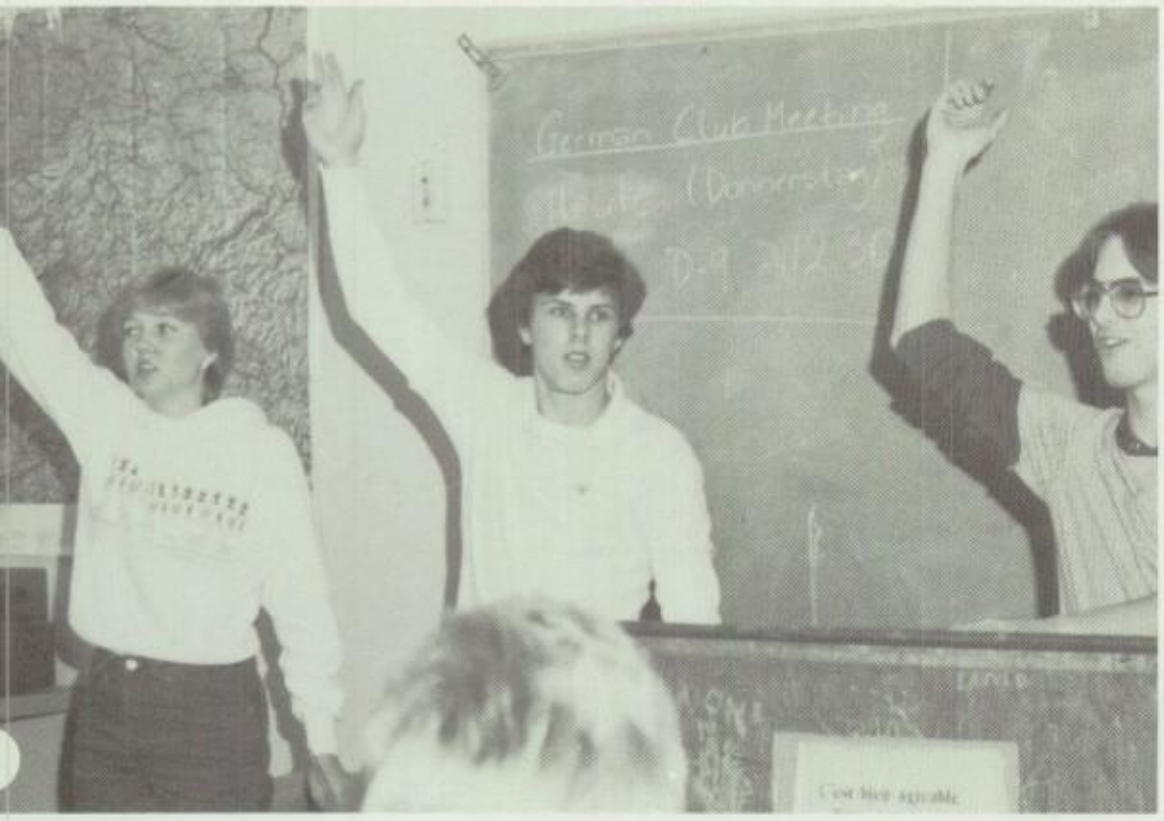
This year San Juan enjoyed having six foreign exchange students for the year. Roberta Riotti, Cordula Freund, Regina Waldhoff, Karsten Eilers, Florian Schultz-Wild, and Futoshi Imoto took back memories from their experience at San Juan. Cordula, Regina, Karsten, and Florian all came from Germany, while Futoshi came from Japan, and Roberta came from Italy.

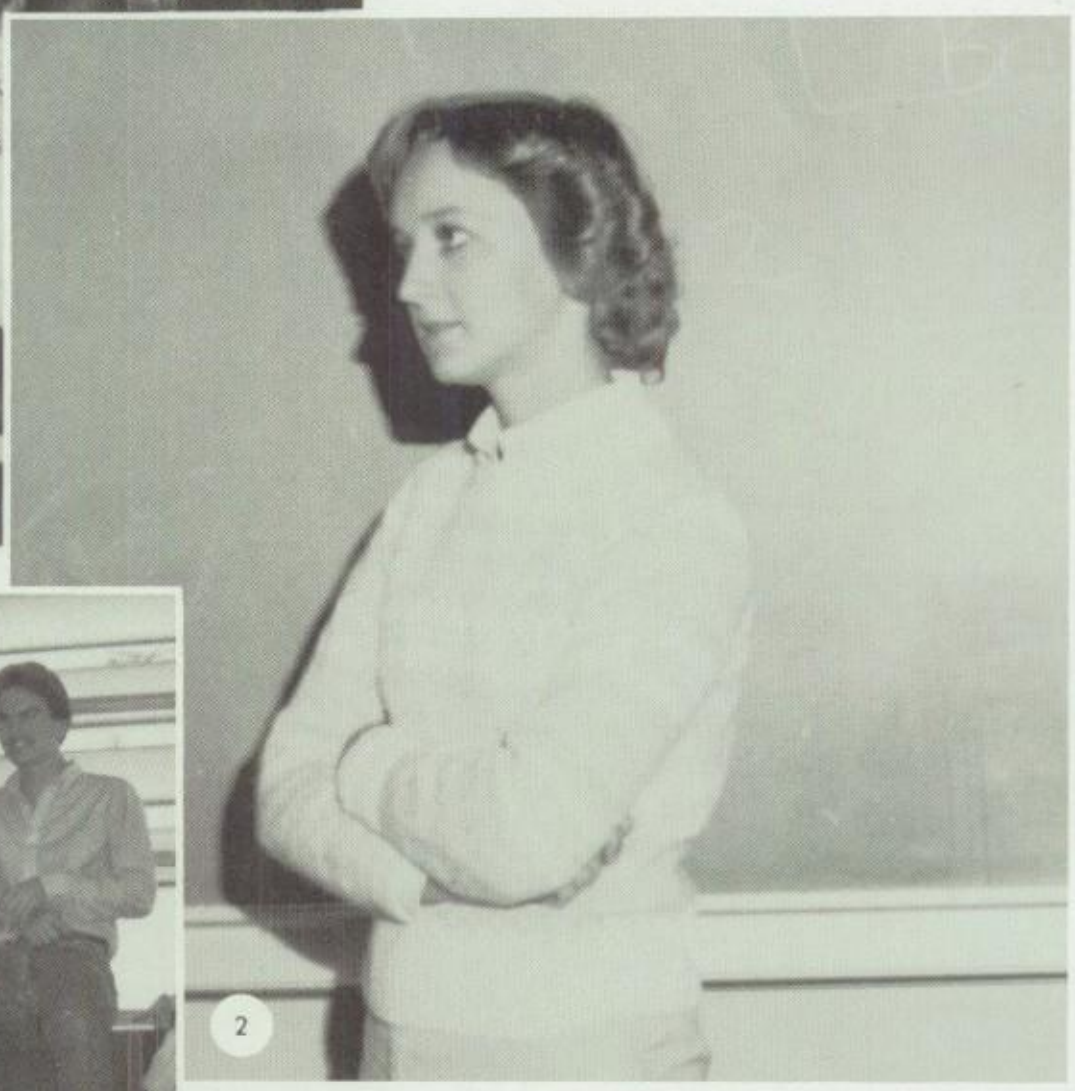
Experiencing a new country was definitely an adventure for these students, but students at San Juan also enjoyed getting to know them. While Cordula, Karsten, Florian and Futoshi helped the Spartans to victories in athletics, Roberta studied different subjects.

Each exchange student made many friends and learned many different things in California. Spartans enjoyed learning new things about different countries, too.

Each exchange student was very special in every way, and although they will be missed, we will keep memories here, and hope they carried pleasant memories home.

1. Cordula Freund, #31, and teammate April Wood, #12, listen to Coach Gatewood during a timeout. 2. Foreign Exchange Students were: Top Row: Florian Schultz-Wild, Karsten Eilers, Futoshi Imoto. Bottom Row: Roberta Riotti, Regina Waldhoff, Cordula Freund.





German Club Succeeded

German Club began only three short years ago. Today it is a successful and thriving club on campus. Gummi Bears, Twins, and Advent Calendars helped finance the numerous club events. The club experienced a taste of German culture at a nearby German restaurant and continued the tradition of an annual trip to San Francisco.

The club's success can be attributed to the hard working members and their advisor, Mrs. Curley. The German club consisted mainly of freshmen, while the only senior members included Sandy Sharpe, Mike Perry (president), and Karl Engelbach.

1. German Club officers vote with enthusiasm. 2. Ms. Curley watches over the meetings. 3. Members discuss upcoming events. 4. Boy, some of these meetings can be really interesting!

Une Année Magnifiqué

San Juan's French Club membership increased greatly this year in comparison to past years. Ms. Devichi, the advisor, attributed this to the closed campus.

Among the many activities that the group sponsored this year was an after-game dance held in the fall. Also, their candy sales added quite a bit to their treasury.

The participation of the members attending the various French concerts and parties was better this year, and the students donated their time and effort by bringing unique French dishes for the others to sample.

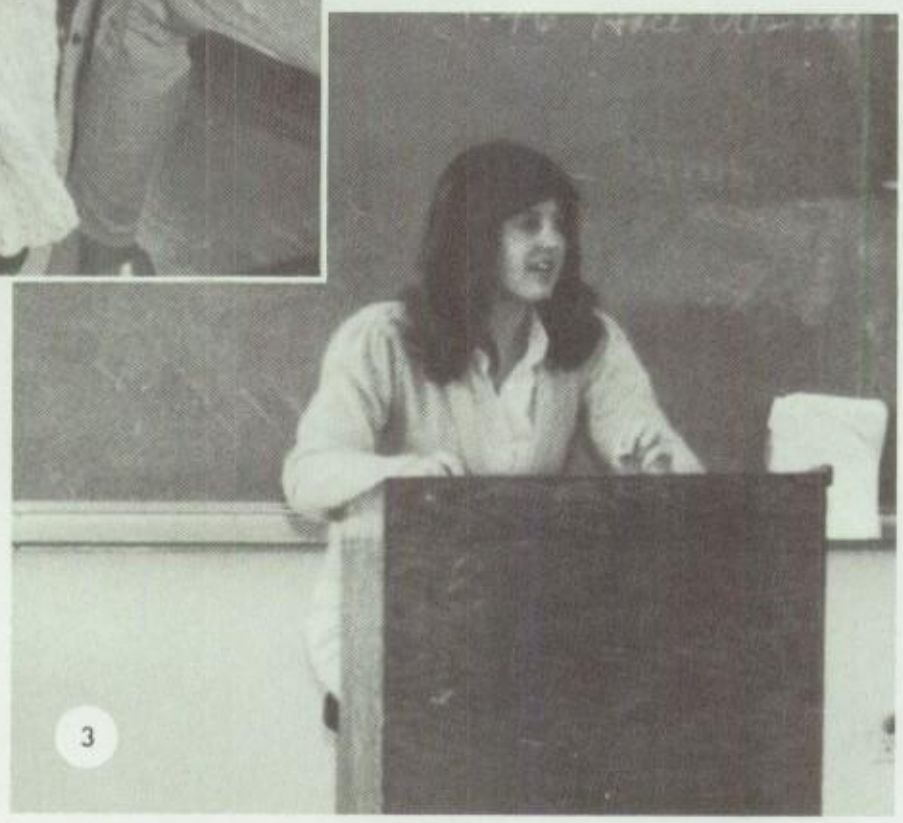
In addition, the club made plans for having their annual French Club camping trip, as well as other field trips.

French Club officers were: President, Jenny Brown; Vice President, Paula Valentine; Secretary, Keilani Curtright; and Treasurer, Randy Foster.

1. Ms. Devichi participates in the conversation at hand. 2. The students considers a suggestion for approval. 3. President Jenny Brown addresses the members.

Projects Filled Spanish Club's Year

Under the supervision of Mrs. Willoughby, the Spanish Club planned many projects. Early in the fall semester the club sold candy to fund their overnight ski trip to Tahoe for the weekend. The club also continued the tradition of selling carnations for Valentines Day as a fundraiser. Other projects enjoyed by the members included a trip to San Francisco, a Christmas Party, and dinner at a local Mexican restaurant. Thanks to the leadership of President Marcia Ford, the club enjoyed an exciting and active year.



Spanish Club members decide on future plans. Mrs. Willoughby, club advisor, oversees the meeting. 3. Our illustrious president, Marcia Ford responds to a question. 4. Carol Kawashima takes notes of future club events.

Cadets Learned Survival

The California Cadet Corps had as its primary goal, the development of leadership skills of its participants. First-year cadets participated in classroom programs such as survival, map reading, leadership, communication skills and markmanship training as well as the more visible drills and ceremonies.

The class participated in a variety of co-curricular activities including three-day survival, snow survival, competitive shooting, and a drill competition. Community service was used as a vehicle for developing leadership with assistance in distributing six thousand Salvation Army Christmas baskets and a trip to work on trail maintenance at Pt. Reyes National Seashore being the two major projects.

This year was one of rebuilding for the Corps at San Juan. Mr. Krumhaus expects to begin 1984 with "a superb cadre of leaders — we expect an excellent year."

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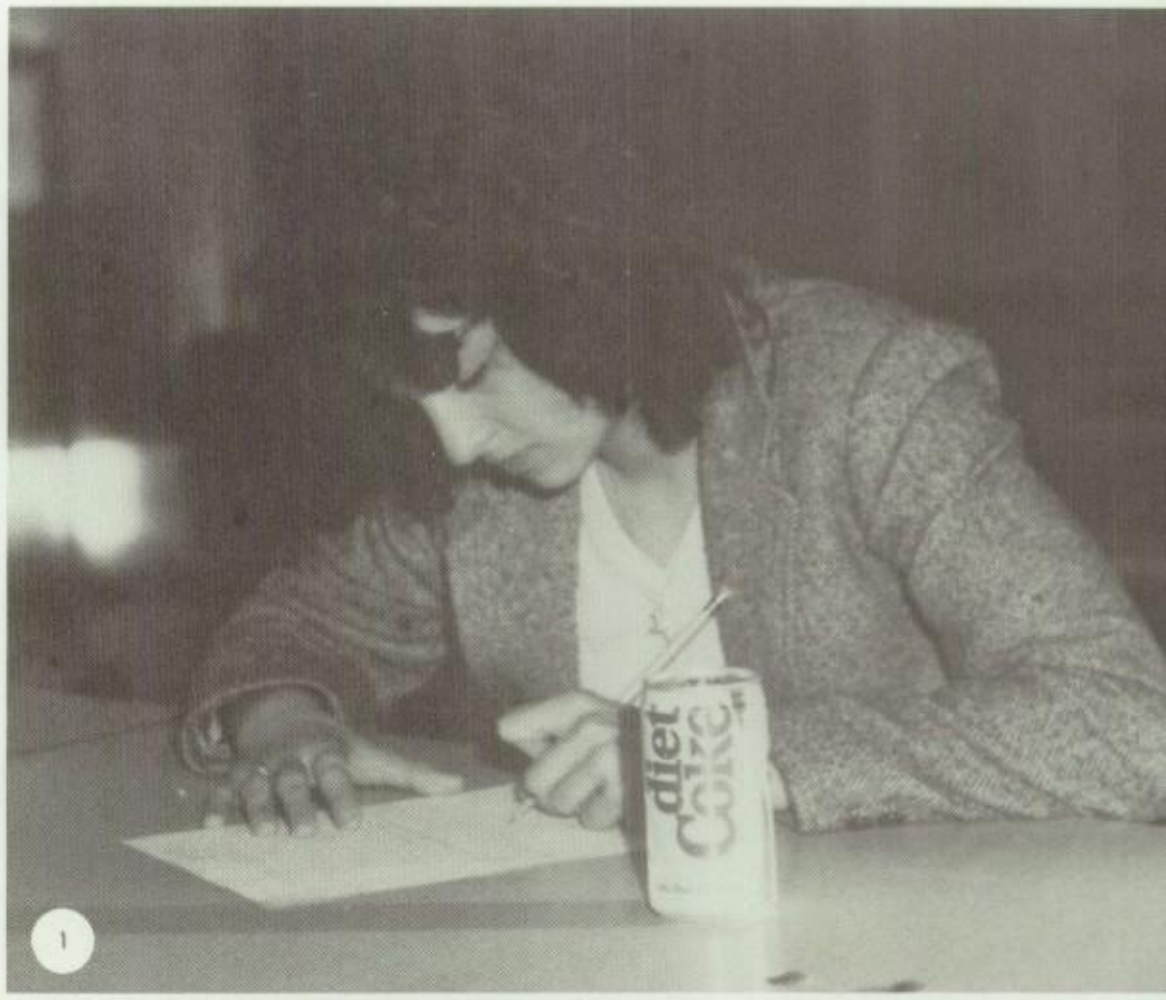
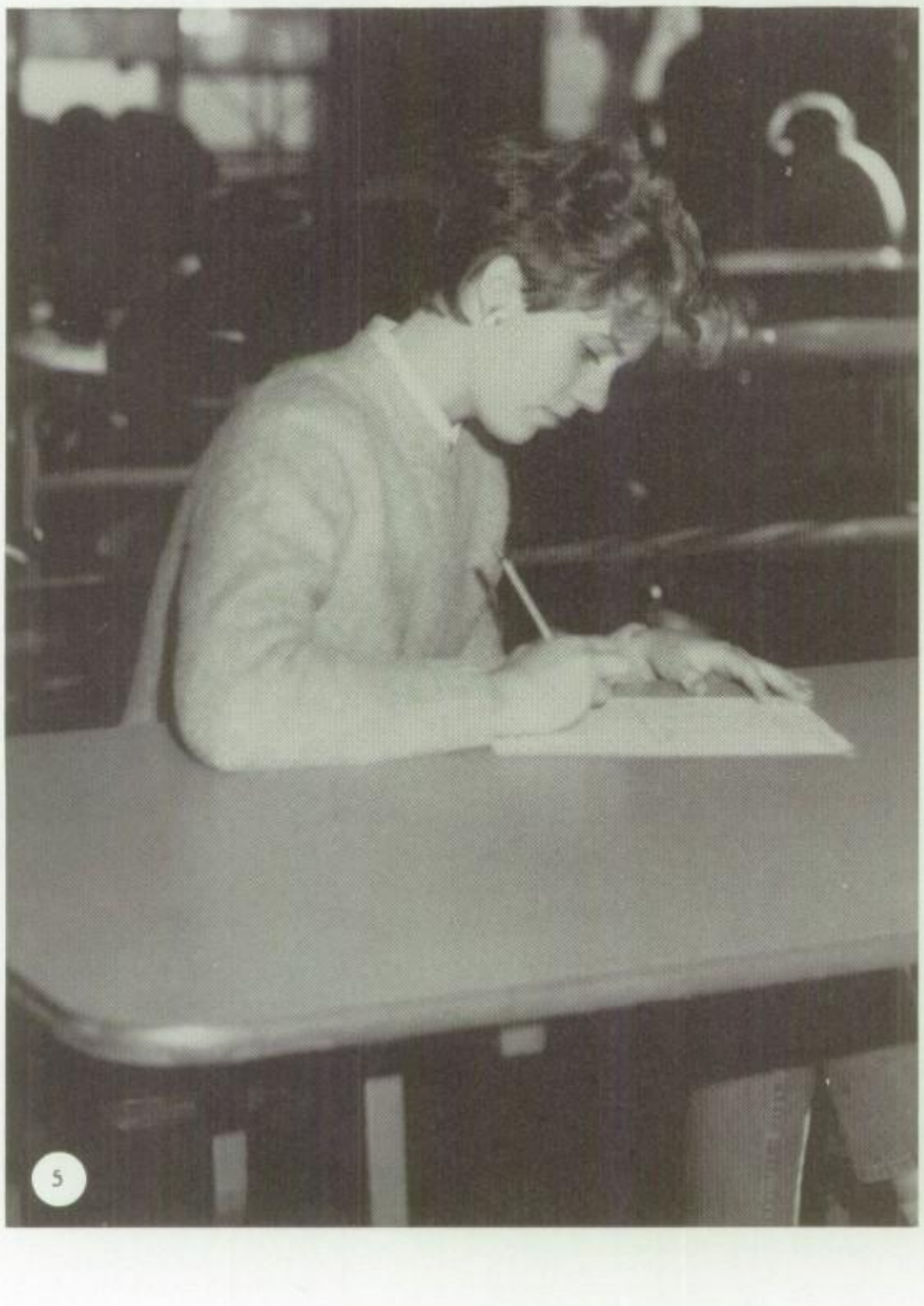
1. Stand up, chest out, stomach in!! 2. I think she passed inspection! 3. Attention!!! 4. A few of the cadets converse before practicing. 5. Where's the rest of the squad? 6. "Sorry, sir!! I forgot my shoes at home!!" 7. Isn't he facing the wrong way?

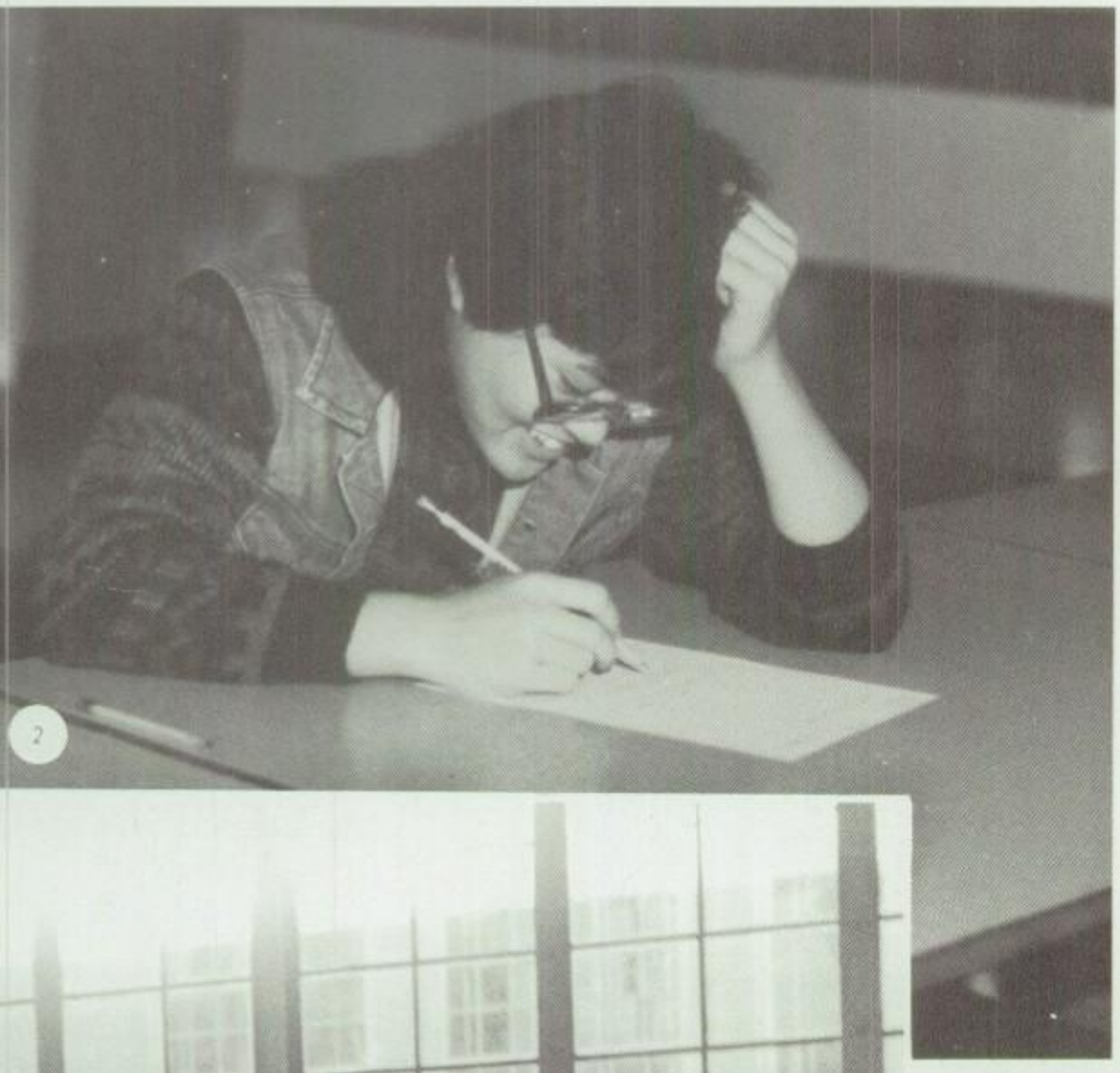
2 + 2 = ?

Under the direction of Mr. Phillips, San Juan's Mathletes competed once a month against other area schools. Members of the team were challenged in the areas of advanced arithmetic, algebra 1 and 2, geometry, and trigonometry. Senior members of this year's team included Kris Barth, Karl Engelbach, David Boliard, and Carol Kawashima.





1. Kris Barth and her Diet Coke can solve any
2. Finding the beauty in math is Carol Kawas
3. Decathlon members included: Back Row: McWhirter, Eric Schoenman, Ronald Logan, Asmus, Bryan Haven. Front Row: Joel Miller, Atteberry, Bart Marchand. 4. Mathletes mem Robert King, and Karl Engelbach race the clo Krista Atteberry wonders, "Don't they use nu any more?"



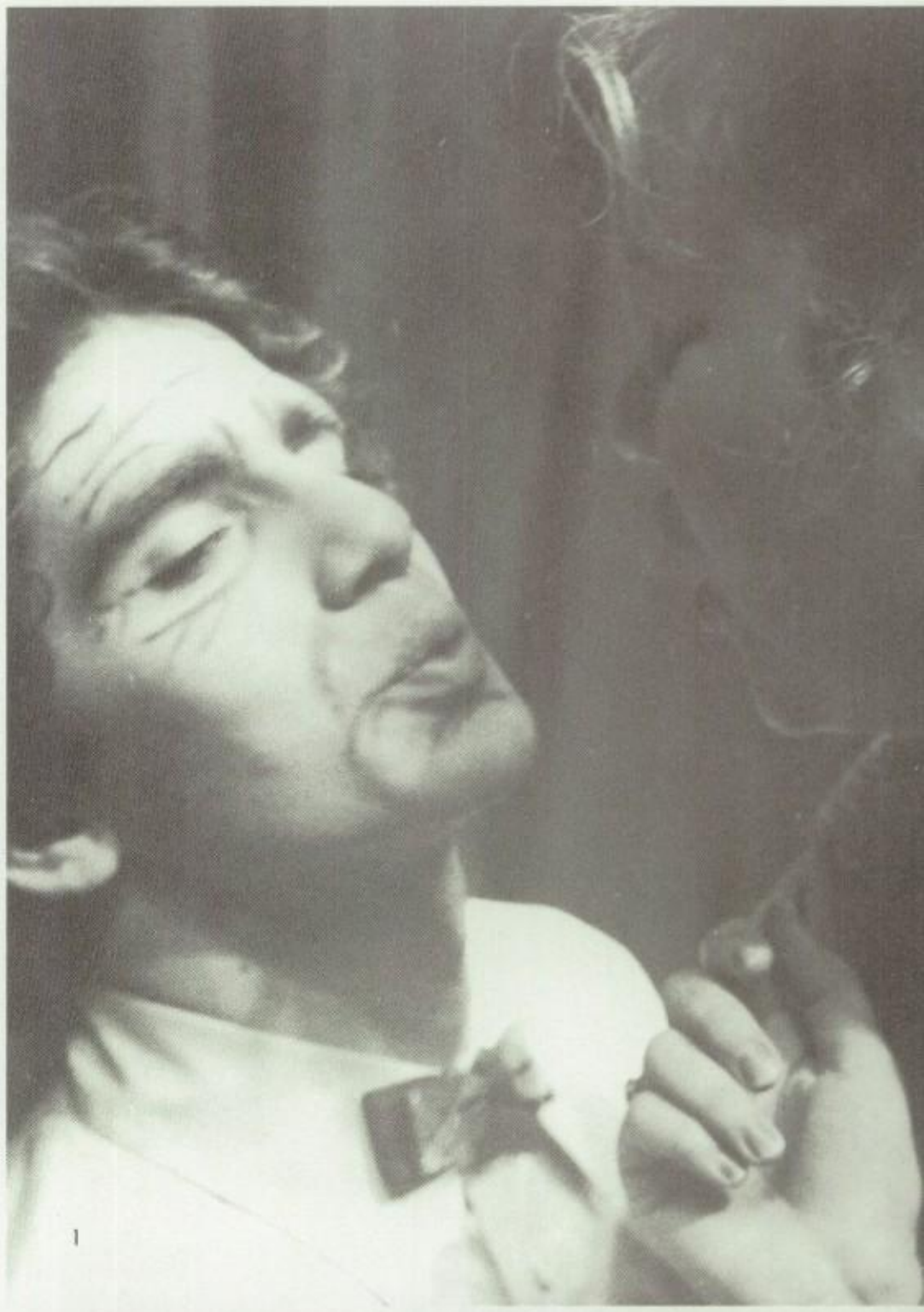
First Year Effort Successful

San Juan's first year effort in the Academy Decathlon was outstanding. The six members of San Juan's victorious team were tested in math, English, economics, fine arts, and the sciences. Thanks to the teacher advisors Mr. Wells and Mr. Nielsen, the team brought back several medals. Andy Asmus received a silver in economics while Jennifer Brown was awarded two in Essay and Social Science. Thanks to Bryan Haven, the team won a gold medal in math and a silver in science. With the high achievement of this year's team, San Juan has high hopes of continued excellence and success in the future.

Thespians Prove Their Quality

The Twelve Angry Jurors proved to be successful for Drama's first play of the year. It was shown during school with great reviews from the San Juan High School critics, and then again after school to give the parents and community a chance to see the spectacular production.

Under the Direction of George Roth, the actors and actresses pulled together a great play. The *Twelve Angry Jurors* were Angela Bryant, June Golveo, Rich Crawford, Lisa Ludvik, Dawn Tisnado, Pam Cabana, Erik Slayton, Cathy Egly, Andy Asmus, Jenny Brown, Dara RaDona and Melinda Regjo. Leslie Burdett was stage manager, Steve Pierce was the lighting technician, and Leif RaDona was the Assisting Stage Manager.



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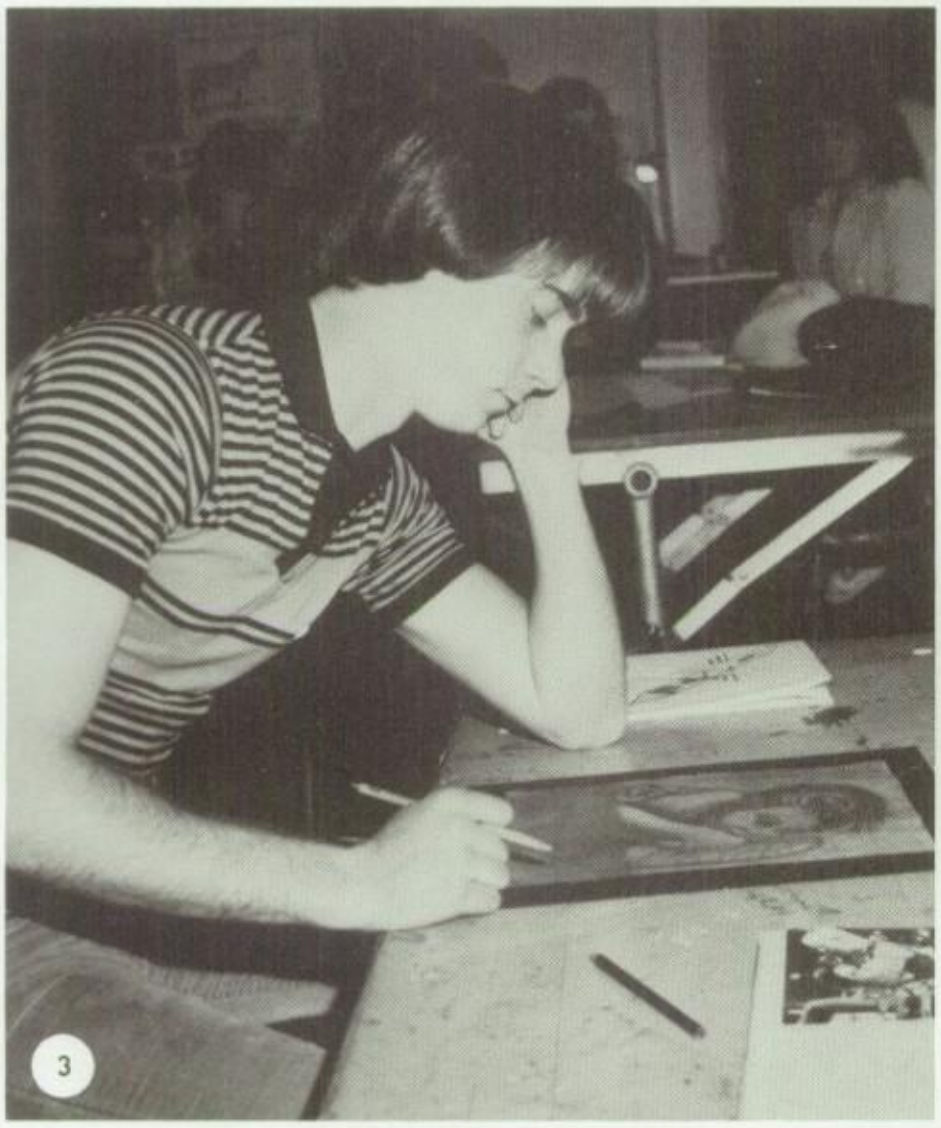
1. Andy Asmus gets made-up. 2. Dawn Tisnado and Richard Crawford talk about the case over a cup of coffee. 3. The 12 angry jurors. 4. Melinda Regjo prepares for the show. 5. Jenny Brown gets stage fright. 6. A scene from the play **Twelve Angry Jurors.**

Artists Remained Active

Art Club members, under the supervision of Mrs. Spickelmier, decorated windows for Christmas to raise money to go on various trips. During the 1983-84 school year the Art Club took a bus trip to the DeYoung Museum of Art in San Francisco. They proceeded on to the Natural Historical Museum at Golden Gate Park to make some sketchings of animals and reptile bone structures. Following this, they went to some small galleries at Fisherman's Wharf to see some contemporary art work. They also went to some local art galleries during the year.

The members of the Art Club were: John Dykes (a mid-term graduate), Kristi Knight, Mike Perry, and Joe Wagner. Together, they learned a lot through the Art Club and enjoyed themselves in the process.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1. Art Club members Mike Perry, Kristi Knight, and Mrs. Spickelmier watch Joe Wagner paint. 2. Charlie Prenzi works on his excellent painting. 3. Larry Koepke finishes up on his art work.

1. John Dykes works on a very attractive painting. 2. Kerri Hanson starts the basics of her art work. 3. Jose Hernandez sketches a muscle-man.

Fundraisers Provided Uniforms

Boosters really got involved this year and helped improve San Juan. Succeeding more and more every year, this group of concerned parents really aided the athletic program at San Juan.

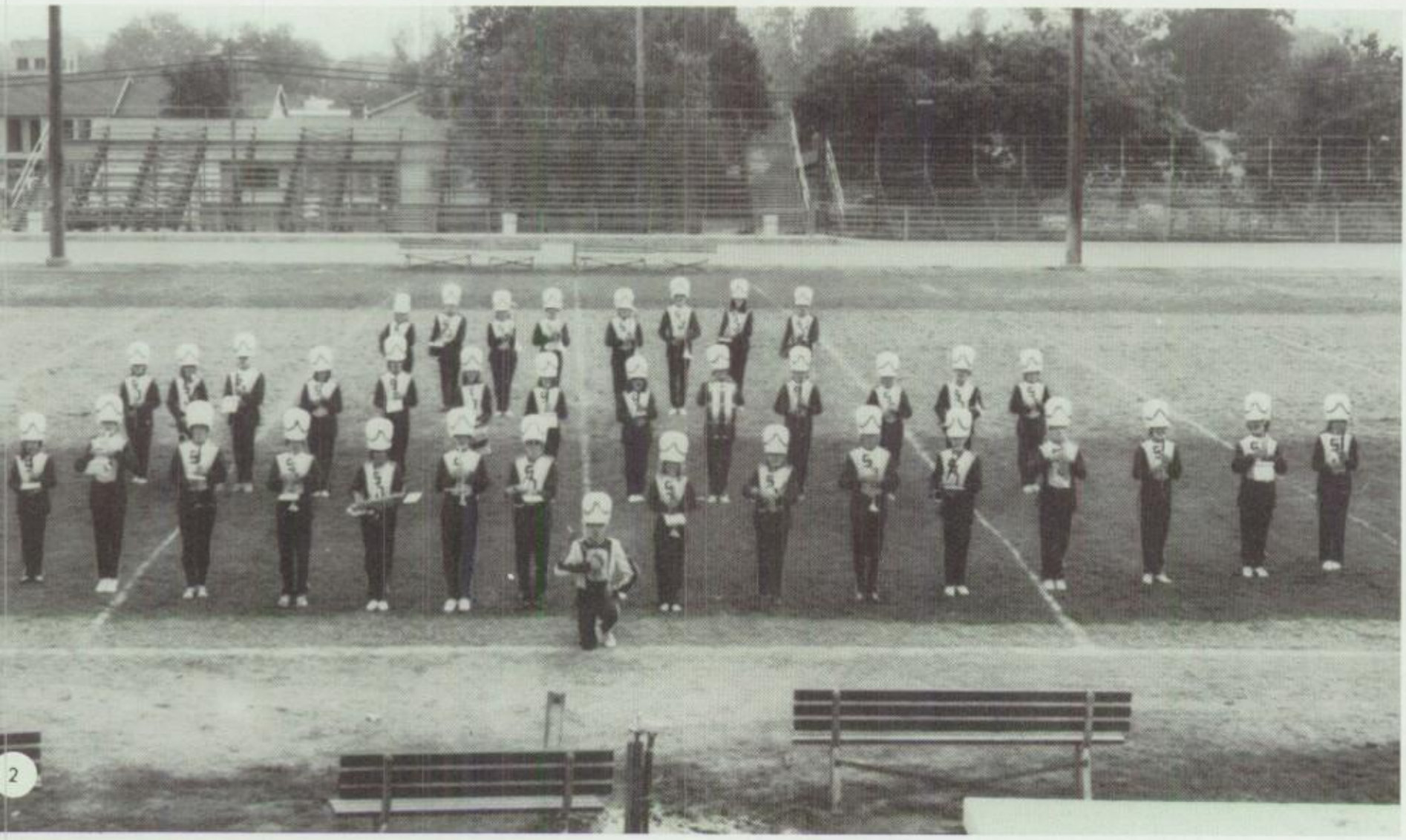
They held many fundraisers which included holding 50/50 raffles, selling programs at games, and organzing the famous "Pizza Nights"!!! They operated the snack bars at games and sold memberships for Boosters. New uniforms and sweats were purchased for numerous clubs with the profits. Their time and dedication was well appreciated.

1. The famous 50/50 raffles. 2. Heather Daily buys a Tootsie Roll at the snack bar. 3. A Booster sells programs to Spartan supporters. 4. Parents sell memberships for the Boosters.

Band Marched With Dedication

San Juan's Marching Band had much to be proud of this year as their dedication and willingness showed through in their performances. Although most of their performances were rained out, they took first place in their only competition, the Citrus Heights Parade. The extra hours, such as starting to practice before school started on weekdays and taking time out on Saturdays to practice, brought forth greatly improved performances at half time and in the stands during the games. The dedication showed as the Band sounded better than ever. The Band's leaders this year were Marc Schalinski and Kirk Pearson. Though the Band was fairly inexperienced, they showed a bright future for a great Band at San Juan.

1. The marching band performs during half time. 2. The performers stand in perfect formation. 3. The musicians practice their movements. 4. San Juan's Marching Band. 5. The Band practices their Homecoming routine. 6. The Band .marches off the field after an excellent performance. 7. Mike Rice performs an outstanding trumpet solo.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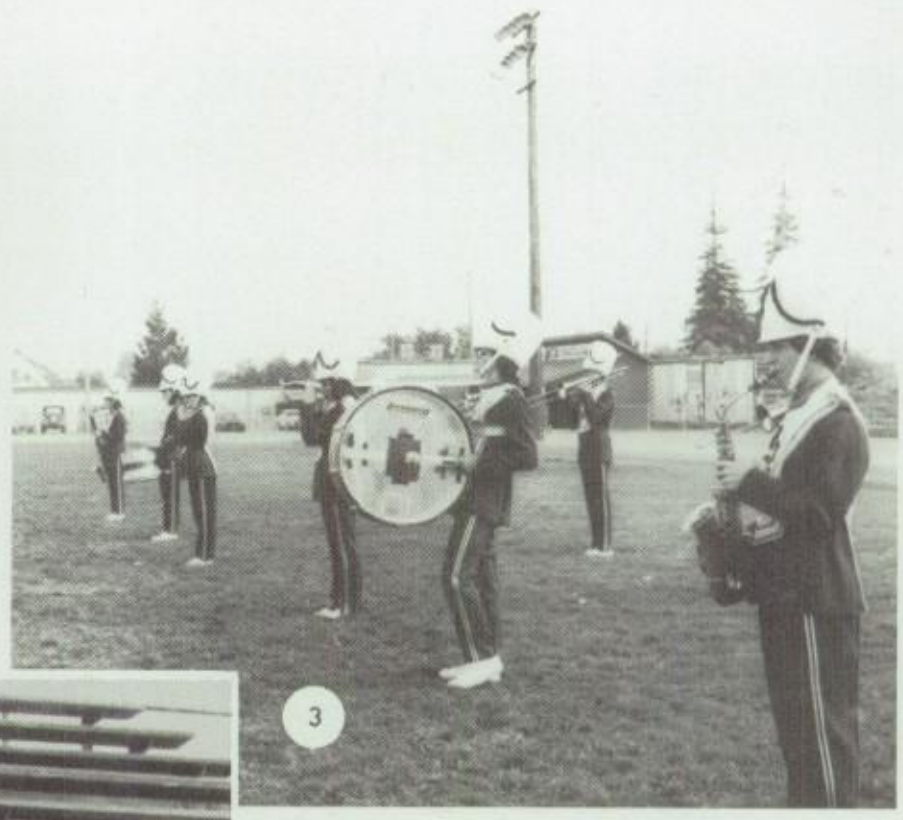
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All That Jazz!!!

San Juan was fortunate to have a full Jazz Band ensemble for the second year. The Jazz Band performed several times for the student body and planned to participate in four Jazz festivals. Members of the group sacrificed their sleep for the 7:15 a.m. practice hour. However, their hard work paid off. This was the best group of talented Jazz musicians we have had at San Juan in many years.

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1. Jazz Band performs for the student body's entertainment. 2. Brass section waits to entertain us. 3. Jazz Band performs at an evening concert. 4. Teri Thomas plays the sax. 5. Mr. Gonzales conducts his award-winning Jazz Band.

School Spirit

"Make It Happen"

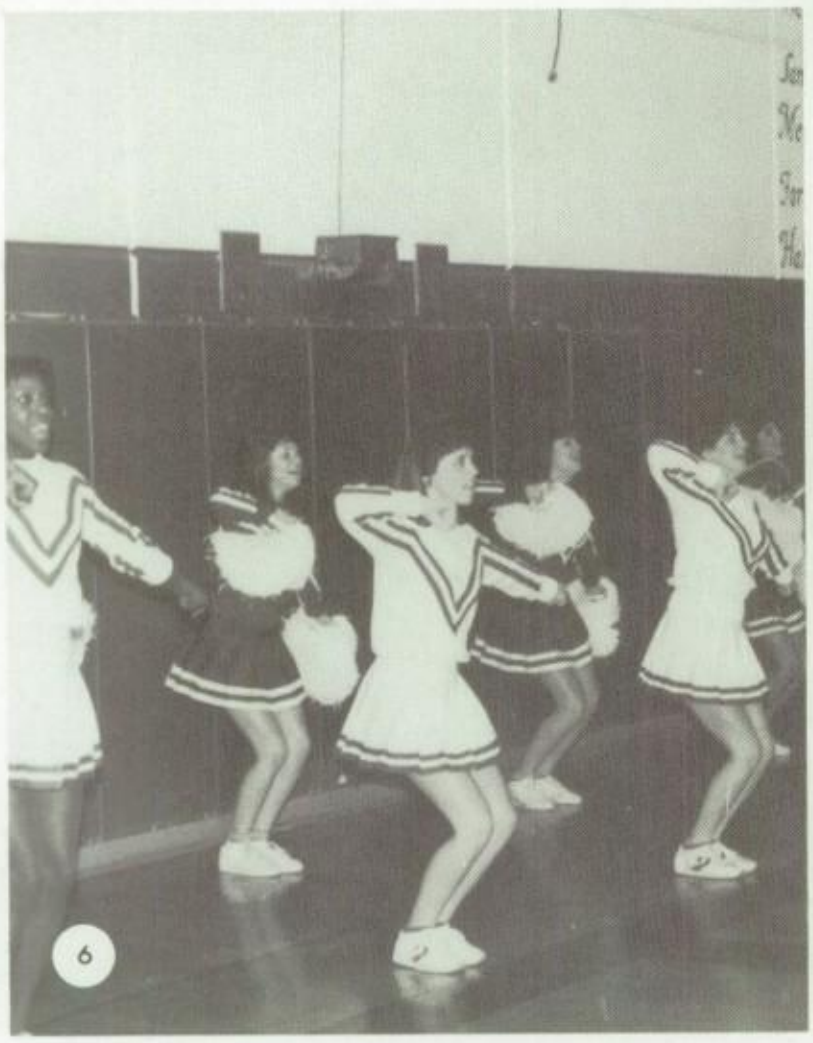
From parades to television, it was a star-spangled year for the Spartans' champion spirit leaders. Everyone on the combined spirit squad performed on Channel 13's popular evening show PM Magazine. "It was a thrill to be on TV," said Peggy Sammis, JV cheerleader. "And it certainly was great publicity for San Juan High School."

Awards, trophies, and titles were abundant for the Drill Team at summer camp in Santa Cruz. The team won the Friendship Boot, Spirit Stick, and the Excellent Trophy. Once home, the team captured first place in the 4th of July Parade in Old Sacramento. They also performed at the opening ceremonies of the California State Fair, Roseville Thanksgiving Parade, and the Citrus Heights Christmas Parade, and they competed in the Nationals in Los Angeles in February.

Spartan Songleaders also captured top honors in competition, including three Superiors at camp in Santa Barbara and first place in Folsom. In February they strutted their stuff in national competition in Los Angeles.

Cheerleaders and Songleaders combined forces to perform at the 49er-Atlanta Falcons' game at San Francisco's Candlestick Park. Cheerleaders garnered a spectacular amount of awards, too, at summer camp. Each squad won four Superiors, a Superior Trophy, and a Spirit Stick.

"There was a lot to be cheering about. Such unity and dedication!" said Margaret Gloekler, sophomore.



1. Jodi Bell and Renee Slocum take a break. 2. J.V. Cheerleaders perfect a mount. 3. Drill Team member Margaret Gloekler smiles for the crowd. 4. Varsity Songleaders show their spirit during the Homecoming parade. 5. Mascot Tanya Pattillo cheers the Spartans to victory. 6. Varsity Cheerleaders root on San Juan before a basketball game.

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Freshman Spirit Came Alive

This year's Freshman Cheerleaders helped fill the school with much spirit and led the Freshman class on with excitement. They cheered the Freshman teams to victories in football and basketball, along with guiding the entire class at rallies. They received ribbons and a trophy for outstanding performances at spirit camp, and were on Channel 13's P.M. Magazine with the rest of the spirit squad. The squad worked hard after school to perfect routines and cheers and put in a lot of time working together, which showed as they performed for the students at San Juan High School.

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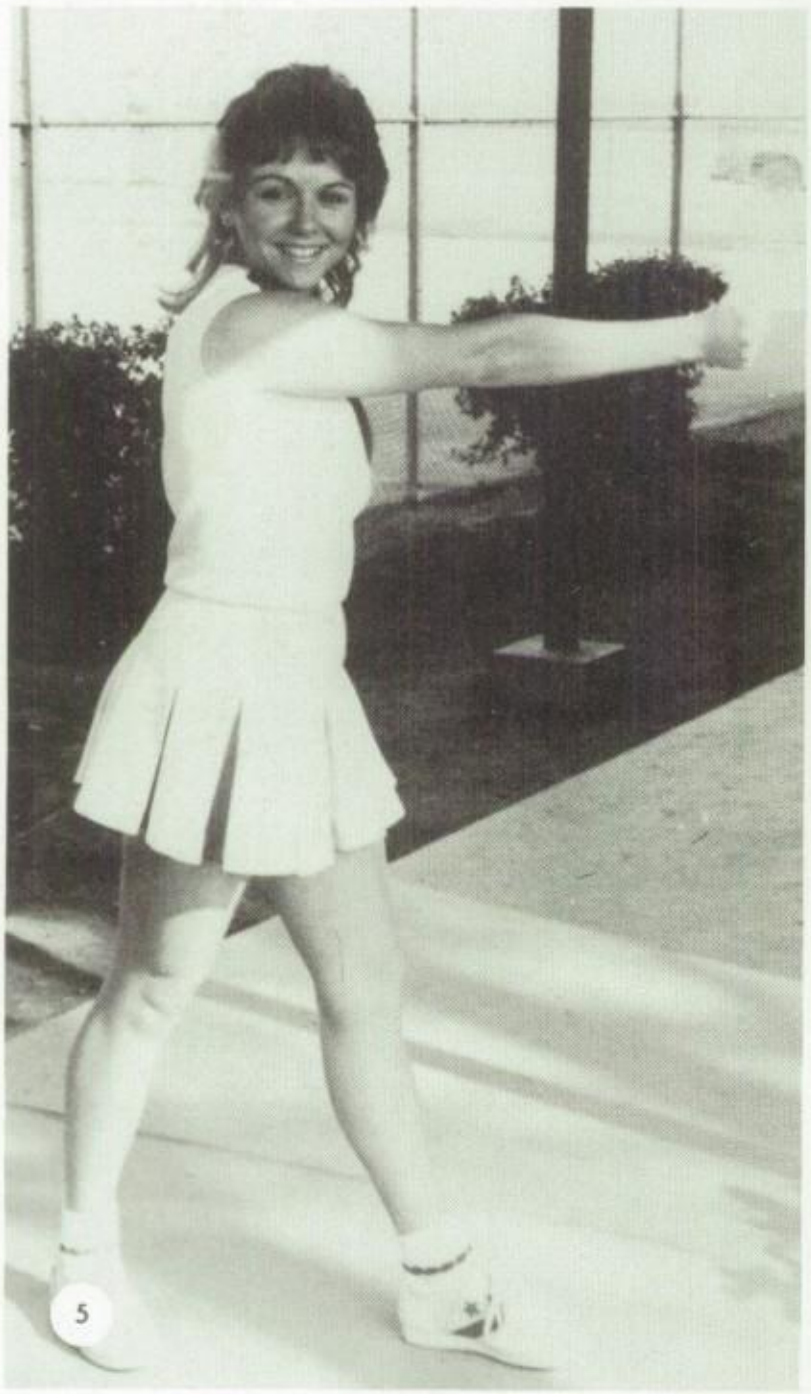
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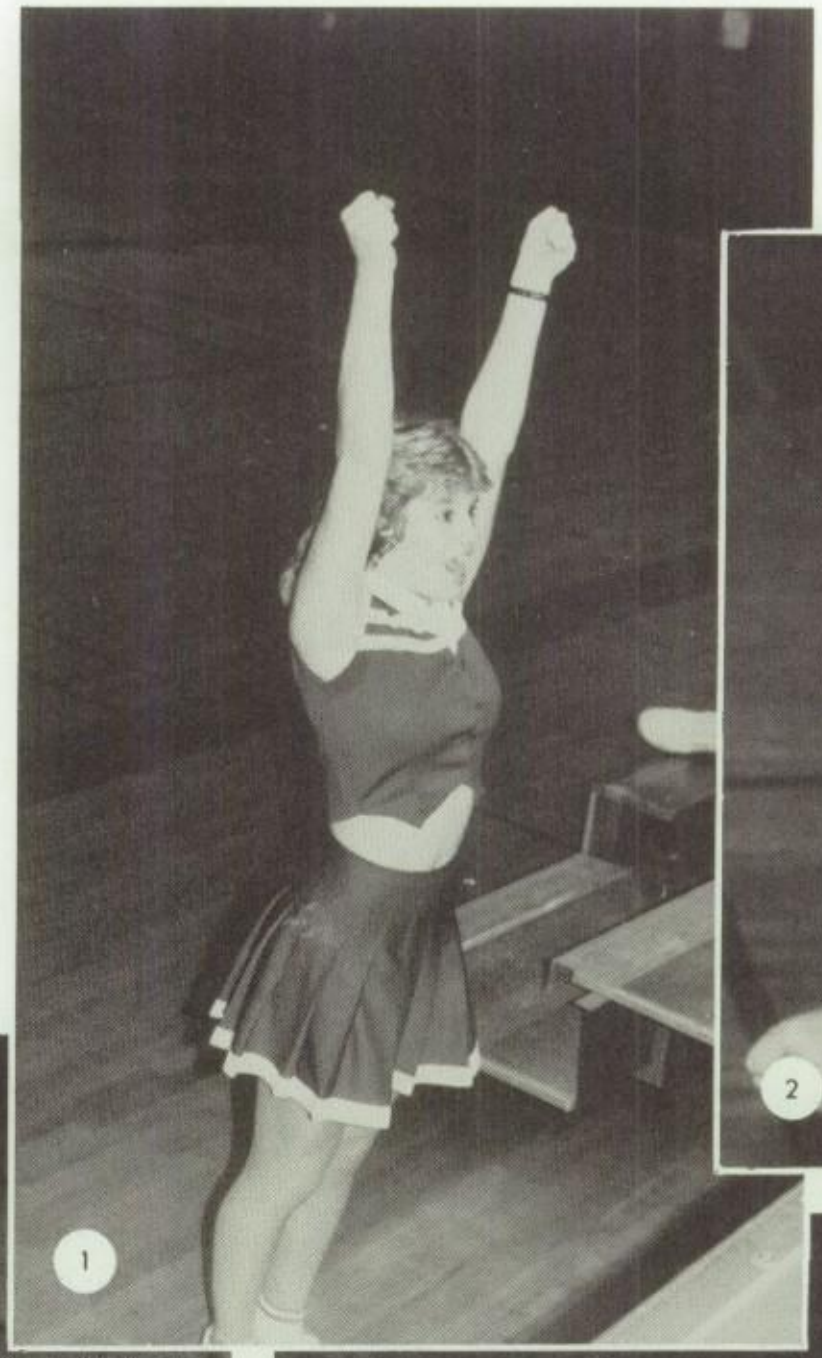
shman squad performs a mount at half time. nielle Nicodemus and Jennifer Petrevich ct a shoulder stand. 3. Cheerleaders practice school. 4. Amber Gomez likes the idea. 5. ile Nicodemus shows us her new cheer.

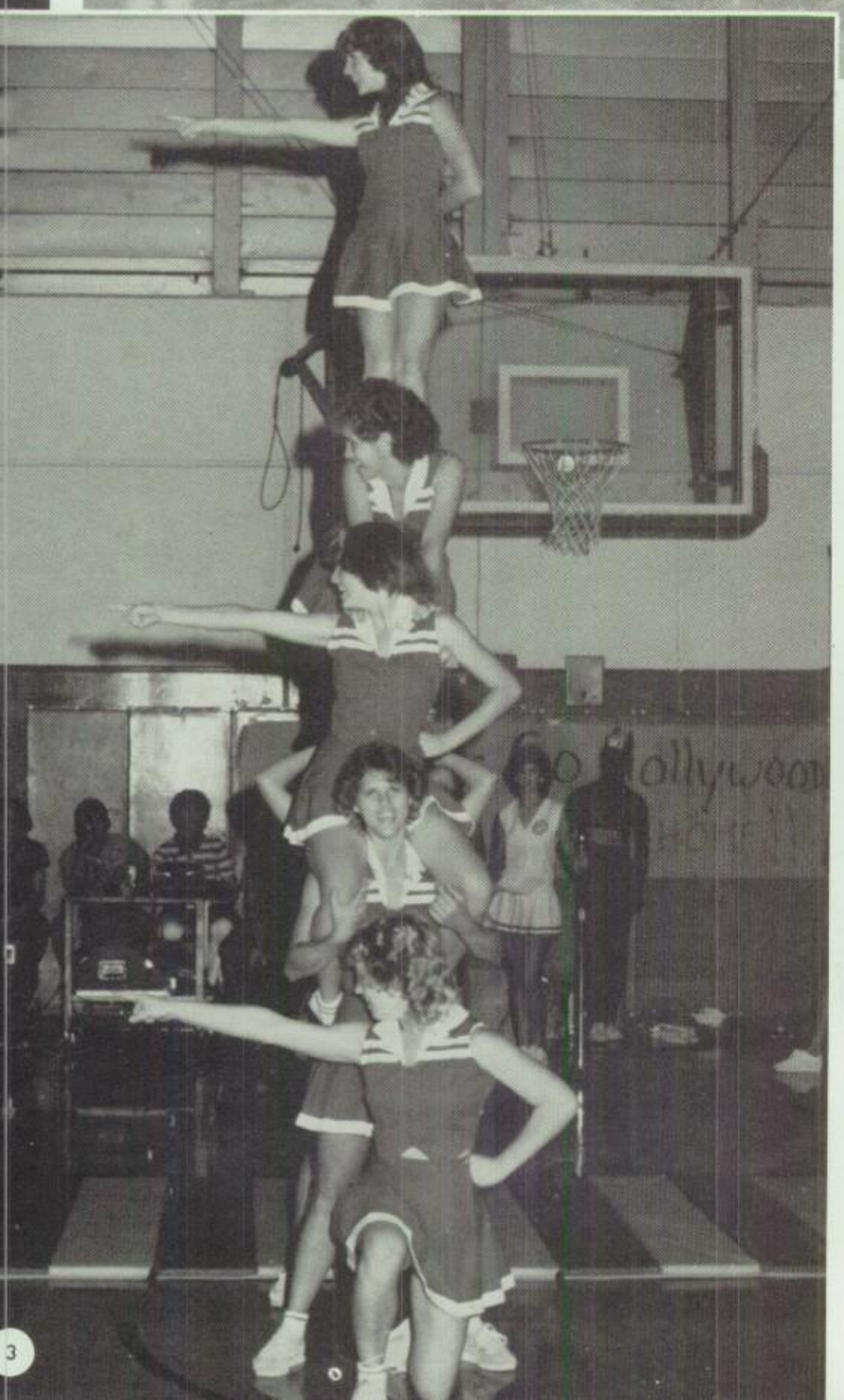
J.V. Excited the Crowds

This year's J.V. Cheerleading Team showed great promise for the future. With four returning cheerleaders, Lori West, Lisa Le Beau, Denise Johnson, and head cheerleader Peggy Sammis, plus newcomers Pam Mancheter and Candi Cunningham, the squad looked stronger than ever. Hard work and constant dedication made this group one of the top J.V. squads in the area. Last summer in June the group won the prestigious All-Superior award at a cheerleading camp in Santa Barbara.

A few of the high points for the team over the year have been cheering the J.V. basketball team on to victory in an exciting overtime game against Casa Roble and also performing for P.M. Magazine at the Placer basketball game.



1. Lisa Le Beau shows her enthusiasm. 2. Head cheerleader Peggy Sammis cheers for a Spartan victory. 3. Lori West and Peggy Sammis perform at half time. 4. Giving it her all is Pam Manchester.

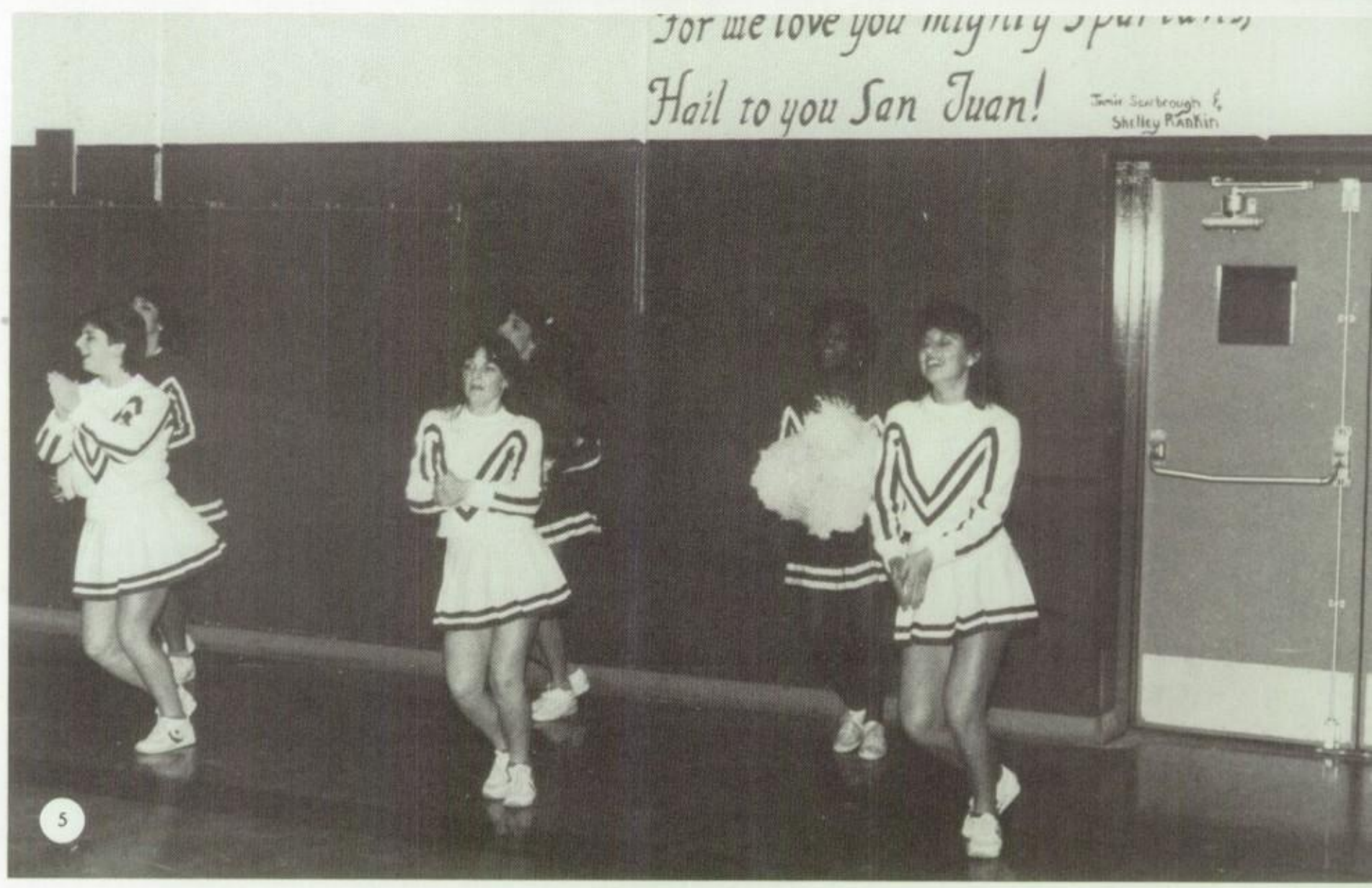


1. J.V. cheerleaders liven up the crowd for the varsity game. 2. Denise Johnson roots on the team. 3. J.V. Cheerleaders: Pam Manchester, Candi Cunningham, Lori West, Denise Johnson, Lisa Le Beau, Peggy Sammis (behind pyramid).

Cheerleaders Appeared on P.M. Magazine

1983-84 was a good year for San Juan High's Varsity Cheerleaders. Their spirit and enthusiasm gave the guys an extra boost when the team was behind and their spirits were low. Our Varsity Cheerleaders received many awards and publicity for their unity and spirit.

This year our spiritleaders were interviewed and shown on a local television program, P.M. Magazine. Because of their unity, the spiritleaders got together and sent as many postcards to the show as they possibly could. Spiritleaders from all around the Sacramento area were eligible for this great honor, but none of the groups sent as many postcards as our own spiritleaders. Way to go!



1. Varsity cheerleaders do a mount. 2. Varsity cheers on the winning team. 3. Lisa Heckle helps in keeping the crowd enthused. 4. The half-time mount for P.M. Magazine. 5. Sue, Jolene, and Leslie pick up spirit before the game.

Songleaders Established "Note"riety

Practicing everyday since the end of school, on through summer, and after school this year, the San Juan Songleaders performed at every home game with their own original routines. Not only did the songleaders cheer the Spartans to thrilling victories, they also demonstrated commitment and competition. "Make it Great" was the theme for the U.S.A. camp in Santa Barbara where the squad did far better than any other squad in San Juan's past. Seniors Jodi Bell, Renee Slocum, Shelly Russell, Sue Spalding, Lori Hartshorn, and head songleader Wendy Kniesel, and juniors Stacie Fagundas and Sharmele Browne brought home a first place banner and a spirit stick.

Car washes, Christmas card sales and calendar sales helped to send the '83-84 Song leaders to competition in Folsom and to the prestigious National Competition in L.A.

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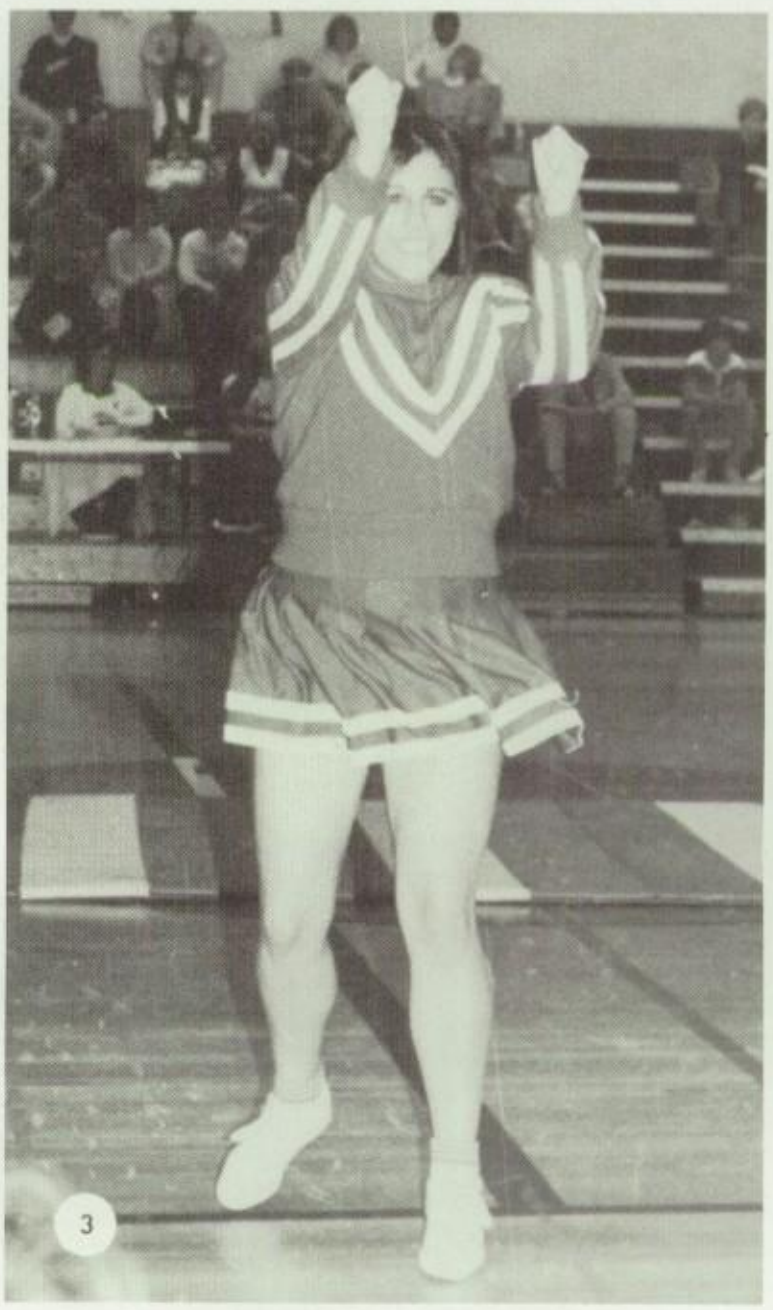
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1. Wendy Kniesel and Shelly Russell cheer the Spartans to a victory. 2. Our 1984 Songleaders are: Sharmele Browne, Renee Slocum, Stacie Fagundas, Shelly Russell, Head Songleader Wendy Kniesel, Sue Spalding, Lori Hartshorn, and Jodi Bell. 3. During halftime, Jodi Bell displays her enthusiasm and talent.

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1. Songleaders keep the crowd alive. 2. Our Songleaders are from another time and dimension. 3. Performing with precision and unity, Songleaders show their superiority. 4. Renee Slocum and Sue Spalding enjoy themselves at the S.J. vs. Casa game.

Drill Team Performed Enthusiastically

The Drill Team enjoyed a successful year through a lot of hard work. This year, the Drill Team had forty members, an unusually large group compared to the twenty-eight students who participated last year. Because of the increase in membership, the Boosters volunteered to pay for the additional uniforms needed.

At the spirit camp last summer, the San Juan Drill Team won various competitions and one spirit baton. Two outstanding members were Nancy Denny, who won a 1st place ribbon, and Amy Lewin, who received a 3rd place ribbon. Both were in competition with over six hundred other participants.

During the year, the Drill team, led by Coach Effenberger and captain Kyla Rauh, proceeded to win 1st place ribbons in the various parades they performed.

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Ray Petty

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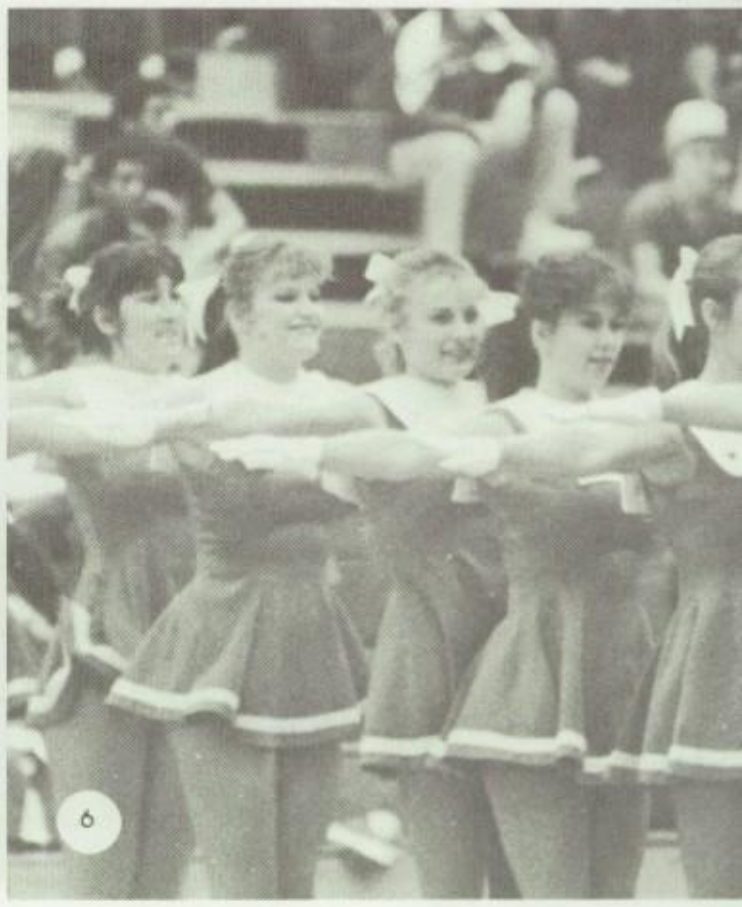
Ray Petty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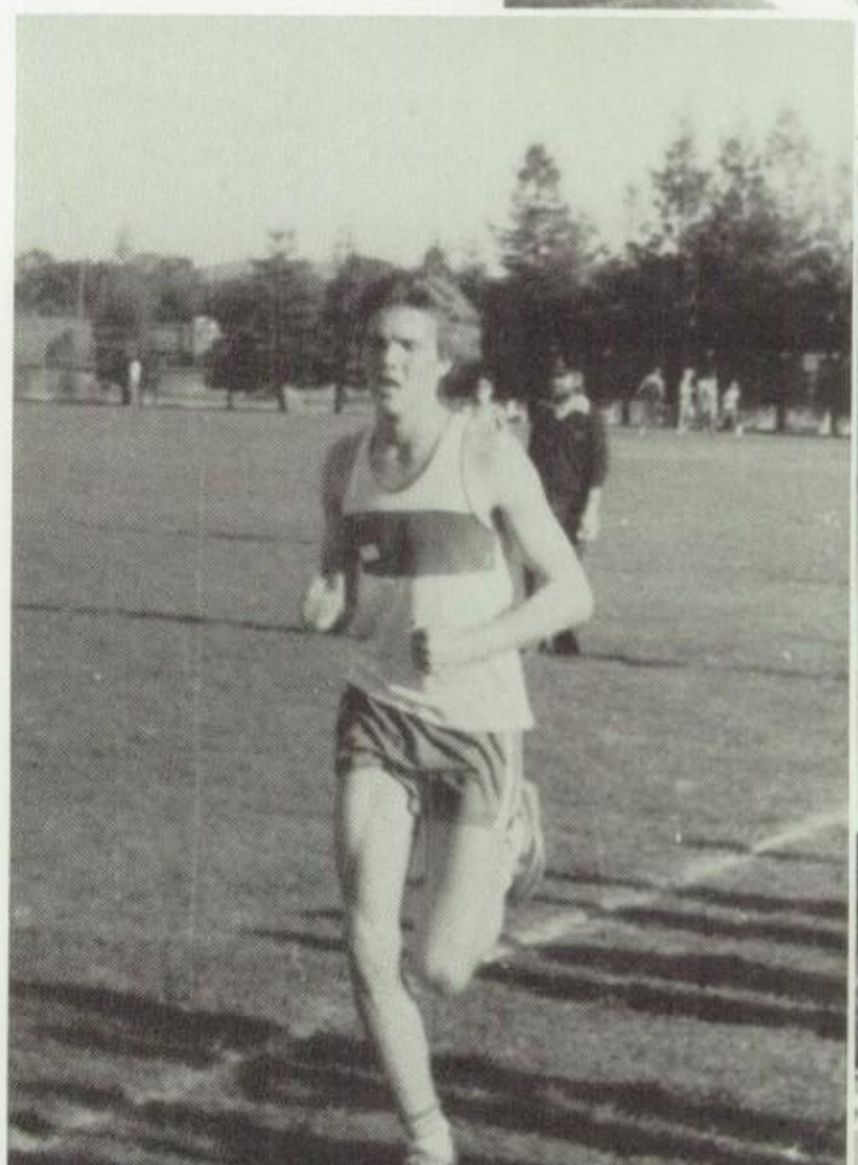
1. Kneeling: Crystal Granger, Delynne Johnson and Julie May give a spectacular performance. 2. Drill Team members are: Back Row: Nancy Denny, Mia Dimacelli, Kathy Orr, Cheri Payne, Delynne Johnson, Marty Anderson, Julie May, Vickie Lorrekovich, Carolyn Prod, Margret Gloekler, Debbie Scofield, Tony Contreral, Diana Denning. Middle Row: Jackie Lorrekovich, Carrie Carleton, Kris Nelson, Kristen Skelton, Jennifer Zins, Shelly Metcalf, Crystal Granger, Julie Adams, Tammie Gunderson. Front Row: Amy Lewin, Kelly Scott, Lori Hudson, Danielle Brown, Lori Weaver, Kimberly Friesen, Wendy Schenken, Debbie Caplan. 3. All their moves are timed perfectly. 4. The Drill Team ripples on cue. 5. The performers pass the motion along. 6. The Drill Team waits patiently for the next move. 7. The Drill Team demonstrates their criss-cross formation.

Athletes Strove for Victory

Athletes suffered aching muscles and bruised bodies just to represent San Juan. Each participant was proud to be part of the Spartan winning tradition whether they played soccer in up-to-the-knee mud or basketball in a sweaty gym. Valuable time that could have been spent for such things as studies, work or socializing was committed to practicing and working out. Every competitor when he or she stepped onto that playing field tried to be the best athlete he could be for the Spartans.



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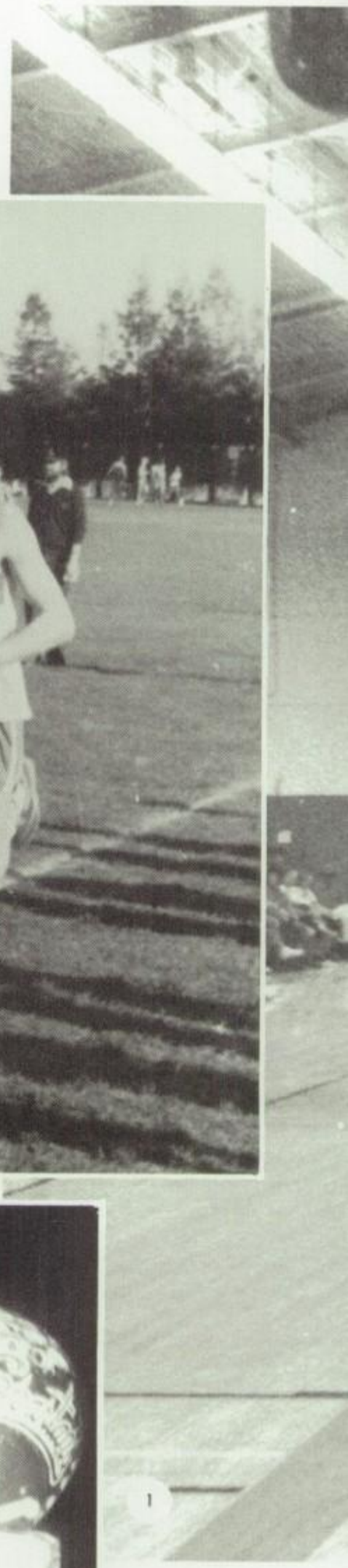

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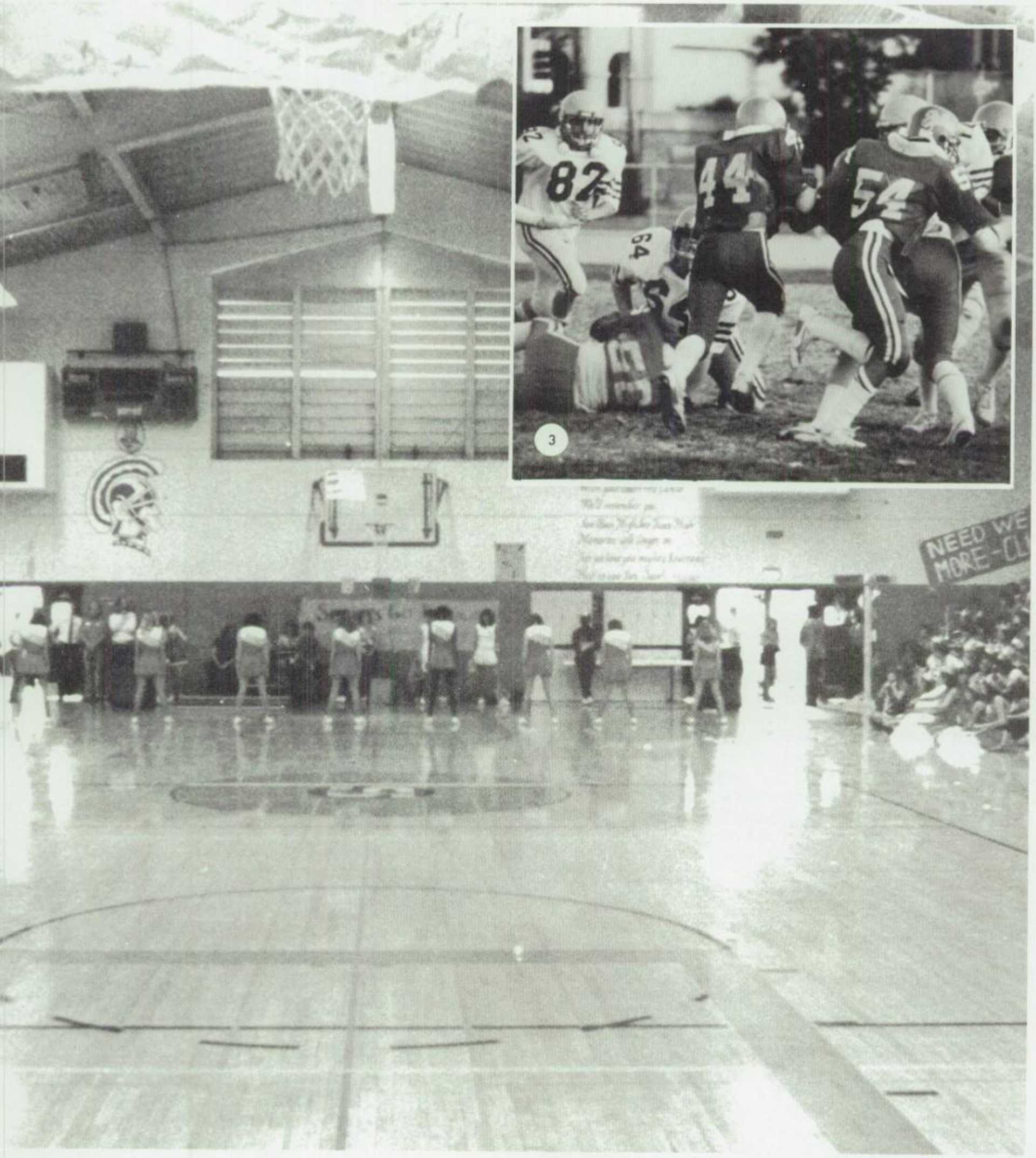


1. A familiar site for rousing rallies and entertaining basketball contests, the gym was important to all sports. 2. Tom Fiffick competes in a cross country meet at Sierra College. 3. J.V. football players push their way through tackles and blocks, proving their superior strength. 4. At a crucial point in a muddy football conquest, Coach Golston gives his players instructions and encouragement.

Varsity Had a Remarkable "Average" Season

With his rookie year behind him, Head Coach Terry Rasmussen, put together a tremendously talented Varsity Football squad and earned fourth place in the competitive Capital Athletic League.

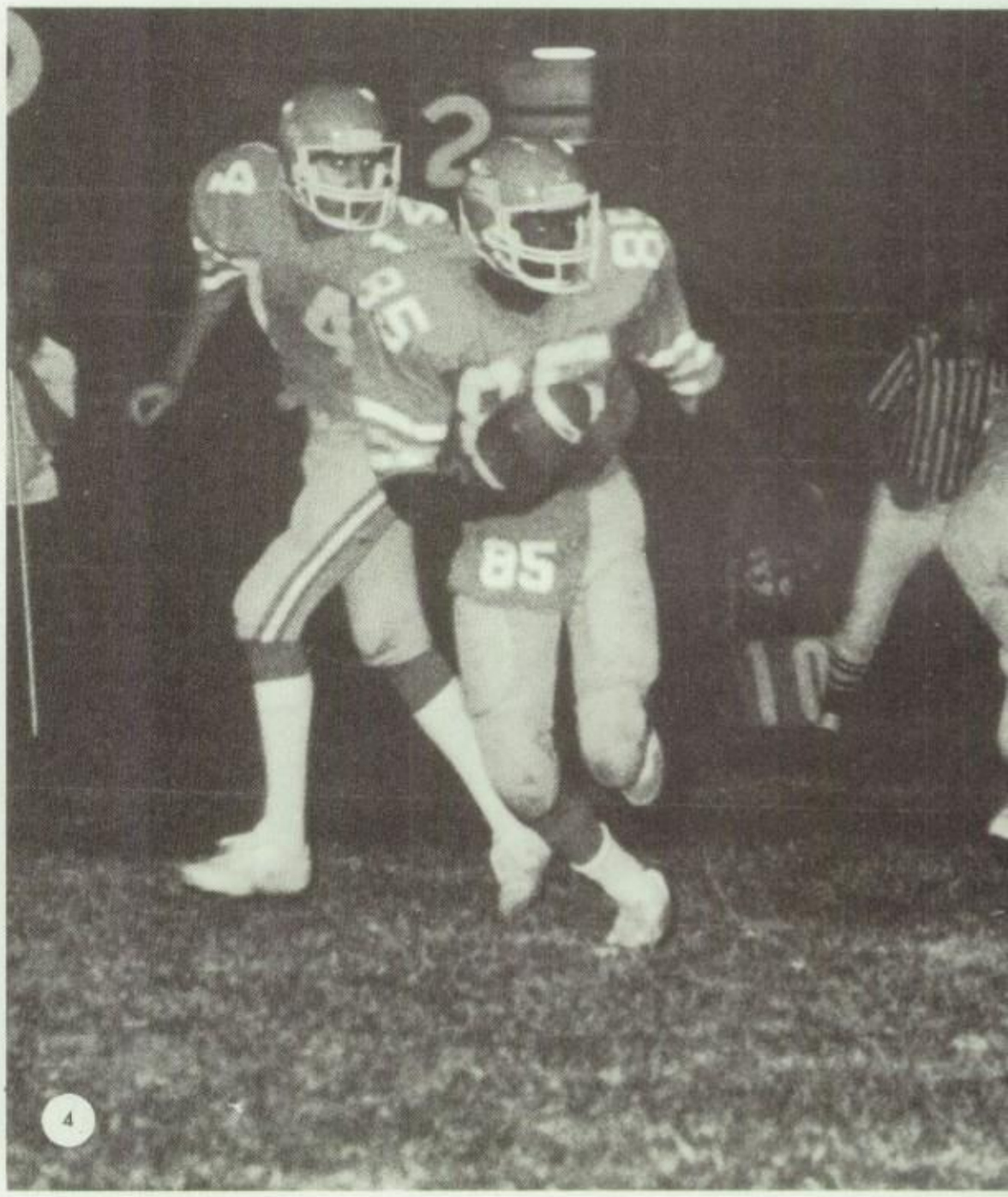
Despite an "average" (5 win, 5 loss) record, this year's team proved their talent with a spectacular upset win over Nevada Union and a Homecoming victory over rival Del Campo.

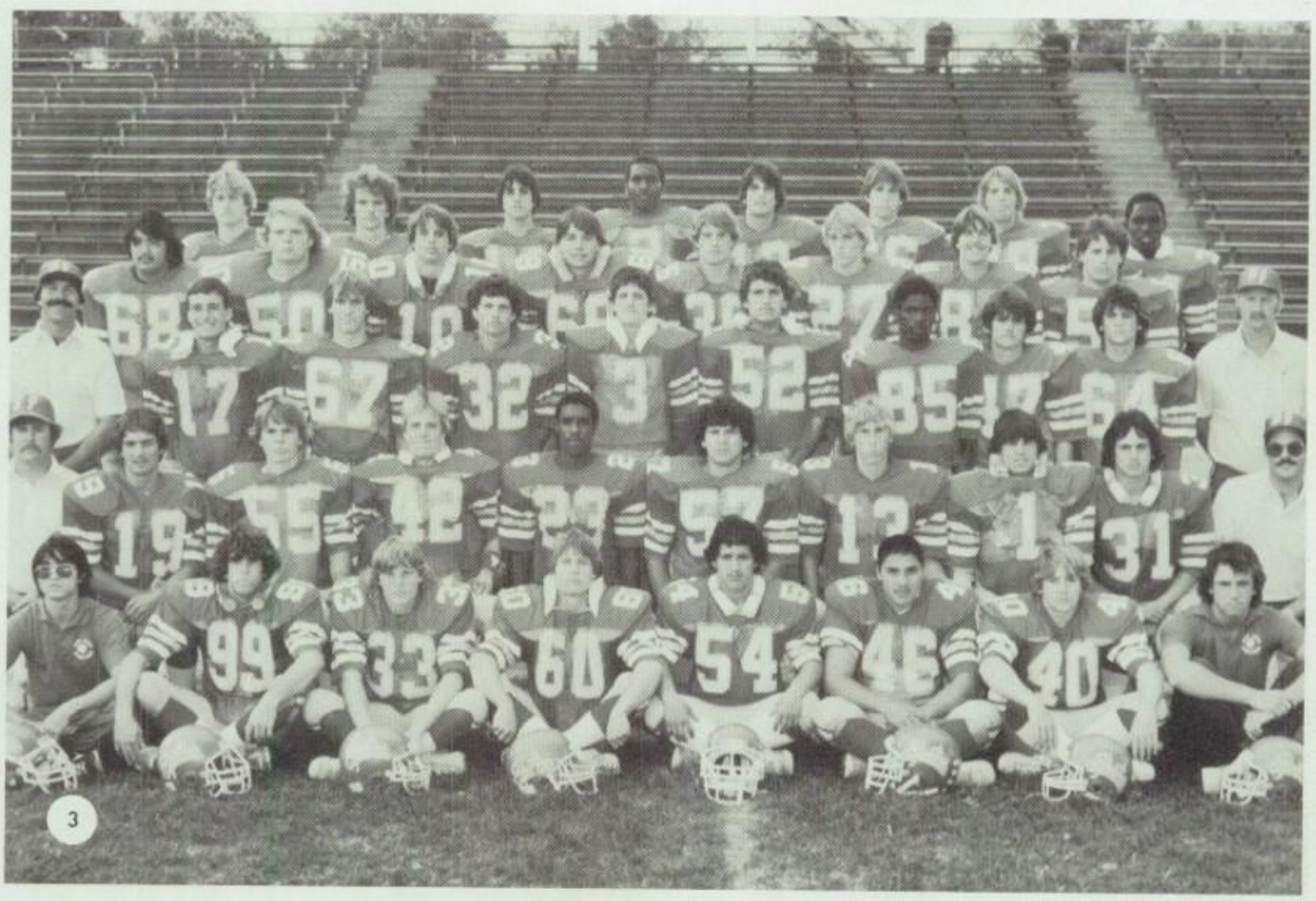
Some of the many talented players who were recognized by the team and coaches included Brian Guensler, Most Improved Player, as a tight end; Scott Leeson, Most Valuable Player, starting at middle linebacker on defense. Leeson also shattered the all time record for defensive points. Erik Montross earned Most Valuable Player on offense as a running back. Montross was also recognized by the Sacramento Bee as an Honorable Mention on the All-Metro Defensive Team, and by the Capital Athletic League by being chosen to represent San Juan High School on both First Team Defense and Second Team Offense.

Senior Quarterback Bryan Victor passed for 301 yards with a 64% completion while playing in six games. This year's team captains included seniors Kevin Fujimoto, Jim Lepper and Paul Budd.

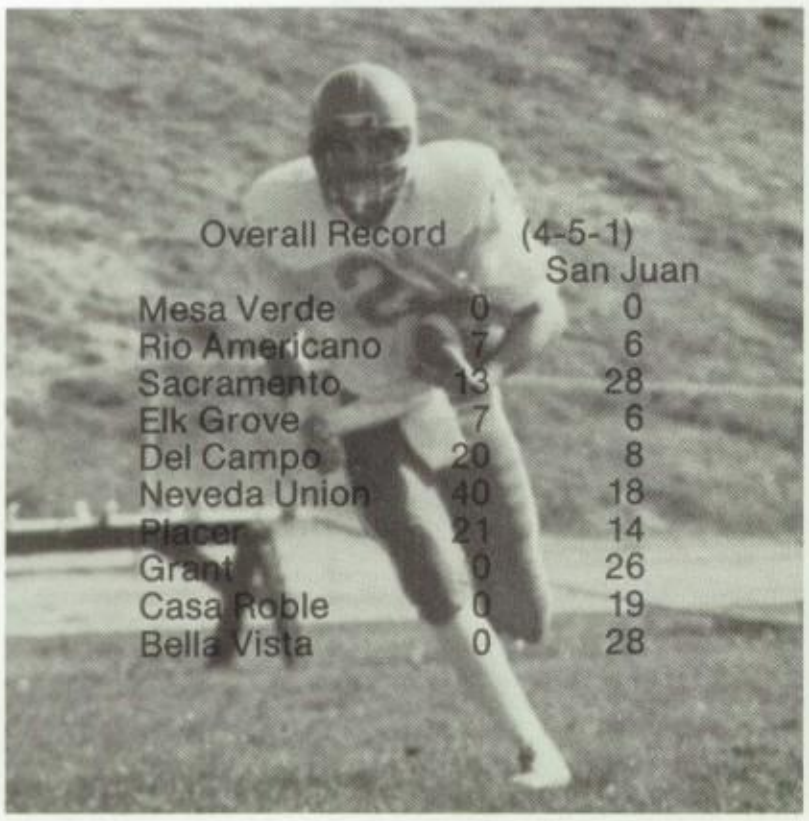
All in all, San Juan's "average" season turned out to be quite rewarding and will supply the motivation necessary for future varsity teams to have even better seasons.

Overall Record		(5-5) San Juan
Mesa Verde	9	13
Rio Americano	0	7
Sacramento	14	21
Elk Grove	35	12
Del Campo	12	21
Neveda Union	25	32
Placer	21	12
Grant	28	0
Casa Roble	26	18
Bella Vista	35	6





1. Aaron Phillipi throws to Keith Ellis. 2. Bryan Victor takes a snap from center Jim Lepper. 3. Varsity Football Team, Top Row: Brian Guensler, Jeff Norris, Bryan Victor, Eric Stephens, Ed Burhans, Jeff Robinson, Marc Schalinski, Keith Caldwell. Second Row: Kevin Fujimoto, Mark Whittington, Erik Montross, Matt Haworth, Duane Cox, Dan Wright, Chris Arthur, Bob Pfau. Third Row: Coach Rasmussen, Geoff Shaw, Rick Rybicki, Dale Smith, Paul Budd, Paul Mintmier, Bo Christian, Ron Freisen, Steve Day, Coach Golston. Fourth Row: Coach Morton, Aaron Phillipi, Jerry King, Ralph Camp, Steve Smith, Butch Barnett, Gary Henman, Dale Johnson, Brad Ehrman, Coach Wegsteen. Front Row: David Boliard, Chris Collins, Keith Ellis, Jeff Merenda, Jim Lepper, Kelly Coronado, Scott Leeson, Jeff Thompson. 4. Bob Christian runs for a first down.



Overall Record	(4-5-1)	
		San Juan
Mesa Verde	0	0
Rio Americano	7	6
Sacramento	13	28
Elk Grove	7	6
Del Campo	20	8
Neveda Union	40	18
Placer	21	14
Grant	0	26
Casa Roble	0	19
Bella Vista	0	28

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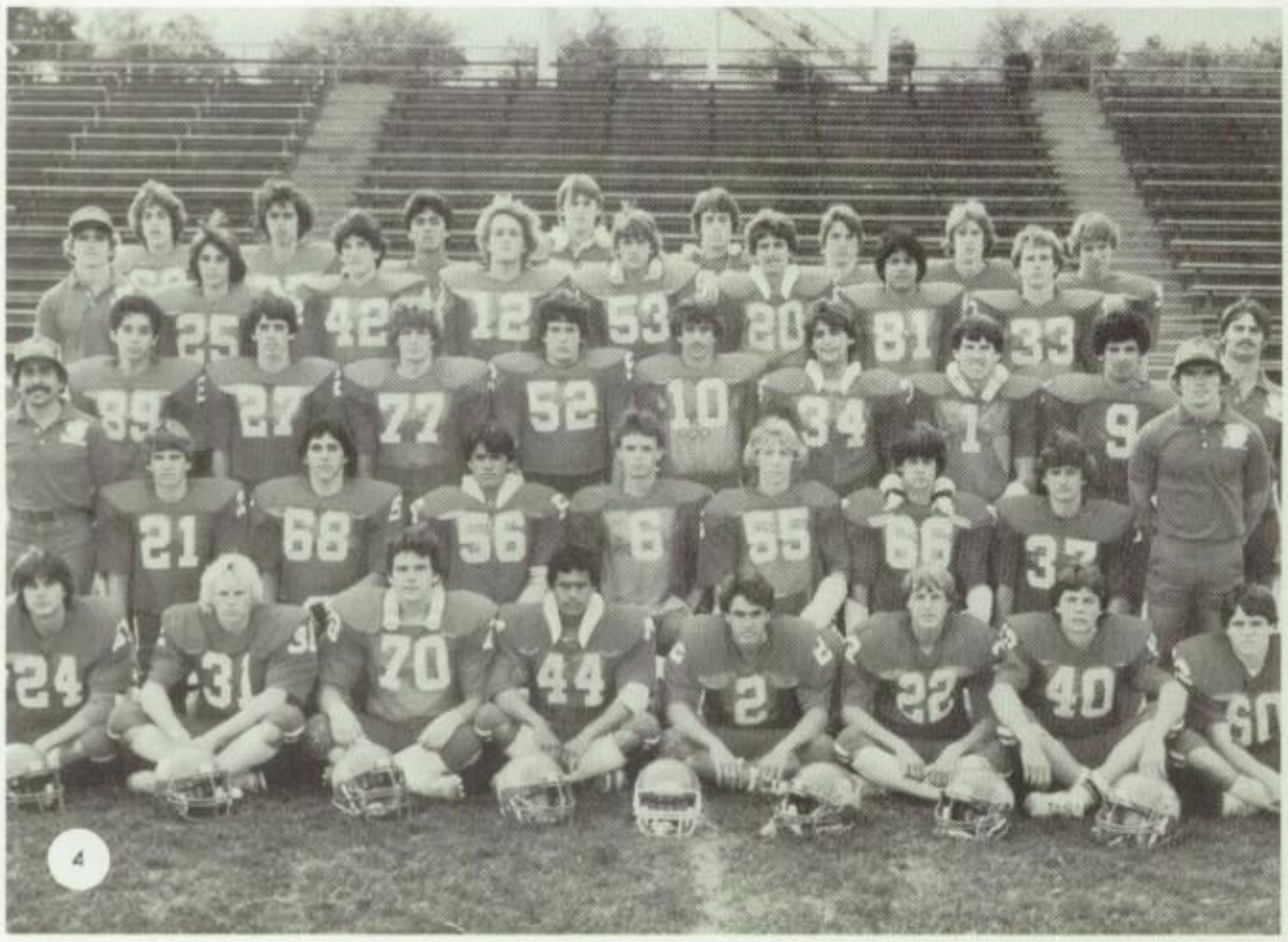

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J.V. Had a Strong Finish

Junior Varsity, ranked third in pre-season, didn't do quite as well as expected. However, "in the end we didn't just win, but we smashed people," said Head Coach Jose Reyes.

Despite their dismal start, the team did include several outstanding players. Earl Mustra, Running Back and Strong Safety (He had a total of 548 yards); Tony Pratt, Quarterback, (Tony passed for over 800 yards and had a 50% completion record.); Scott Sharp, Cornerback and Full back; and Bill Roberts, Linebacker and Guard, were all piced for Honorable Mention in All-League in the Capital Athletic League. Paul Westbrook, Free Safety, was also valuable to the Spartans.

Although their record wasn't outstanding, the team's positive attitude toward coaches and players led to a great finish with three shut-outs against Bella Vista, Grant and Casa Roble. The B.V. shut-out was San Juan's first Junior Varsity against the Broncos under Coach Reyes.

Toward the end of the season, J.V. put out a tremendous effort to finish strong and post their most impressive victories.

1. Scott Sharp carries for a first down. 2. Tony Pratt hands the ball off. 3. Earl Mustra receives a fake hand off. 4. The Junior Varsity Football Team were: Front Row: Alan Blaxton, Scott Ellis, David Young, Earl Mustra, Jeff Beck, Paul Nielsen, Darin Chastain, Ed Mc Cloud. Second Row: Head Coach Jose Reyes, Paul Westbrook, Andy Cece, Joe Alexander, Tony Pratt, Mike Rice, Bill Roberts, Robert Paulson, Coach Brett Woody. Third Row: Bill Baker, Lucas Foster, Rich Campbell, Greg Lymath, Craig Jones, Jason Brush, Larry Hole, B Gomez, Defensive Coach Coach Mike Fox. Fourth Row: Coach Eric Woody, Shannon Hall, Kurt Tripp, Josh Jolson, Brett Nicodemus, Scott Sharp, Joby Chock, Tom Riley. Back Row: Chris Grant, Cliff Harris, Reggie Caneda, Dustin Quintin, Dave Morrison, Tony Hampton, Jerry Johnson, John Crowley.

Frosh Capture CAL Crown

Sandwiched between their only two losses were six wins that earned the Freshman Football Team the championship spot in the Capital Athletic League. This was the second consecutive year the frosh won the CAL title.

"This year's frosh football team should supply future San Juan teams with the talent necessary to be very competitive in the always tough CAL," said Coach Jim Clay.

Besides the title going to the team, awards also went to three team players. Leonard Lovett was named Outstanding Lineman; Ray Whalen, Outstanding Back, and Mike Cloke received the Most Valuable Player award.

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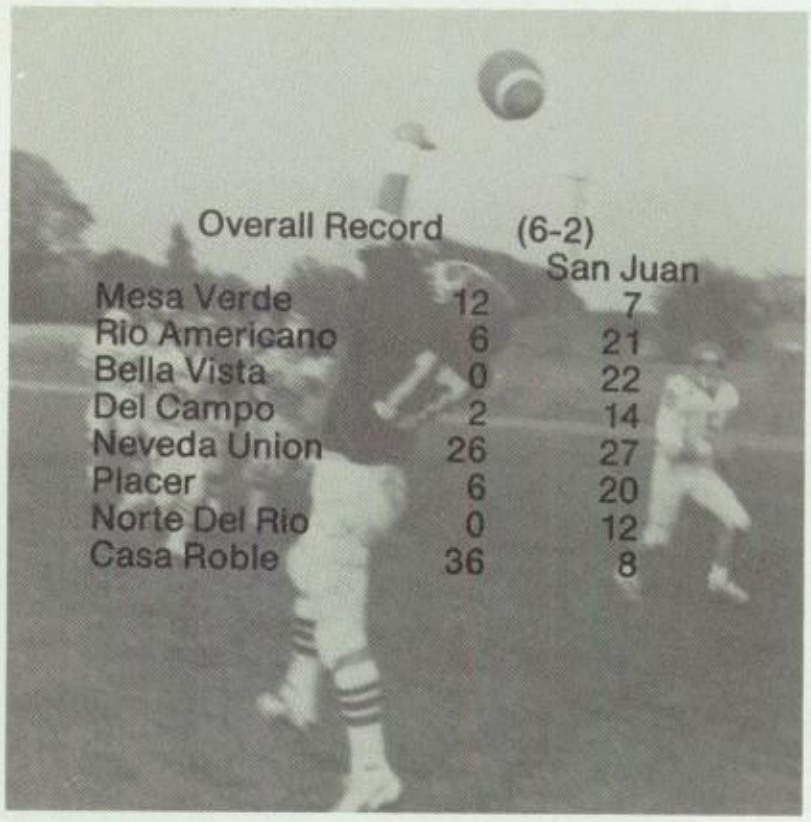

1. San Juan defense prepares to hold Casa Roble. 2. Freshman Football Team: Front Row: Shawn O'Brien, Erik Bilberry, Mike Zahourek, Mike Green, Mike Seeber, Brett Richert, Brent Taylor, Alberto Gomez, Leonard Lovett. Second Row: Terry Weber, Matt Slagle, Mike Cloke, Paul Borse, David Fletcher, Ken Ehrman, Ben Ramsey, Rich Leeson, Phil Poe. Third Row: Greg Owen, Bill Landis, Kevin HighBaugh, Keith Rauh, Jason Lindow, Rodney Hicks, Ron Green, Chris Kelley, Shane Anthon, Jim Gisondi. Fourth Row: Coach Clay, Adam Sligar, Lemar Williams, Chris Purdy, Ty Morrison, Jason Lepper, Steve Gillespie, Eddie Fagundes, Coach Whitfield. Back Row: Dean Pietromonaco, Ryan Sherrill, Dave Perotti, Don Strom, Dan Stadelman, Gary Mims, Jim Blair, Raymond Whalen, Tim Penner. 3. Frosh Defense sacks the Ram quarterback. 4. Jim Gisundi leads Mike Cloke on a sweep around the end.

Young Life Sponsored Powderpuff

It looked like Powderpuff was doomed this year. The district wouldn't allow San Juan's women or any other schools to form a team for insurance purposes. However, thanks to Young Life, we were able to enter a tournament that enabled our brute ladies to show off their strength and ability. Mira Loma and Casa Roble were also involved in the Saturday games. The first opponent was Casa Roble, a bitter rival. It came down to the wire, and San Juan over-powered them in a sudden death playoff. The day was long, and by 4:00, the players were bushed. Although the Spartans gave it their all, Mira Loma defeated San Juan's girls in the Championship game.

The Head Coach was Keith Caldwell. Outstanding players were Stacy Jones, who ran for two touch downs, and Quarterback Michelle Philpot, who contributed one touchdown. Overall, the participation was low and all agreed this year was less than what was expected.

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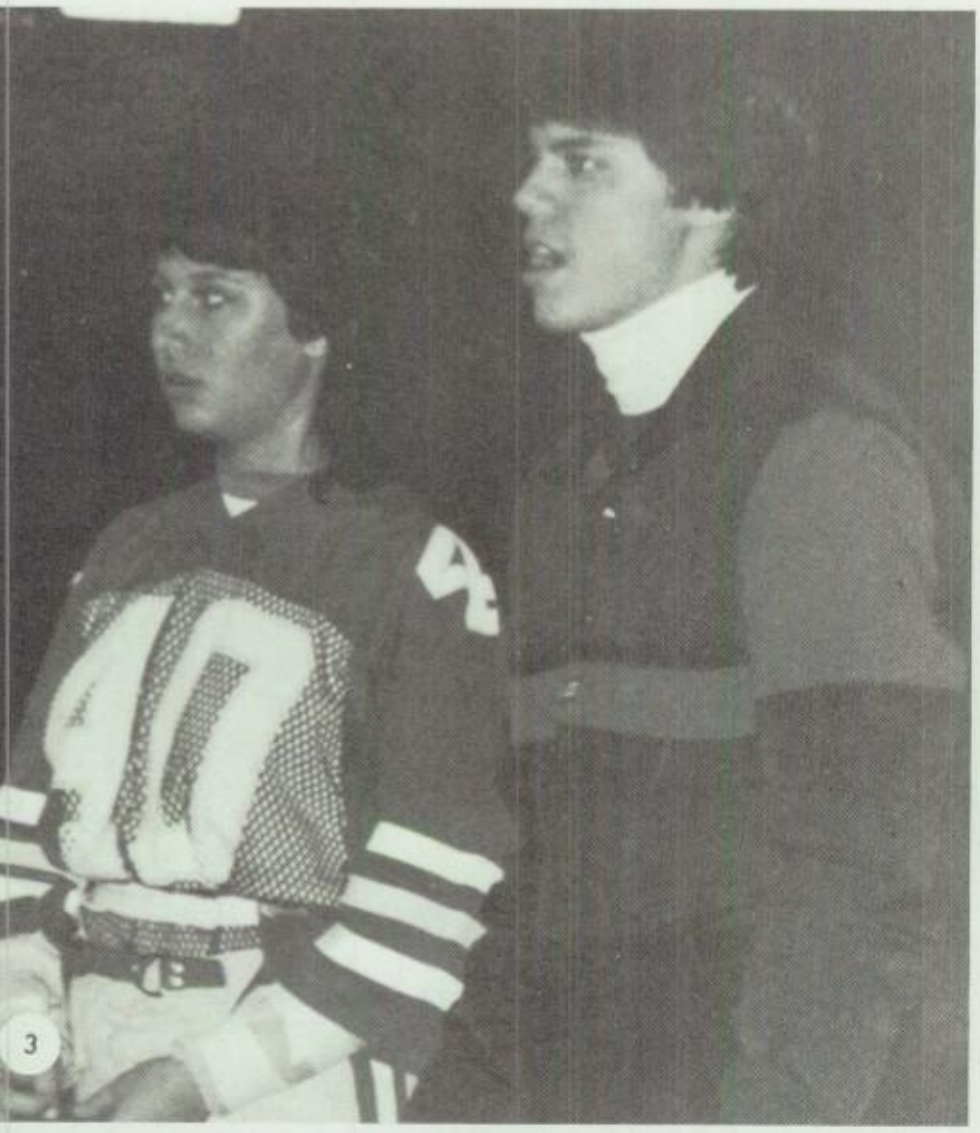
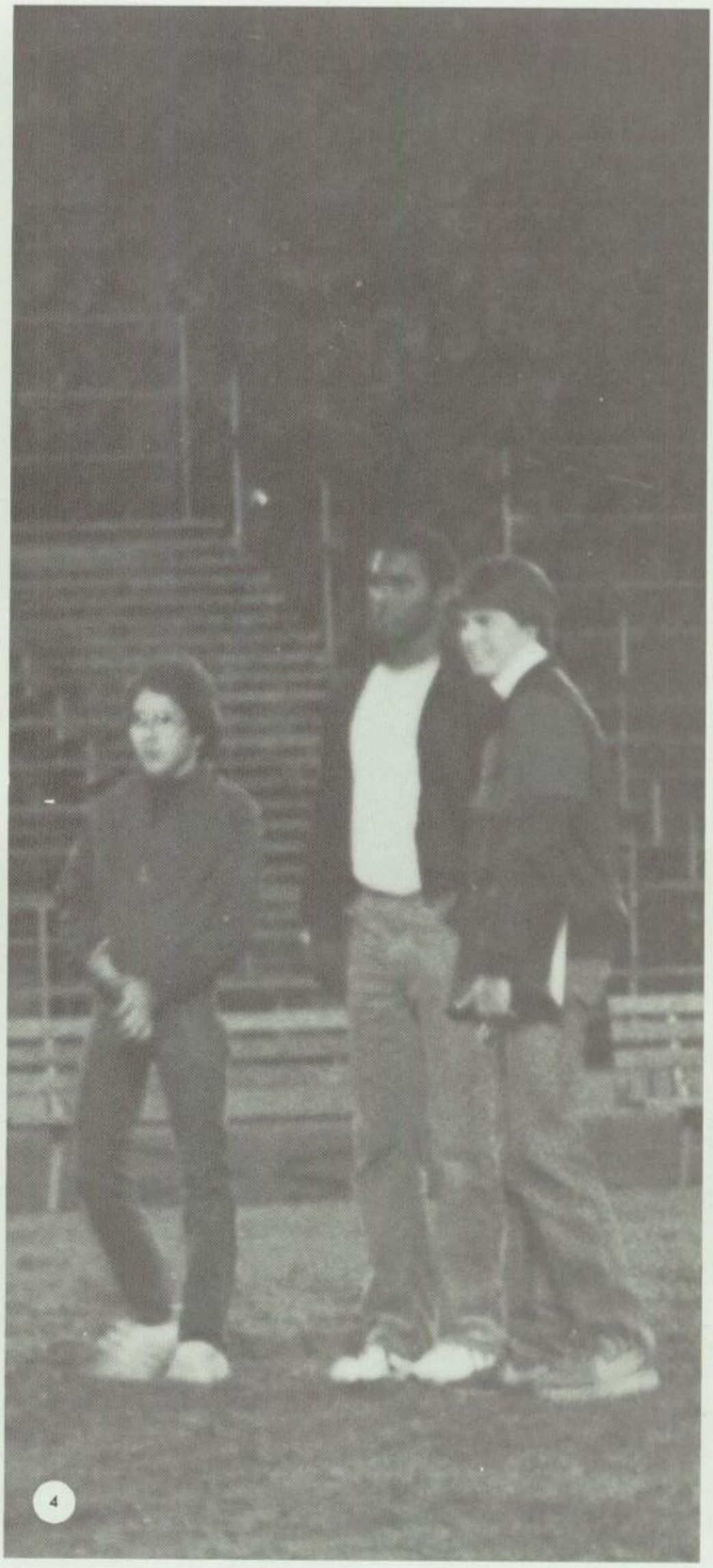


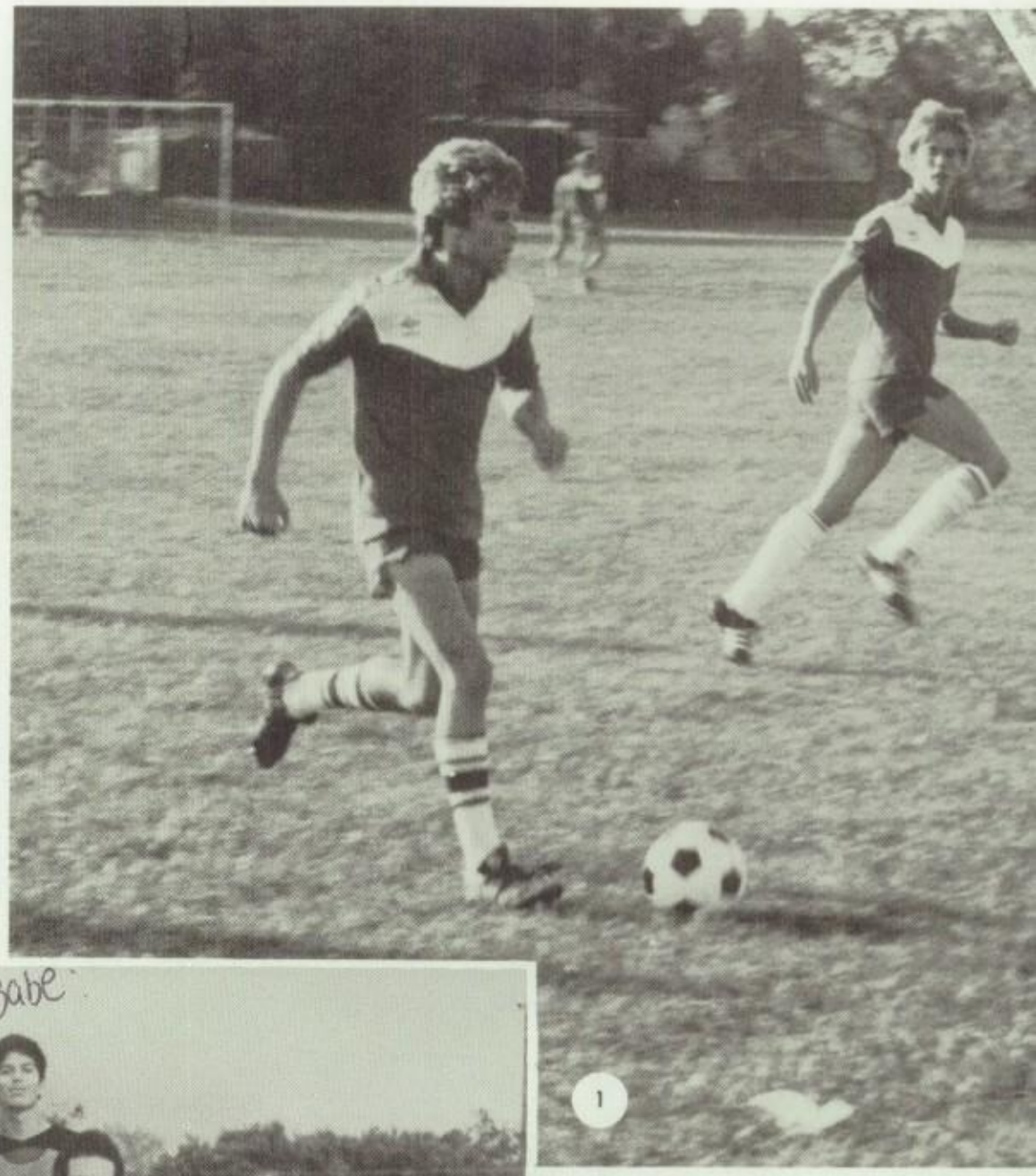


1. Powderpuff members were: Back Row: Becky dleman, Barbara Londeree, Kelly Montiero, Coach Brad Ehrman, Lori Seale, Margo Zamora, Susie Coleman, Leslie Stolz. Second Row: Goldie Winchester, Staci Walters, Leslie Morris, Diana Johnston, Renee Celaya, Kelly Del Algostino, Susan Marty, Monica Whitlock, Connie Baker, Denise Candy. Third Row: Jason Lepper, Tiffany Bolton, Dale Johnson, Tina Caldwell, Michelle Philpott, Jill Heiman, Marsha Ford, Stacy Jones, Coach Keith Caldwell. Front Row: Kim Harbert, Tammie Gunderson, Lyane Balcar, Jeff Merenda, Jimmy Lepper. 2. The Powderpuff team practices their plays. 3. Dale Johnson and Leslie Stolz observe the action. 4. Jason Lepper, Eric Stevens, and Dale Johnson plan ahead for future strategies. 5. The Powderpuff team gets ready to play.

Soccer Reached New Goals

San Juan's Varsity Soccer Team showed strong improvements this year. Junior Tim Celli and Sophomore Caine Dart led the team to two victories and three ties. Senior Travis Reed and Junior Tim Celli were named as first team mid-fielder and second team forward of the Capital Athletic League, respectively, and also to the Press Tribune All Area Soccer team. Mike Smoot was named by CAL as Honorable Mention goal keeper.

San Juan's J.V. Team had to disband two-thirds of the way through their season due to injuries to three of their players which left the team with only ten members. Several J.V. members finished their season with the Varsity.



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1. Zack Ewbank dribbles towards a goal. 2. Time out during a tough competition. 3. J.V. Soccer team were: Front Row John Bayles, Tony De Cillis, Robert Boddy, Heath Wagner. Back row — Tim Hamilton, Doug Matson, Brian Webb, Mike Hale, Paul Moen, Coach Roberts. 4. Todd Meza steals the ball from a Roseville player. 5. Varsity Soccer team were: Front Row Zack Ewbank, Florian Schultz-Wild, Caine Dart, Mike Smoot, Robert King, Mike De Phillipis, Pete Sanguinetti. Middle Row — Mark Harvey, Kevin Reddington, Paul Lohr, Rob Lewin, Karsten Eilers, Steve Willey, Jay Kennedy, Fred Miller. Back Row — Coach Terwilliger, Mike Cairns, Henry Mooney, Todd Meza.

Volleyball Had a Competitive Season

The Varsity Volleyball team seemed very successful this year. "The team gets better every yera," said Mrs. Eister.

Alice Crandall and April Wood earned the titles of Most Valuable Players. Tracy Meyer earned the Most Improved Player and the Most Dedicated awards, while Kim Helsel earned the Most Outstanding Server. Both Tracy and Kim showed their abilities consistently through the season. Everyone had the potential to be a great volleyball player. Unfortunately, San Juan's Volleyball players competed in the toughest league around.

Mrs. Eister was voted "Coach-of-the-Year." She is really looking forward to a successful 1984 season.

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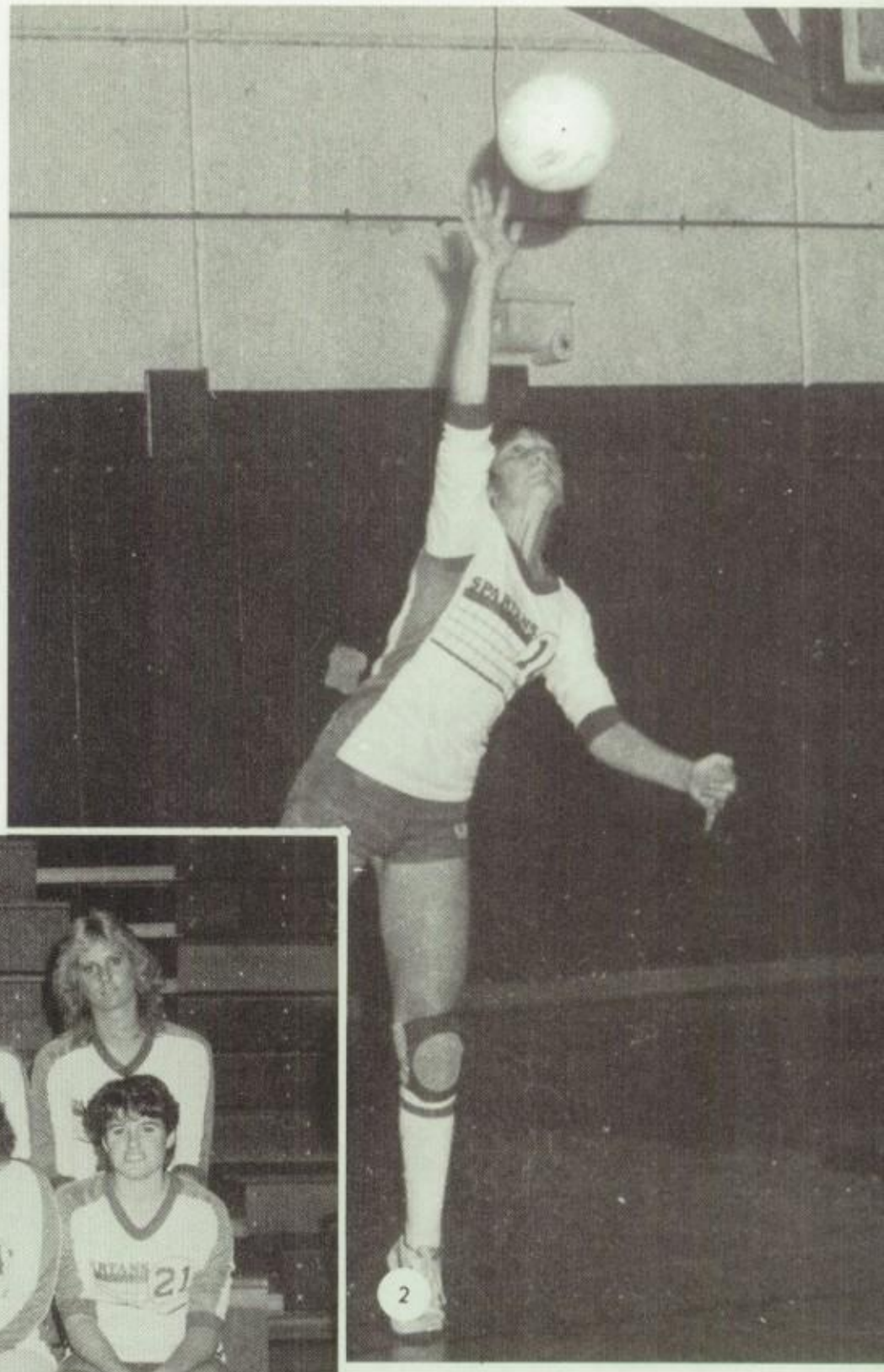
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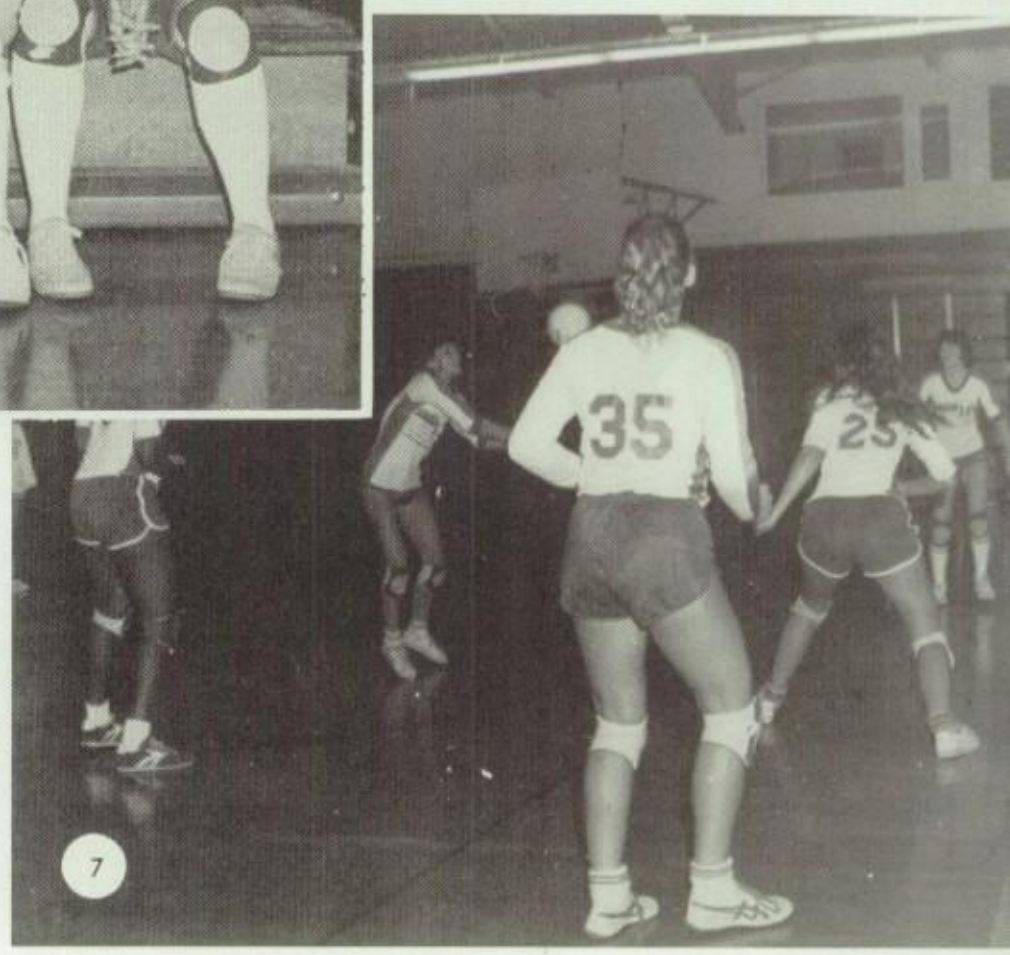

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1. The Varsity Vollebyall team were: Back Row: Coach Eister, Donna Rouse, Kim Helsel, Alice Crandall, Donna Murrill, Heather Matson, Front Row: Cindy Roberts, April Wood, Diane O'Brien, Tracy Meyer, Coleen Hurley, Laurie Baunsfard. 2. Kim Helsel serves superbly. 3. April Wood knocks the ball out of reach. 4. Kim gives the other team no chance to retaliate. 5. Alice Crandall spikes the ball over Bella Vista. 6. April bumps the ball up for her teammates. 7. The team is ready for action.

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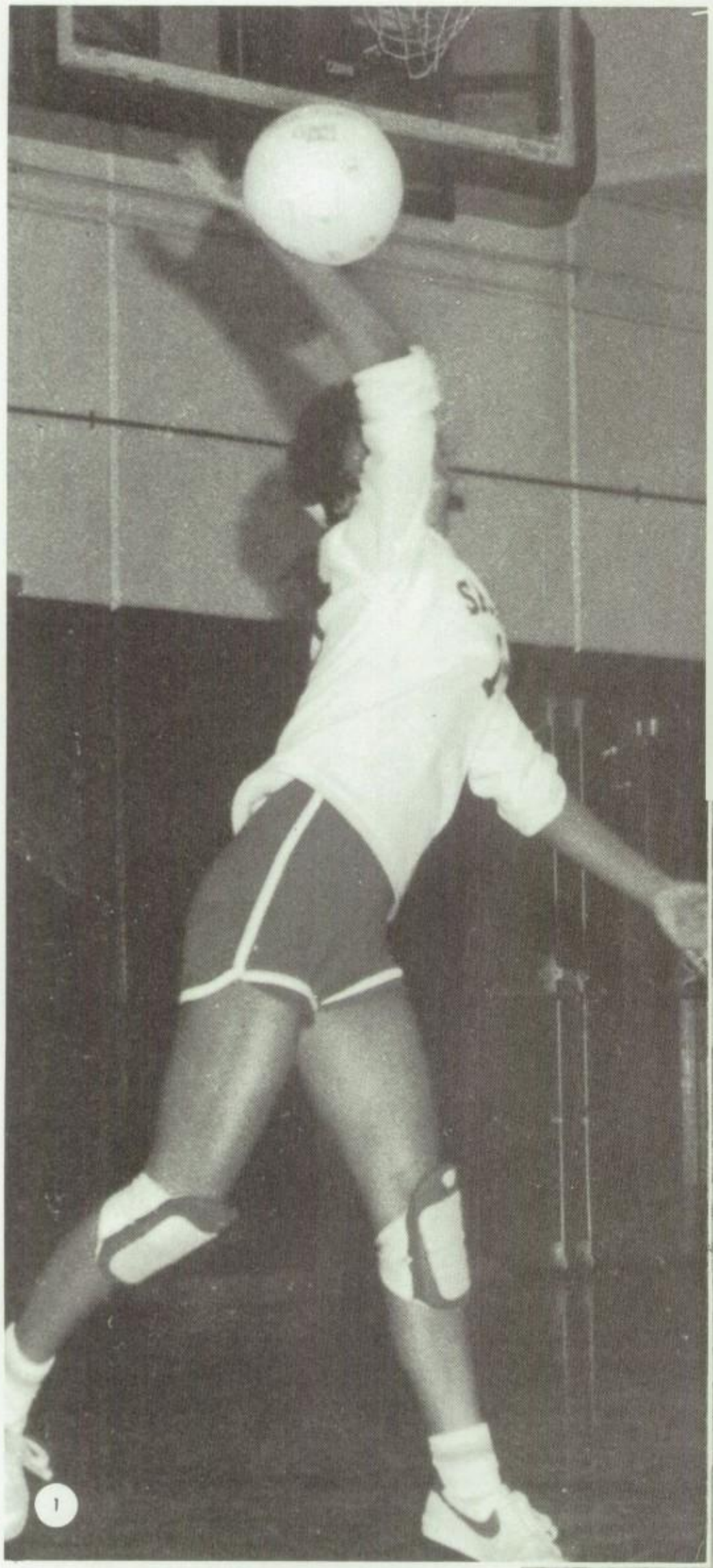
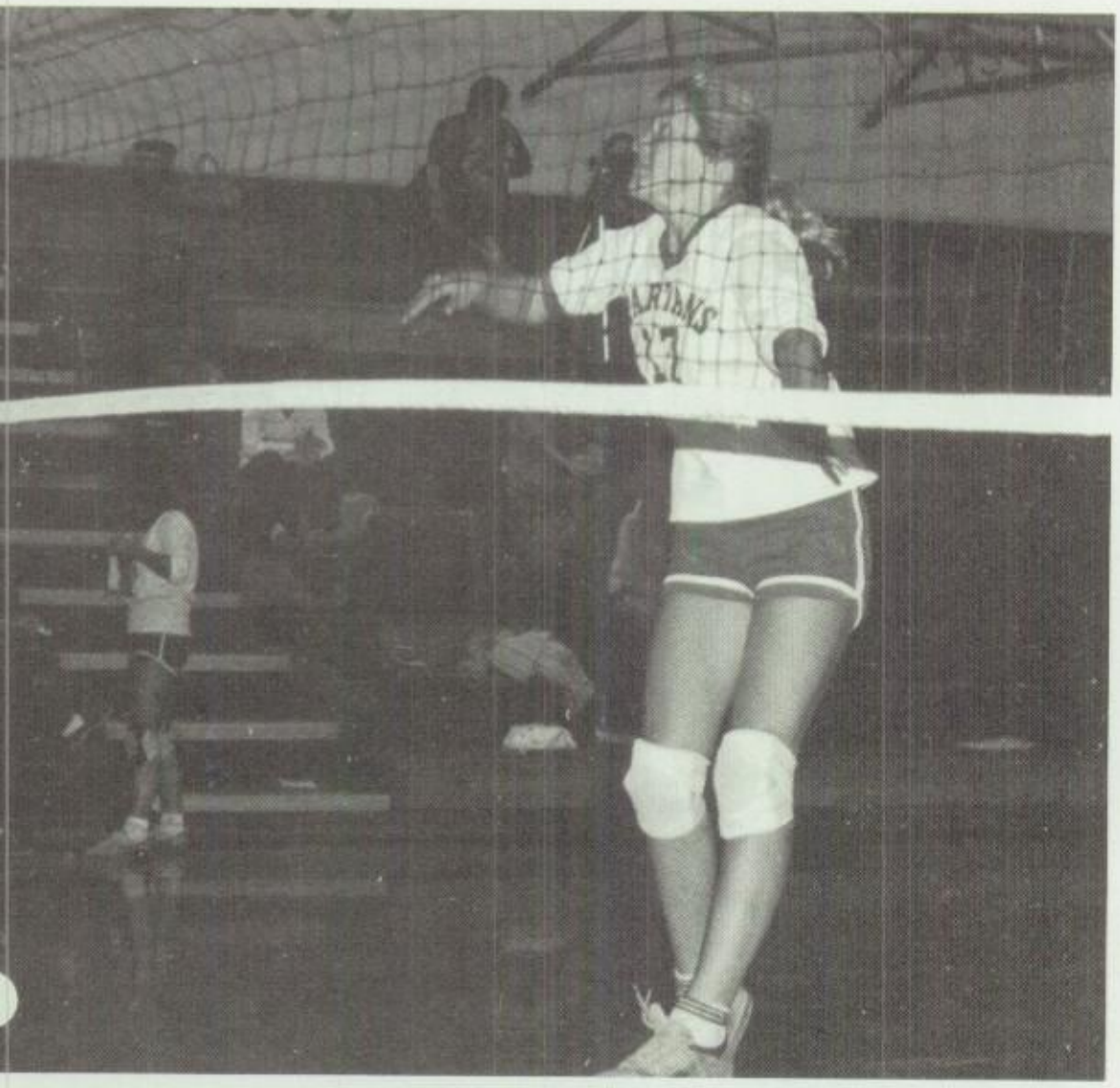


1. Rayna Guess delivers her killer serve. 2. Laurie Scharosch skillfully maneuvers the ball. 3. Stacy Myers spikes for the Spartans. 4. The J.V. were: Back Row: Mary Lipchitz, Lara Steinwandt, Denise Cicneros, Laurie Scharosch, Kristin Holmes, Coach Hansen. Front Row: Chris Lipp, Stacy Myers, Carrie Slusser, Rayna Guess. 5. The J.V. team strives for victory.



J.V. Showed a Lot of Potential

The Junior Varsity Volleyball team showed their Spartan spirit this year, although there were few wins. The enthusiasm did not go unnoticed, for Coach Traci Hansen felt that the girls put in a lot of effort.

"They've come a long way from the beginning of the year," she said, "They've all improved greatly."

The title of Most Valuable Player went to Kristin Holmes, a sophomore.

"This year has been great," Kristin stated. "I've really had a fun time." There is great confidence that next year's team will show the time and effort put in by the girls this year.

Girls Tennis Endured a Trying Season

San Juan's Girls' Tennis Team had a tough season this year. Each player practiced hard for the season ahead. The two returning seniors included Captain Lisa Doss and Carol Kawashima, both of whom were rated Most Valuable Players. Both players were very important to the team. Also involved were nine freshmen, four sophomores, and one junior.

"The major obstacles this year were the facts that most of our opponents were state-ranked and we had very few returnees," Coach Lee said. "I feel next year's team will be more competitive."

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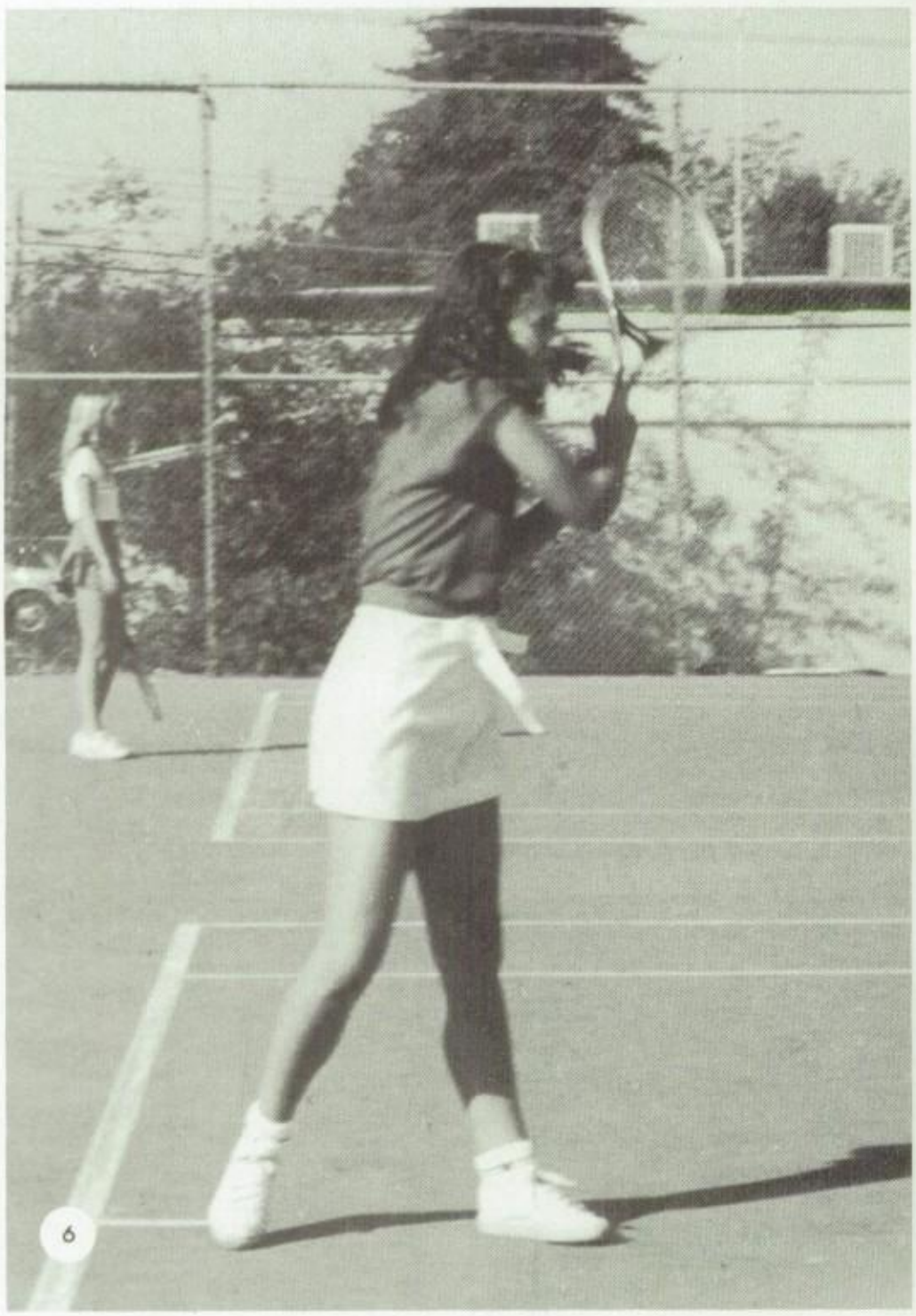
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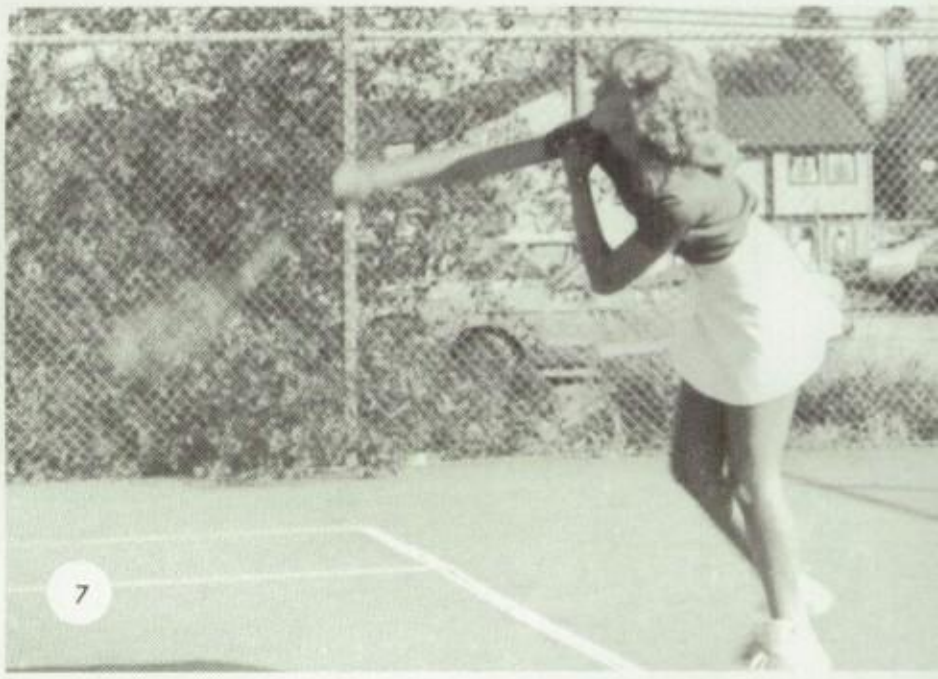
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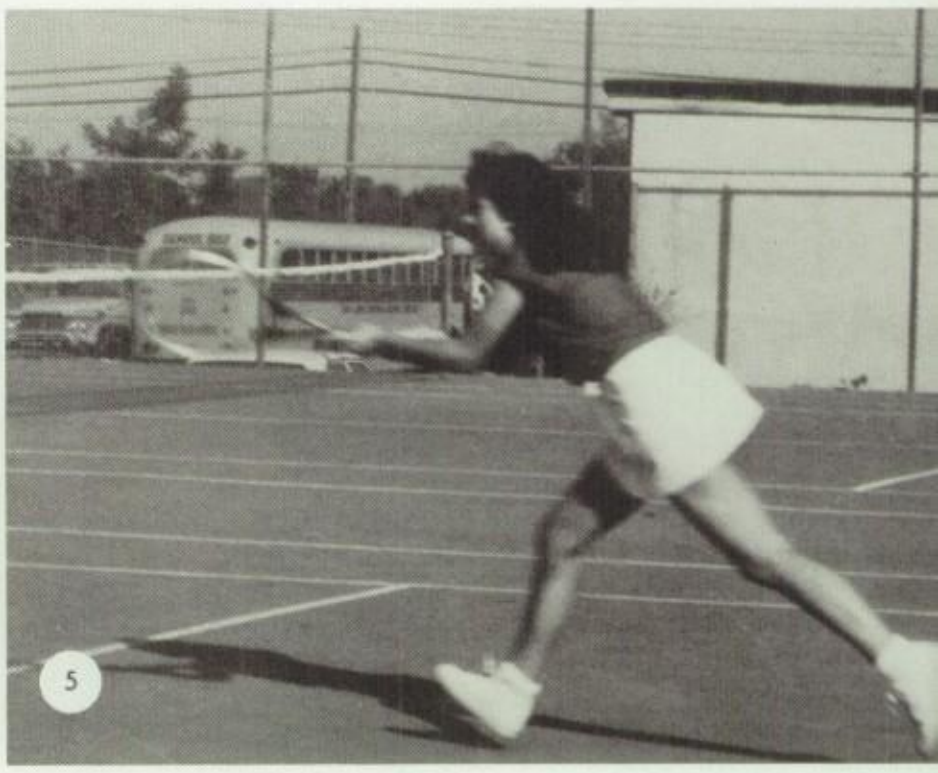
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. Lee, Ashleigh Carlile, and Cheryl Fournier ve animal life on their equipment. 2. Connie eturns a serve. 3. Carol Kawashima strikes o her competitor. 4. The Tennis team were: Row: Coach Lee, Cheryl Fournier, Vicki Liz Morgan, Ashleigh Carlile, Candice Kim Bledsaw, Chamont Porter, Connie Laura Gomez. Front Row: Connie Batz, Morris, Carol Kawashima, Lisa Doss. 5. Con- tz returns with a backhand. 6. Connie Batz her strategy. 7. Lisa Doss serves to her ent.

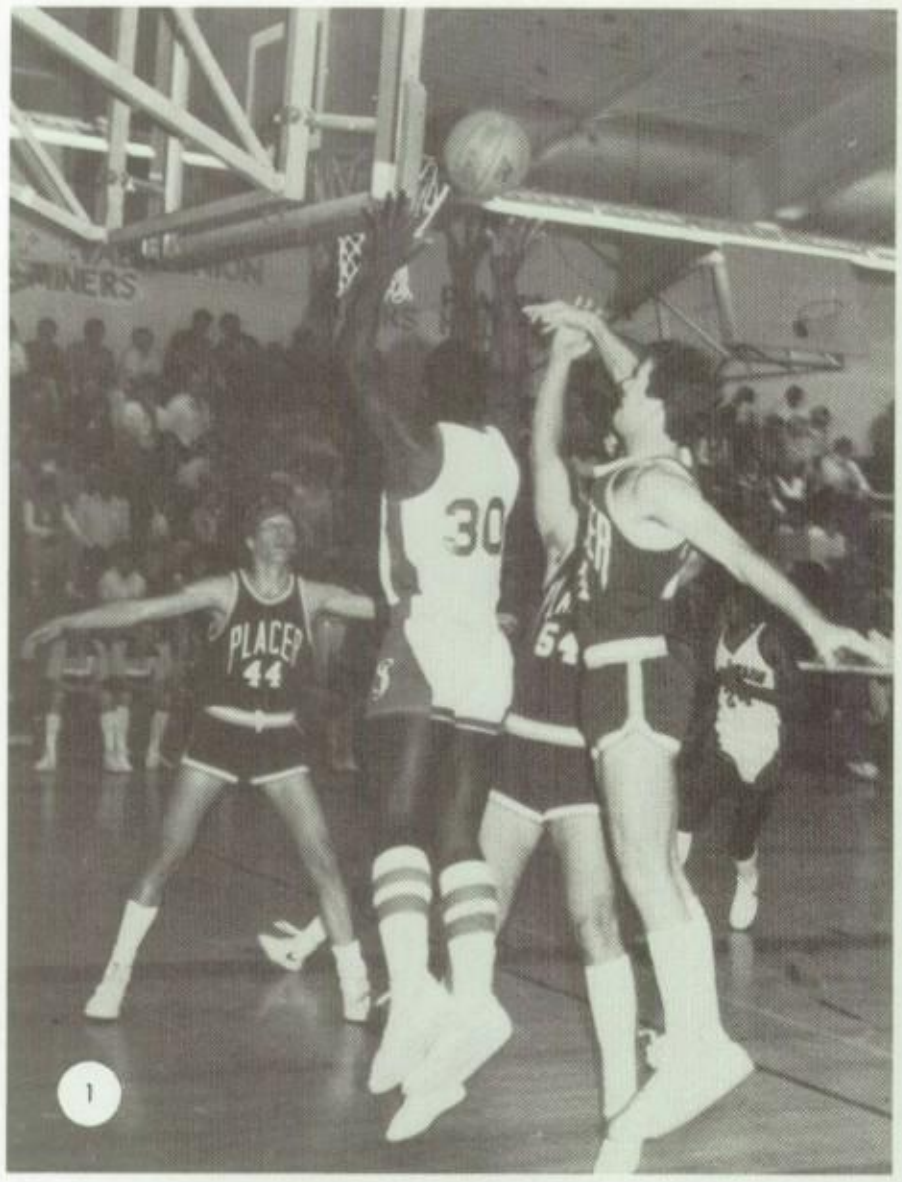
Runners Outran Their Opponents

Although endurance is needed in all sports, it is essential in cross country competition. In order to help the team members develop the stamina necessary for a competitive season, Coaches Wilson and Pastor directed strenuous training routines. Practices were held daily, regardless of the weather conditions. Although several meets were against tough competition, these workouts paid off, as both the girls' and boys' teams compiled winning seasons.

Leading the pack for the girls was Tylene Osgood. For the boys, Futoshi Imoto, a foreign exchange student from Japan, contributed his exceptional running skills.

1. A foreign exchange student from Japan, Futoshi Imoto, was an outstanding athlete and tremendous asset to the team. 2. The Spartan team gathers together before the gun sounds. 3. Cross Country members are: Top Row: Coach Wilson, David Morarity, Larry Young, Tom Fiffick, Mike Korth, David Pursell, Mike O'Brien, Coach Pastor. Row Tow: Betty Haslett, Lorilee Jensen, Kim White, Brian Mochler, Laurance Davis, Tylene Osgood, Beth Ford, Front Row: Futoshi Imoto, Brenda Clydesdale, John Bitner, Clarence Lovett, David Perusch, David Bowman, Jim Farris.

1. Cross country members are off and running in the Sub Section meet. 2. Senior Tylene Osgood paces herself in the last stretch of a two mile course. 3. The finish line is in sight, and Clarence Lovett sprints his last yards.



1. Keith Caldwell shoots for two against Placer. 2. Eric Stephens watches as Chris Thomas goes up for a slam. 3. Rick Rouse aims high. 4. Eric Stephens connects on a field goal.

Varsity Basketball Reached the Top

Using team strength and scoring ability, the Spartan basketball squad vaulted from a cellar dweller of a year ago to a playoff contender in February.

Utilizing the talents of returning senior starters Ramsey Lewis and Chris Thomas, along with this year's starters Rick Rouse and Eric Stephens, the Spartans turned around the dismal records from past seasons to become a top league threat under coaches Pastor and Wilson.

Although San Juan did not meet its ultimate goal of winning the CAL crown, the year was full of highlights to make the second place finish something to be proud of. The Spartans played two of their best games at home with resounding victories over Placer and Del Campo. The two victories over rival Bella Vista were also bright spots of league play. Perhaps the biggest highlight of the season was when the Spartans qualified for the playoffs, the first time ever for San Juan.

The Varsity squad was full of outstanding players, but if it had to be narrowed down to a few, the honors would go to Captain Ramsey Lewis, who scored 381 points with a 14.1 average; Co-Captain Chris Thomas who had 240 rebounds and an average of 10.0 rebounds per game; Eric Stephens, who finished the regular season with a 60% field goal completion; and Co-Captain Rick Rouse who was an all-around player averaging 7.0 rebounds per game.

All in all, this year's Varsity Basketball team can be said to have reached the top!!

Overall Record 20-7
**League Record 9-3*

San Juan		Opponent
81	70	Mesa Verde
68	51	Roseville
62	57	Carson City
58	83	Burbank
57	55	Rio Americano
44	56	El Camino
60	54	Christian Bros.
51	43	Marysville
50	32	Napa
51	70	El Dorado
79	61	Roseville
34	47	East Union
65	44	Ponderosa
69	44	Mesa Verde
65	49	Ponderosa
*61	45	Nevada Union
*73	59	Placer
*76	58	Casa Roble
*53	51	Bella Vista
*56	55	Del Campo
*59	72	Grant
*46	44	Nevada Union
*69	81	Placer
*68	40	Casa Roble
*59	56	Bella Vista
*68	51	Del Campo
*59	86	Grant

1. The San Juan Varsity Basketball Team: Back Row: Coach Pastor, Eric Stephens, Richard Baker, Tom Fiffick, Rich Holmes, Rick Rouse, Chris Thomas, Coach Wilson. Front Row: Kyle Pastor, Kenny Miller, Jerrod Pope, Ramsey Lewis, Keith Caldwell, Chris Faulkender, Ernest Thomas. 2. Ramsey Lewis wins a jump against a Grant Pacer.

J.V. Lacked Height

One thing that held back the J.V. basketball team this year was lack of height. In fact, the tallest player on the team was only six feet tall. Although this was a setback, the team played tough against some of the best teams in Sacramento.

Key players that helped the team were Scott Sharpe, one of the best ball-handling guards in the C.A.L., and Paul Westbrook and Pat Gomez who did most of the shooting. Coach Snow showed the team leadership and discipline that will help them in the future years.

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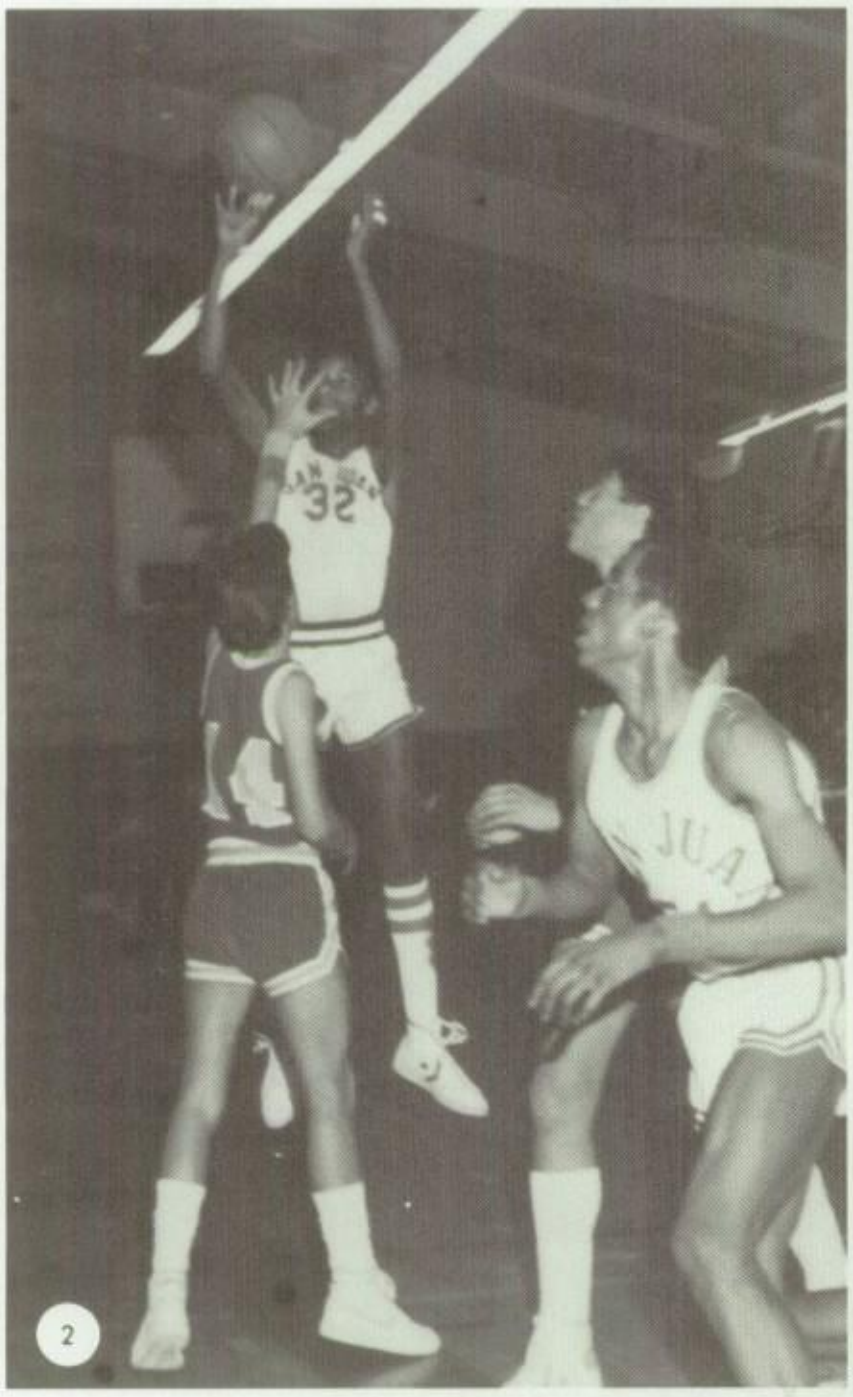
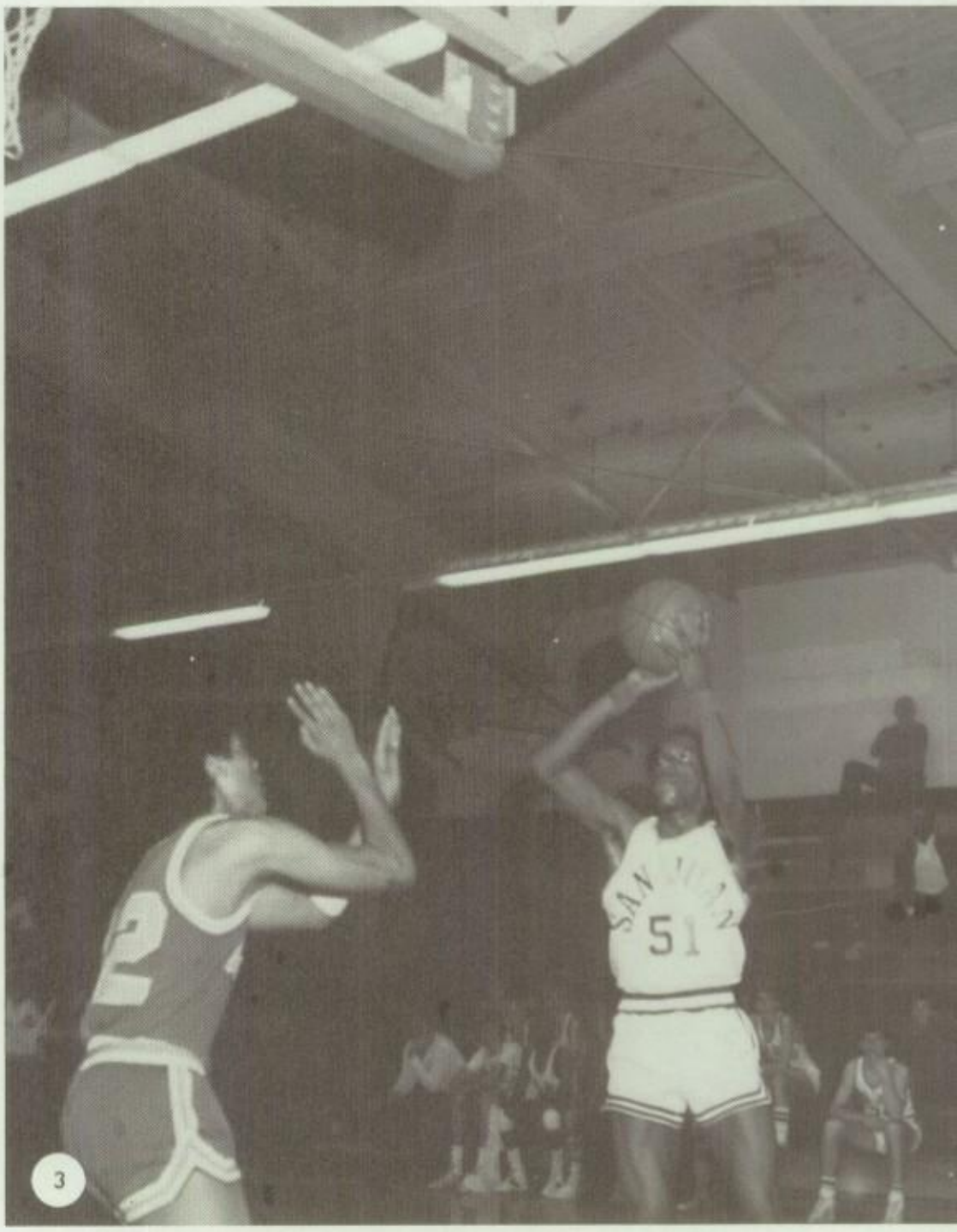
1. Coach Snow instructs the team. 2. Scott Sharpe dribbles upcourt for the Spartans. 3. Spartans display stiff defense.

1. Pat Gomez shoots a freethrow for the Spartans.
2. J.V. team members included: Back Row: Jeff Simas, Kenny Fuller, Tony Pratt, Manuel Del Rio, Paul Westbrook. Front Row: Donald Bricker, Scott Sharpe, Brian McGee, Pat Gomez, Earl Mustra.

Freshmen Provided a Bright Future

Behind the guidance of Steve Eakes, the San Juan freshman basketball season was a success. Jumping out to a fast start this season, the team finished with a 6-6 record in the tough C.A.L. Long hours of practice and constant dedication helped this team become disciplined for future years in basketball. Height was a big factor in leading the team to a good season. The team was even taller than the J.V. Key players were high-scoring Rodney Hicks, Keith Rauh, Mark and Martin Ross and Marc Allen.





1. Freshman team members were: Back Row: Coach Steve Eakes, Rick Walterscheid, Craig Jones, Martin Ross, Rodney Hicks, John Barker, Robert Pursell, Keith Rauh, Mark Ross, and Doug Matson. Front Row: Darren Reha, Alberto Gomez, Danny Stadelman, Jeff Bonnifield, Ray Whalen, Ryan Sherrill, Jason Meyers, and Mark Allen. 2. Rodney Hicks displays his high scoring jumper. 3. Martin Ross scores another two points.

1. Rodney Hicks wins the jump ball. 2. Craig Jones shoots for two points.

Lady Spartans Enjoyed the Season

The San Juan "Lady Spartans" Basketball Team enjoyed a very successful, exciting, and memorable season. The Lady Spartans had an overall record of 16-8 and 6-6 in league competition. With a record of 16-8, it placed the Spartans on top with the best record in the city.

There were many memorable occasions according to Coach Gatewood. "If I had to name a few out of the many I would have to say winning the El Camino Classic, a winning streak of eight straight games, beating our number one rivals Bella Vista twice in one season; and the sensational coverage of the Roseville Press Tribune." The "Lady Spartans" seniors' standouts were Alice Crandall, who won All-Tournament twice, including "Most Valuable Player"; Tracy Meyer, All-Tournament; Susan Nelson who received "Most Valuable Player" this year. Once again Sue and Alice Crandall were selected All Area by the Roseville Press Tribune.

Junior standouts Heather Matson, who won Roseville All-Area honors and All League selection in the prestigious Capital Athletic League and Diane O'Brien, a Mercy transfer who won All Tournament in the Spartan Classic.

Cordula Freund, a foreign exchange student from Germany, received the "Most Positive Attitude" award. The Spartans worked well together this year, having a goal to reach the post-season tournament. (They fell short by one game.)

The future outlook for the "Lady Spartans" is bright. Returners Kim Bledsaw, Cindy Helm, Heather Matson and Melissa Raby will give the Spartans experience. "It's gonna be just as tough next year, as it was this year, but next year, we will be in the T.O.C." said Kim Bledsaw.

Our season closed with a fantastic "Lady Spartan" Basketball Banquet.

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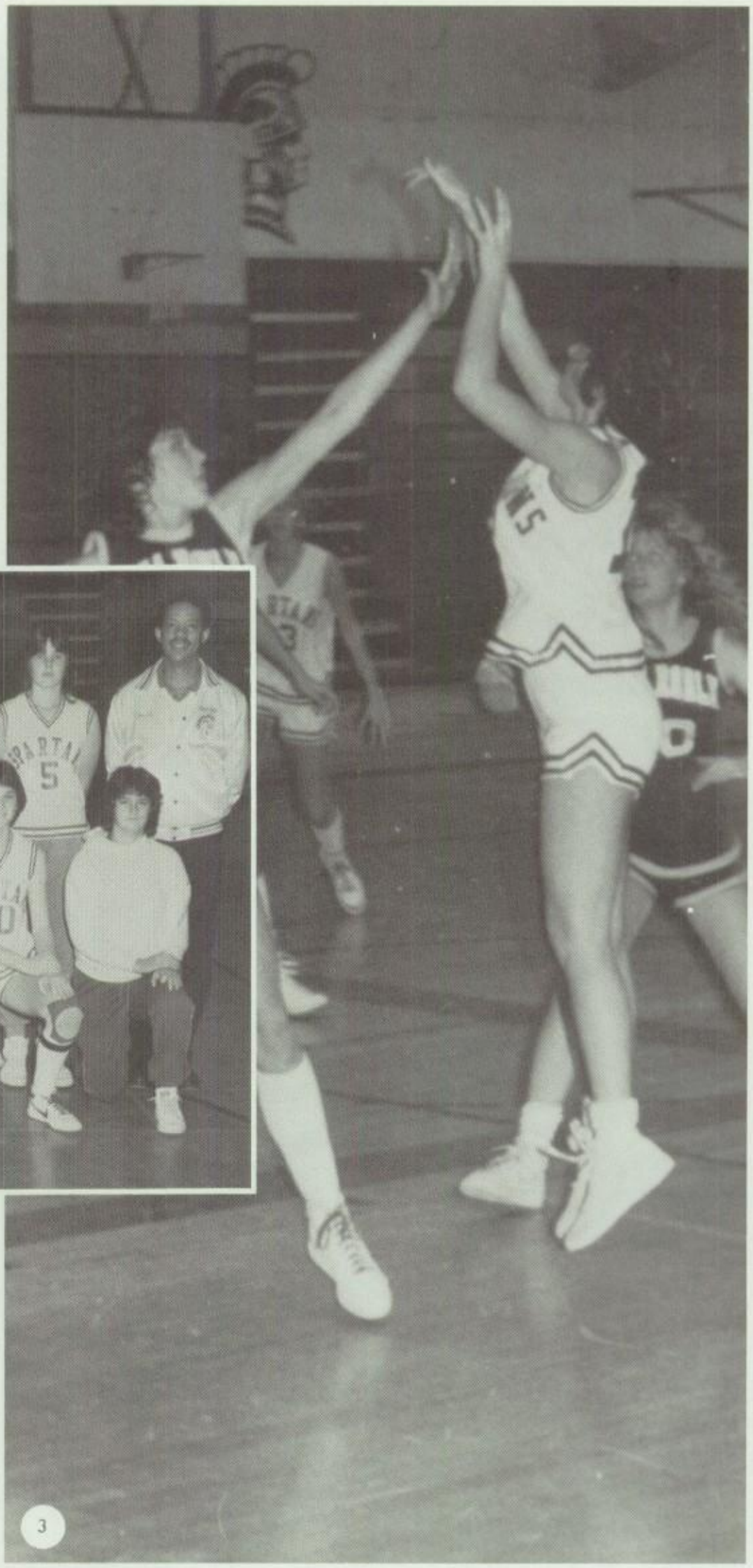

1. Sue Nelson tips the ball. 2. Kim Helsel listens for instructions. 3. Melissa Raby shoots over an opponent. 4. Team members were: Back Row: Manager Leonard Lovett, Alice Crandall, Tracy Meyer, Heather Matson, April Wood, Cindy Helm, Coach Gatewood. Front Row: Cordula Freund, Melissa Raby, Dennise Burgess, Kim Bledsaw, Sue Nelson, Kim Helsel, Manager Leslie Morris. 5. The Mighty Spartans get in rebound positions! 6. Sue Nelson jumps for a rebound. 7. Kim Bledsaw looks on as Tracy Meyer attempts a shot against Grant.

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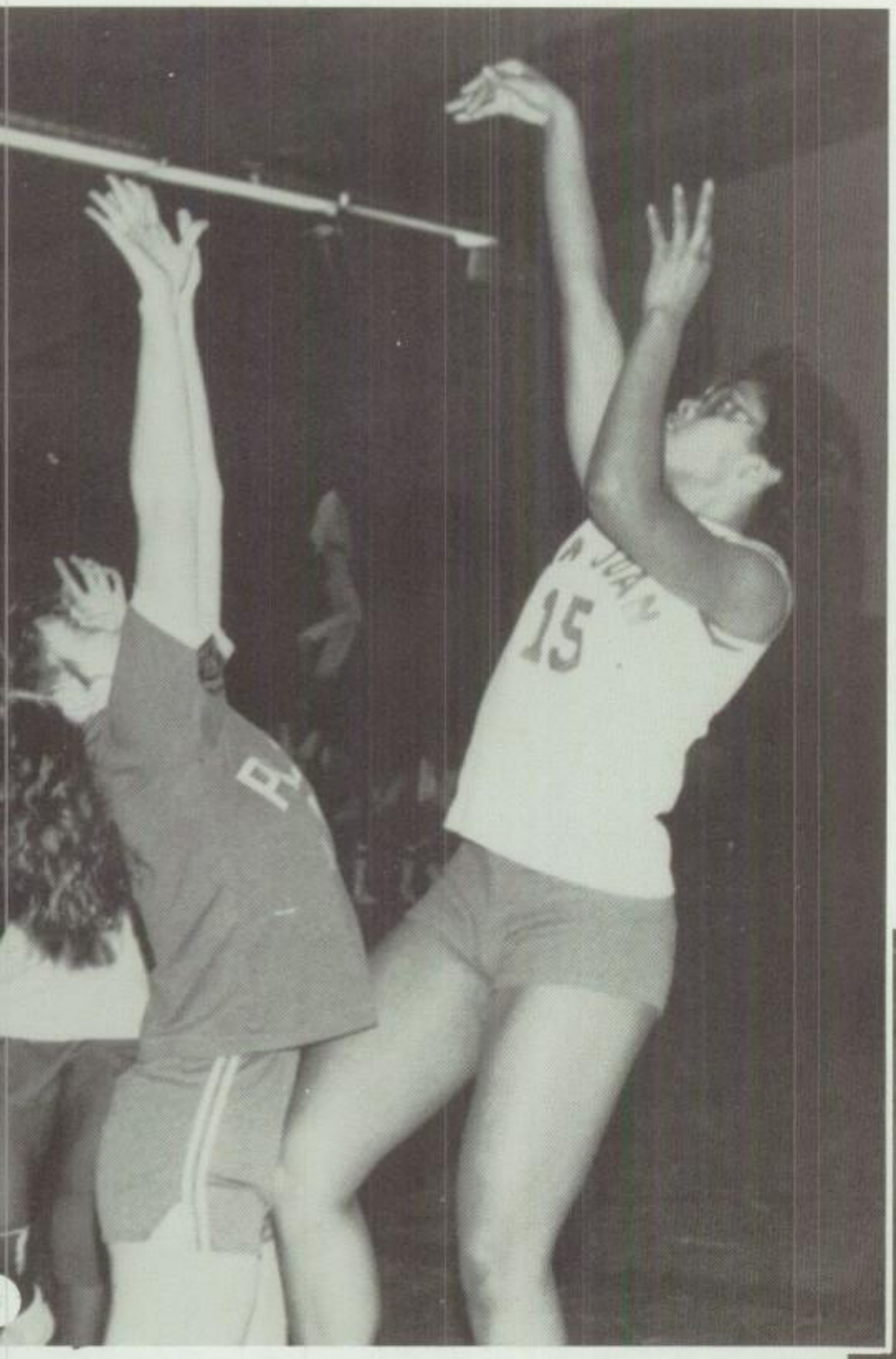
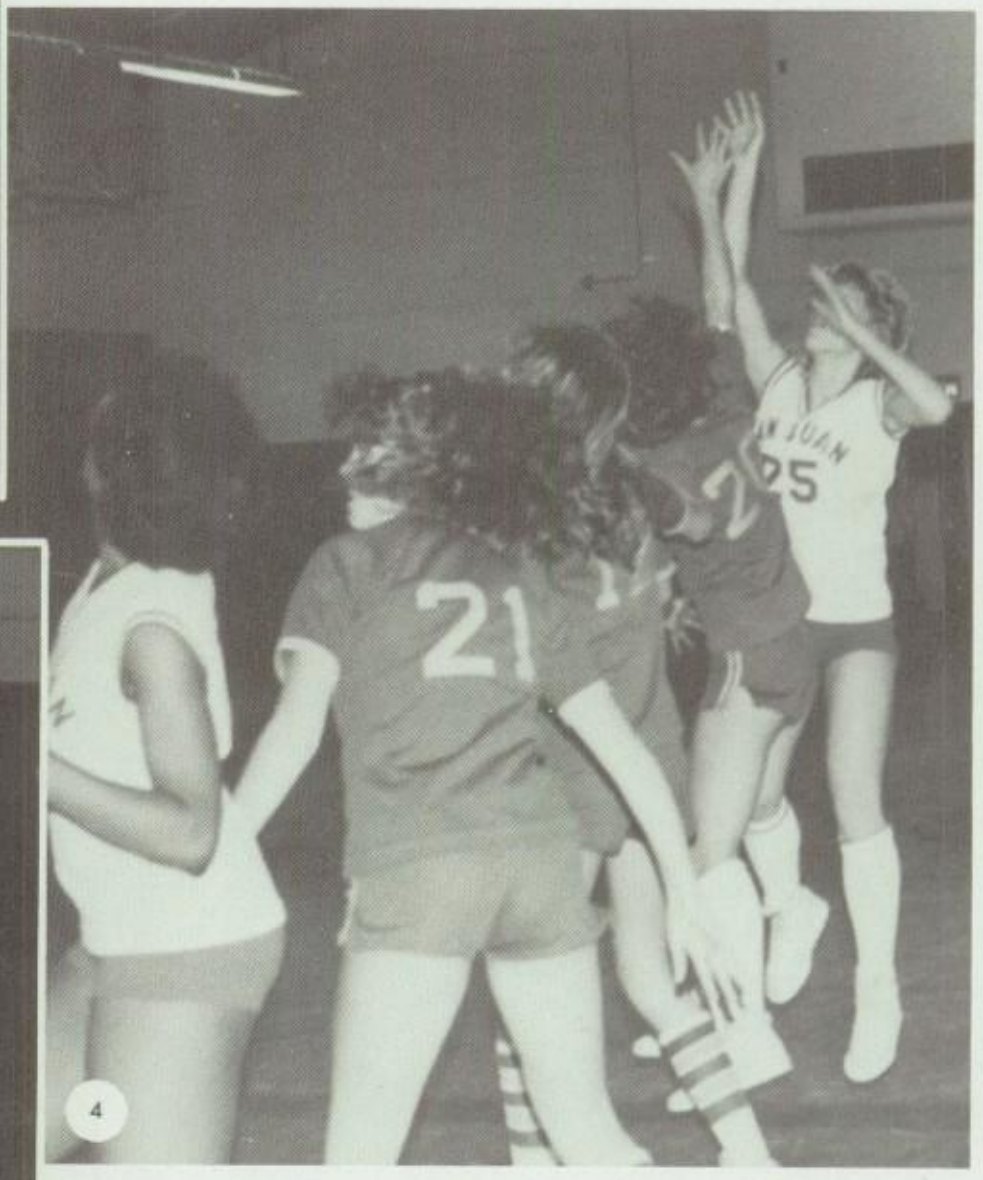


J.V. Had a Spectacular Season

The J.V. Girls' Basketball Team had a spectacular season and were well known to the Union and Press Tribune. "It was incredible," says Coach Berhel. The highlight of the season, according to Berhel, was the defeat of rival Nevada Union.

Placing second out of sixteen teams in the Stockton Tournament gave these young ladies a lot of confidence and endurance for their remaining season. Donna Rouse, due to her exceptional talent on the court, received the Most Valuable Player award. Also receiving awards for their incredible achievement were Bonnie Alvord, earning the Quarterback award; and Ashleigh Carlile, earning the General award.

Coach Berhel has great expectations for next year's J.V. team.



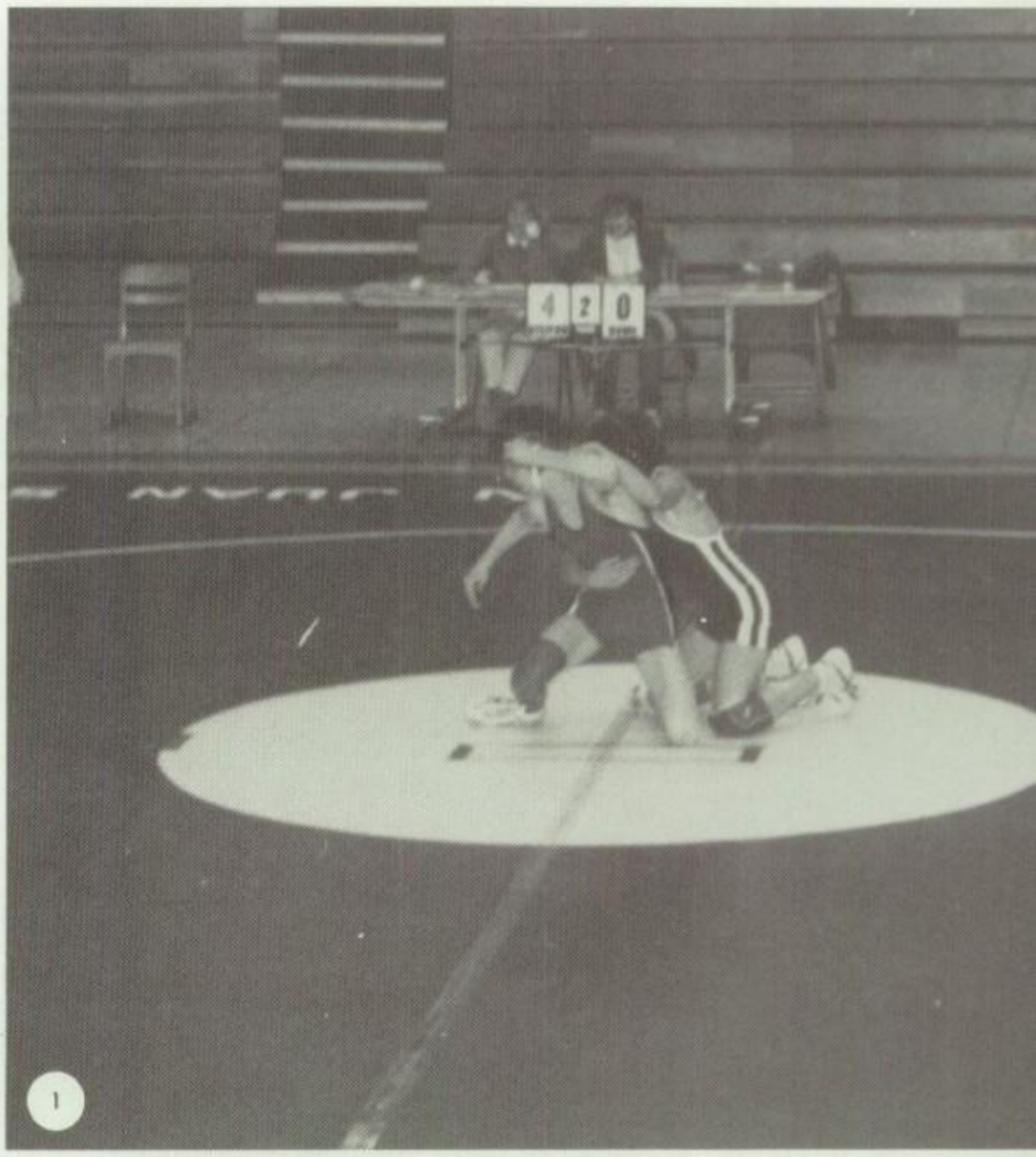
1. Donna Rouse goes for a lay up. 2. Shawna Bushey shows her stuff. 3. Donna Rouse provides a perfect form. 4. Shawna Bushey takes a shot. 5. Chamont Porter awaits a rebound. 6. Dr. Donna Rouse comes to a jump stop. 7. J.V. were: Back Row: Coach Berhel, Liz Morgan, Chamont Porter, Kim Crawford, Donna Rouse, Ann Marie Pearson, Ashleigh Carlile, John Bayles; Front Row: Bonnie Alvord, Vicki Valentine, Tammie Travis, Melody Granger, Shawna Bushey, Kerri Gobbell, Rachel Polk.

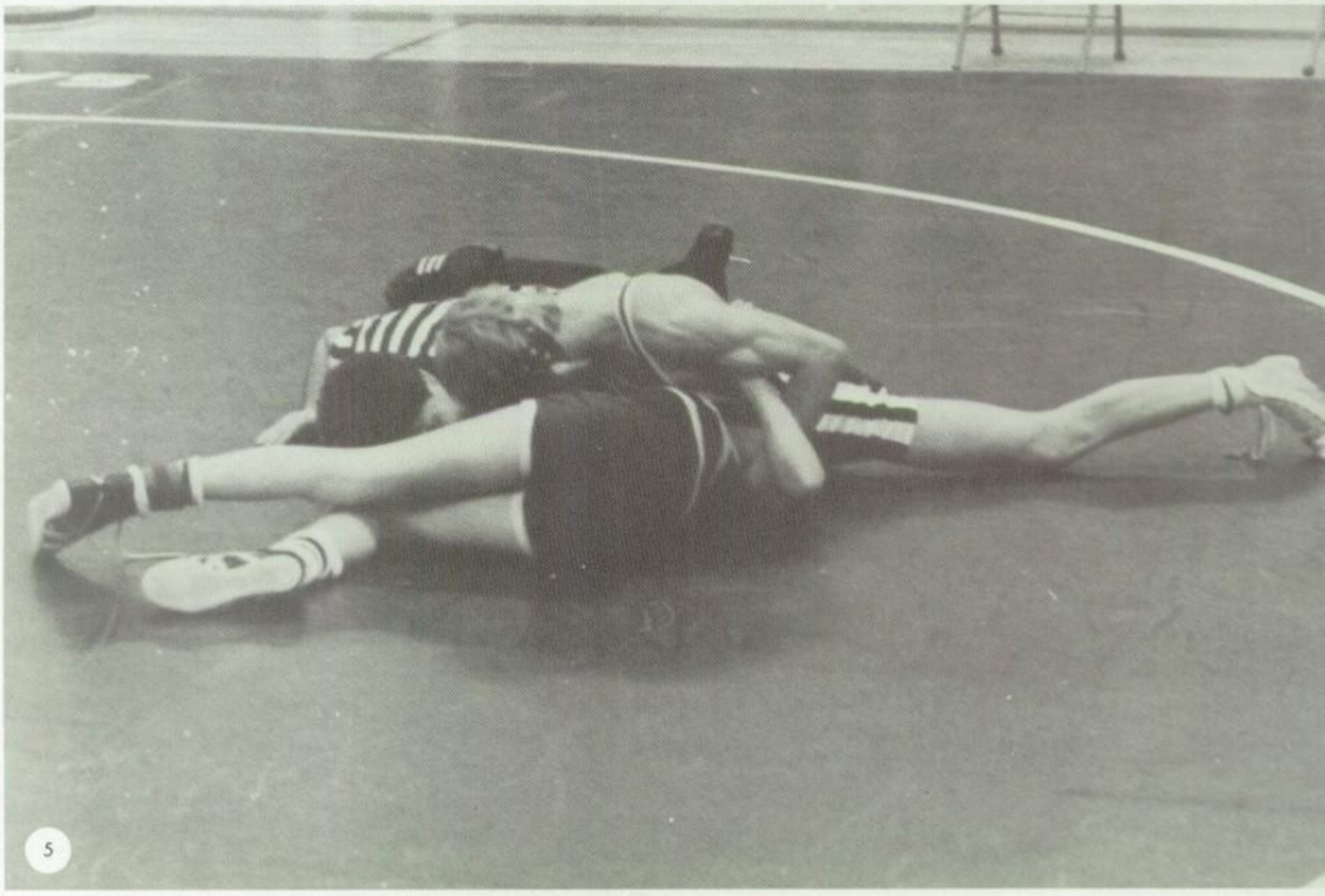
Wrestlers Had a Tough Year

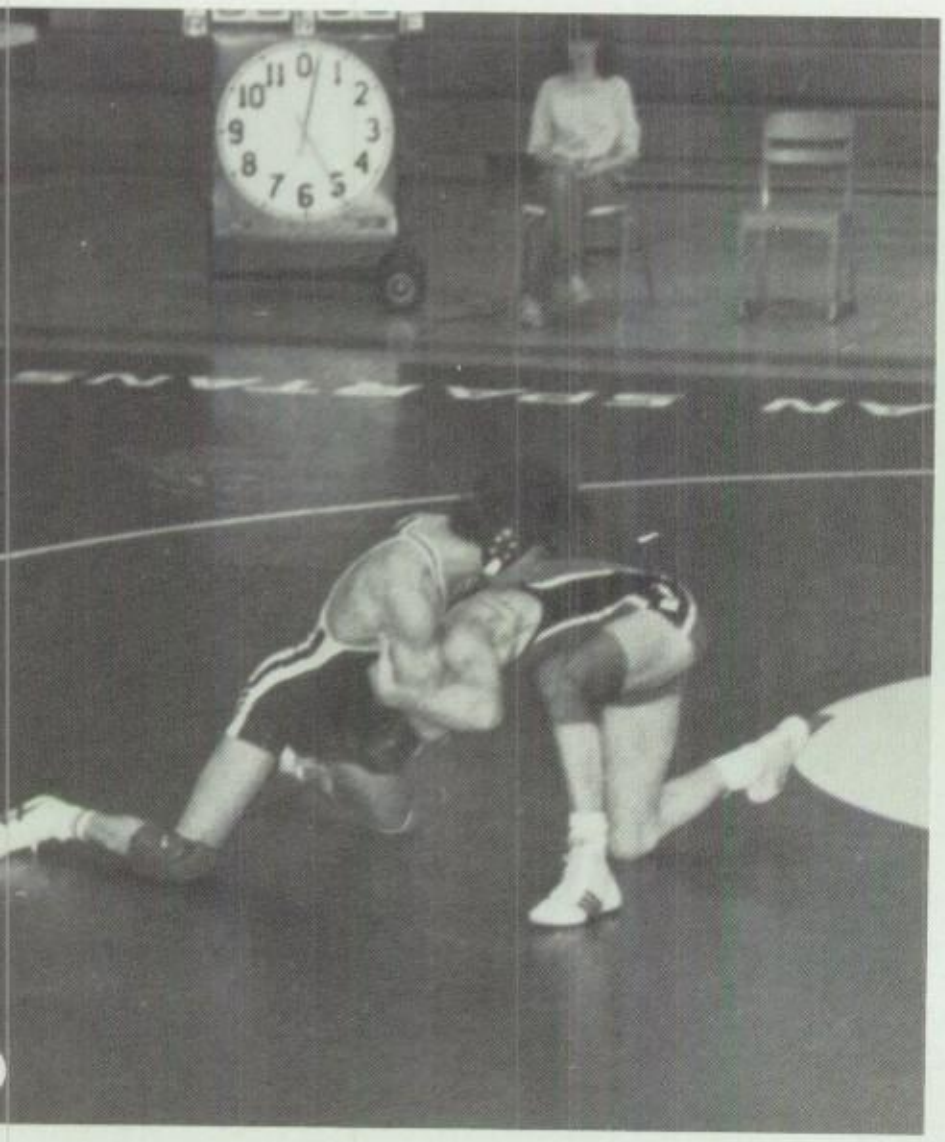
Things were tough for our wrestlers this year; after the team started out with three losses, the picture was bleak. There was a lack of individual participation this year, and although there were enough wrestlers to have a team, they just didn't get everything rolling all at once. Coach Crowl and the team found themselves at a disadvantage. A few matches were forfeited because there wasn't anyone to wrestle in certain weight divisions.

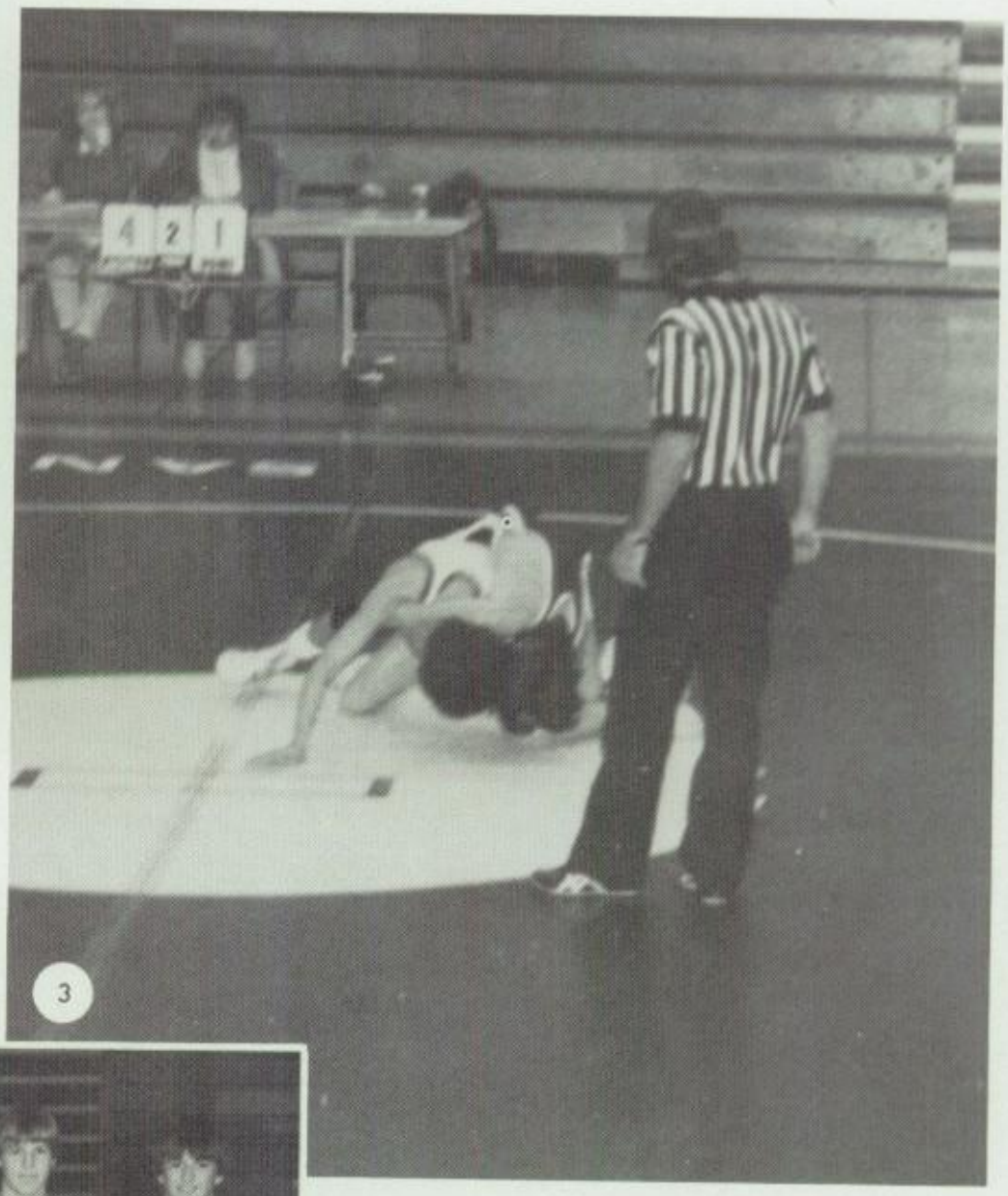
In spite of experiencing a down year, there were some wrestlers that should be recognized as wrestlers of distinction. Seniors Brian Brandon, Dave Raby and Sonny Dowse did outstanding jobs this year. Junior Mike Bryant also proved to be a strong wrestler, who Coach Crowl hopes will be wrestling next year.

It is hoped that next year things will look up for Coach Crowl and his new wrestling team as there will be returning wrestlers as well as new ones. This past year was better classified as an experience than a season of victory.









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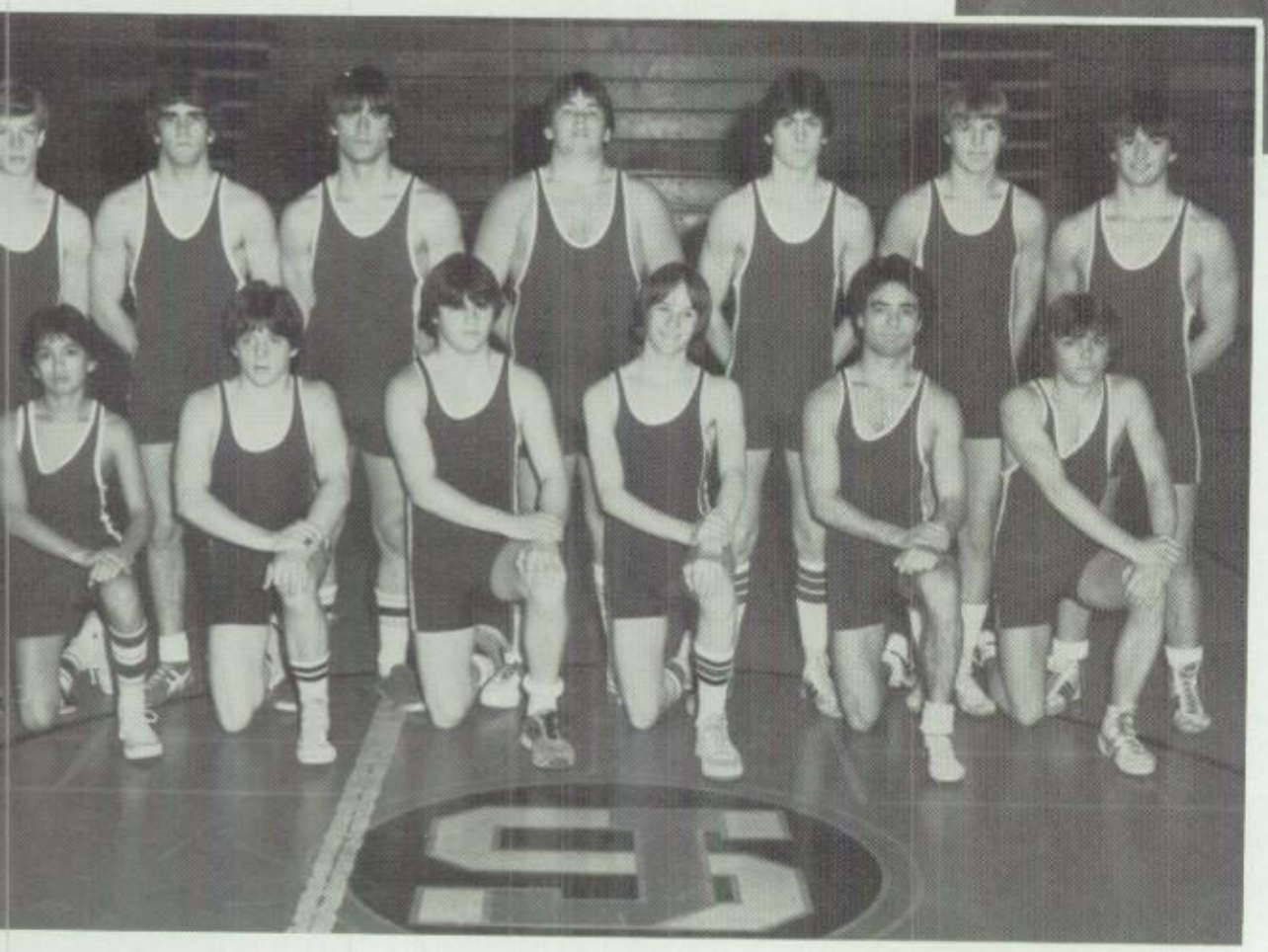

artan shows the opponent who's boss. 2. rs don't give up too easy, huh? 3. Sonny is ined to win this one. 4. The San Juan 1984 ng team: Back Row: Jim Blair, Chris Collins, Brandon, Kent Clifton, Dave Raby, Paul . Mike Bryant. Front Row: Mike Zamora, oung, Leonard Lovett, Sean Mallory, Sonny Geno Gruber. 5. Is he almost pinned?

Varsity Got a Fast Start

"It's too early in the season to predict how the team will do in league play, but we are constantly improving, " said Varsity Baseball coach Dave Olmstead in March. Despite a dismal season last year, the Spartans are looking forward to a productive and successful year.

Returning starters for the '84 campaign are: pitcher Mike Hemphill, first-baseman Joe Sandbank, catcher Doug Grey, and center fielder Keith Ellis. New Prospects for the Spartan team include Mike Smoot, Dave Hajek and Bob Reboin.

The teams got off to a good start this year after winning five out of seven of their scrimmage games. They also won their first game in regular play against El Camino.

"We have a balanced infield and an equally good outfield. If we put these two together, we will have a good chance," said center fielder Keith Ellis.

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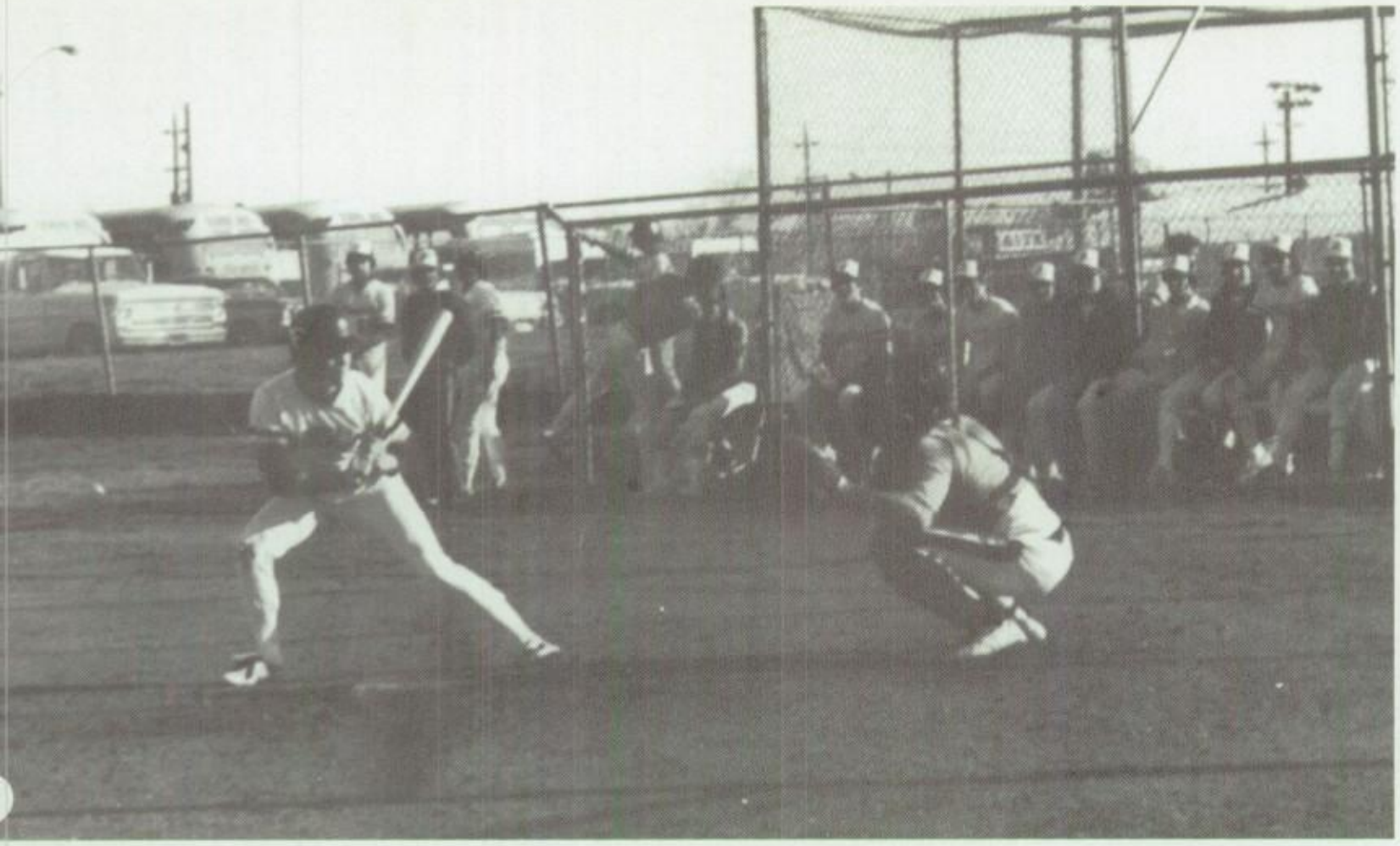
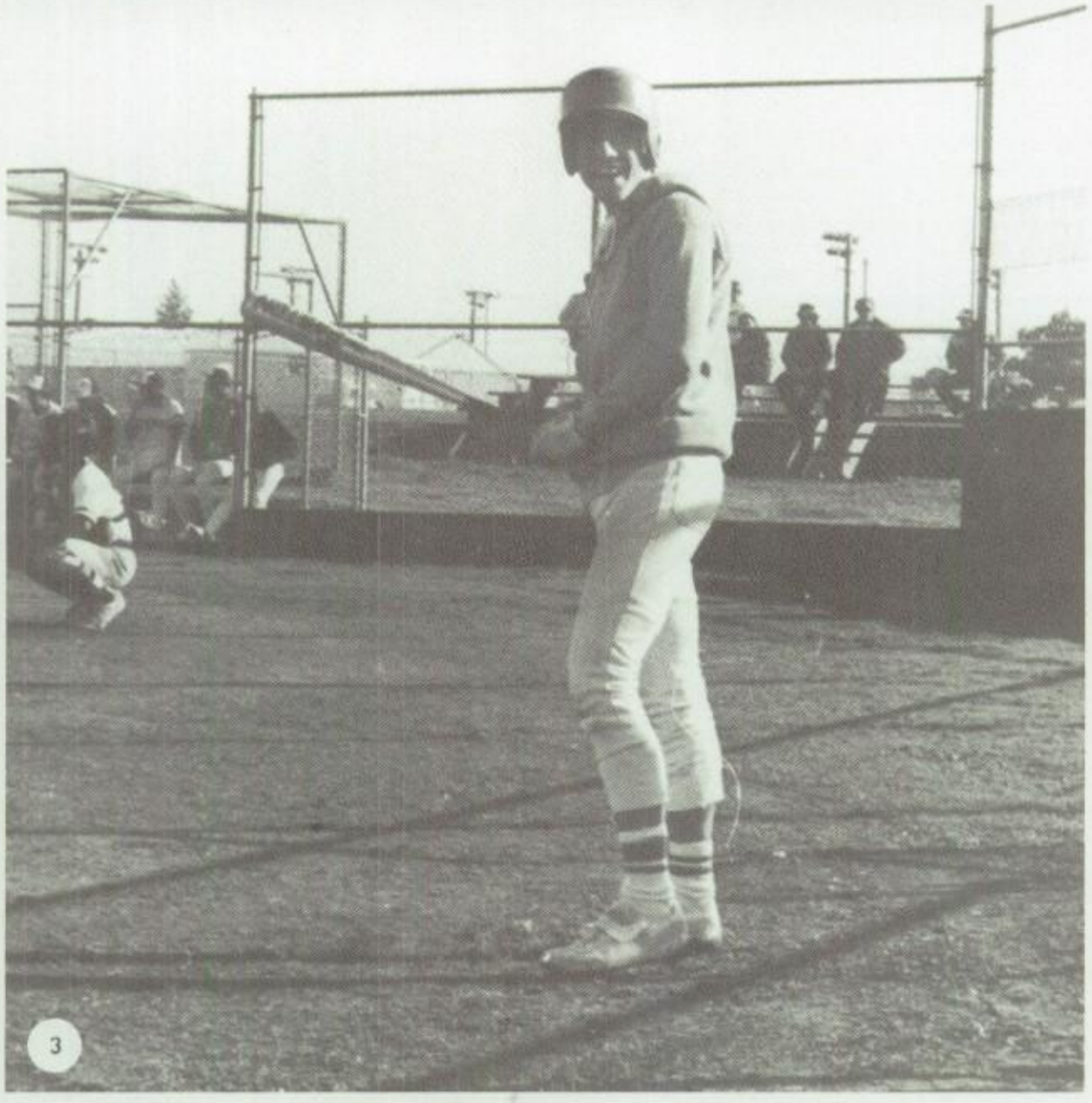
1. The San Juan Varsity Baseball Team was: Back Row: Sandy Wills, Tim Miller, Jay Kennedy, Dave Bunce, Mike Densmore, Mike Hemphill. Middle Row: Bob Reboin, Joe Sandbank, Keith Ellis, Lonnie McGee, Mike Smoot, Larry Blevins. Front Row: Doug Grey, Eric Montross, Jeff Merenda, Jim Lepper, Dave Hajek, Kevin Fujimoto. 2. Doug Grey catches a strike against Foothill. 3. Bob Reboin is pleased with the performance of the team. 4. Third baseman Dave Bunce, takes a break between plays. 5. Sandy Wills fires a strike during a scrimmage.





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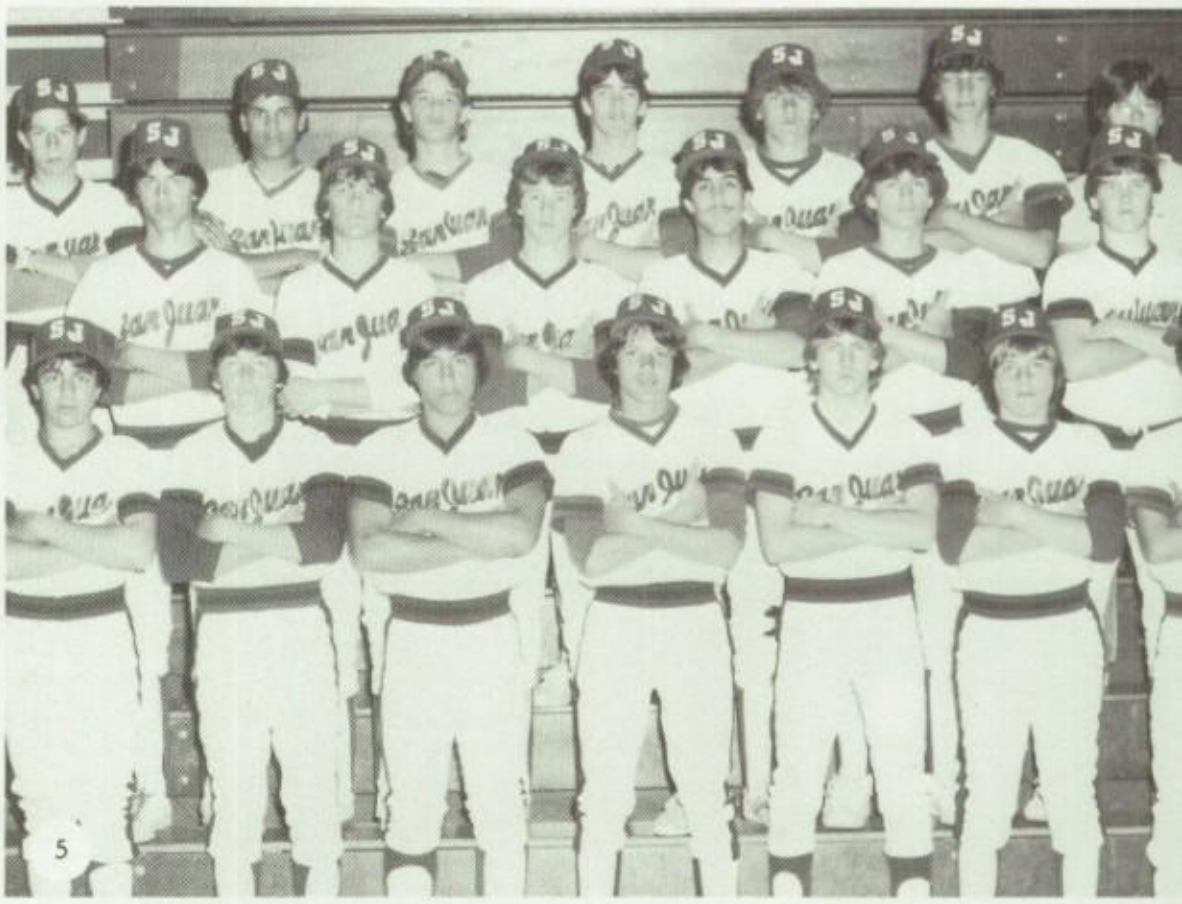
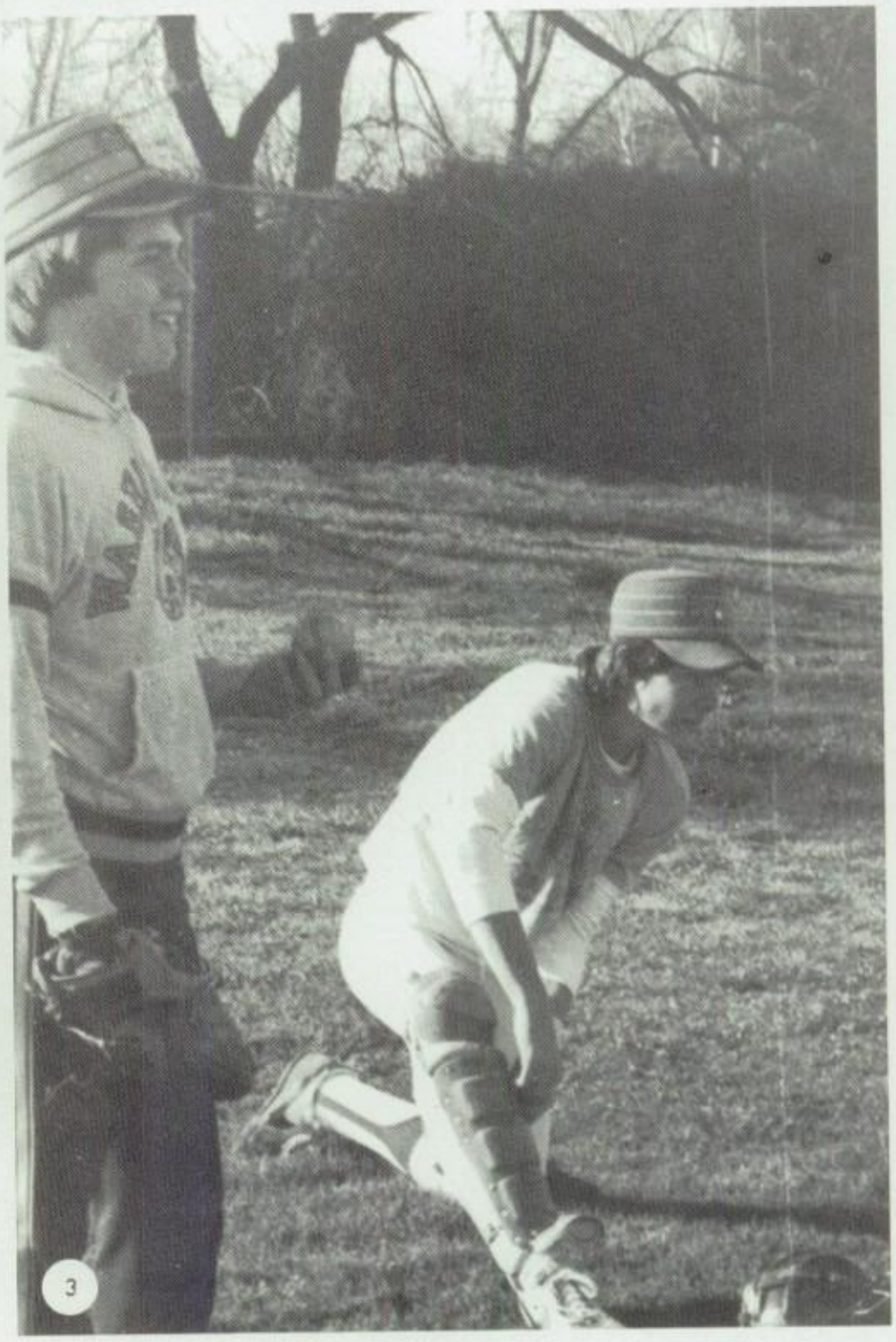
Junior Varsity Anticipated Success

"With all the right breaks, I think this team could capture the league championship," commented Bill Richardson, J.V. coach.

With the offensive powers of Craig Martineau and Tony Pratt and the pitching talent of south paw Pat Gomez, the J.V. looked forward to a great season and to be a tough league contender in the C.A.L.



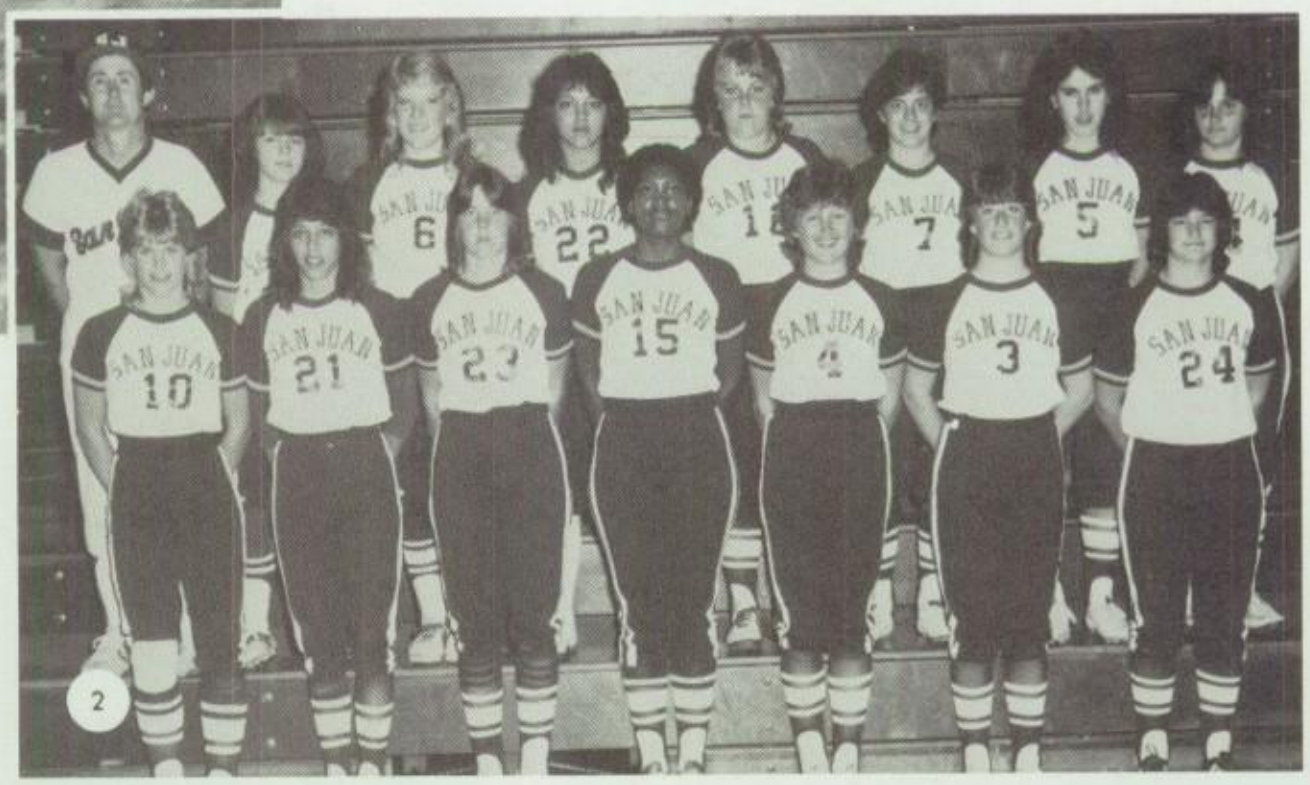
1. San Juan's J.V. Baseball team included: Back Row: Jeff Simas, Pat Gomez, Tony Pratt, Lucas Foster, Chris Sanjurjo, Craig Martineau, Allen Blaxton. Middle Row: Donnie Dryden, Jeff Bonnifield, Matt Slagle, Bill Landis, Robert Paulson, Paul Westbrook. Front Row: Alberto Gomez, Brent Taylor, Ray Whalen, Jeff Heiman, Brett Nicodemus, Steve Sandbank, Futoshi Imoto. 2. Shortstop Futoshi Imoto hurls a ball to first. 3. Steve Sandbank talks baseball before a game. 4. A Spartan stretches out at first base. 5. Coach Richardson hits to the infield.



1. Girls' softball members exert tremendous energy during a tough workout. 2. Keilani Curtwright goes for a groundball in practice. 3. Senior Andrea Rodriguez stretches to catch a high-thrown ball.

New Coach Brings Changes

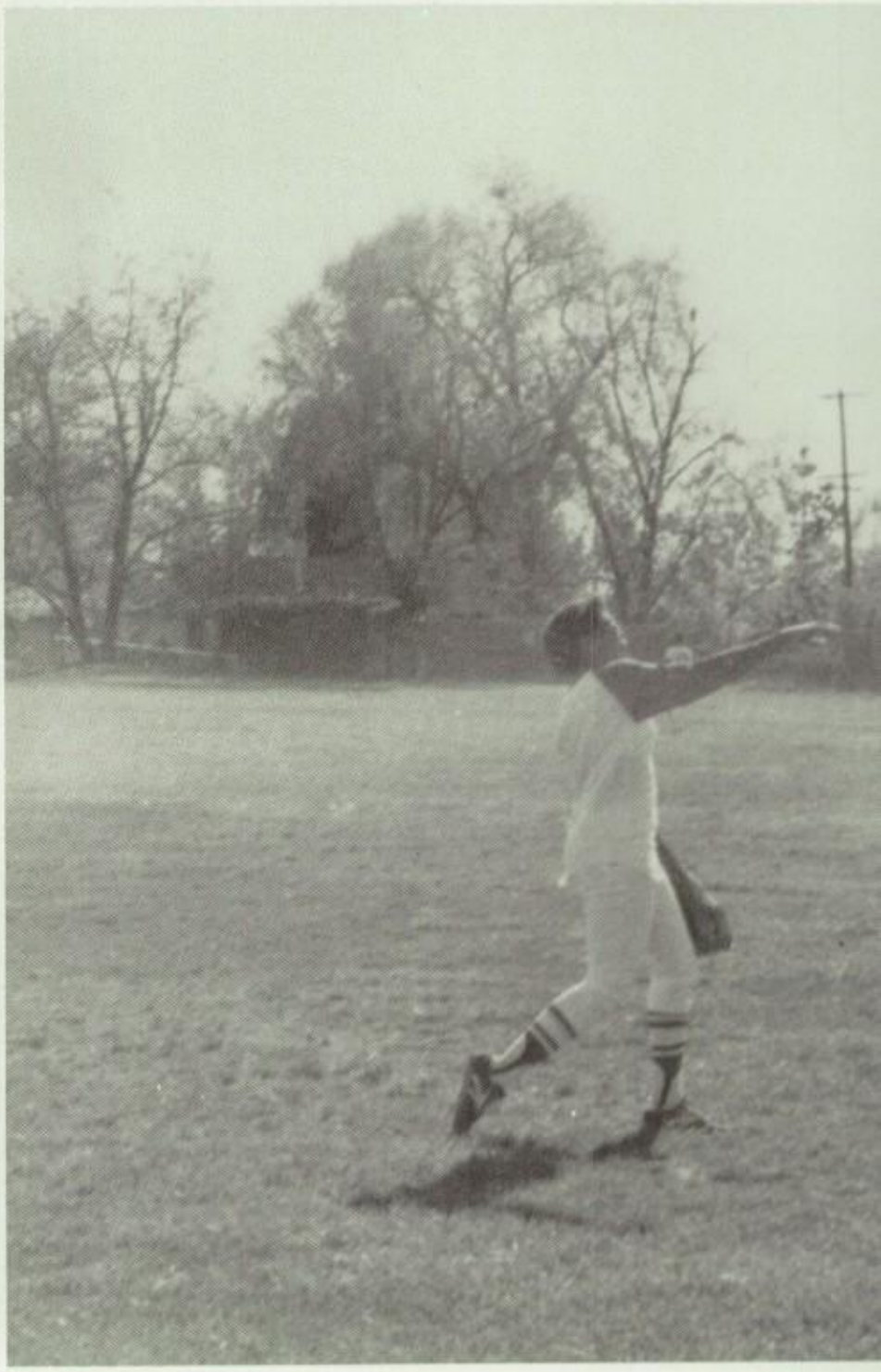
San Juan's Girls' Varsity Softball Team was young, including three freshmen, four sophomores, three juniors, and only one senior. The young team worked together with Coach Roberts, a transfer from La Sierra, toward building a bright softball future for San Juan. One major attribute of this year's team was the versatility of all of the players. Many of the players were capable of playing most of the positions on the field. Coach Roberts wouldn't name any specific outstanding players as he felt all worked together with much team effort.



Petroni awaits the next play. 2. Varsity Members Back Row: Coach Roberts, Kim Winters, Linda e, Keilani Curtwright, Kim Harbert, Sue Petroni, lle Crum, Tammy Crago; Front Row: Shawna y, Andrea Rodriguez, Cindy Helm, Donna Rouse, y Travis, Kristin Holmes, Leslie Morris. 3. Coach ts helps in warm-up. 4. Players await the begin- f the game.

Team Proved Competitive

San Juan's Junior Varsity Softball Team competed with the toughest teams in the Sacramento area. According to Coach Berhel his team hustled hard, never gave up, and kept improving every day. Veterans Cindy Seamen, Lisa Lusardi, and Donna Rouse brought experience to the other teammates. Kim Crawford was a big stick to the team along with this year's captain July Adrian and pitchers Liz Morgan and AnnMarie Pearson. This year's goal for the team and Coach Berhel was to be very competitive in the C.A.L.



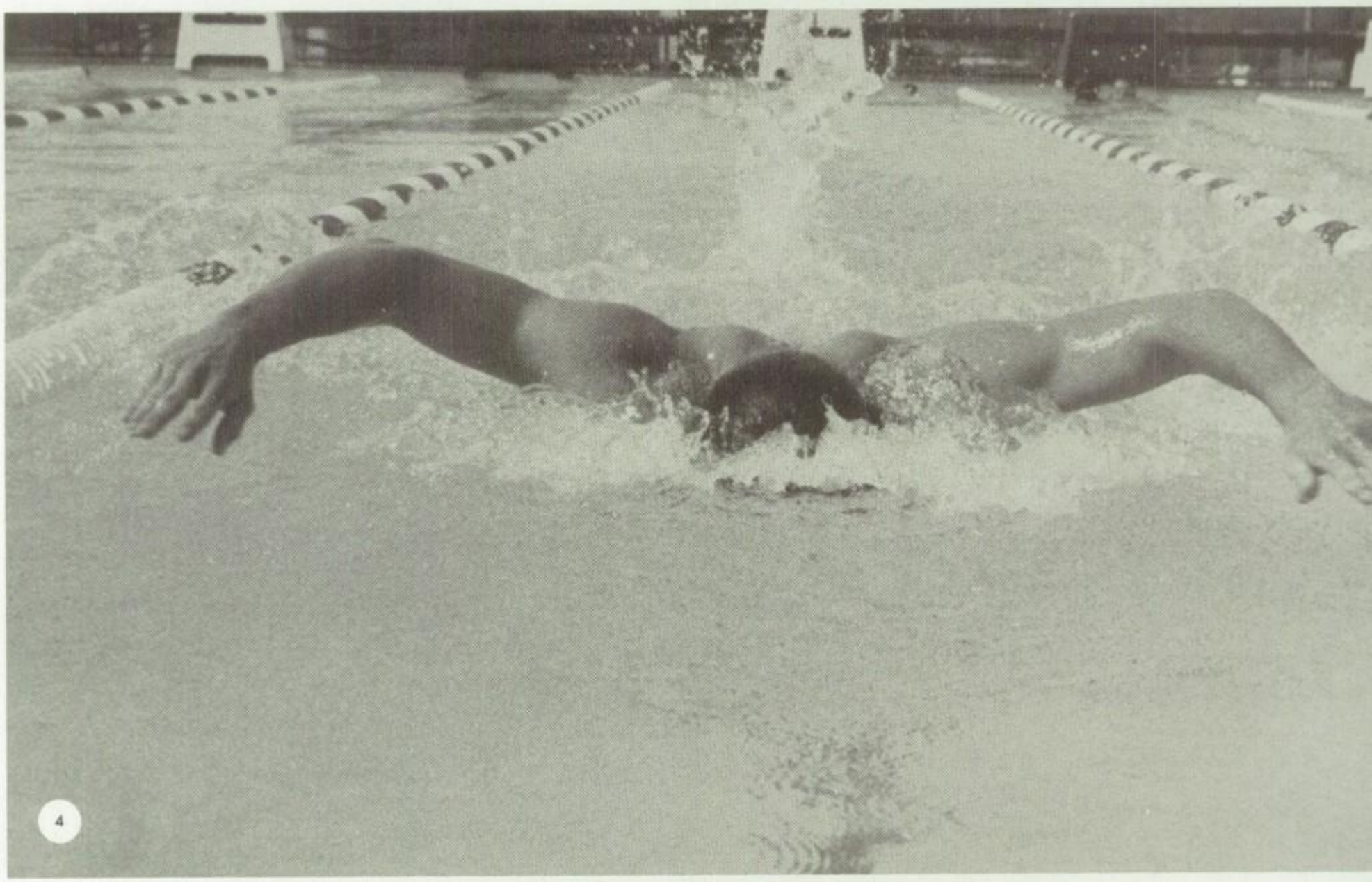
1. Liz Morgan burns in a fast pitch. 2. Lisa Lusardi throws the ball to second base. 3. July Adrian prepares for a practice catch. 4. Coach Berhel makes out a game plan. 5. Donna Rouse throws the ball infield. 6. Kim Crawford scoops up a ground ball. 7. Junior Varsity players were, Back Row: Cindy Seamen, Jeri Robinson, Colleen Hurley, Stacy Meyers, Barb Londeree, Betty Haslett; Middle Row: Coach Berhel, AnnMarie Pearson, Lisa Lusardi, Kim Crawford, Liz Morgan, Allene Cruz, Front Row: July Adrian, Joanna Steele, Tina Odle, Rachel DiNardo, Tammy Gardner.

Girls Led the Way

San Juan's Varsity Girls' team once again showed great potential and seemed unstoppable. After sending only one girl to the Section Meet last year, the team looked forward to sending four girls, and their Medley Relay Team. The Relay Team consisted of Angela Keller, Michelle Schroeder, Diane O'Brien, Alice Crandall, Tammie Gundersen, and Tiffany Bolton. Alice Crandall, Diane O'Brien and Michelle Schroeder also qualified in individual events.

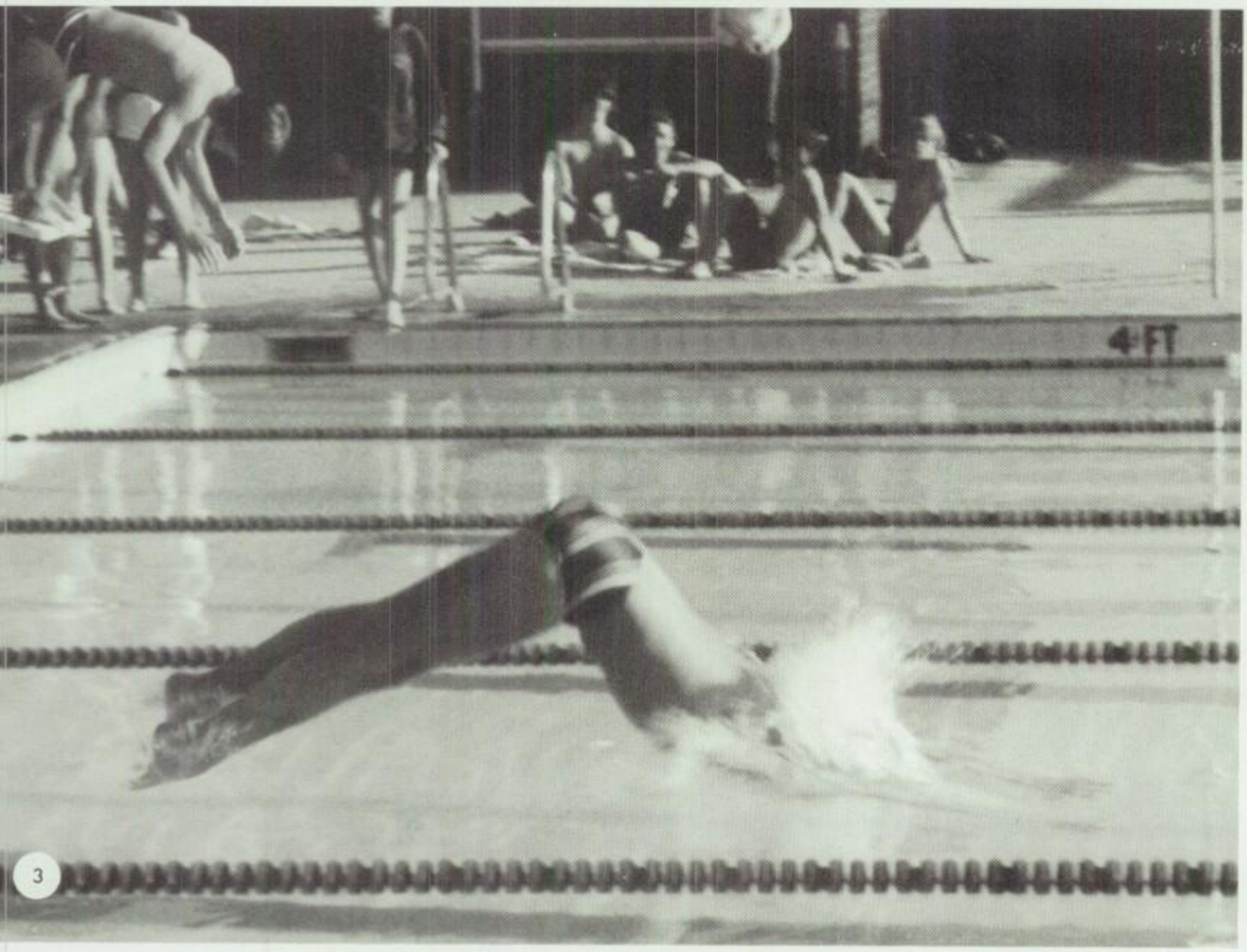
The team was led by returning lettermen Tiffany Bolton (freestyle), Alice Crandall (freestyle and breaststroke), Tammie Gundersen (butterfly), and all-around sensation Diane O'Brien, and Michelle Schroder (breaststroke). The combination of their talents and practice led to overwhelming victories over Casa Roble, Ponderosa, and Nevada Union and a 6th place team finish at the Northern California High School Invitational at Chico State University.

However, overshadowed by the Girls' success, the guys unfortunately lost at most early meets. With the strengths of returning Varsity swimmers Chris Arthur, Steve Ford, and Brian Guensler, the guys improved and soon became tough opponents at later competitions. Foreign exchange student Florian Schultz-Wild provided the team with needed strength and proved invaluable to San Juan's Varsity Medley Relay Team.



1. Alice Crandall swims to another victory against Ponderosa. 2. Diane O'Brien shows her strength. 3. Steve Ford gets off to a great start again Grove. 4. Brian Guensler, up close and person

2



3

J.V. Swimmers Won

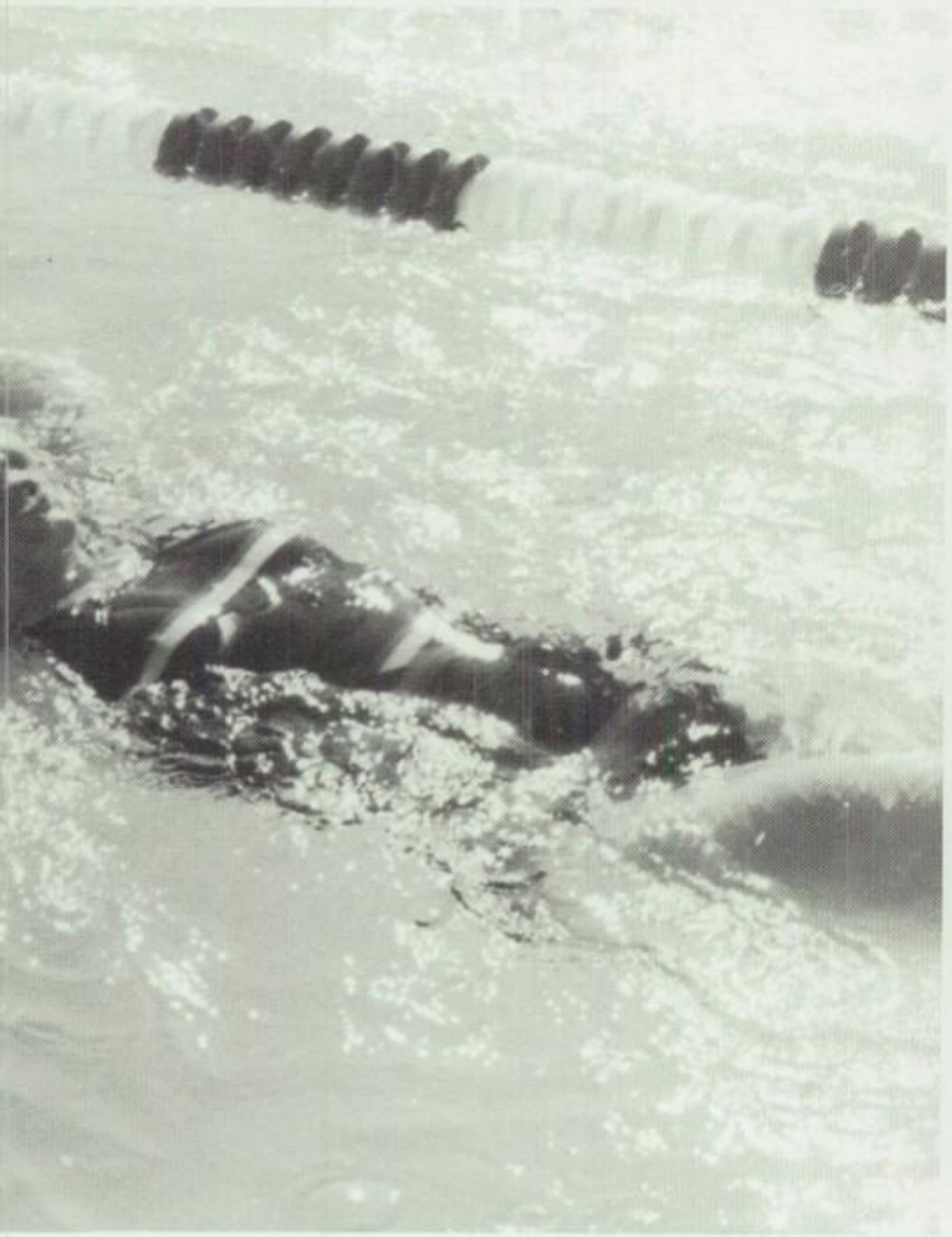
Unlike years in the past the San Juan Junior Varsity swim team finished the season with outstanding records. The J.V. Boys finished with an overall record of 7-0, and J.V. Girls, 6-1. Both teams anticipated winning League Championships in late April.

The J.V. guys team included many new swimmers including; Brian Richter, Jason Lindow, Darren Reha, Ryan Sherrill, and Mike Tisnado. Although the team only sent one swimmer, Darren Reha, to the Section Meet in Woodland, great potential was shown by the J.V. team members.

Despite one loss the J.V. Girls' team proved to be tough competitors. Outstanding swimmers that led the team were; Shannon Arthur, Stacie Ding, Sherri Ford, Kim Helsel, Diana Matracia and Vicki Maylett. All in all, the Spartans should look forward to a successful season next year.

1. A typical sight at the Northern California Invitational. 2. Jason Lindow swims past his competition. 3. Tammie Gunderson shows her exhaustion while swimming the 100 butterfly. 4. Vicki Maylett kicks back during practice. 5. San Juan Swim Team. Back Row: Mike Tisnado, Chris Arthur, Brian Guensler, Jason Lindow, Steve Ford, Jim Crotts. Middle Row: Coach Wharton, Cindy Hammerschmidt, David Friedlander, Jennifer Brown, Suzie Smothers, Stacey Ding, Sherri Ford, Tiffany Bolton, Coach Fox. Front Row: Florian Schultz-Wild, David Figueroa, Darren Reha, Laura Seefeldt, Mike Seeber, Brian Richter, Alice Crandall.

2



3

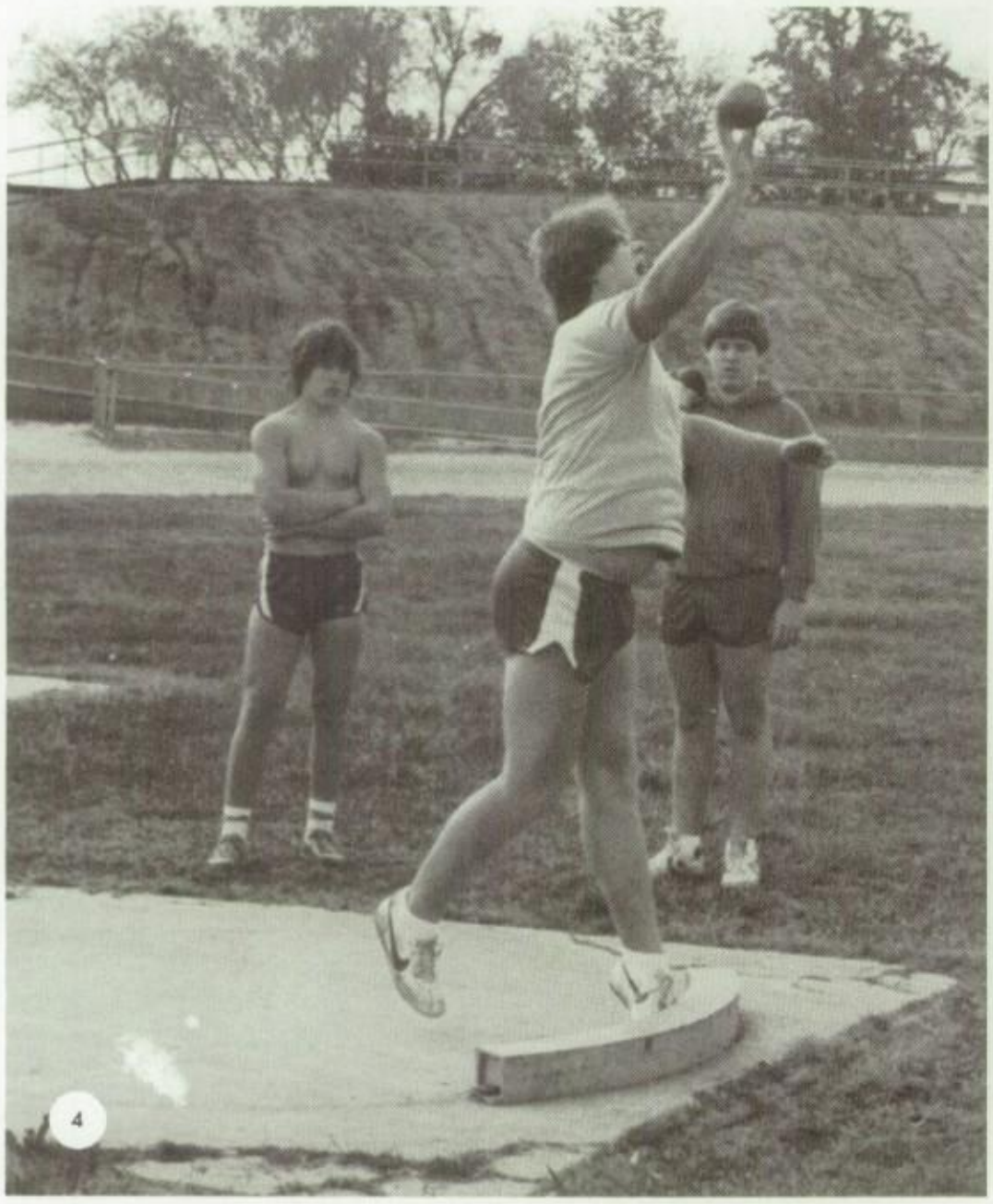
Varsity Boys Ranked High

Although, there were very few participants in track this year, the team did extremely well. Coach Warren Dibben stated, "The few athletes we did have were quite good and are expected to do even better next season during track season, since those that we had were all juniors."

The top participants of this season were Bo Christian, Rick Holmes, Gary Henman, and Chris Faulkender. Bo was ranked in the top ten in the area for the 100 meters and the 200 meters. Rick was in the top five in the area for the long jump. This left Gary and Chris, who proved to be multi-purpose runners, who filled in wherever needed.

The top Senior Athlete was Rick Simmons, who was invited to participate in the Tournament of Champions in shot-put. Rick had few defeats and was ranked in the top five in the area throughout the season.

1


4

3

1. Bo Christian sprints to a victory against Bella Vista. 2. Chris Faulkender jumps to finish in the triple jump. 3. Gary Henman anchors the Spartan Mile Relay team to a win. 4. Shot-putter, Rick Simmons shows his winning form.

Individuals Performed Well

Along with our Varsity Track team, a number of freshmen and sophomores worked hard and competed strongly this year. Outstanding efforts were turned in by individuals from both groups.

Freshmen twins Martin and Marc Ross were outstanding, Martin in the hurdle events and Marc in the distance events. Jon Barker became an all-around performer, participating in the High Jump, Long Jump, and 440 yard Run. Mike Cloke was San Juan's frosh sprinter, scoring often in the 100 and 200 meters.

Sophomores Randall Clemens, Tony Hampton, Dustin Quinton, Mark Cooley, Tim Cook, and Scott Nelson represented San Juan well in every meet, but the small number of participants made winning meets difficult. As Varsity members next season, these young men should truly bring glory to San Juan.

1. Marc Ross and David Morarity sprint to the finish line. 2. Linda Boustedt puts the shot against B.V. 3. Laurie Breece and Simona Settles get a jump on their competition. 4. Tylene Osgood helps Laurie Breece stretch before a meet. 5. Carol Converse watches her shot. 6. Tony Hampton shows his shot-putting form to a teammate. 7. Mike Cloke and Randall Clemens are off to a good start.

Small Team Looked Good

San Juan's Girls' Track team was quite small this year. Generally only 12 girls competed in any meet during the season.

Outstanding in the sprints was Simona Settles. She won almost every race she entered in the 100 meters and 200 meters, and she anchored San Juan's 440 Relay and Mile Relay teams.

Carol Converse, Tylene Osgood, Laurie Breece, Shannon Lark, and Linda Boustedt were constant in their hard work and dependability. Their efforts paid off as the Girls' season proved successful.

3

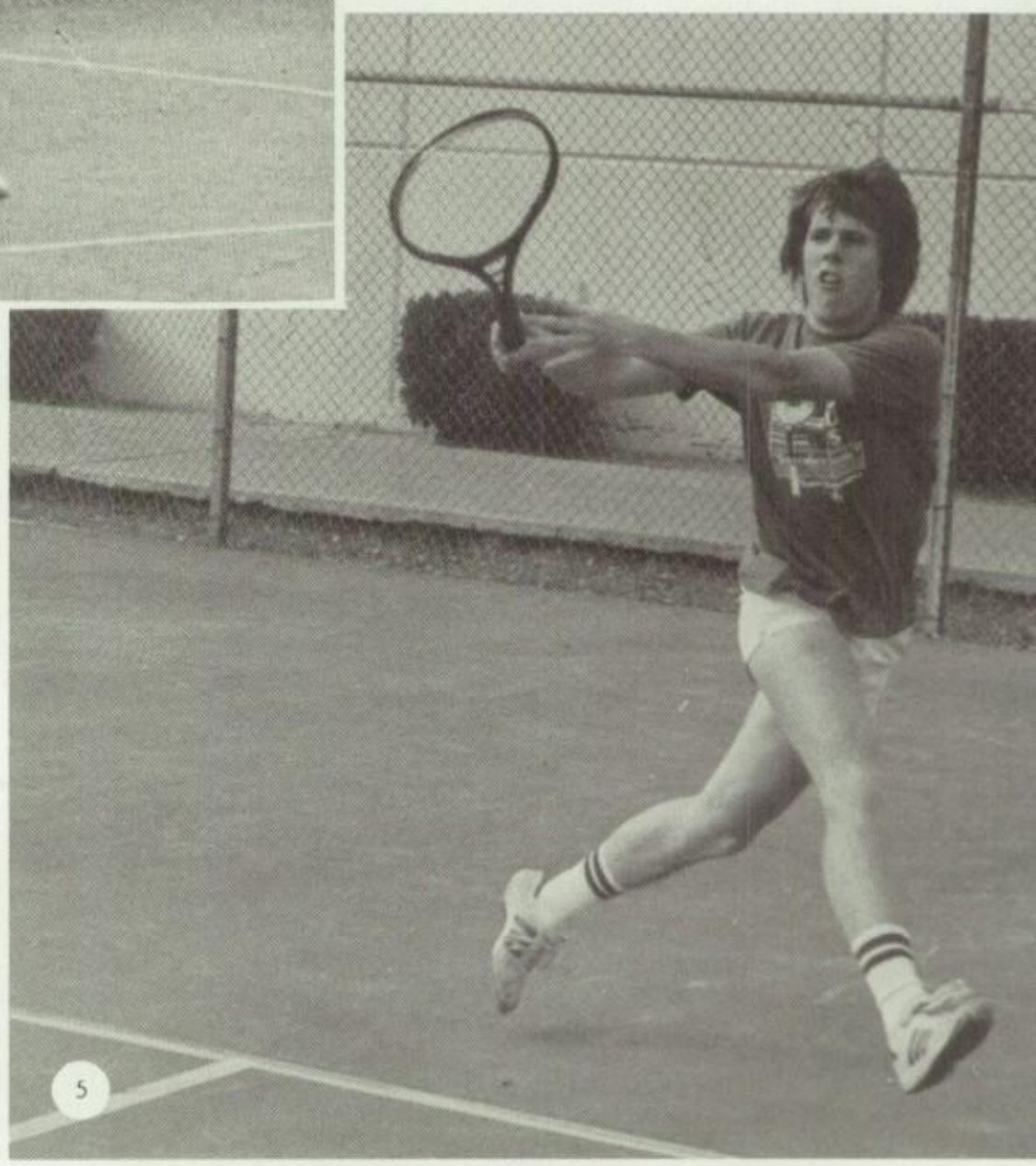
5

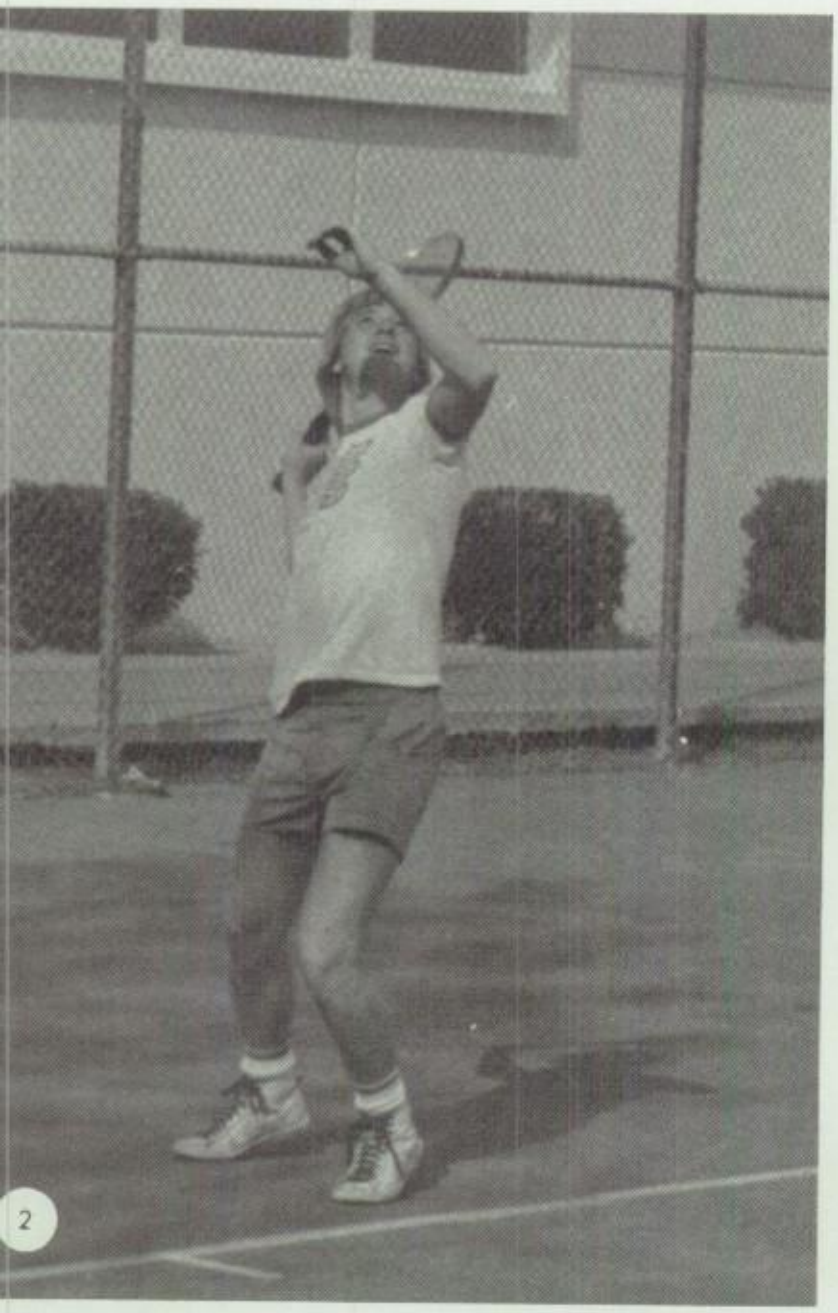
4

Boys Tennis Gave It Their All

The Boys' Tennis team had a great deal o during its 1984 season. Returning player cluded Manuel Del Rio and Brian Laufen Brian was San Juan's #1 player, while fresh Doug Matson was the team's #2 player. Friesen, a transfer from Foothill, was Juan's #3 player, and Mike Hagen, a se was team captain.

C.A.L. tennis is some of the toughest i Sacramento area. San Juan's players face least 20 ranked players during the 1984 sea This experience undoubtedly will help Juan's team which will lose only 2 playe graduation. This and the fact that most of Juan's players are involved in tennis year-r will help make Coach Lee's future seasons promising.



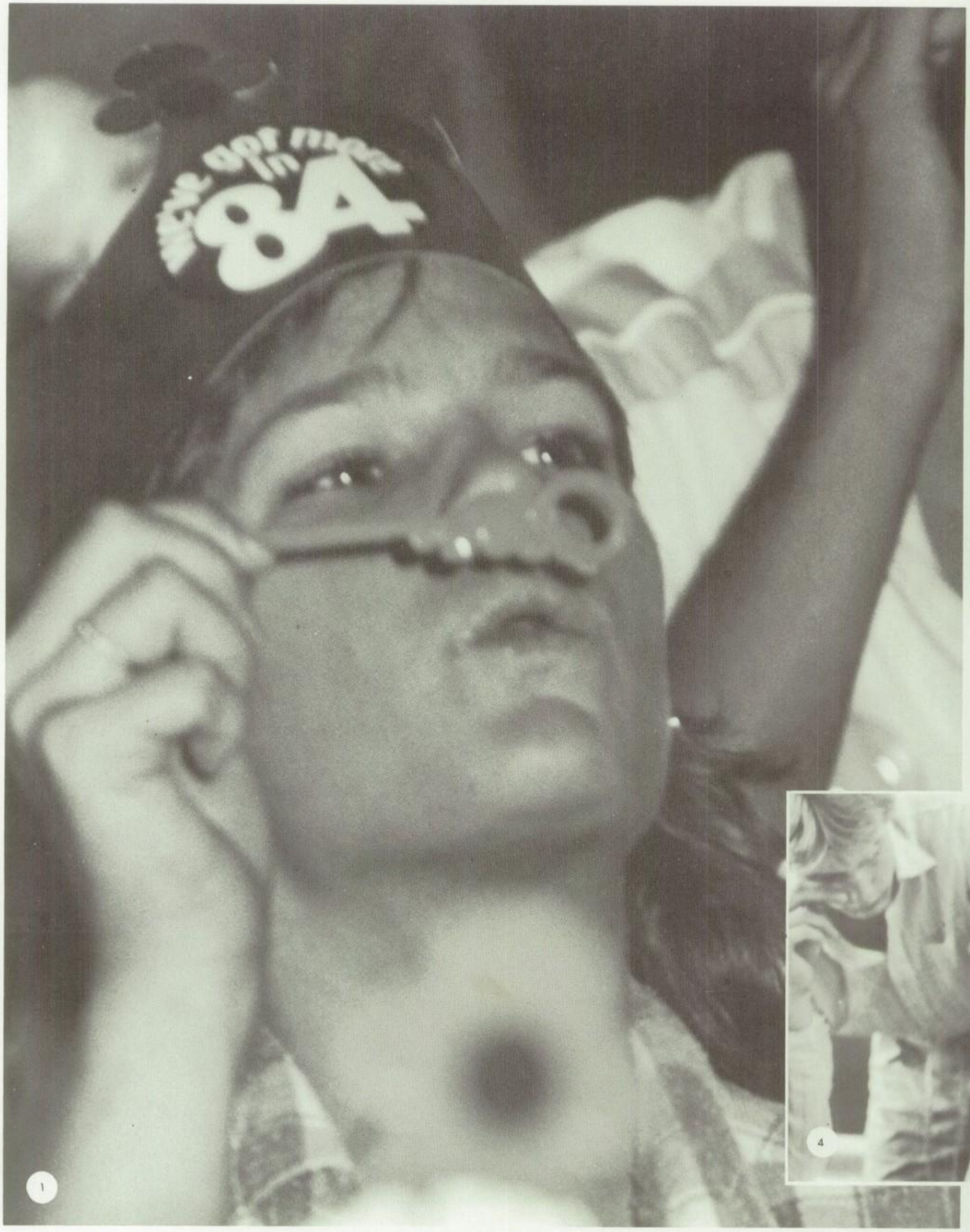


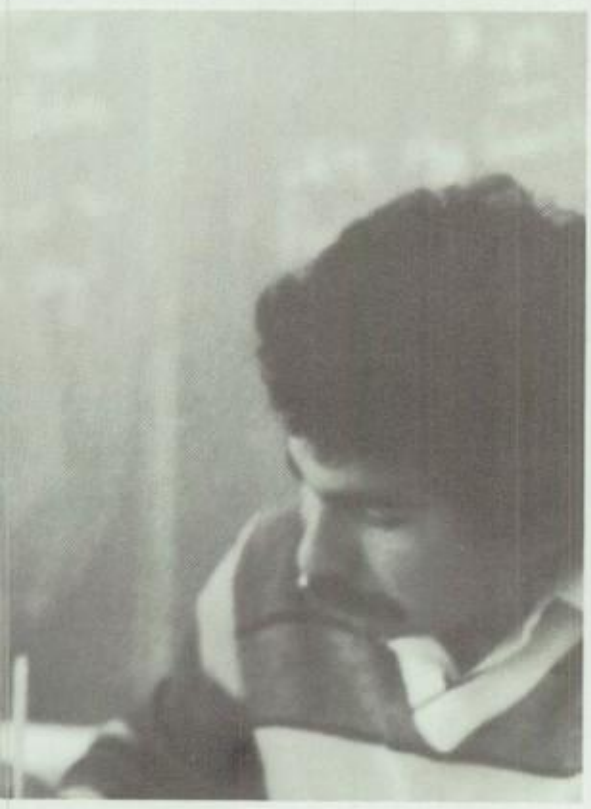
Spartan gets ready to return the ball. 2. Mike
n gets ready to serve. 3. Brian Laufenberg
ns the ball with power. 4. The Boys' Tennis
: Bottom row: Shannon Hall, Alex Lebosq,
Thomas, Brian Laufenberg, Mike Cairns,
h A. Lee. Top row: Keven Mantz, Manuel Del
Doug Matson, Mike Hagen, Ron Friesen, Sonny
se. 5. Brian Laufenberg hurries to return the

Outlook Was Promising

This year was extremely promising for the girls soccer team. They showed much improvement over last year and won their first game 4-0 over Nevada Union. Though playing in the tough C.A.L. league, the girls played hard and the games were close. Coach Terwilliger did an outstanding job in putting the team together, training, and disciplining them. Key players were Kim Hesel, Kim Bledsaw, Kathy Hutchens, and Sara Case, In the future years, the team promises to challenge the best in Sacramento since most of the players this year were freshmen and sophomores.

rls soccer team: Back Row: Kelly Burke, Dawn olds, Lisa Doss, Jennifer Smith, Julie May, ie Forbes, Melissa Raby, Lisa Johnson. Middle Denise Cisneros, Cordula Freund, Carol ashima, Lori Seitzinger, Stephanie Smith, ine Stone, Patti Keller, Monica Gillen. Front Row: Coach Terwilliger, Diane Sorenson, Alexandra Taverna, Kim Helsel, Kim Bledsaw, Suzette King, Tony DeCillis. 2) Kim Bledsaw pushes the ball to Kim Helsel. 3) A Spartan moves the ball to the goal line. 4) Stephanie Smith gains control. 5) Melissa Raby scores a goal.





Classes Reached One Step Higher

One more step has been taken in the quest of each and every individual at San Juan. Another year has passed, raising each class one level higher in their high school education. Freshmen will become Sophomores, Sophomores finally become upperclassmen, and Juniors will delight in the idea of graduating into "The Senior." But for the class of 1984, this year means new adventures and new responsibilities in the "free" world. Although every class was different in its own way, the students were united by their pride in San Juan. A casual observer would think that they were just like previous classes, but upon closer examination he would have found that each one was an individual, able to contribute to society and, with his own ideas, create a better world.

1. Lawrence Welk, eat your heart out! The class of '84 is here to stay!! 2. Kim Breakey watches an exciting game. 3. Sophomores give it their all in a rally. 4. Mr. Reyes is always willing to help a student.

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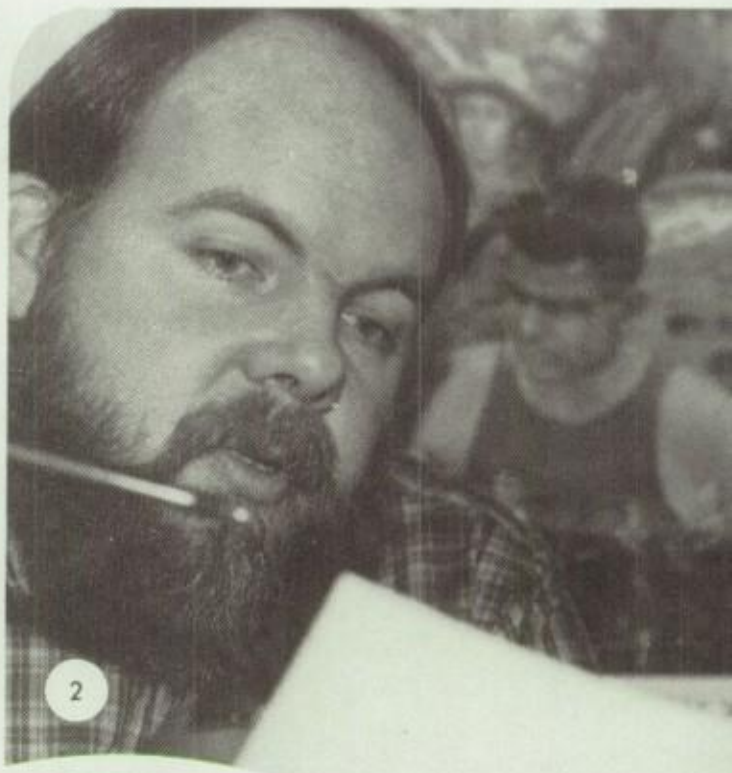
1



2

4

1. Matt Hultman and Jill Patton are proud to be SENIORS!! 2. Mr. Terwilliger helps Kyla Rauh on an essay assignment. 3. Lori Seale crowns Kim Lymath 1983-84 HOMECOMING QUEEN. 4. Senior royalty nominee Val Gangi is happy at Homecoming 1983-84.

ORS
The
!!

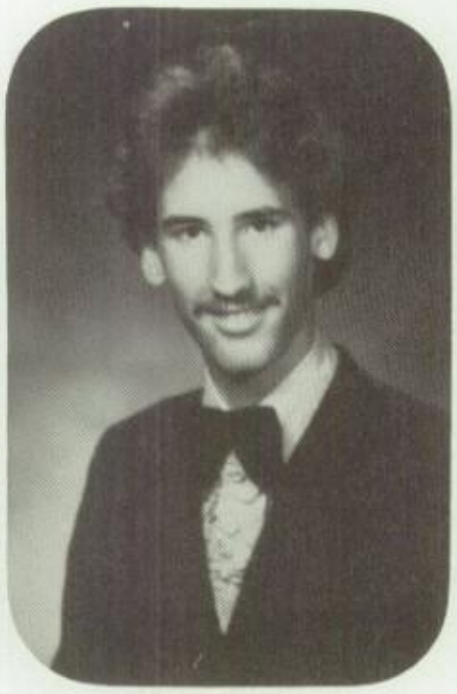
The Class of 1984 was admired by all. It was best put by the Junior Class President who announced throughout the school over the intercom, "I can only hope that the Junior class will be half as great as this year's Seniors."

Senior dominance was evident throughout the year, especially during homecoming week. For the fourth year straight the Senior women victoriously prevailed over all competitors in the annual tug-a-war. Unlike past Senior classes, this year's seniors demonstrated their supremacy by winning all activities except one due to technical difficulties. Two of their most impressive victories, other than tug-a-war, were the hall decorating and Homecoming rally. Although in the beginning of the year the Seniors were not financially "Above the Rest," they had a strong finish. Numerous fundraisers helped the class of '84 go on field trips, like Grad Night and a Senior trip to Hawaii. Such fundraisers included candy sales, and the sponsoring of the Christmas dance.

Not only did the Seniors look forward to graduation at the end of the year, but there were many more activities. Some of the planned events included Senior Breakfast, Cut Day, Senior Ball, Senior Picnic, Grad Night, and the trip to Hawaii, which was after graduation.

"Hail, Mighty Seniors!"

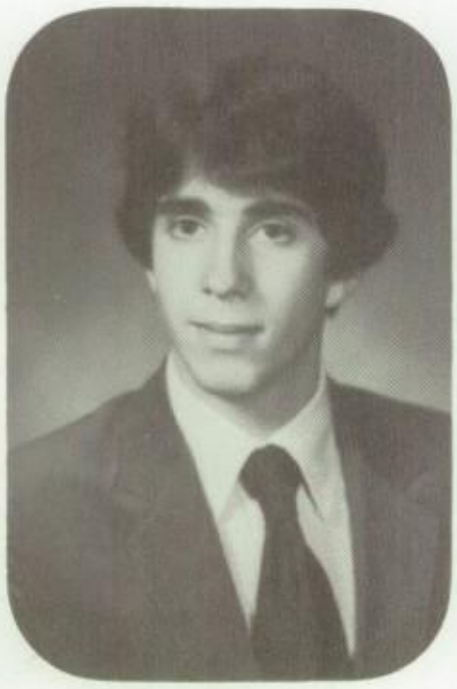
Henri Abi-Yaghi



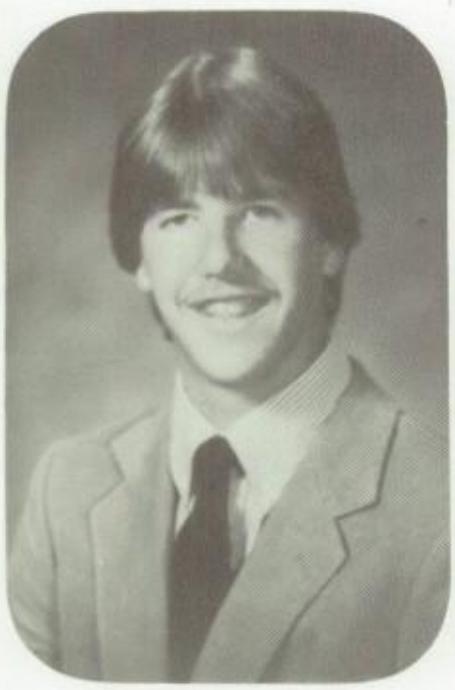
Brian Abrahams

Teresa Adkins

Marti Anderson

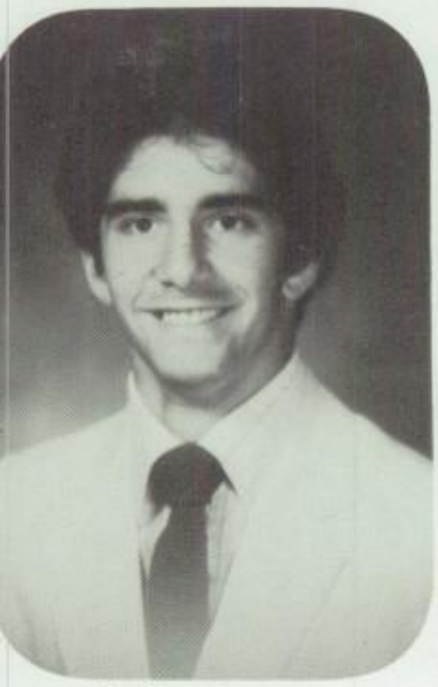


Robert Angeloni



Christopher Arthur

Bob Maher gets squirrely.



Andrew Asmus

Lyane Balcar

Rebecca Banta

Dean Barbera

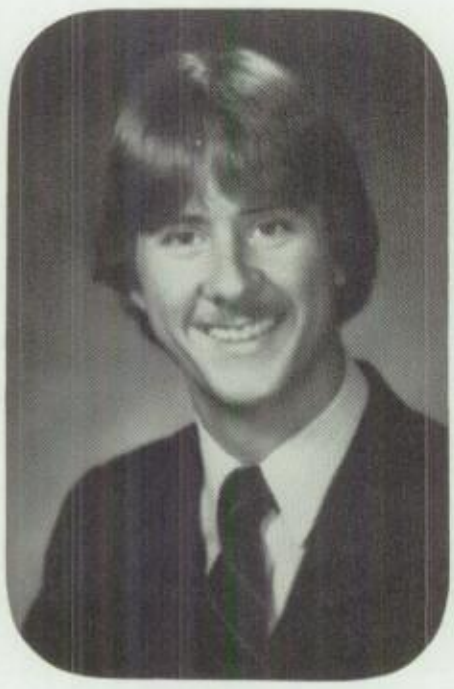
Kristen Barth

William Bates

Marie Beland

Jodi Bell

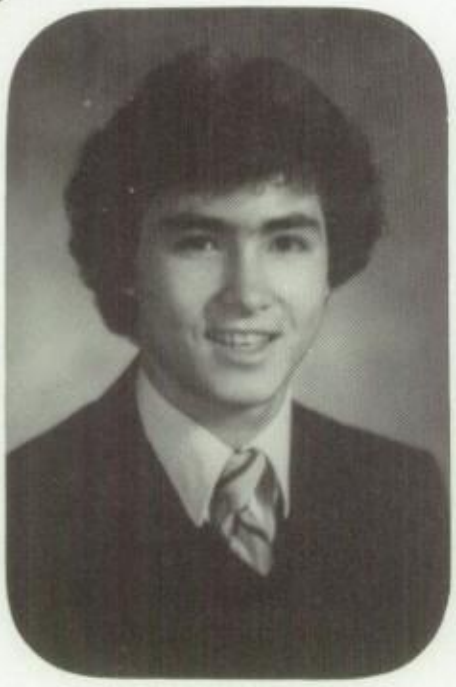
Mary Bernard



Shane Blankenship

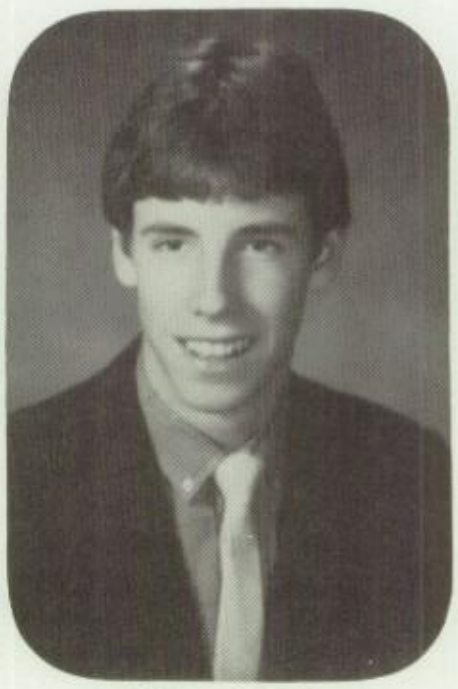
Sean Blattman

Susan Bolander



David Boliard

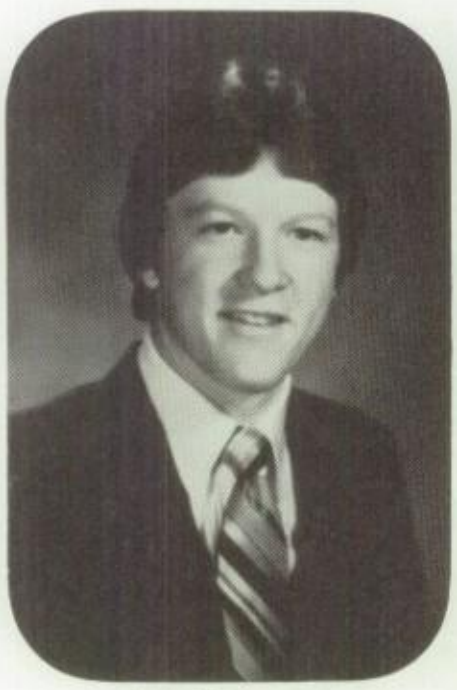
Donna Boling



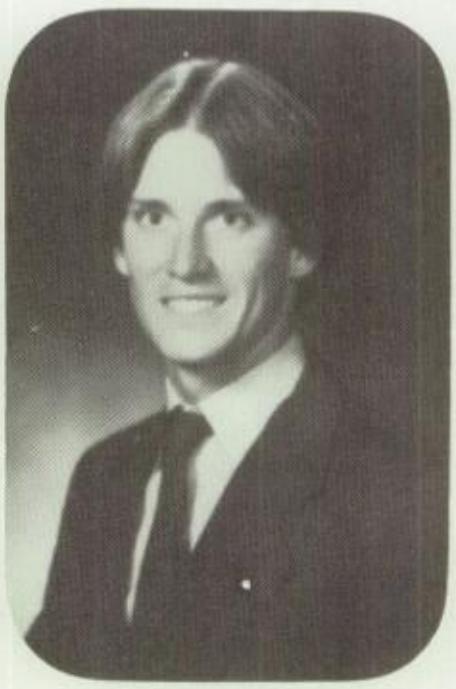
Michael Bock

Cammie Borsh

Janie Bouschbacher



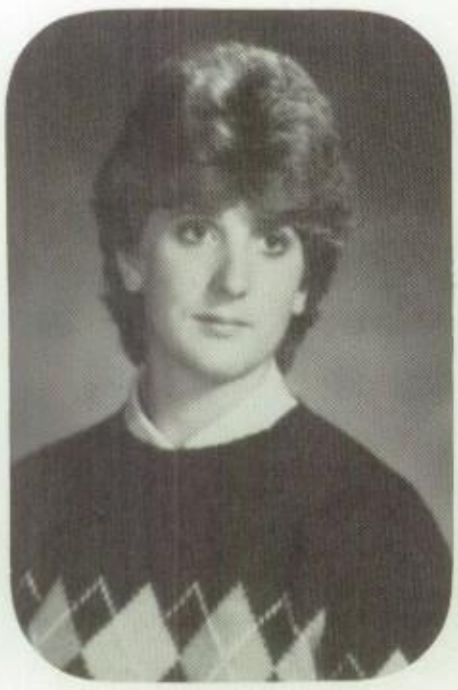
Dale Bowman



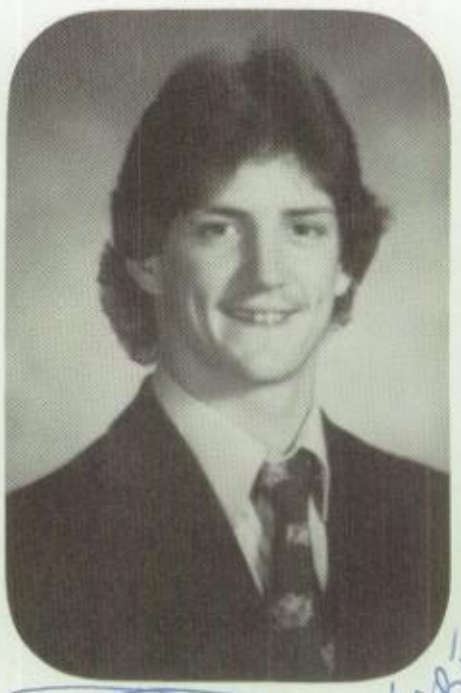
Brian Brandon

Kimberly Breakey

Dawn Broff



Jennifer Brown

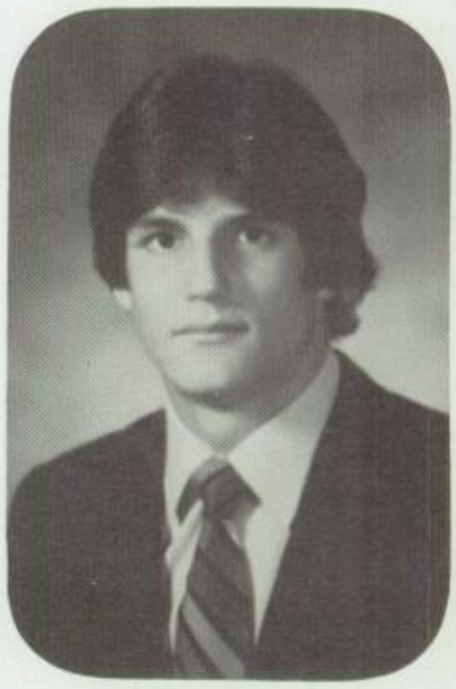


Paul Budd

David Bunce

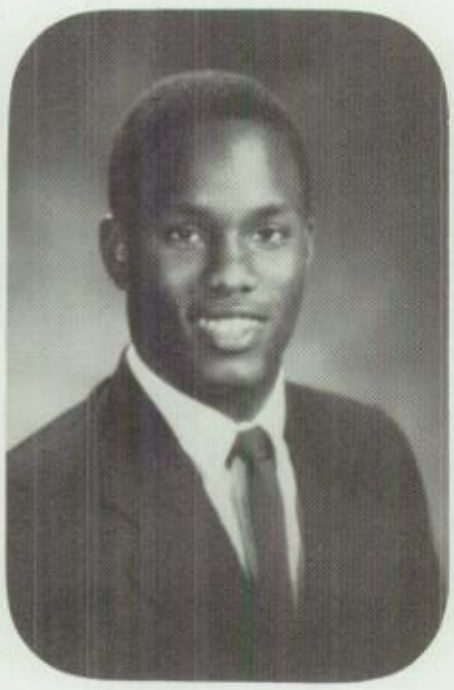
Jenny and Paula conduct a French club meeting.

Leslie Burdett



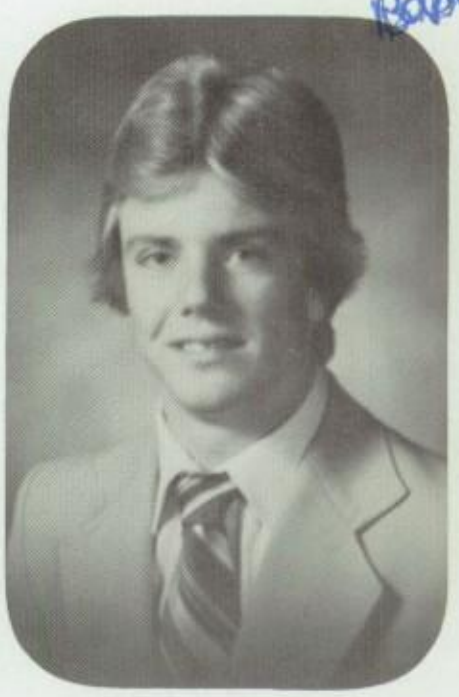
Edward Burhans

Tina Cain



Keith Caldwell

Letha Caldwell



Ralph Camp

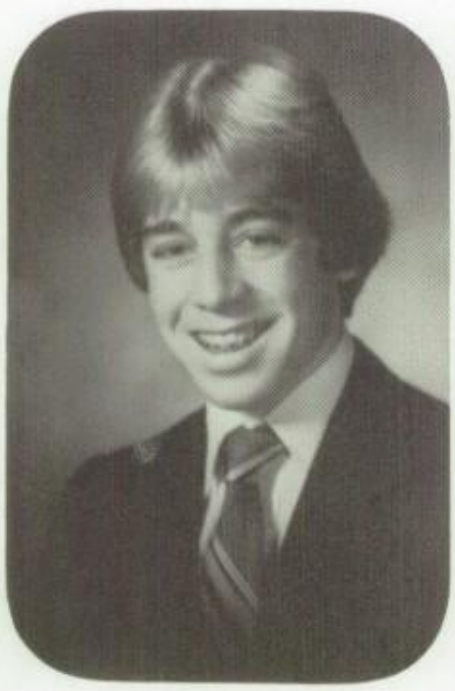
Loni Carino

Renee Celaya

Christine Childers

Tina Christianson

Toni Contreraz



Corey Cooper

Marcia Ford in Mrs. Gregoire's office, again?!

Laurie Counts

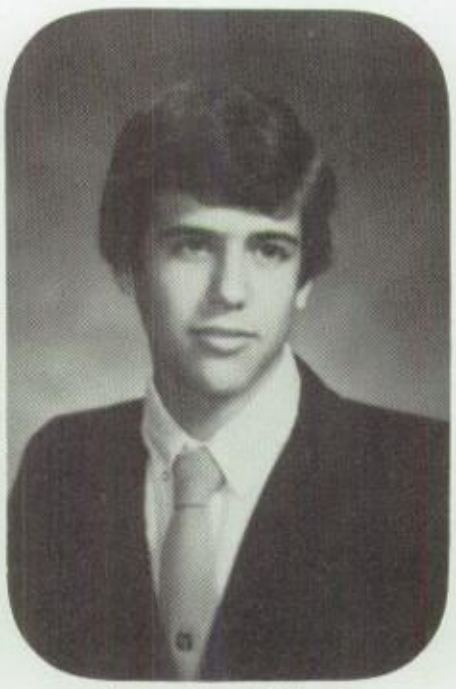
Alice Crandall

Donna Crapio

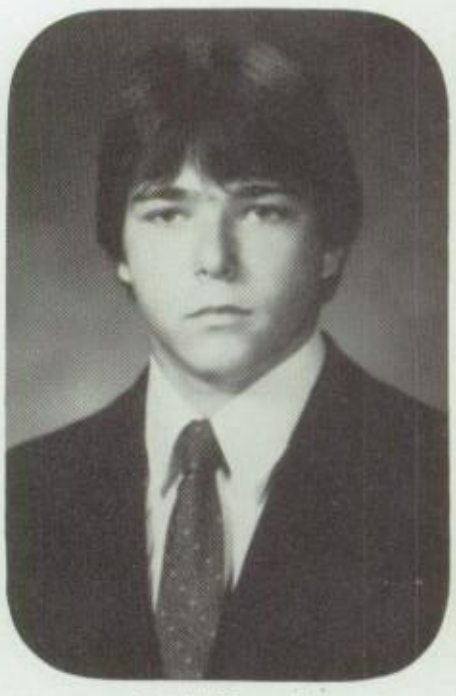
Karen Cunningham

Keilani Curtright

Marc Dawson



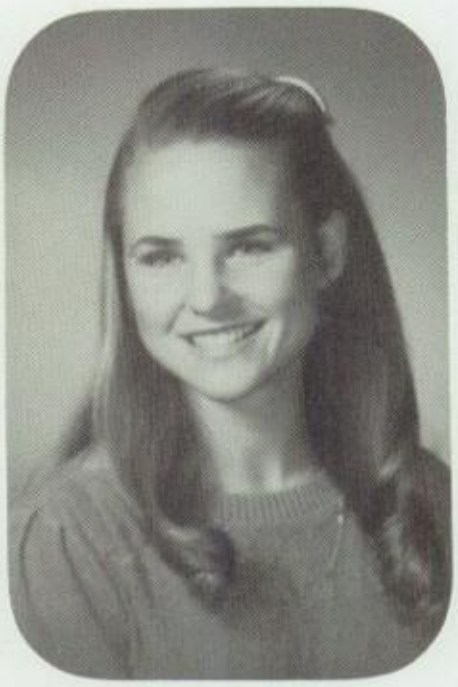
Michael De Philippis



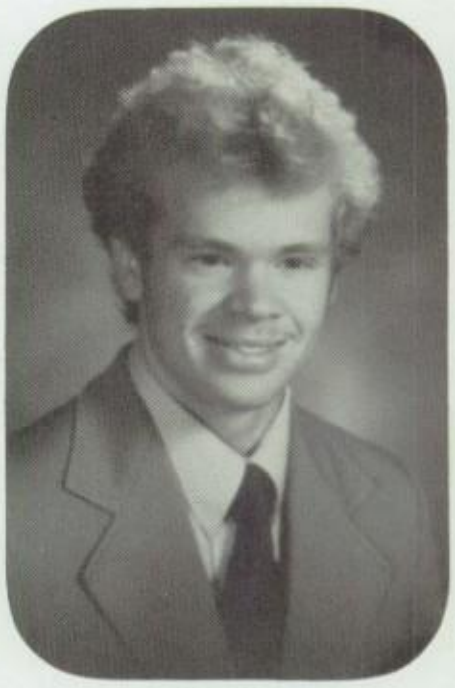
David Decelle

Nels Demma

Diana Denning



Nancy Denny

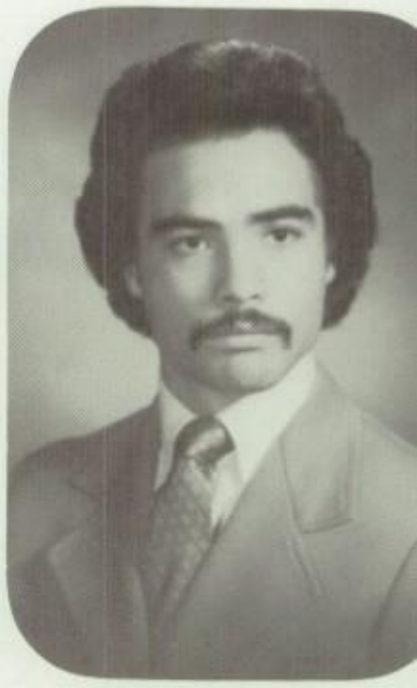


David Dickson

Lisa Doss

Samantha Dosser

Elizabeth Douglass



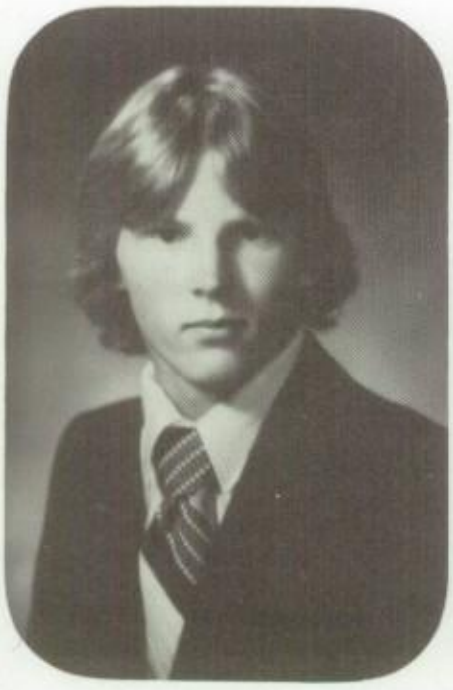
Clyde Dowse

John Dykes

Dawnel Egan

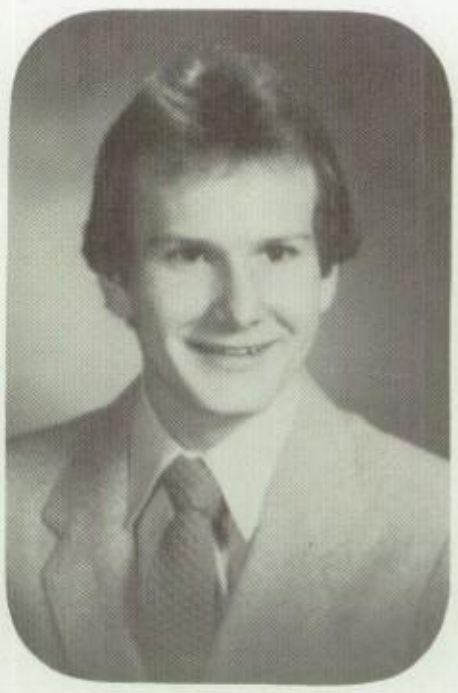
Catherine Egly

Karsten Eilers



Keith Ellis

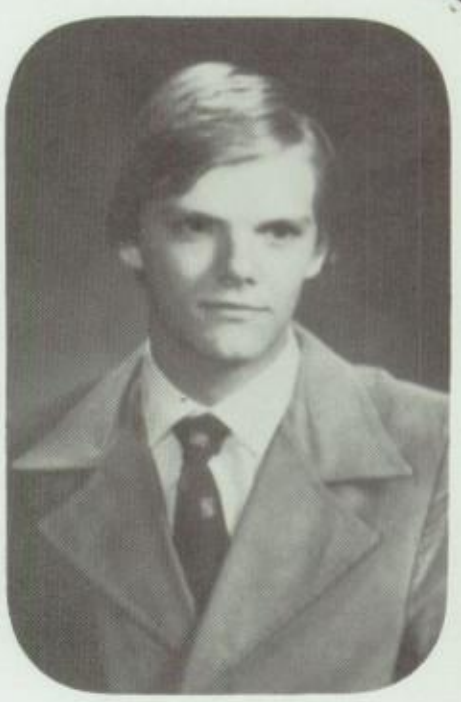
Robin Emley



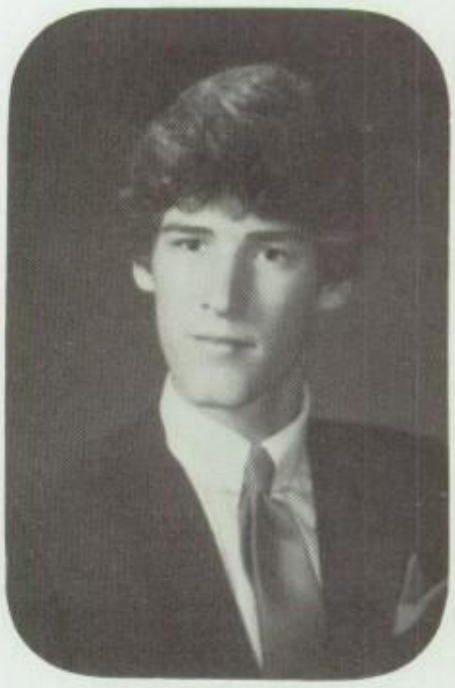
Karl Engelbach

Michael Fiffick

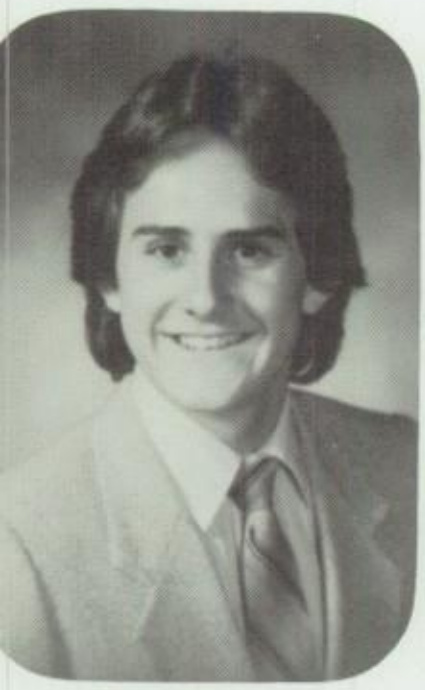
Andrea and Susan reach out and touch someone.



Steven Fiffick



Darek Figueroa



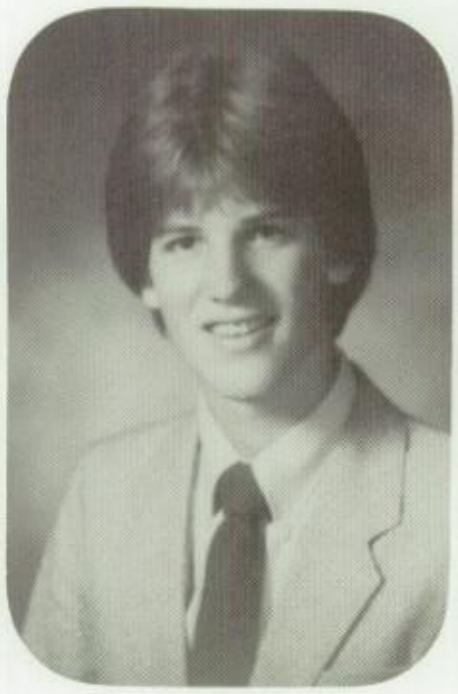
Tyson Fiterre

Gerard Fitzgerald

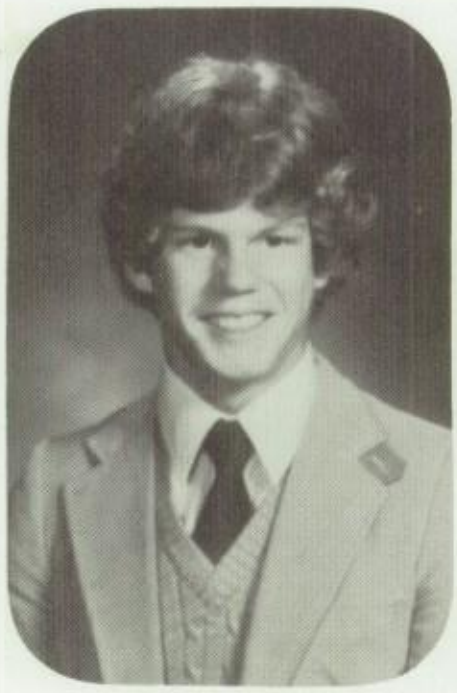
Kelly Fitzpatrick

Christopher Fleury

Marcia Ford

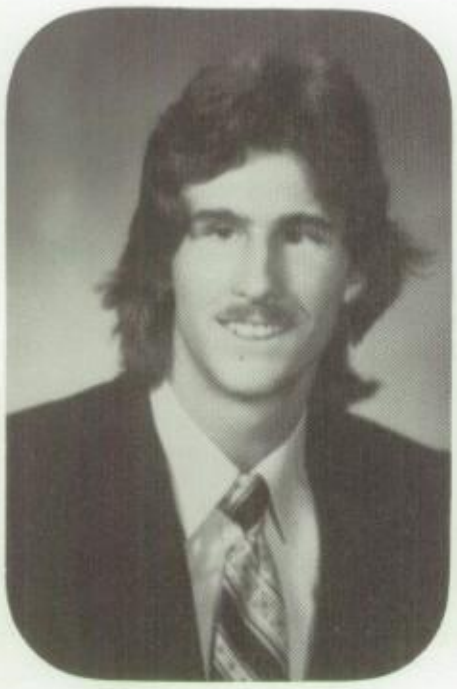


Steven Ford



Randy Foster

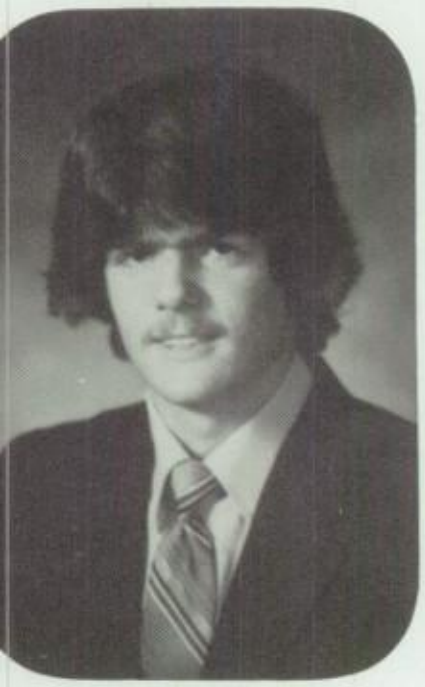
Matthew Fredericks



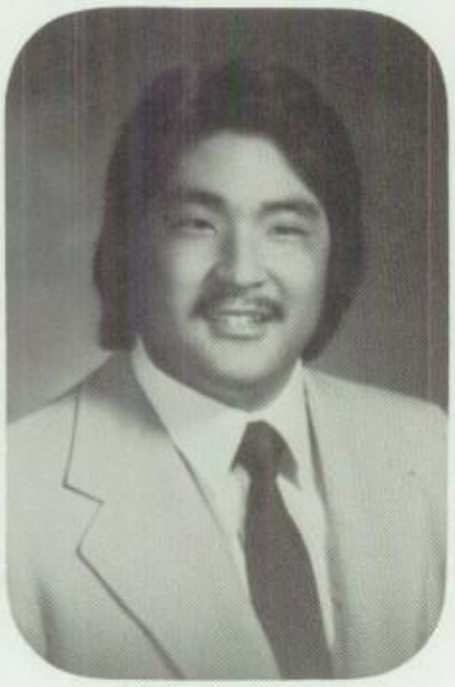
William Fredrickson

Cordula Freund

San Juan Songleaders make their modeling debut.

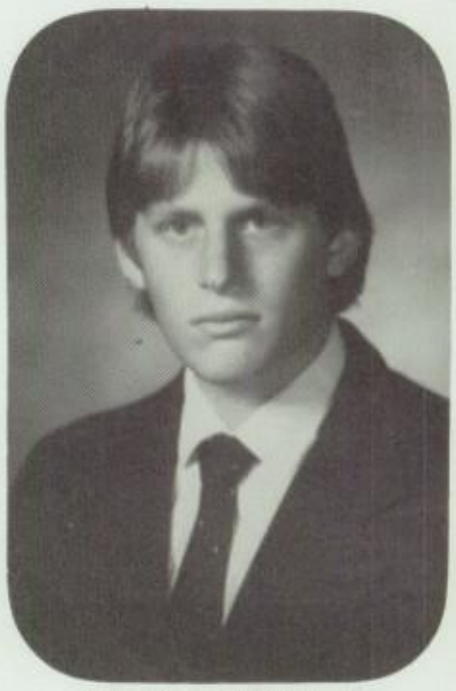


Ron Friesen



Kevin Fujimoto

Carolyn Fuke



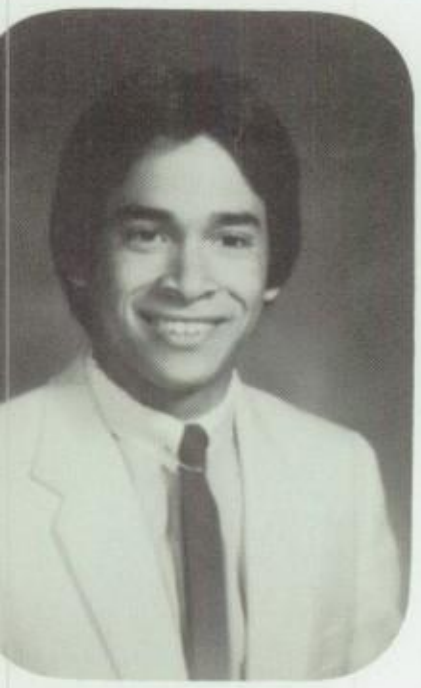
Stephen Fullenwider

Erin Gall

Valerie Gangi

Karen Gilpin

Caroline Glensor

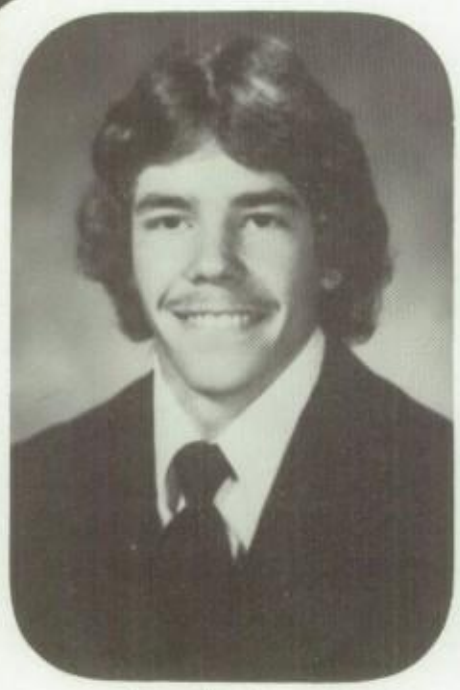


Martin Gonzales

Maria Gopez

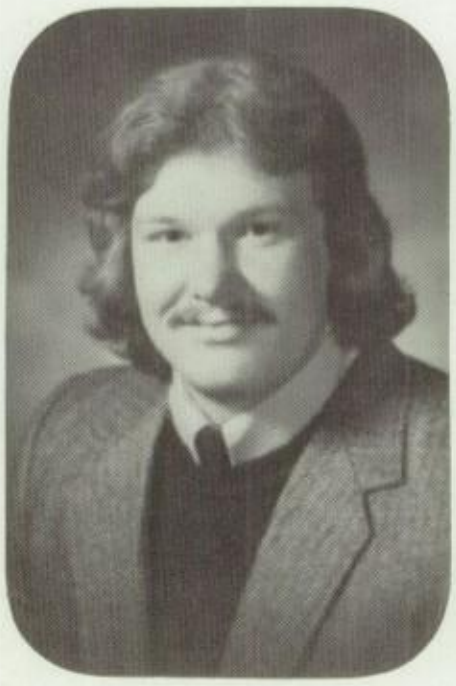
Crystal Granger

Michael Greely



Douglas Grey

Dina Grijalva

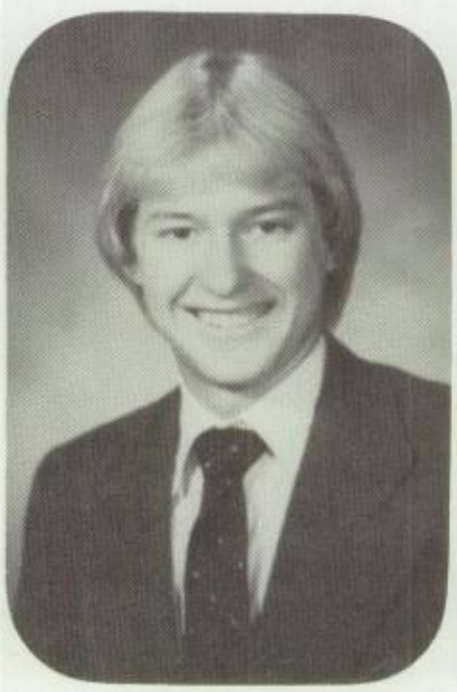


Dan Groves

Brian Guensler

Tammie Gunderson

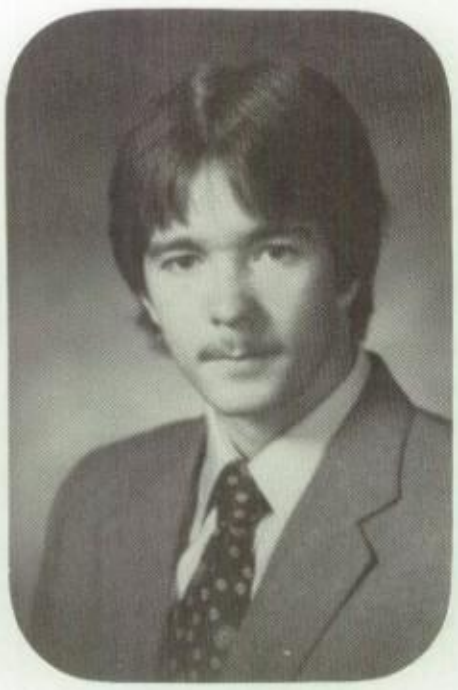
Cynthia Haga



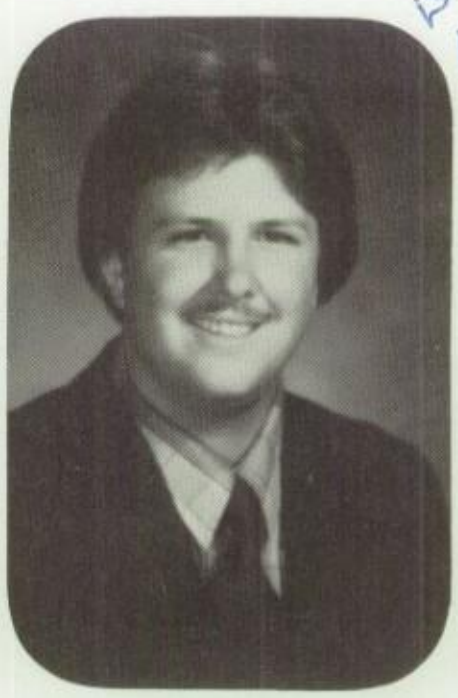
Michael Hagen

Lee Ann Hainline

Allen Hall



Joseph Hall



David Harris

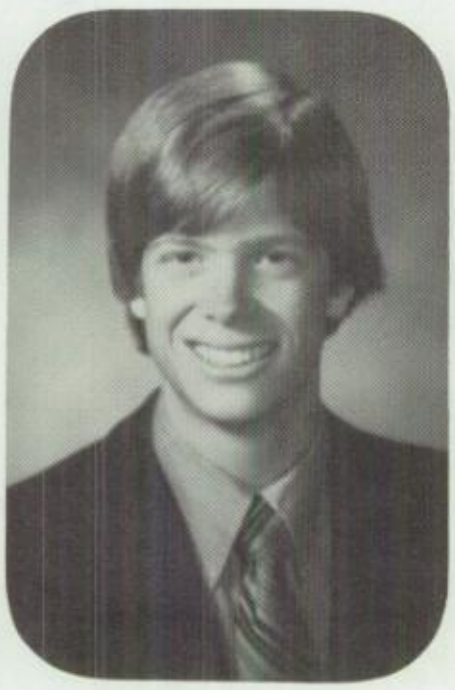
Mary Hart

Jodi Bell discusses her grades with Mr. Crowl

Lori Hartshorn

Deborah Harvill

Bryan Haven

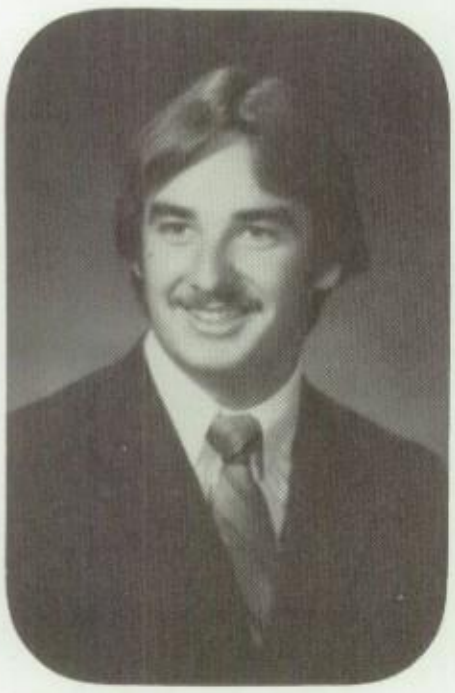


David Hazelwood

Dennis Heer

Jill Heiman

Kimberly Heisel



Michael Hemphill

Leah Hendricks

Deborah Hicks

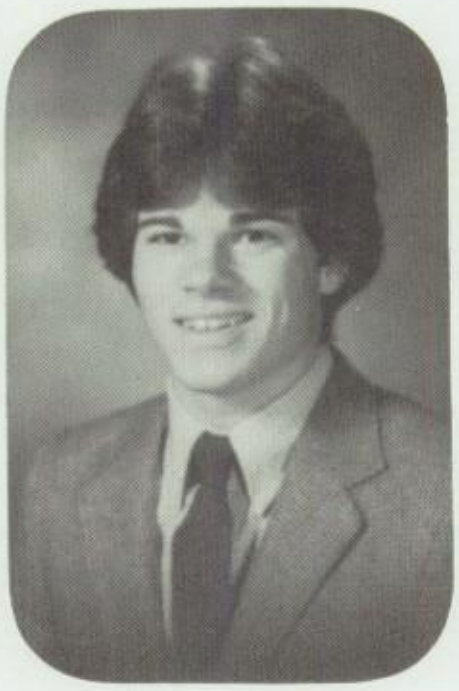
Carina Hill

Dan Hood

Lisa Doss and Linda Morarity spend another exciting lunch on campus.

Daniel Houk

Deanne Huit

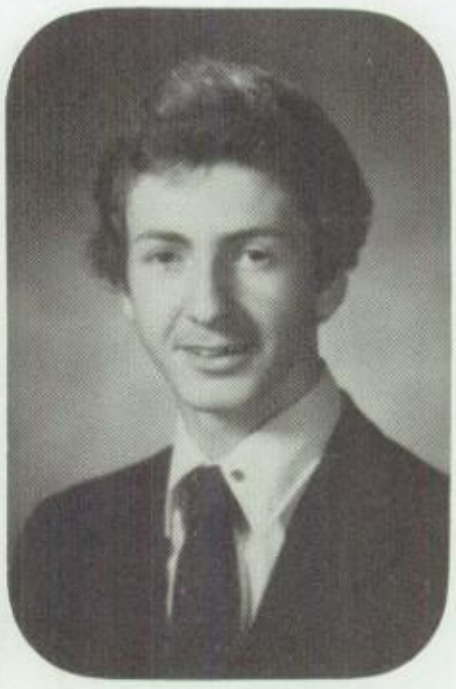


Matthew Hultman

Christine Hypnarowski

Eric James

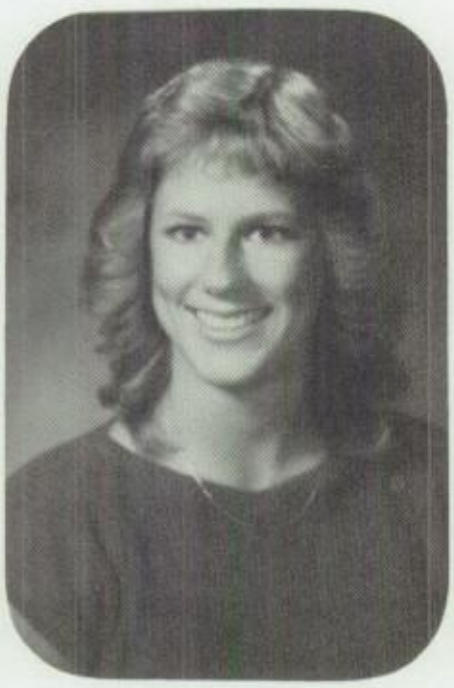
Krista Jensen



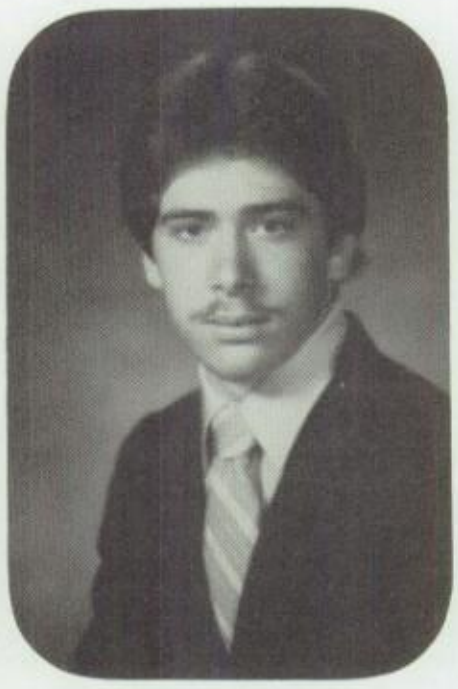
Lawrence Jensen

Tracy Jensen

Janelle Jetté



Laurie Justycky

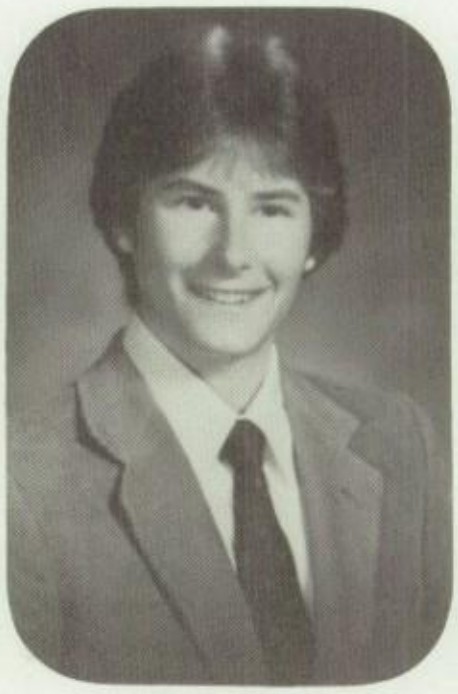


John Kampfraat

Russell Kashow

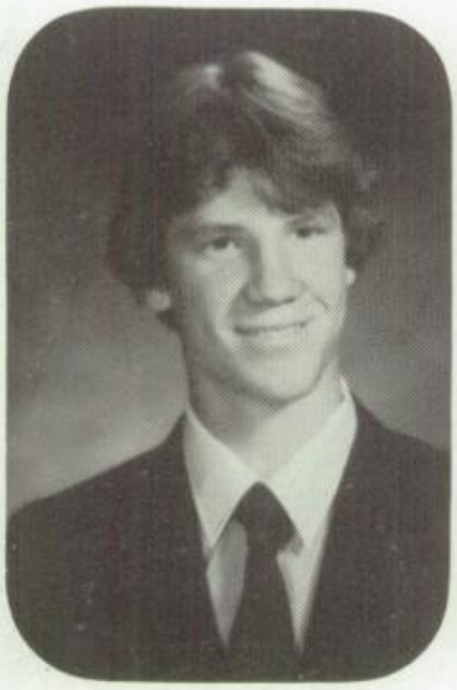
Carol Kawashima

Leslie Keener



James Kellogg

Hamid Khorram



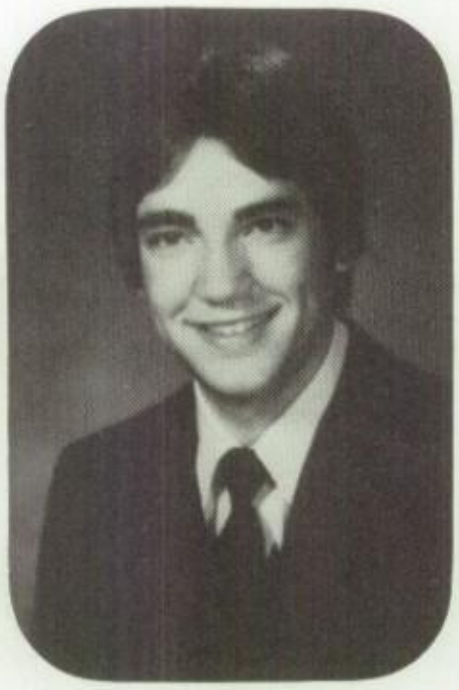
Stephen Kirchmeyer

Wendy Kniesel

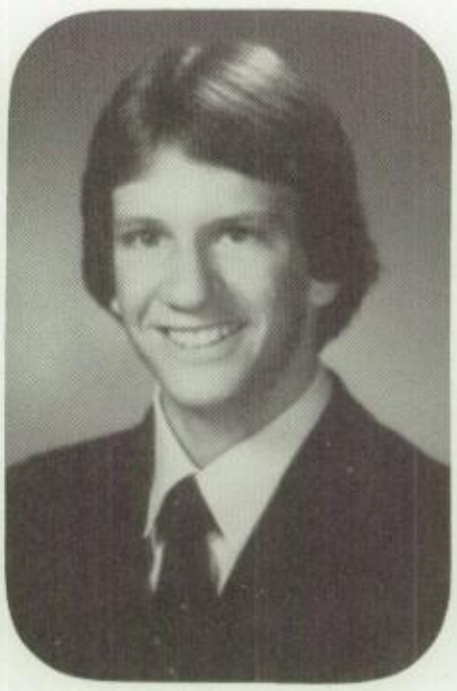
Kristina Knight

Larry Koepke

Byron Kong



Brian Kurtz

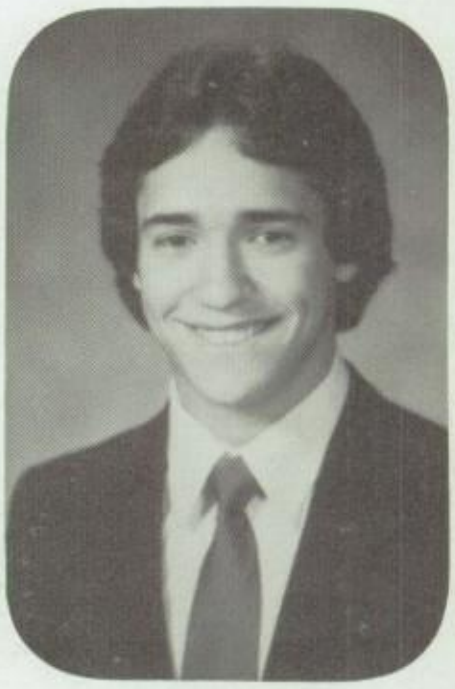


Jason La Cosse

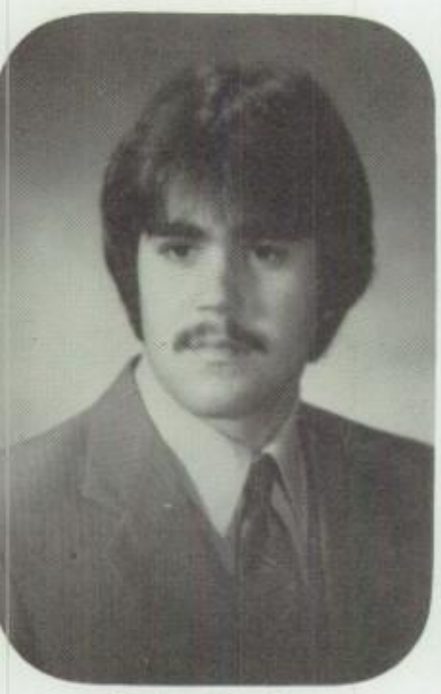
Deborah Laidler

Erik Nemeck, Sandy Sharp and Matt Rhodes gather in the library.

Shona Latimer



James Lepper



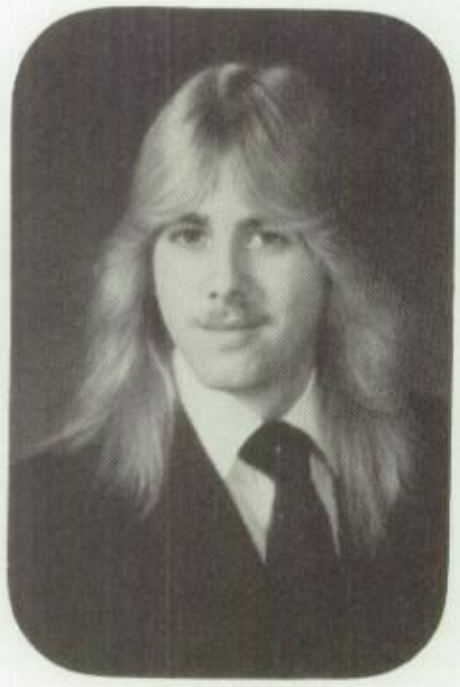
Robert Lewin

Ramsey Lewis

Jin Lim

Judy Linstroth

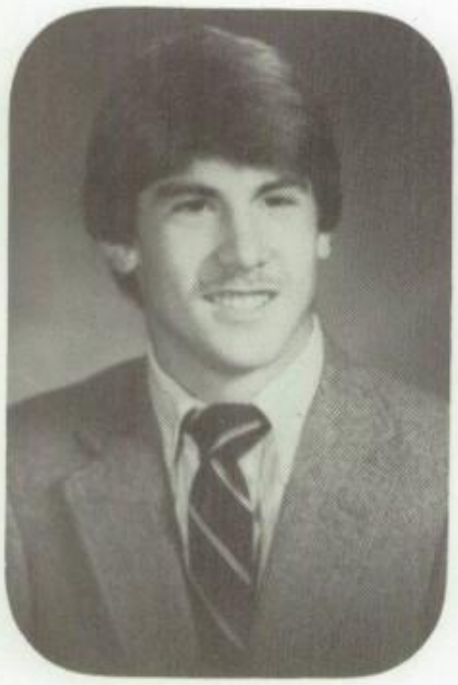
Vicki Little



Kevin Long

Barbara Lukka

Kimberly Lymath



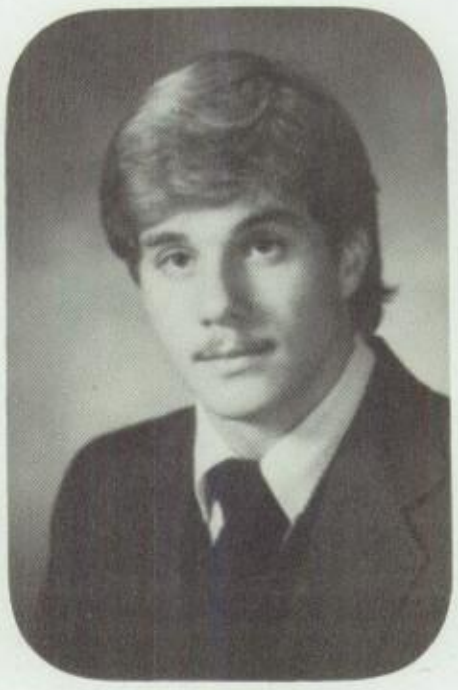
Robert Maher

Ronaldo Majano

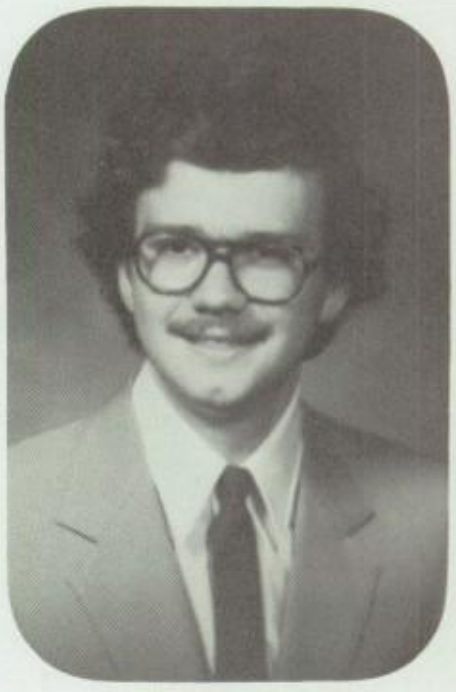
Leslie Keener, D.D.S., performs oral surgery.

Erica Man

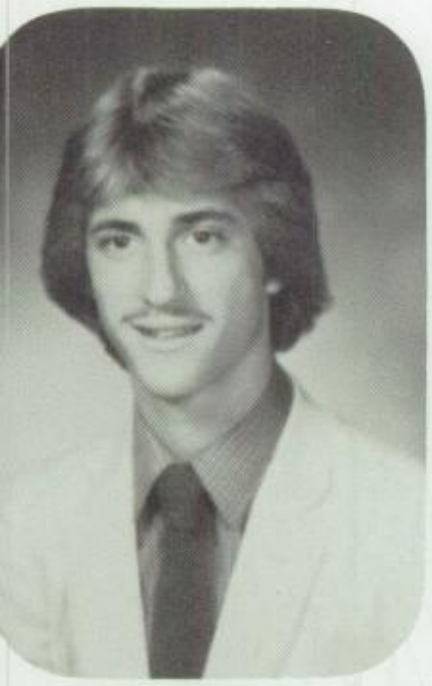
Christine Manchester



Kevin Mantz

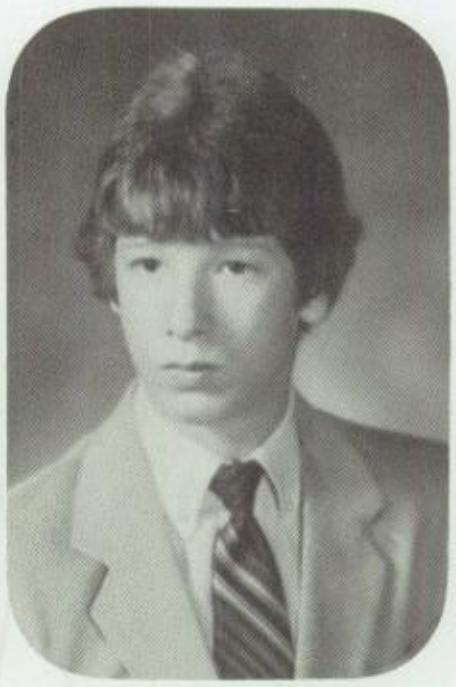


Bart Marchand



Jeff Matracia

Pamela Mayfield

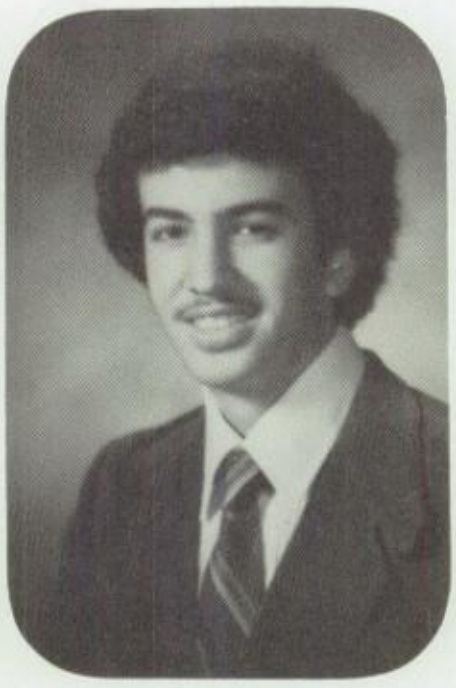


Bart McBroom

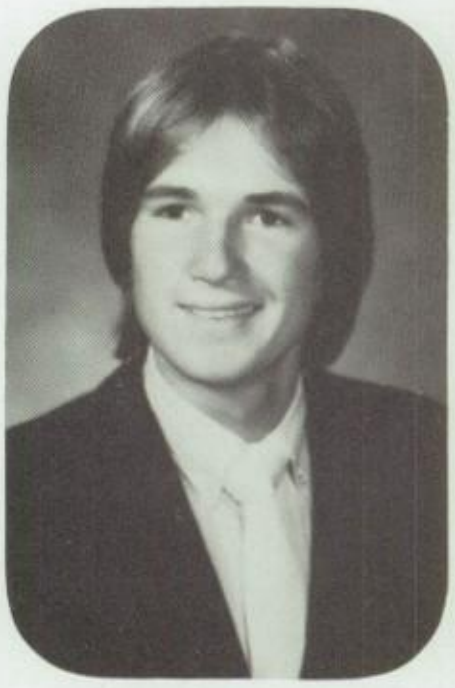
Lisa McCurry

John McDonnell

Jodi McFadden



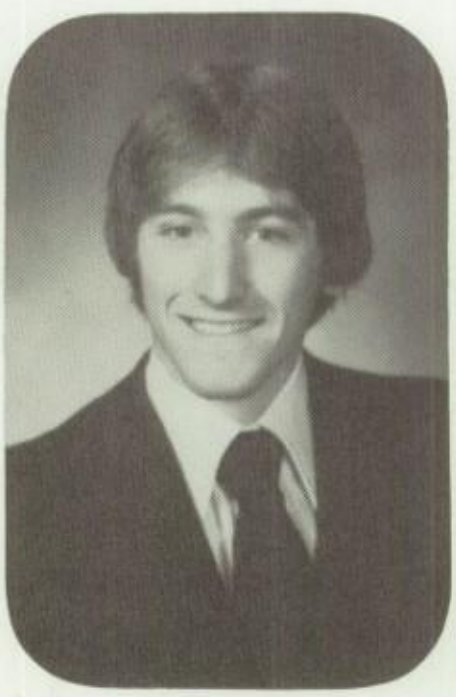
Lonnie McGee



Gordon McKee

Daniel Meeds

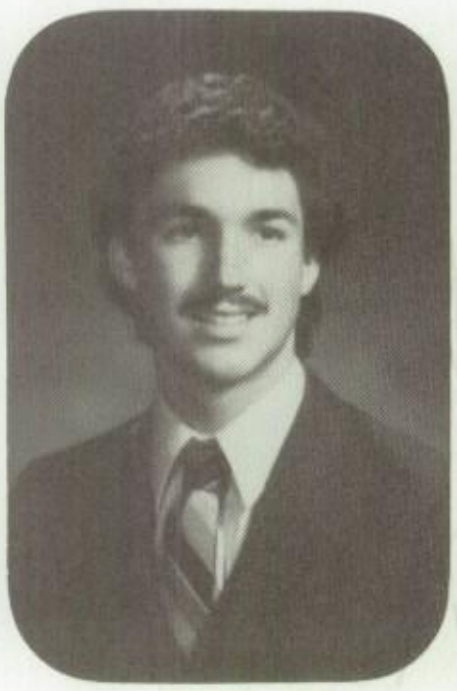
Tracy Meyer



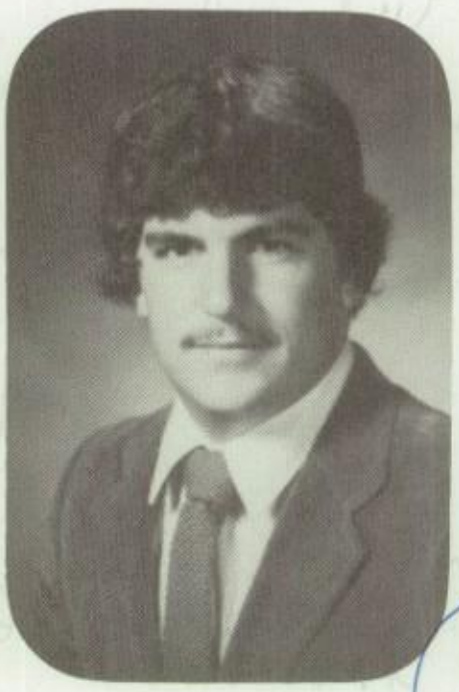
Steven Meylor

Melinda Michaely

David Miller



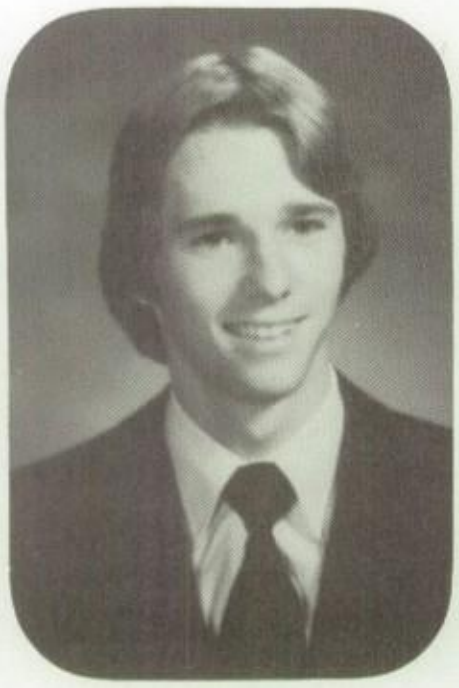
Kenneth Miller



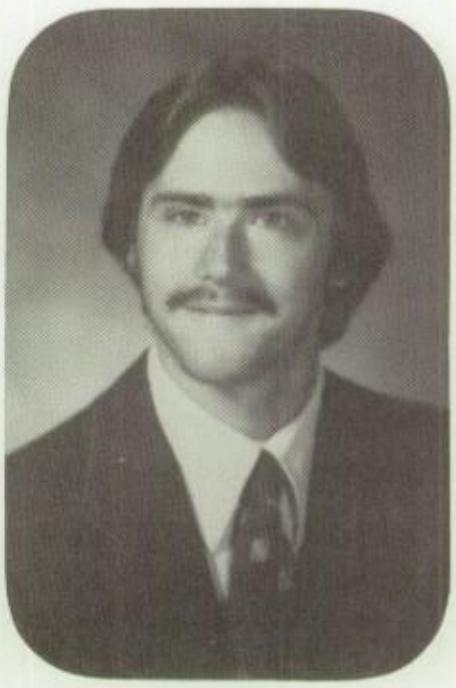
Paul Mintmier

Kelly Monteiro

Henry Mooney



David Moore



Michael Moore

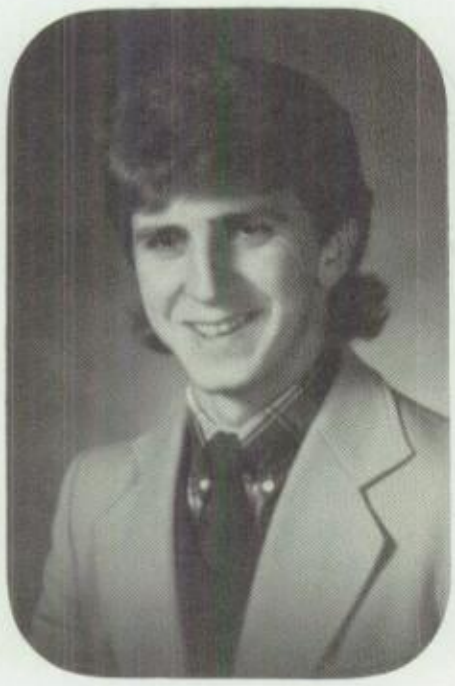
Gina Mora

Most likely to succeed: Geoff Shaw, Jenny Brown

Linda Morarity

Lori Mueller

Joanna Murray



John Nagy

Monica Nelson

Susan Nelson

Danielle Neugebauer

Laura Newman

Jolane Nickell

Gayle Odom

Tylene Osgood

Sheri Patterson

Class flirts: Chris Thomas, Kelly Monteiro

Alicia Patton

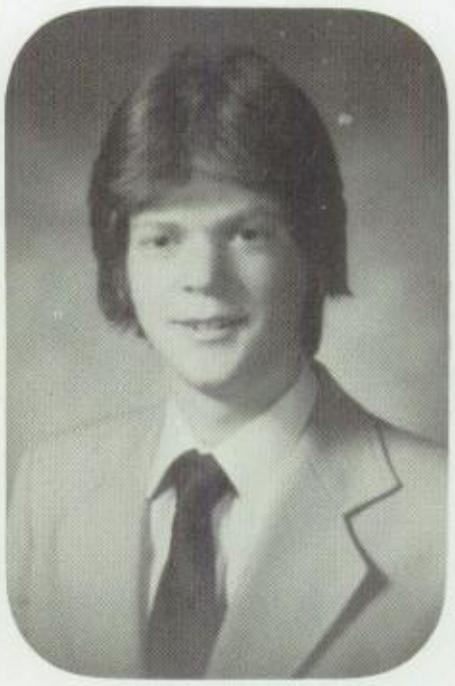
Tammy Pellish

Theresa Peri

Michael Perry

Michael Petty

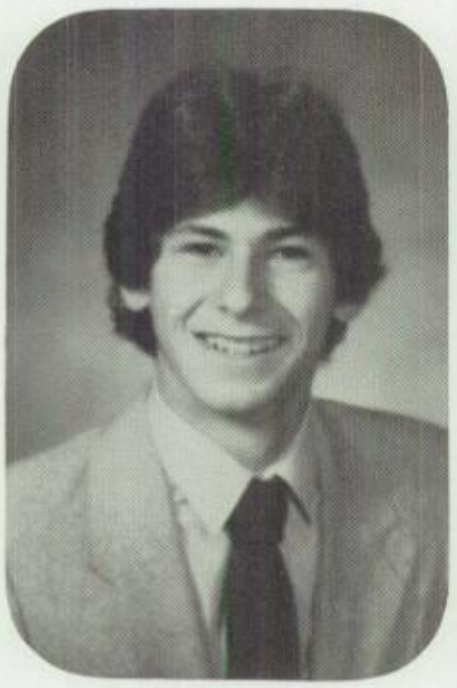
Timothy Phillips



Steven Pierce

Teresa Porter

Kelly Prentice



Charles Prenzi, Jr.

Tracey Puffer

Kimberly Purdy

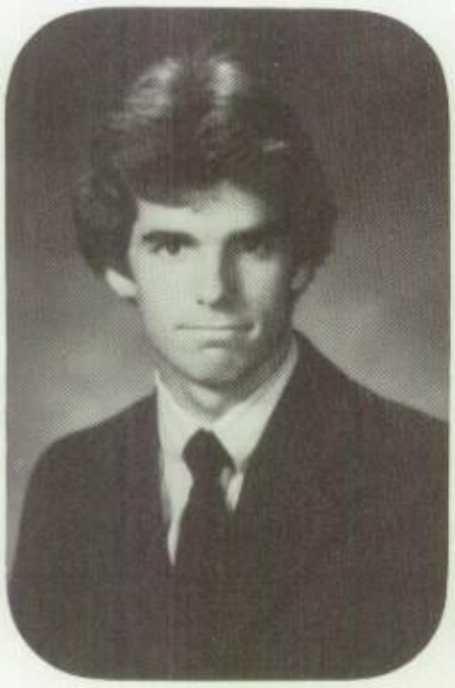
David Raby

Kyla Rauh

Kimberly Reed

Travis Reed

Melinda Regjo

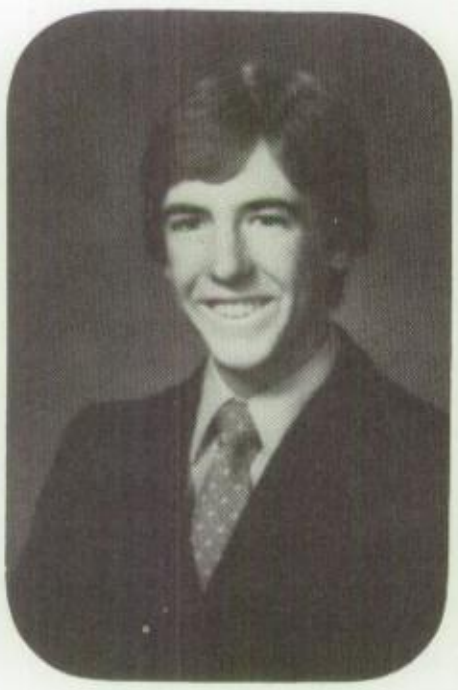


Matthew Rhodes

Candace Richman

James Rickards

Sheryl Rickey



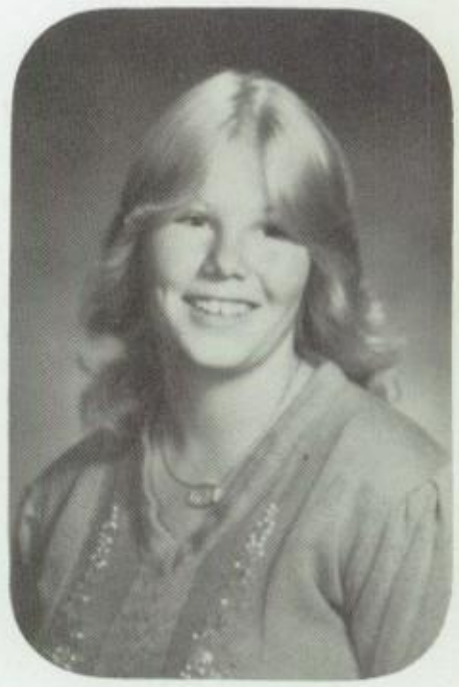
Mark Riehle

Cynthia Rife

Roberta Riotti

Most Athletic: Keith Caldwell, Alice Crandall

Jason Rippetoe



Cheryl Roberts

Stephanie Robinett

Diane Robinson

Andrea Rodriguez

Elizabeth Rone

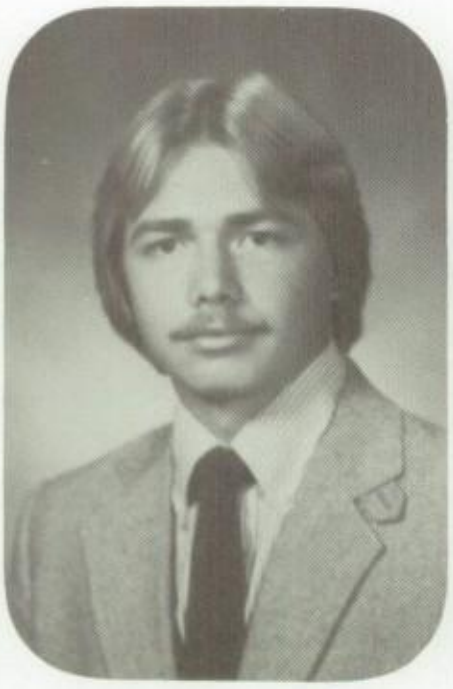
Richard Rouse

Shelly Russell

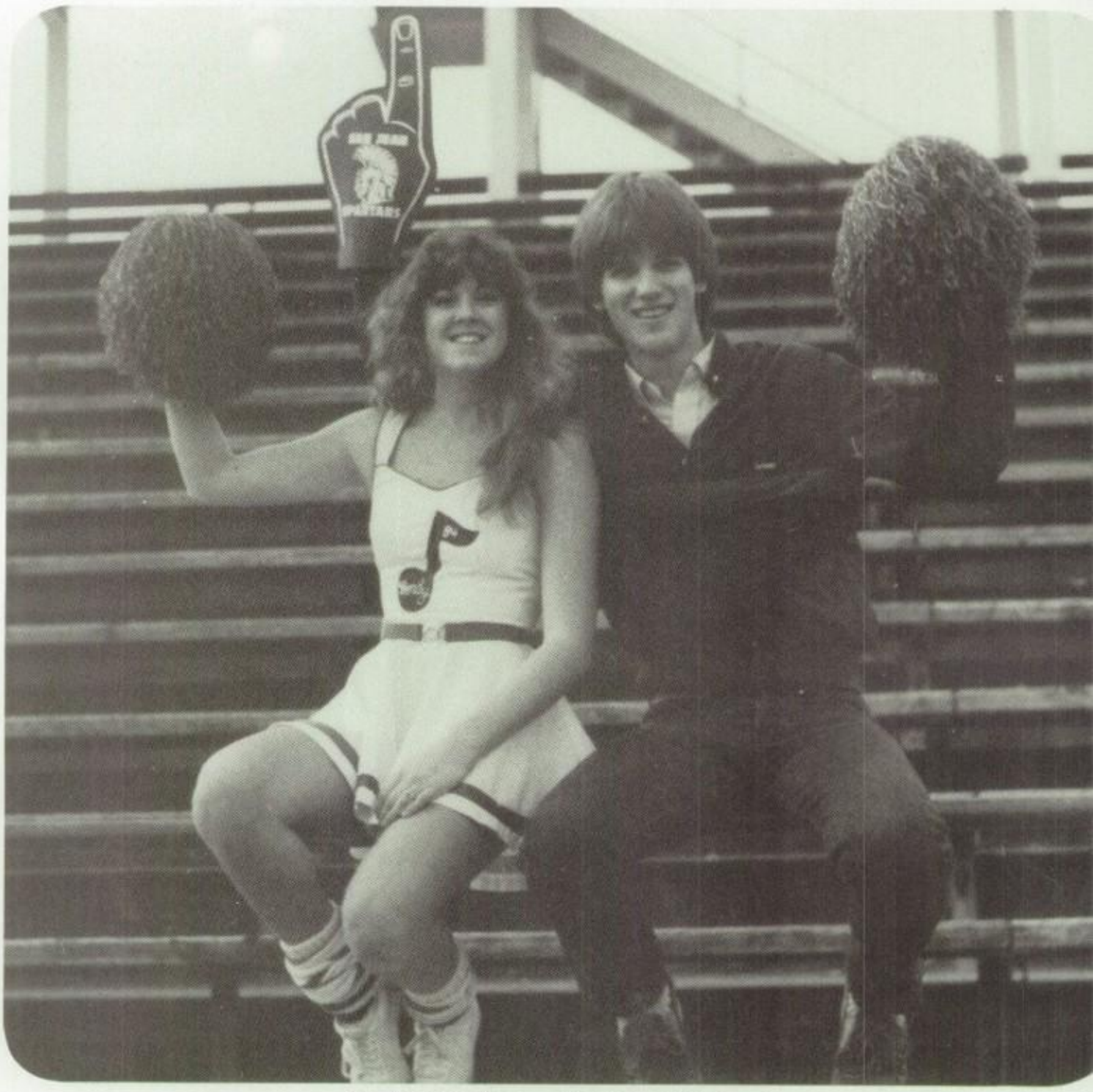
Julie Saathoff

Mark Salerno

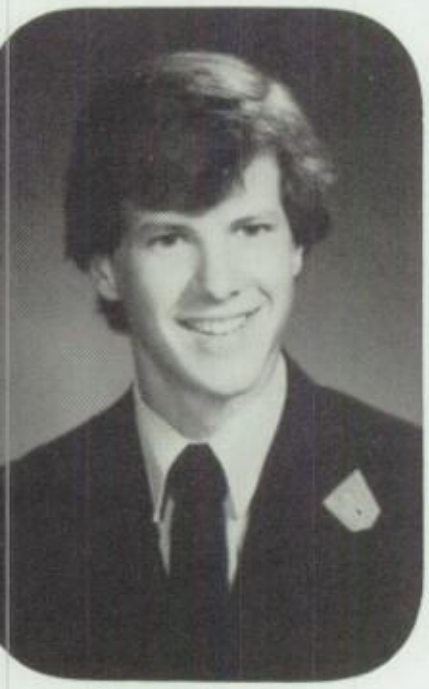
Susan Salminen



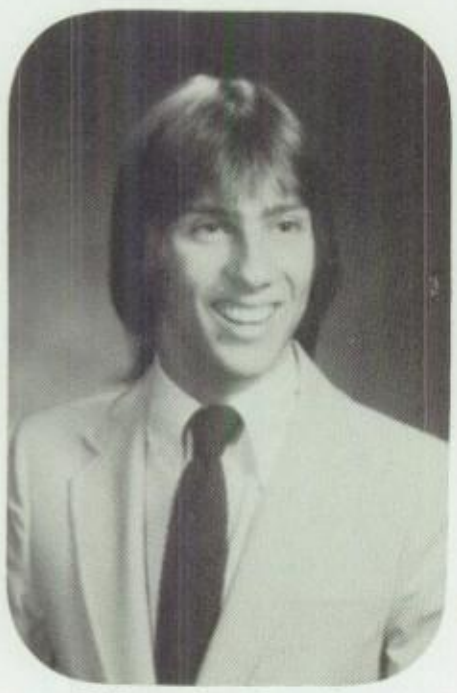
Joseph Sandbank



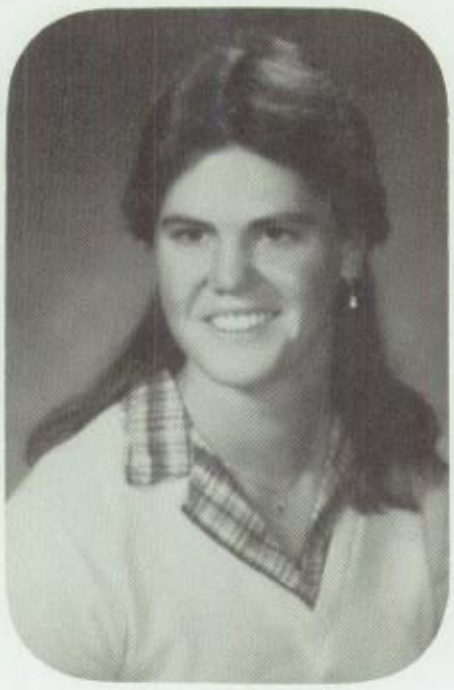
Most Spirited: Steve Ford, Wendy Kniesel



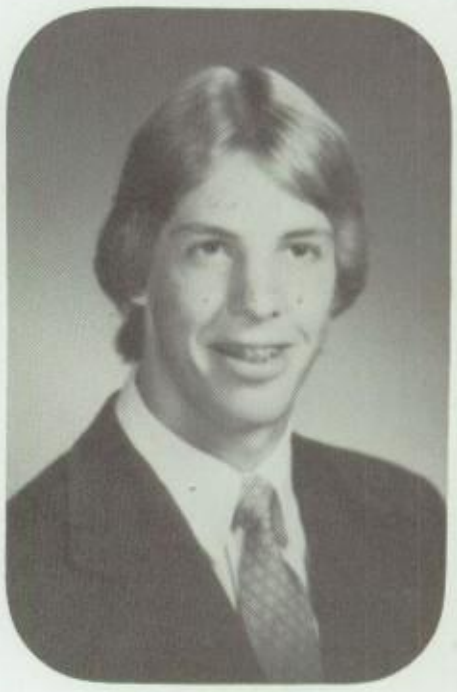
Gregory Santee



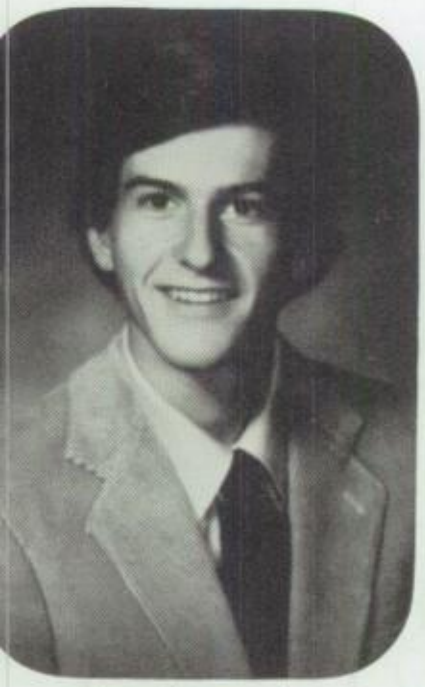
Christopher Saunders



Kimberly Savoie



Marc Schalinski



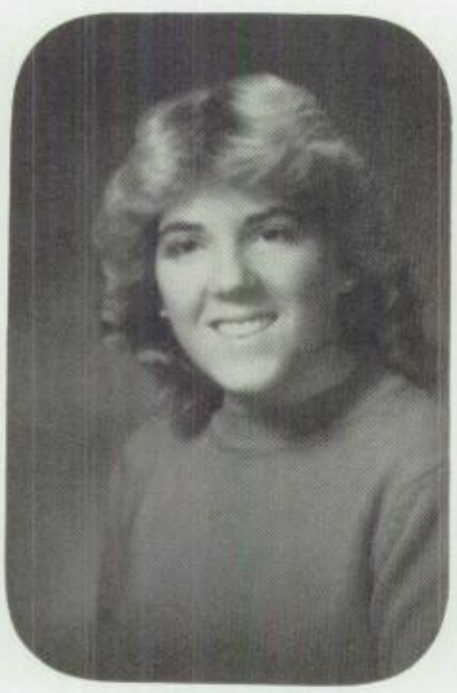
Greg Scharosch

Ruth Schrader

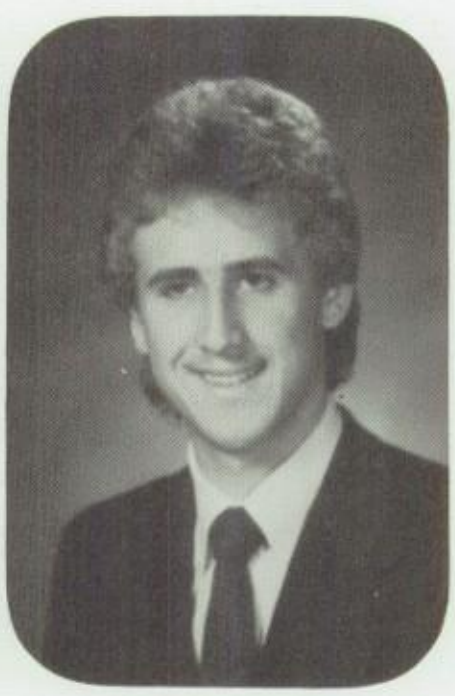
Michelle Schroeder

Thomas Schroeder

Adam Scott

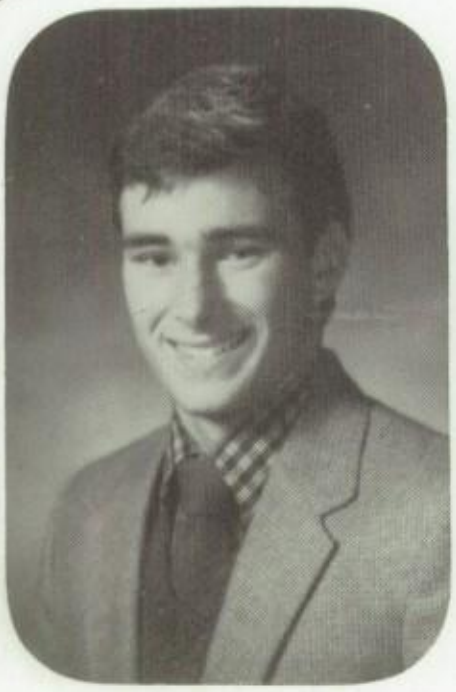


Laura Seale



Joseph Seefeldt

Sandra Sharpe

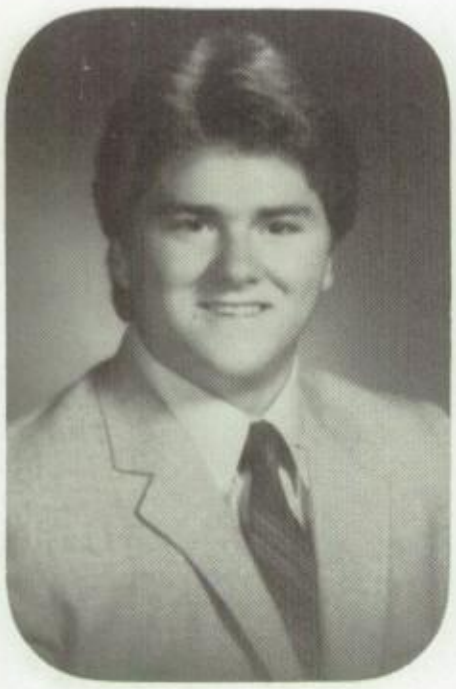


Geoffrey Shaw

Leslie Shea

Linda Shirley

Gina Shull

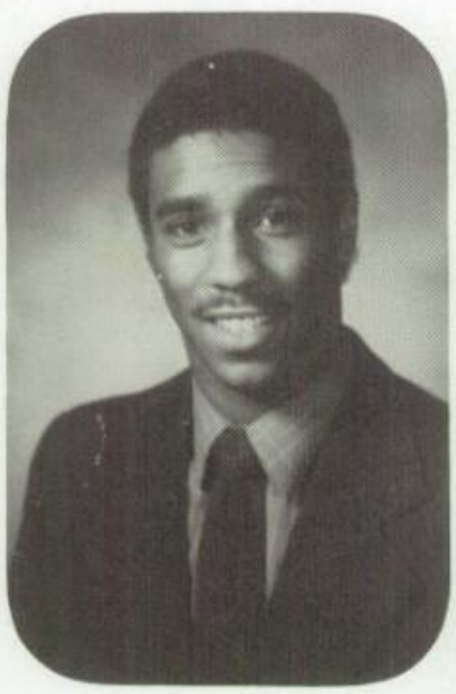


Rick Simmons

Renee Slocum

Catherine Smith

Sherrie Smith



Stephen Smith

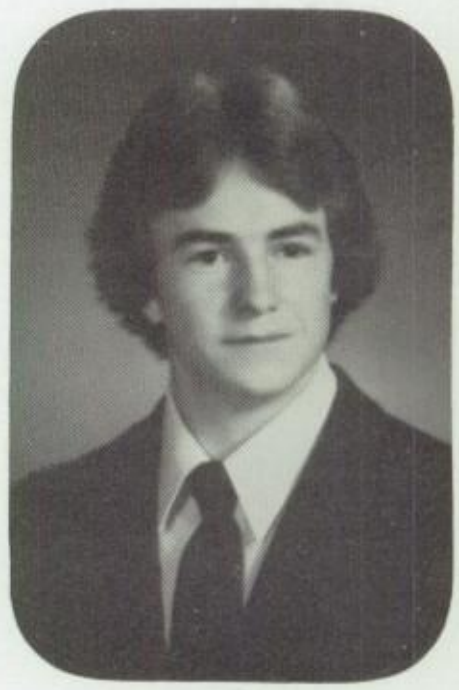
Timothy Smith

Suzanne Smothers

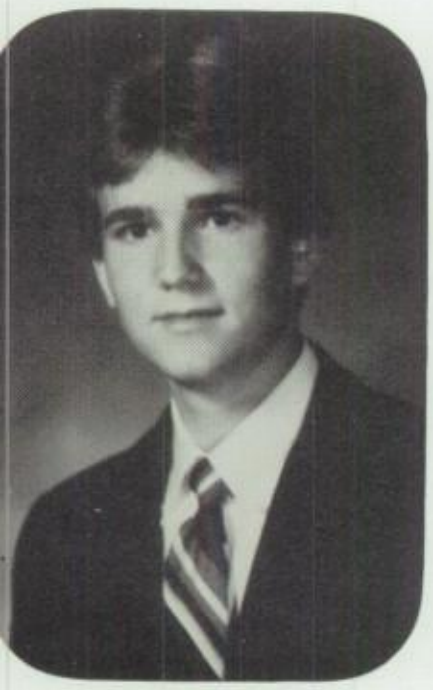
Patricia Sorensen

Class Clowns: Paul Budd, Jill Heiman

Suzanne Spalding

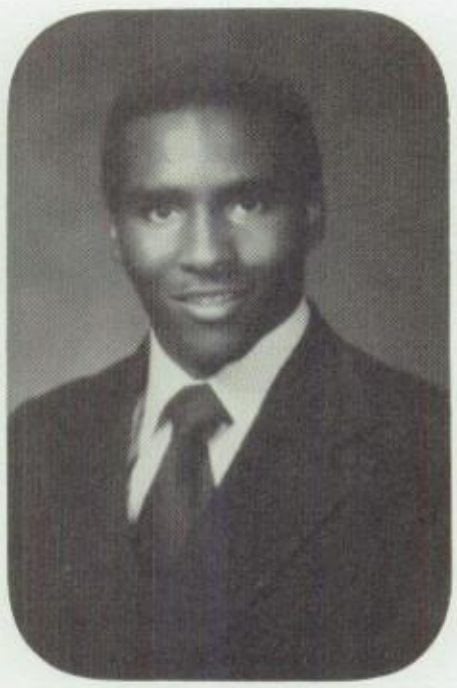


Stephen St. Clair

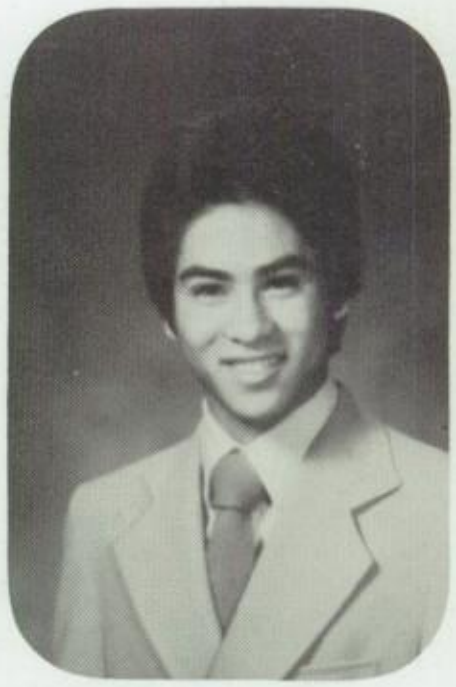


Eric Stansfield

Teri Stears



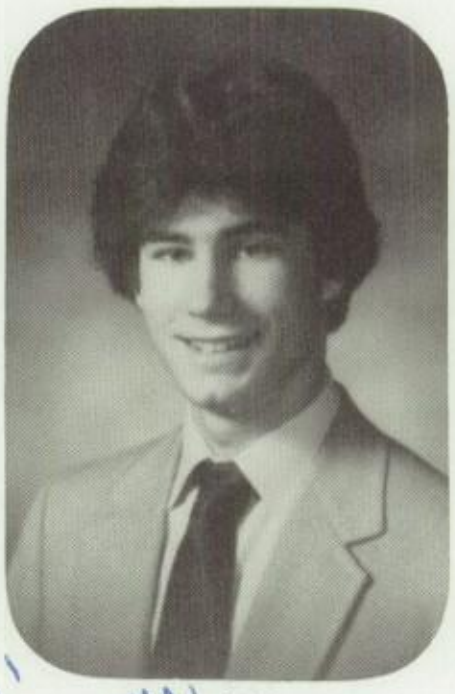
Eric Stephens



David Sternagle

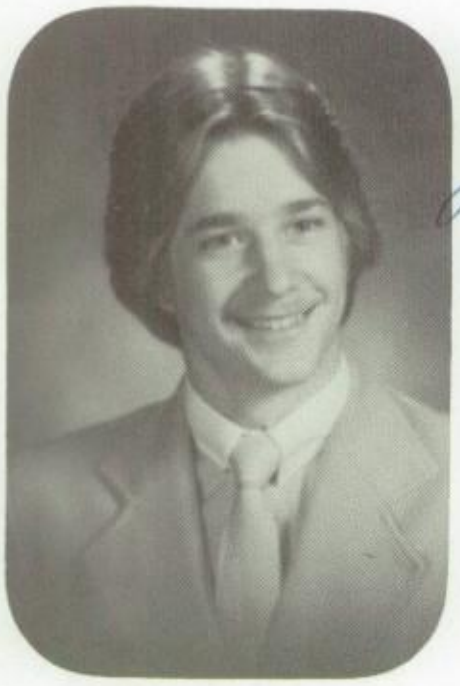
Tammy Stevens

Jeannine Stone



Ricky Sutton

Sherry Swanson



Kurt Sweikar

Marc Tanfani

Best All Around: Mike Hemphill, April Wood

Christopher Thomas

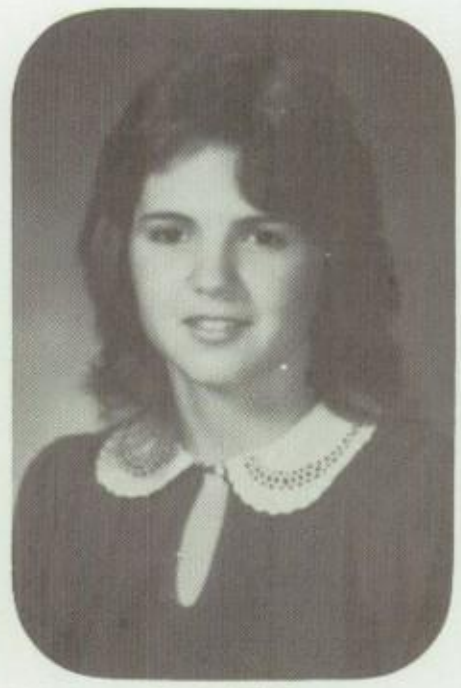
Jullie Tillis

Dawn Tisnado

James Todd

Lisa Torrens

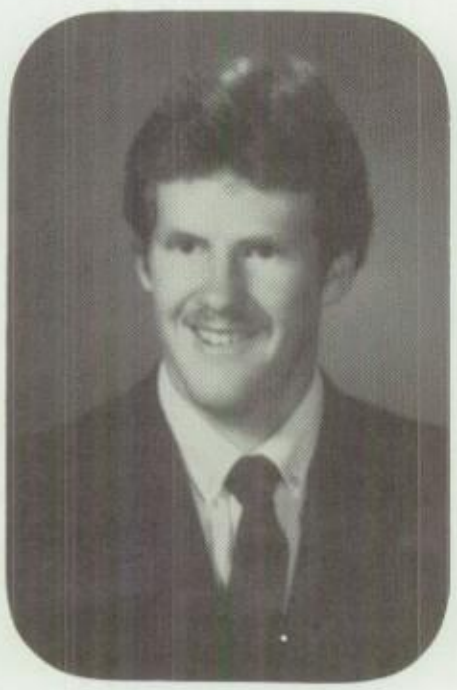
William Tullos



Karen Turk

Paula Valentine

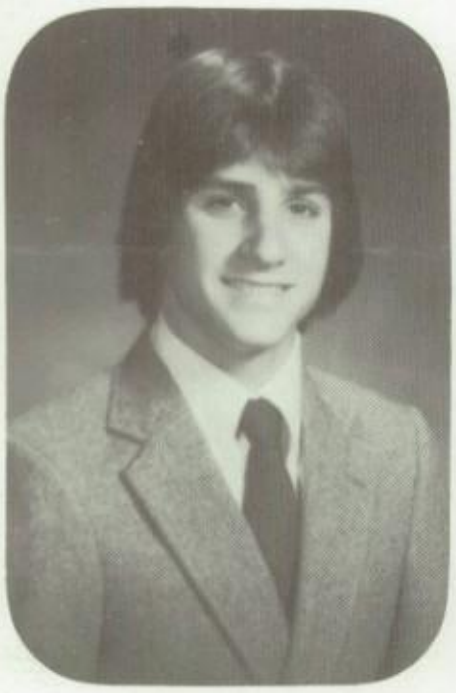
Toni Valtman



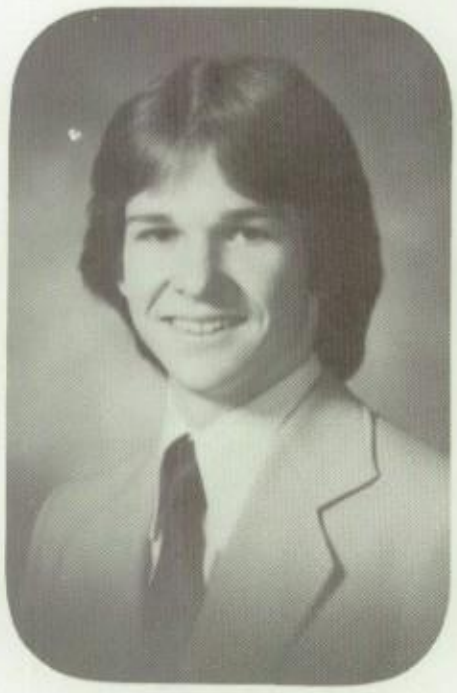
Eric Van Blaricom

Susan Van Winkle

Julie Vance

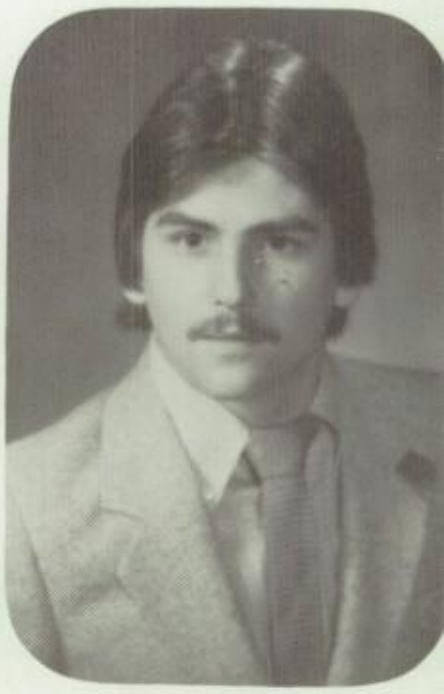


Bryan Victor



Kendall Vierstra

Geneve Wager



Mark Wallace

Rodney Watt

Robyn White

Bonnie Wilcox

Kerri Wilcox

Kimberlee Wilfert

Sandy Wills

Mark Wilson

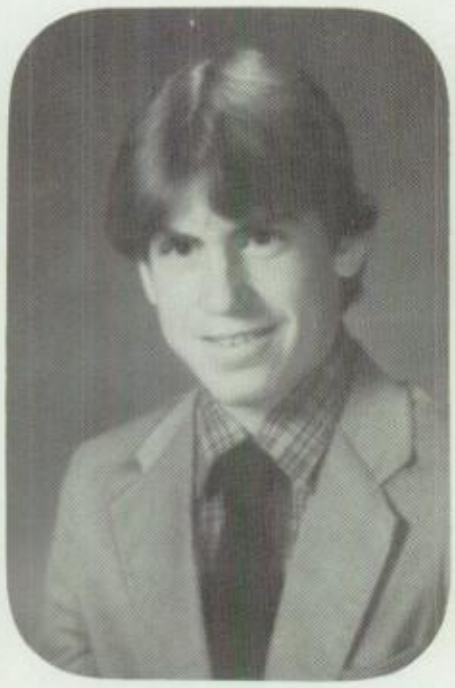
Edward Winchester

Most Talented: Marc Schalinski, Jodi Bell

Julie Winn

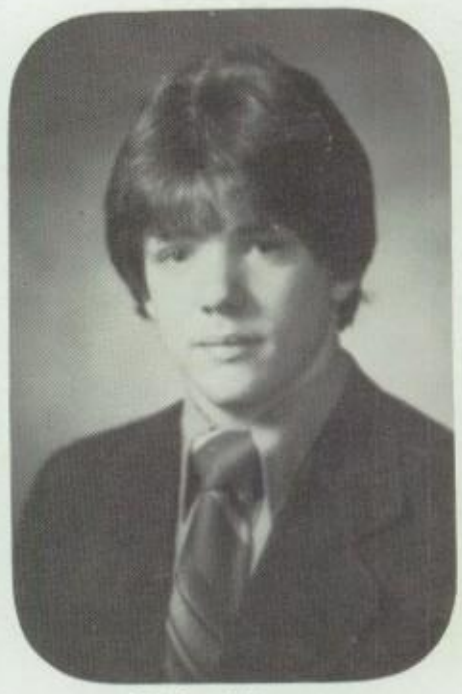
Todd Womack

April Wood



James Worth

Denise Young

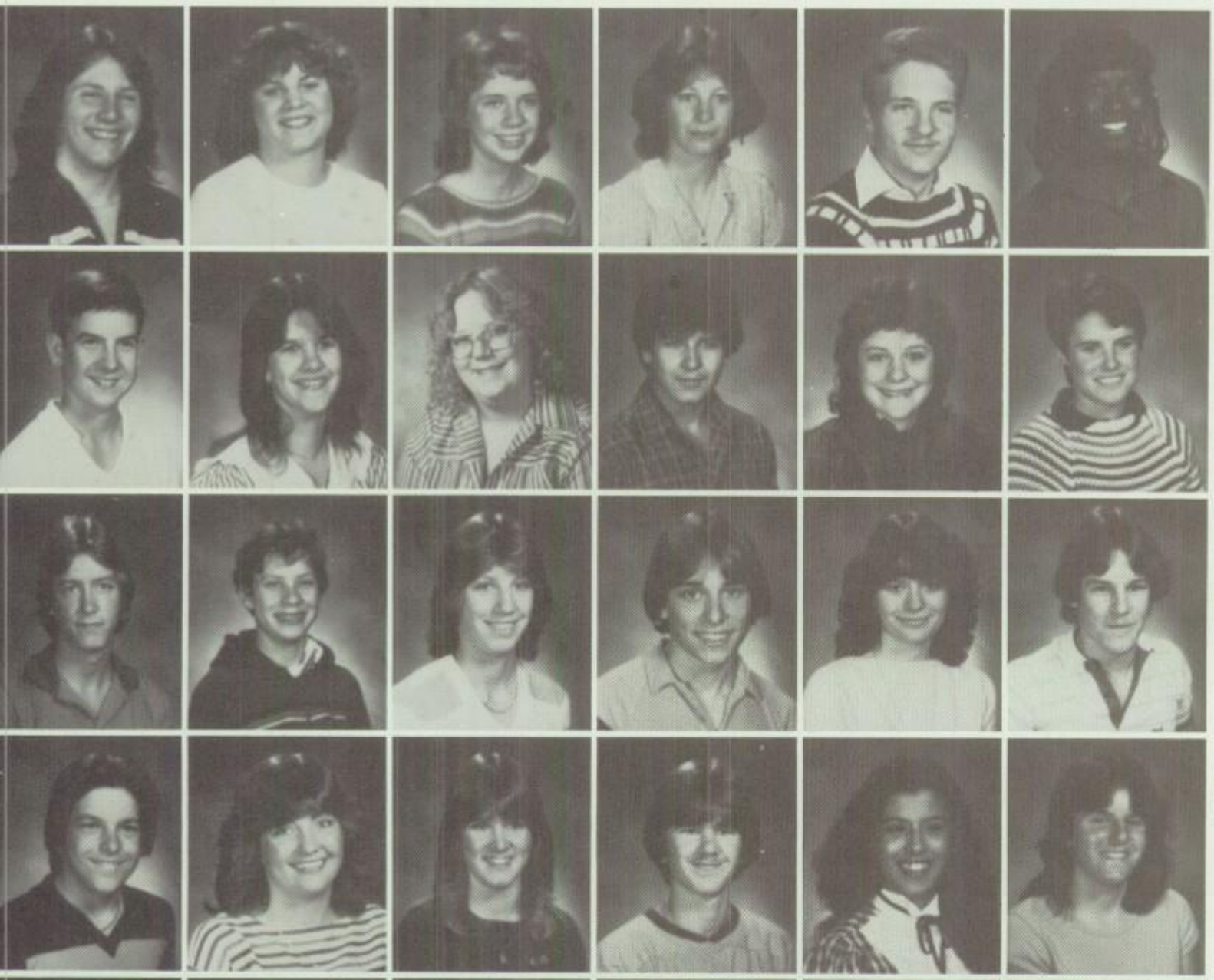


Michael Young

Juniors Generated Excellence and Spirit

This year's Junior Class generated much spirit and excitement. They excelled in athletics and academics, which helped make this year one of the best ever. Many Juniors got involved in clubs, activities, and athletics along with their classes. The amount of spirit was not only shown through activiites, but at rallies and games, too. The Varsity Cheerleading squad was made up entirely of Juniors, who not only helped, along with the Songleaders, to cheer the upperclassmen along, but garnered awards at camp over the summer. One word which described the Junior Class was . . . AWESOME!

1. Junior royalty laugh together early in the morning after being kidnapped. 2. Kirk Pearson and Randy Prall pose for the cameras. 3. Aaron Phillipi throws a pass.



Allen, Dan
Anderson, Christine
Atteberry, Krista
Ave, Lisa
Awad, Khaled
Bailey, Danine

Baker, Troy
Balcom, Kris
Ball, Diana
Barnett, Ambrosio
Batton, Lisa
Baunsgard, Lori

Bisher, Mark
Bitner, John
Bledsaw, Kim
Blue, Keevin
Blunt, Kathy
Bolander, Scott

Bollinger, Bret
Bolton, Tiffany
Borders, Lori
Borgman, Brian
Botnik, Patricia
Bouchard, Michelle

Bough, Sandi
Breece, Laurie
Breves, Cynthia
Brew, Dan
Broderson, Yvette
Brooks, Robert

Brown, Michael
Browne, Sharmele
Bryant, Angela
Bryant, Mike
Bucy, Lisa
Bullock, Paul

Burkett, David
Burnaw, Robyn
Burnett, Linda
Cabana, Pam
Cairns, Mike
Calvert, Tanya

Carey, Judy
Carson, Karen
Chriss, Kellie
Christina, Andre
Cleveland, Luanne
Clifton, Kent

Cline, Valerie
Coker, Jay
Coleman, Suzanne
Colin, Marcel
Collins, Chris
Collum, Jolene

Converse, Carol
Cooley, Laura
Coombes, Rachel
Cordova, Elliot
Cowman, Mike
Crawford, Richard

Crum, Judy
Culligan, Dave
Dail, Chris
Daniels, Chris
Daniels, Purnell
Davis, Kane

Davis, Ken
Davis, Wendy
Day, Steve
Del Agostino, Kelly
Dowse, Francis
Dunn, Desiree

Ehrman, Brad
Elliott, Kent
Emley, Jackie
Enriquez, Sara
Etchison, Debbie
Evans, James

Ewbank, Zack
Fagundes, Stacy
Faulkender, Chris

Faulkner, Tim
Fiffick, Tom
Figueroa, Brett

Finn, Patrick
Finnigan, Jacque
Fishler, Tom

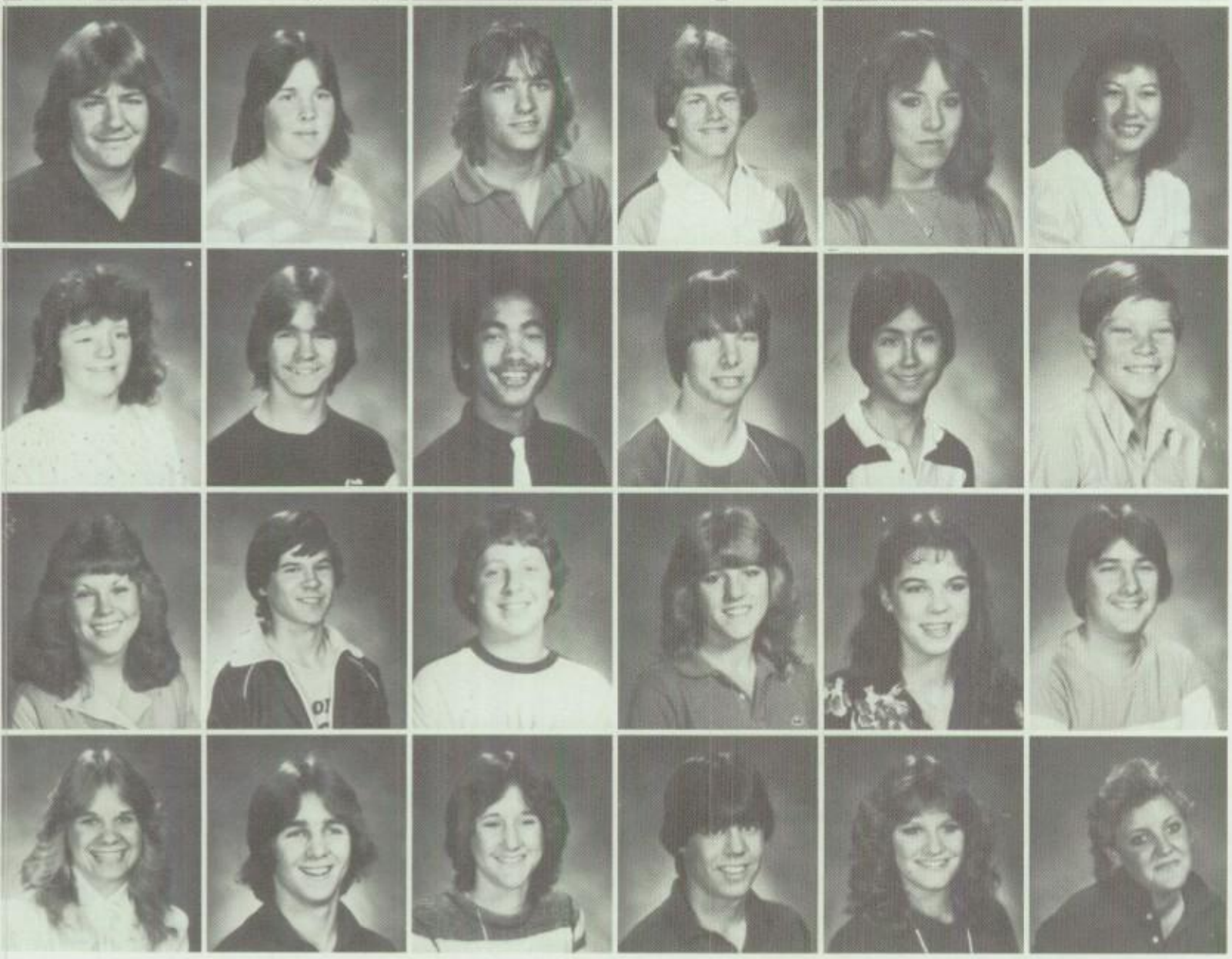
Todd Meza "Pops" at a lunch-time contest.

Flannery, Dennis
Flowers, Rick
Ford, Sherri
Foreman, Dave
Fujimoto, Pattie
Gennuso, Steve

Goff, Bill
Graham, Benjamin
Grant, James
Gray, Danny
Gregonis, Ann
Hackert, Jodie

Hajek, Dave
Hampton, Brad
Hardcastle, Jeff
Harmon, Dawn
Hart, Allen
Harvey, Mark

Haslett, Everett
Hatch, Rod
Haworth, Matt
Hays, Steve
Heckle, Lisa
Hegdahl, Kim



Heigelmann, Duane
Helm, Cindy
Henderson, William
Henstra, Rob
Herzing, Valerie
Higashi, Kay

Holley, Doris
Holley, Kevin
Holmes, Richard
Holt, Richard
Holt, Robert

Horita, Charisse
Horkey, Brian
Hoskins, Pat
Huston, Kelly
Idleman, Becky
Isdell, Ted

Jachens, Valerie
Jacques, Bryan
Jenkins, Cynthia
Johnson, Dale
Johnson, Delynn
Johnson, Lisa

Jones, Lesli
Jones, Mark
Jones, Shawn

Jones, Stacy
Kaplan, Debbie
Kashow, Randy

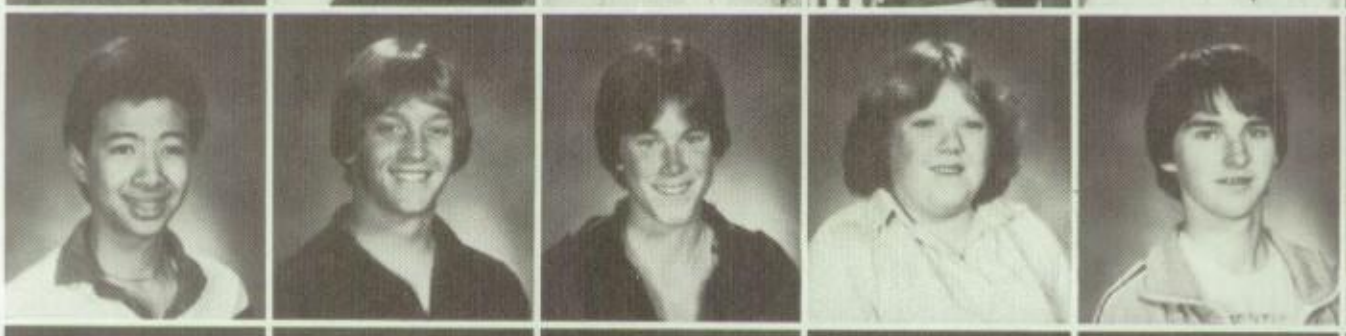
Keen, Eddie
Kelfer, Doug
Keller, Angela

Tweet-Tweet!!!

Kennedy, James
King, Robert
King, Suzette
Kinkle, Steve
Klanjac, Lisa
Knutson, Sue

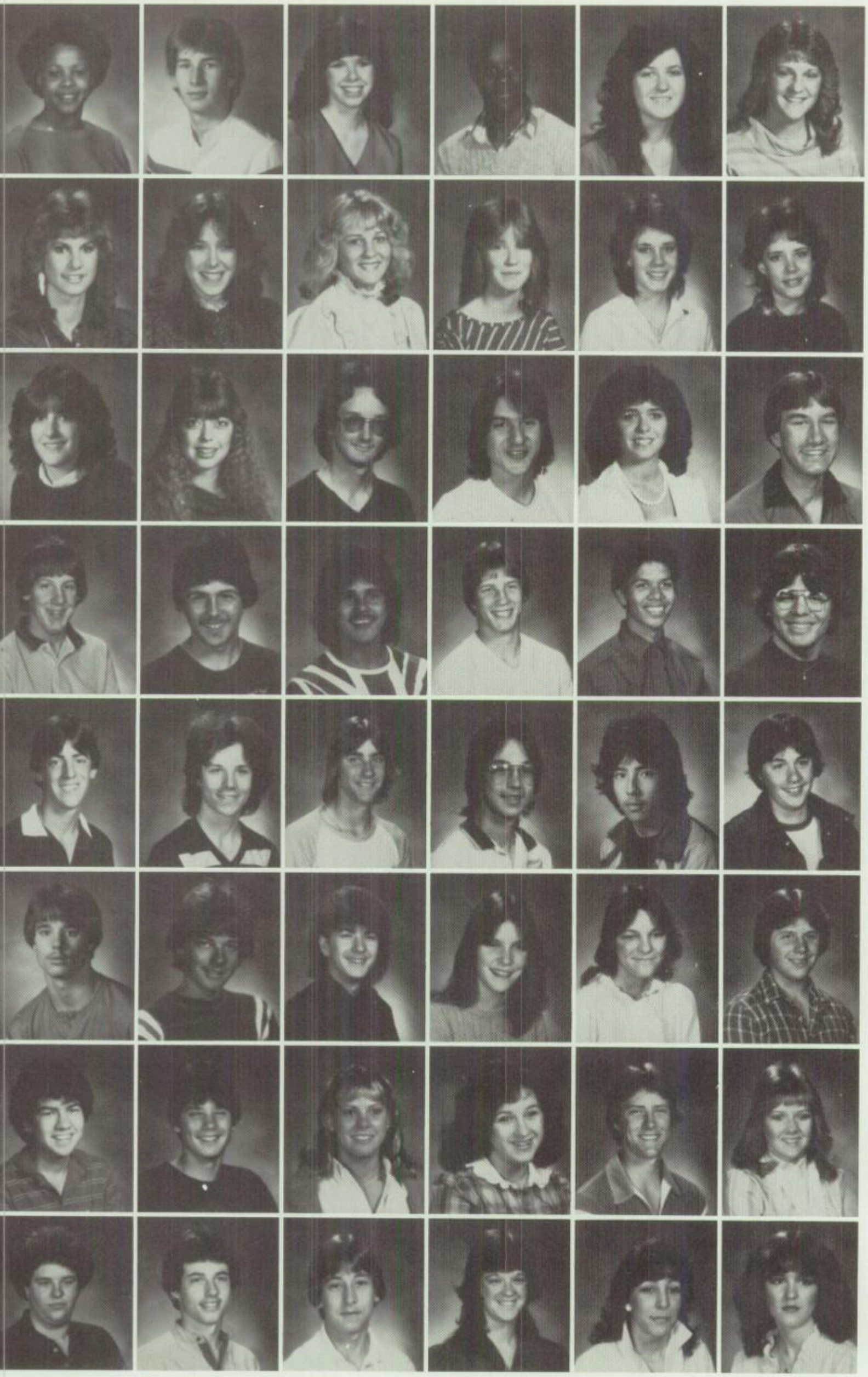
Kuntz, Kevin
LaCosse, Brett
LaPlante, Tina
Lambert, Susan
Lanuza, Sabrina
Laufenberg, Brian

Le Bosq, Alexandre
Leeson, Scott
Lewis, Sam
Lindmeyer, Heidi
Logan, Ronald
Lohr, Paul



Lomax, Joanna
Lorentz, Deborah
Lorrekovich, Vicki
Lovett, Clarence
Ludovici, Kelly
Ludovici, Shelly

Ludvik, Lisa
Lujan, Joseph
Madden, Dan
Mammoliti, Frank
Marrujo, Ken
Marsh, Brad



Marshall, Lisa
Martin, Rory
Marty, Susan
Mason, Joseph
Masters, Lori
Matracia, Diana

Matson, Heather
Maxfield, Patricia
May, Julie
May, Shannon
Maylett, Terri
Maylett, Vicki

McCurdy, Kathleen
McKean, Lisa
McKenzie, Dave
McKinney, Gary
McMahan, Michelle
McWhirter, Brian

McWilliams, Randy
Medeiros, Chris
Mells, George
Merenda, Jeff
Meza, Todd
Miller, Fred

Miller, Joel
Miller, Mike
Miller, Tim
Mintz, Howard
Monas, Steve
Monks, Curtis

Montross, Eric
Morris, Steve
Mullins, George
Murrill, Donna
Myers, Mary
Nelson, Ken

Neugebauer, Chip
Nosenzo, Rich
O'Brien, Diane
O'Campo, Deborah
O'Hare, Robert
O'Rourke, Tricia

Ortego, Stephen
Osgood, Bruce
Pastor, Kyle
Patterson, Sherry
Pattillo, Tanya
Payne, Cheri

Peacher, Donna
Pearson, Kirk
Perry, Karen

Petroni, Suzanne
Petty, Ray
Pfau, Rob

Phillippi, Aaron
Phillips, Cathy
Pope, Jerrod

Porter, Ronney
Power, Shelly
Prall, Randall
Presky, Dorene
Price, Rhonda
Prod, Caroline

Prowse, Michelle
Pursell, Michelle
Quick, Dawn
Raby, Melissa
Reboin, Bob
Reddington, Kevin

Reed, Ed
Reiman, Mike
Rhyne, Steve
Richey, Thomas
Ritter, Darrel
Rivers, Frank

Robertson, Richard
Robinson, Jeff
Rose, Timothy
Ross, Kimberly
Rouse, Keri
Roy, Laura

Rue, Donnette
Russell, Kevin
Rutter, Beth
Rybicki, Rick
Sadowski, Rick
Salidas, Susan

Joe Mason and Mrs. Lee cut up.

Sanders, Dawn
Sandwell, Tim
Sanguinetti, Pete
Santin, Stacy
Schaffer, Lisa
Schoenman, Eric

Schol, Jon
Schultz-Wild, Florian
Seagraves, Shelli
Self, Ken
Shelton, John
Sherrill, Steve

Shipman, Cindy
Shirley, Steve
Shuteroff, Zana
Skelton, Kristen
Slayton, Erik
Smith, Dale

Smoot, Mike
Solgat, Ron
Stafford, Zachary
Steverson, Dan
Stolz, Lesley
Stone, Kahe

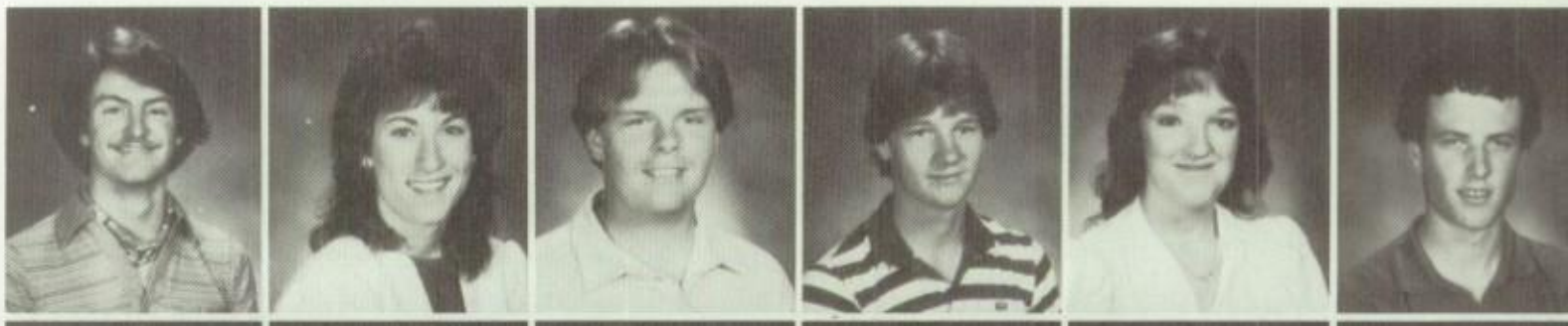
Stoneking, James
Strautman, Marilyn
Strock, Cindy
Sypnicki, Tammy
Taylor, Glen
Taylor, Troy

Thomas, Debra
Thomas, Ernest
Thomas, Gary
Thomas, Teri
Thompson, Jeff
Tileston, Brian

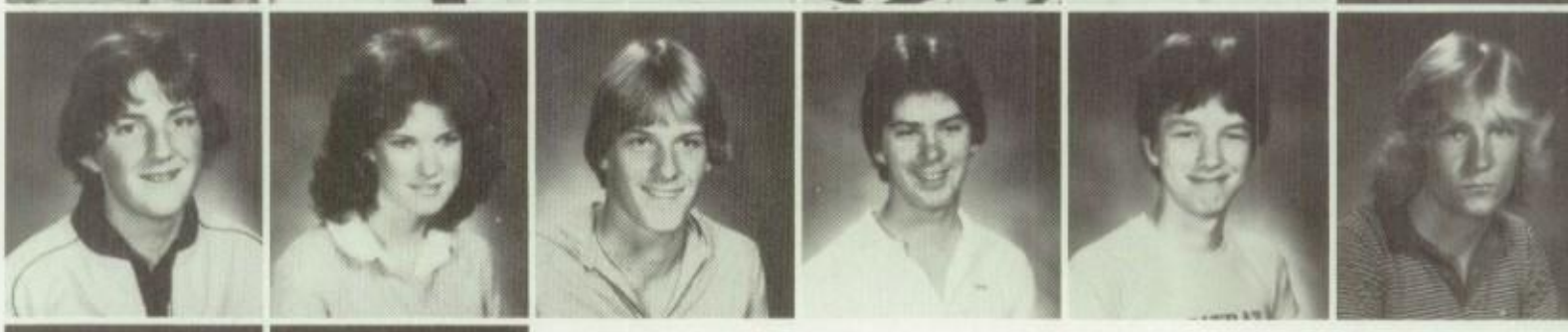
Tuchten, Kirk
Turner, Julie
Ungacta, Janeane
Visser, Karen
Vohs, Richard
Vom Cleff, Heidi

Wadsworth, Janae
Wagner, Joe
Wall, Chris
Walters, Staci
Wessel, Jodi
Whalen, Mike

White, Danny
Whitlock, Monica
Whittington, Mark
Wickboldt, Bruce
Will, Lori
Willey, Steve



Williams, Doug
Wilson, Joyce
Wright, Dan
Yennie, Mark
Young, Larry
Young, Ken

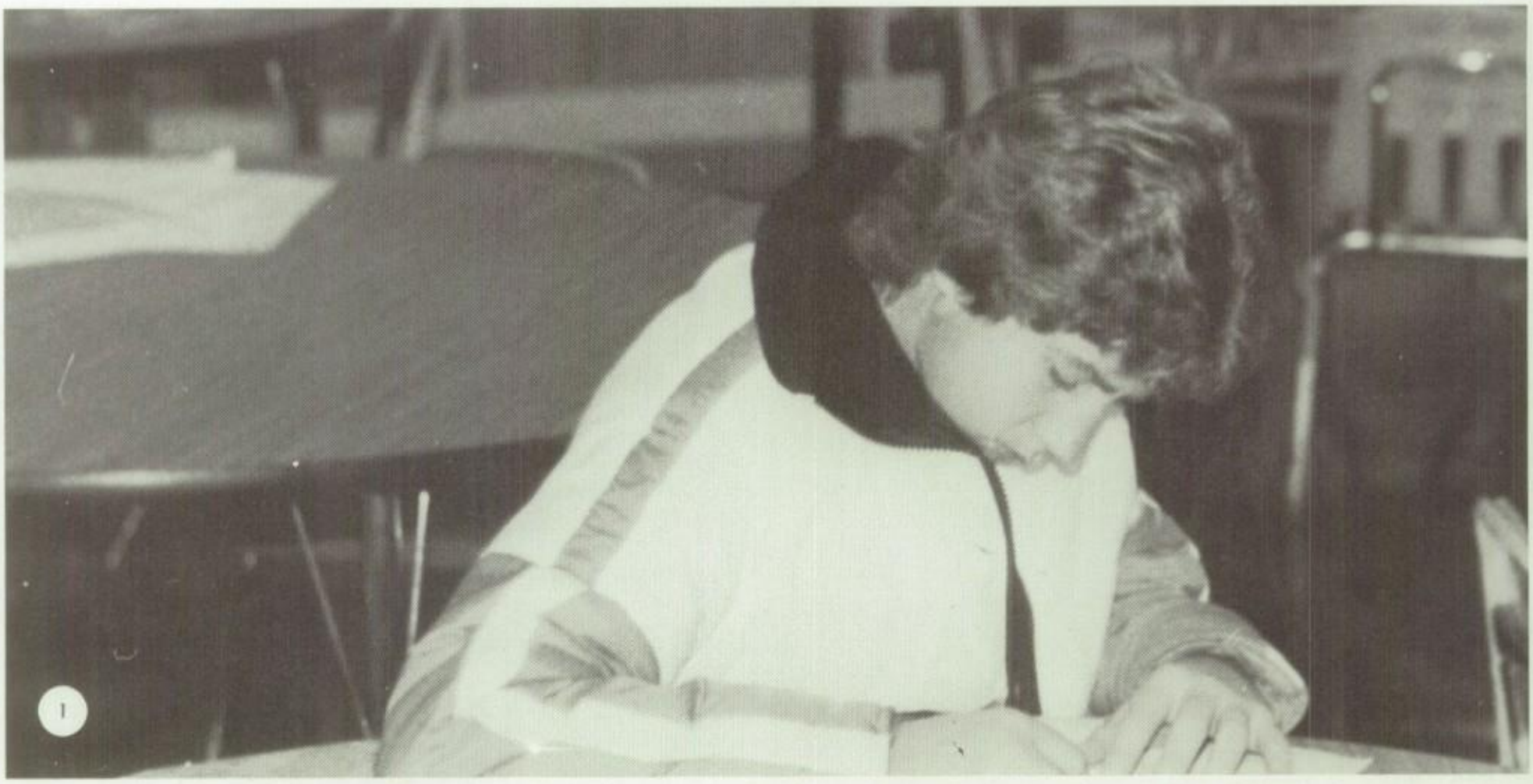


Zamora, Margo
Zawlocki, Staci

1. Pete struts his stuff. 2. Varsity Cheer practice a mount.

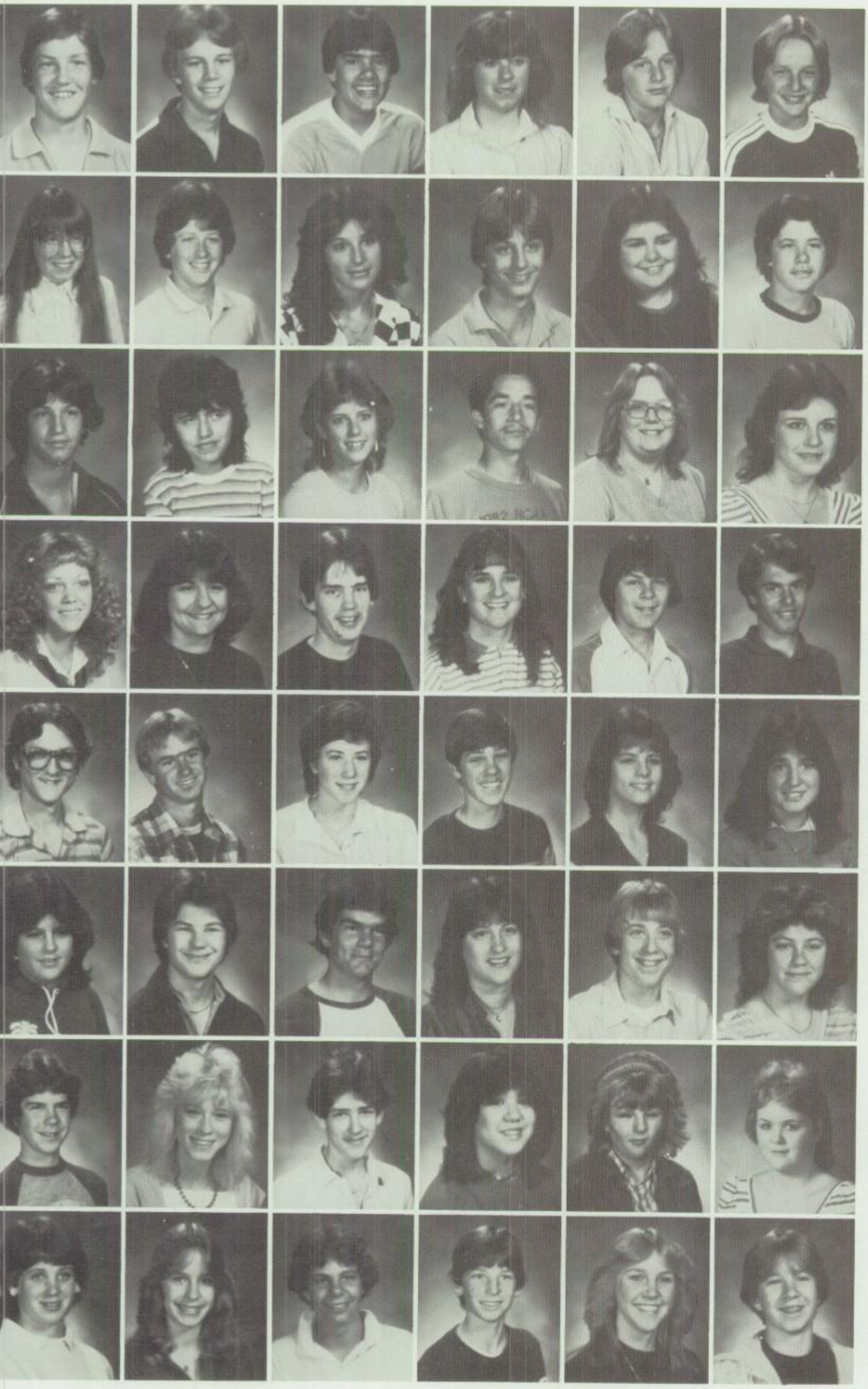
1. Terri Thomas performs in a concert. 2. Diana Matracia and Sherri Ford cruise the mall. 3. Erik doesn't agree with the crowd.

Class of '86 Gains New Maturity



As the Class of '86 made the transition from Freshmen to Sophomores, they realized they had not only aged a year, but also gained new privileges, new intelligence, and new maturity. No longer was the Class of '86 subjected to the torment of the upperclassmen. With a mere two years gone in their high school career, they felt as though they'd never get through. However, they finally did leave behind their crass freshman habits, their parent-imposed curfews, and were able to acquire a driver's license. They had arrived.

1. A Sophomore studies hard for good grades. 2. Music at lunch is enjoyed by all. 3. Sophomores enjoy lunch.



Abbruzzese, Tom
Adkins, Timothy
Alexander, Joe
Alvord, Bonnie
Ames, Darin
Ames, Dean

Amos, Amy
Anders, Trevor
Anderson, Mechelle
Antaramian, Mike
Anthony, Kathryn
Armstead, Darrell

Arnold, Ty
Baharestani, Bita
Bahr, Stephanie
Baker, William
Ball, Diana
Barney, Joanne

Baron, Tonja
Barrett, Michelle
Barry, Shawn
Batz, Constance
Bearquiver, Kevin
Beck, Brian

Beck, James
Beddo, Buddy
Berg, Angela
Bertrand, Mark
Bickford, Laura
Blackwood, Jessica

Blatnick, Tracy
Blaxton, Allen
Blevins, Larry
Bluett, Victoria
Boddy, Robert
Boustedt, Linda

Bradshaw, Robert
Bragg, Terri
Bricker, Donald
Brody, Suzanne
Brown, Brenda
Brown, Chandra

Brown, Dana
Brown, Danielle
Brown, Shawn
Bryan, Gary
Buhrmeister, Tracy
Bullen, Mark

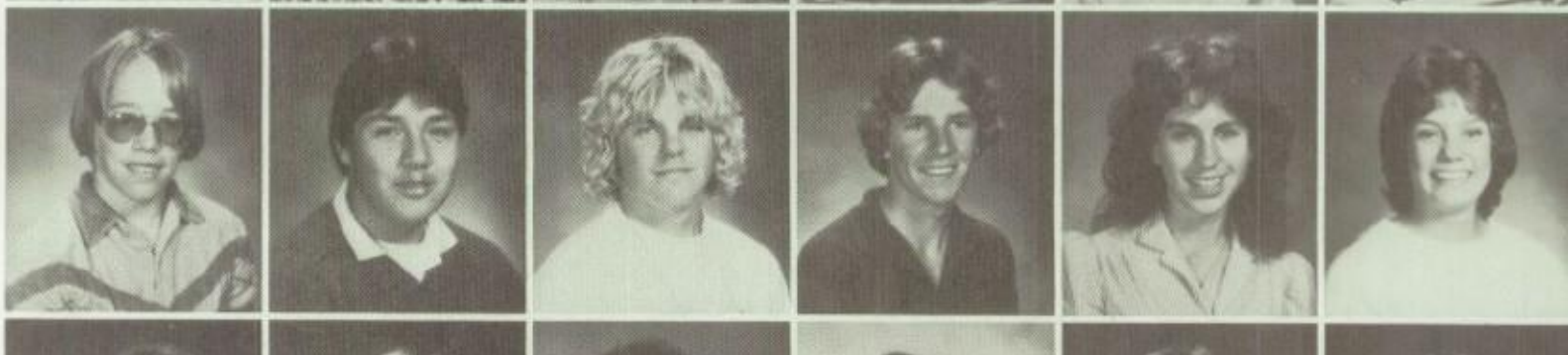
Bunce, Todd
Burgess, Denise
Button, Danny
Cable, Deanna
Caldwell, John
Campbell, David

Campbell, Rick
Candy, Denise
Capen, Pat
Carey, Maura
Carlile, Ashleigh
Cece, Andrew

Chapin, Thomas
Chastain, Darin
Chavez, Andrew
Chock, Joby
Cianci, Gina
Clements, Scott

Clifton, Sandra
Clydesdale, Brenda
Cochran, Robert
Cole, Michael
Collingwood, Scott
Cooley, Mark

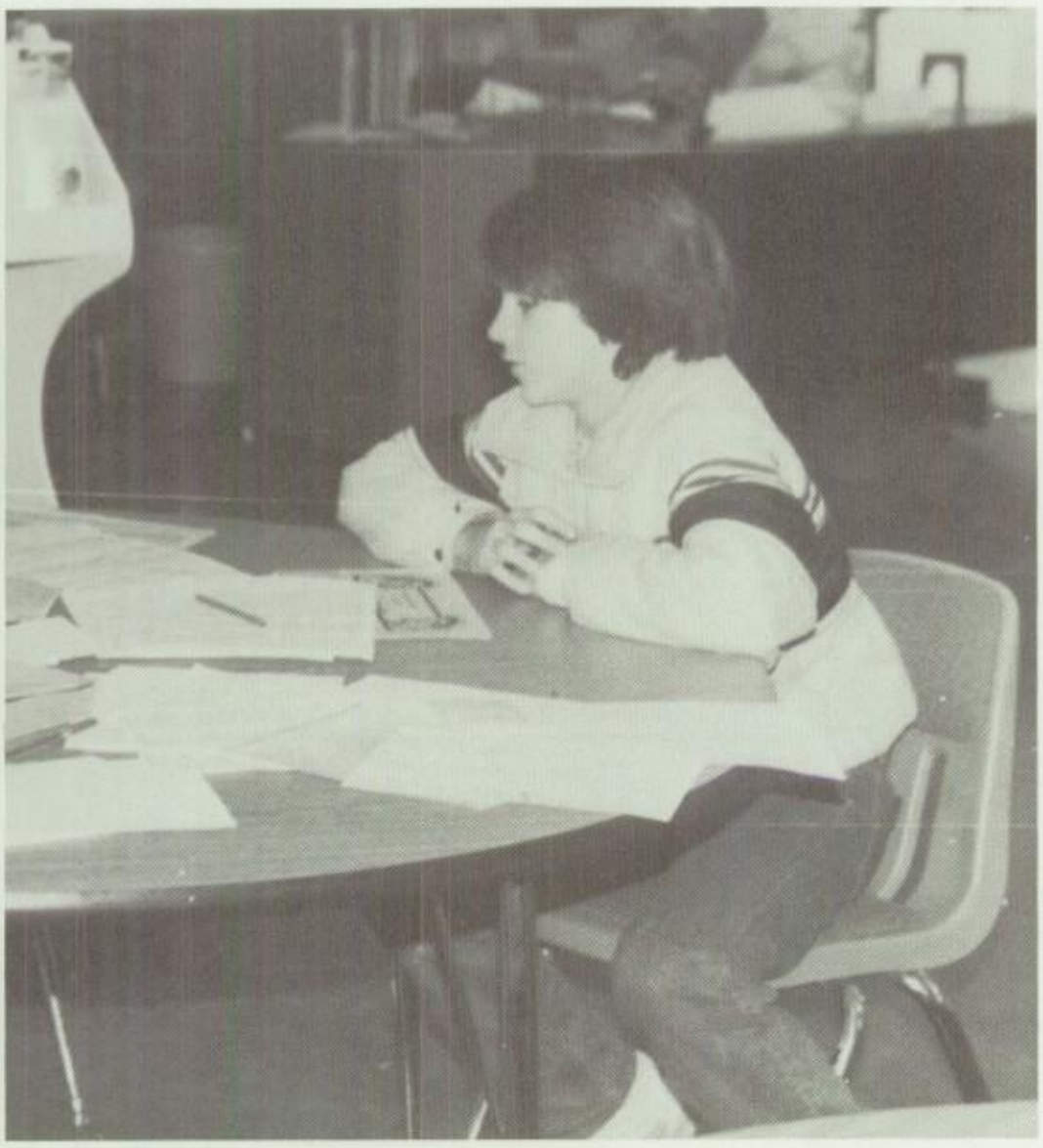
Cooper, Marty
Coronado, Kelly
Cox, Wesley
Crowley, John
Crum, Michelle
Cruz, Allene



Cunningham, Kandace
Dart, Caine
Davis, Cathy
Davis, Laurence
Davis, Thomas
Day, Stanley

DeCillis, Anthony
DelRio, Manuel
Delore, Ericka
Densmore, Michael
Devine, Trevor
Dryden, Donald

DuVall, Caryl
Earwood, Richard
Eastman, John
Edgar, Lisa
Egeberg, Auxiliado
Einer, Timothy



Shannon Hall listens intently.

Ellis, Scott
Erickson, Jean

Espinel, Elinor
Espinoza, Jesse

Eunice, Anne
Fiat, Robert

Flaar, Brent
Flugstad, Arn

Folk, Eric
Ford, Elizabeth
Foster, Lucas
Fournier, Cheryl
Friesen, Kimberly
Fuller, Kenny

Gaines, John
Garlock, Steve
Garrett, Jeffery
Geddes, John
Gerlacher, Jennifer
Germany, Arthur

Giannone, Paul
Gianola, Celina
Gibson, Julie
Gillen, Monica
Girard, Jeffery
Gloekler, Margaret

Gluyas, Amber
Gobbell, Kerri
Gobbell, Larry
Goehring, Michelle
Golveo, June
Gomez, Patrick

Gonzales, Tami
Gorman, John

Grace, Shannon
Granger, Melody

Grant, Christopher
Graybill, Kim

Gruenberg, Paul
Gulebian, Bryan

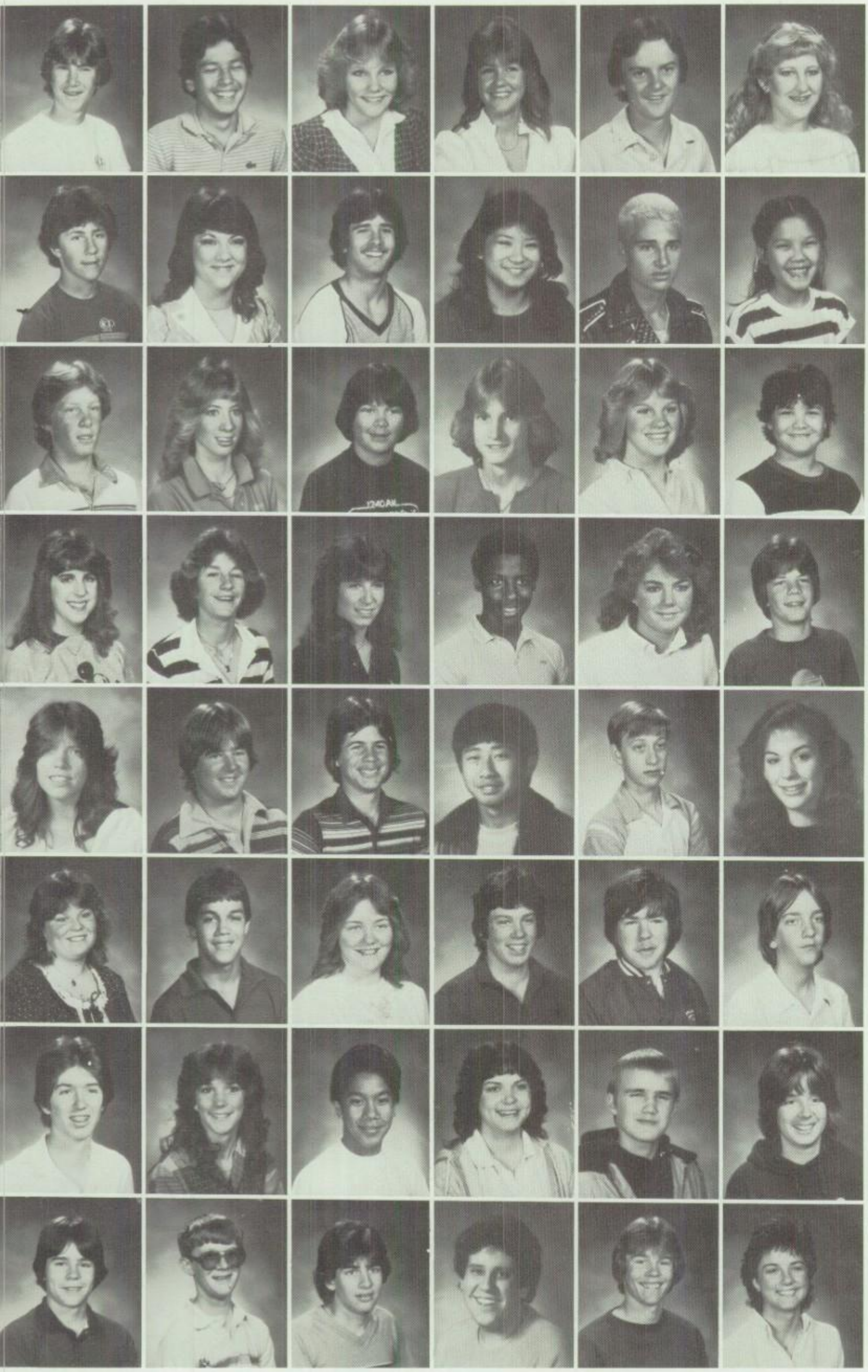
Margaret Gloekler enjoys Drill Team.

Haar, Leslie
Hall, Shannon
Hamilton, Tim
Hampton, Tony
Hanson, Kerri
Harbert, Kimberli

Harris, Michael
Harrison, Timothy
Haugen, Dana
Hayes, John
Heiman, Jeffery
Hoag, Toni

Hole, Larry
Holmes, Kristin
Holzer, Bonnie
Hoskins, Stacee
Howard, Christine
Howard, Wendy

Hurley, Colleen
Imoto, Futoshi
Jencks, Hanley
Jensen, Loralee
Jobe, Michael
Johnson, Denise



Johnson, Jerry
Jue, Eric
Keller, Janet
Keller, Patricia
Keyser, Ronnie
Klein, Constance

Kling, Christopher
Kludjian, Pamela
Knox, David
Kong, Loralynne
Krantz, Jeffery
Kwan, Frances

Kysar, John
Lahmann, Jennifer
Lancaster, Buddy
Law, Steve
Lebeau, Lisa
Ledesma, Ralph

Lewin, Amy
Lewis, John
Lewis, Kimberly
Lewis, Maurice
Lewis, Tracie
Linstroth, Jay

Lipchitz, Mary
Lipe, William
Little, Jerry
Liu, Steve
Lively, Ryan
Logsdon, Cynthia

Londeree, Barbara
Lopez, Derek
Lusardi, Lisa
Lymath, Greg
MacDuffee, Michael
Madson, James

Maltase, Ronald
Manchester, Pamela
Martinez, Xavier
Massengale, Shelly
Matson, John
McChane, Scott

McCloud, Edward
McCluskey, Jeff
McGee, Brian
Mendoza, Herbert
Merritt, Kelley
Metcalf, Reshelle

Miller, Mary
Mintmier, Mary
Mitchell, Stacy
Mitchell, Tracy
Moore, Sheri
Moorhead, Deborah

Morgan, Lori
Morris, Leslie
Morrison, David
Morton, David
Mowry, Gary
Muckelrath, Cynthia

Muller, Raymond
Murdock, Todd
Murillo, Laticia
Murphy, Eric
Mustra, Earl
Myers, Sandra

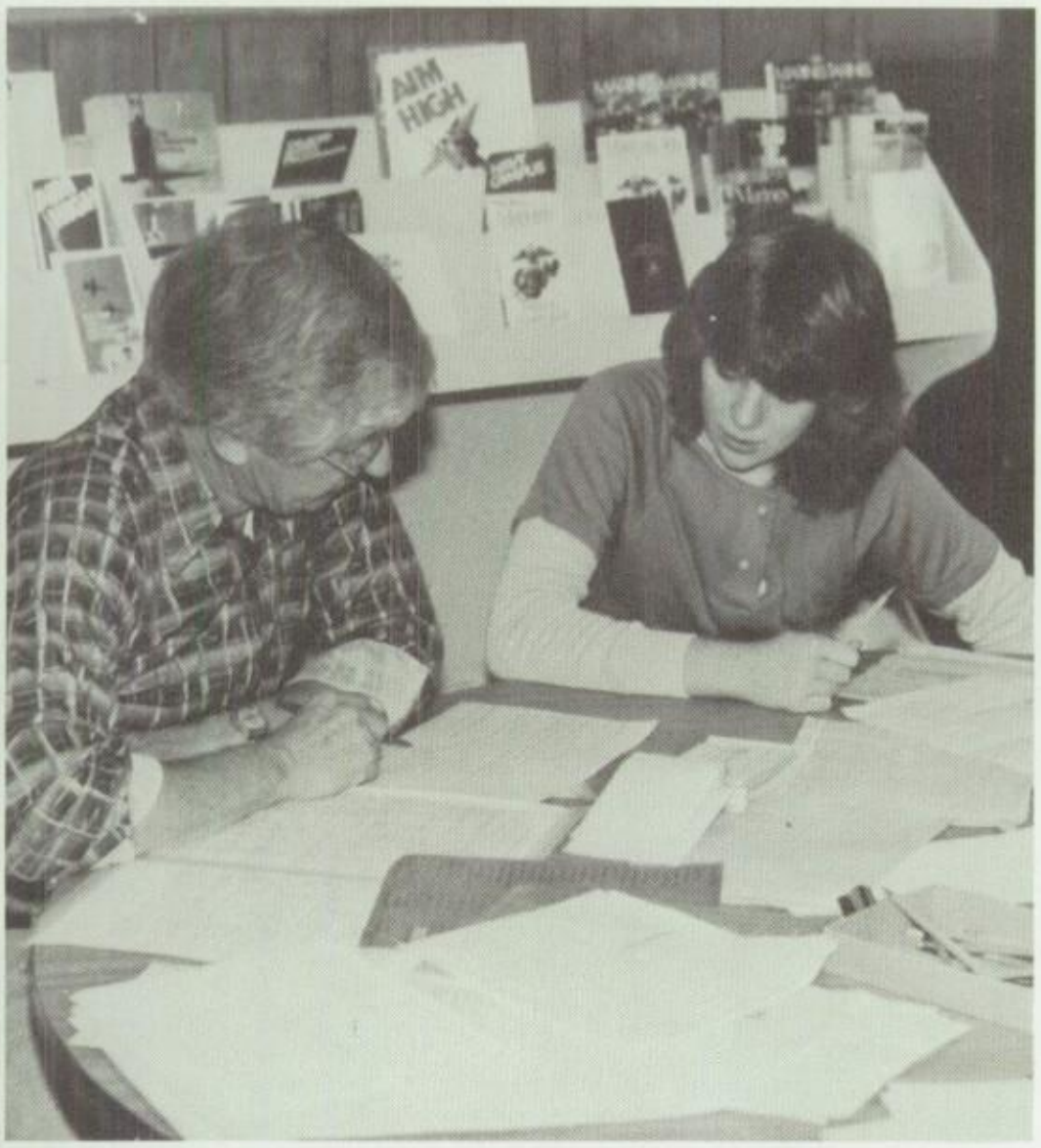
Myers, Stacey
Nafziger, Robin
Nelson, Scott
Nemeck, Rebecca
Newland, Christine

Nguyen, Quoc
Nichols, Jeff
Nicodemus, Paul
Nielsen, Paul
Nisterchuk, Steve
O'Brien, Mike

O'Connor, Mike
Odle, Tina
Ojeda, Michael
Oldham, Karen
Outcalt, Thomas
Parks, Joe

Partlow, Ronald
Paterson, Brenn
Patterson, Roy
Patton, Stacie
Paulsen, Kimberly
Paulsen, Mickael

Paulson, Robert
Peterson, Brian
Pickens, Lisa
Pilato, Kevin
Plaugher, Deana
Pyle, Dianne



Mr. Cornwell registers a student for second semester.

Quick, Stephan
Quinn, Brian

Quinton, Dustin
Radvanyi, Norman

Redfern, Robert
Reese, Tonja

Reichard, Richard
Rice, Michael

Richardson, Jan
Riley, Brian
Riley, Richard
Roberts, Bradley
Roberts, Cindy
Roberts, Jolene

Roberts, William
Robinson, Jeri
Rogers, Joann
Rogerson, Jim
Rolzinski, Troy
Rone, Rebecca

Ross, Larry
Rosselli, Lee
Rother, Mark
Rouse, Donna
Rosek, Jeff
Ruhnka, Wendy

Salas, James
Sales, Jay
Sammis, Peggy
Sanchez, Tony
Sanjurjo, Christopher
Scarbough, Lisa

Scharosch, Laurie
Schenken, Wendy

Scheuplein, Adrienne
Schroeder, Eric

Schroeder, Rachael
Schultz, Lawrence

Kim Lewis gets kidnapped.

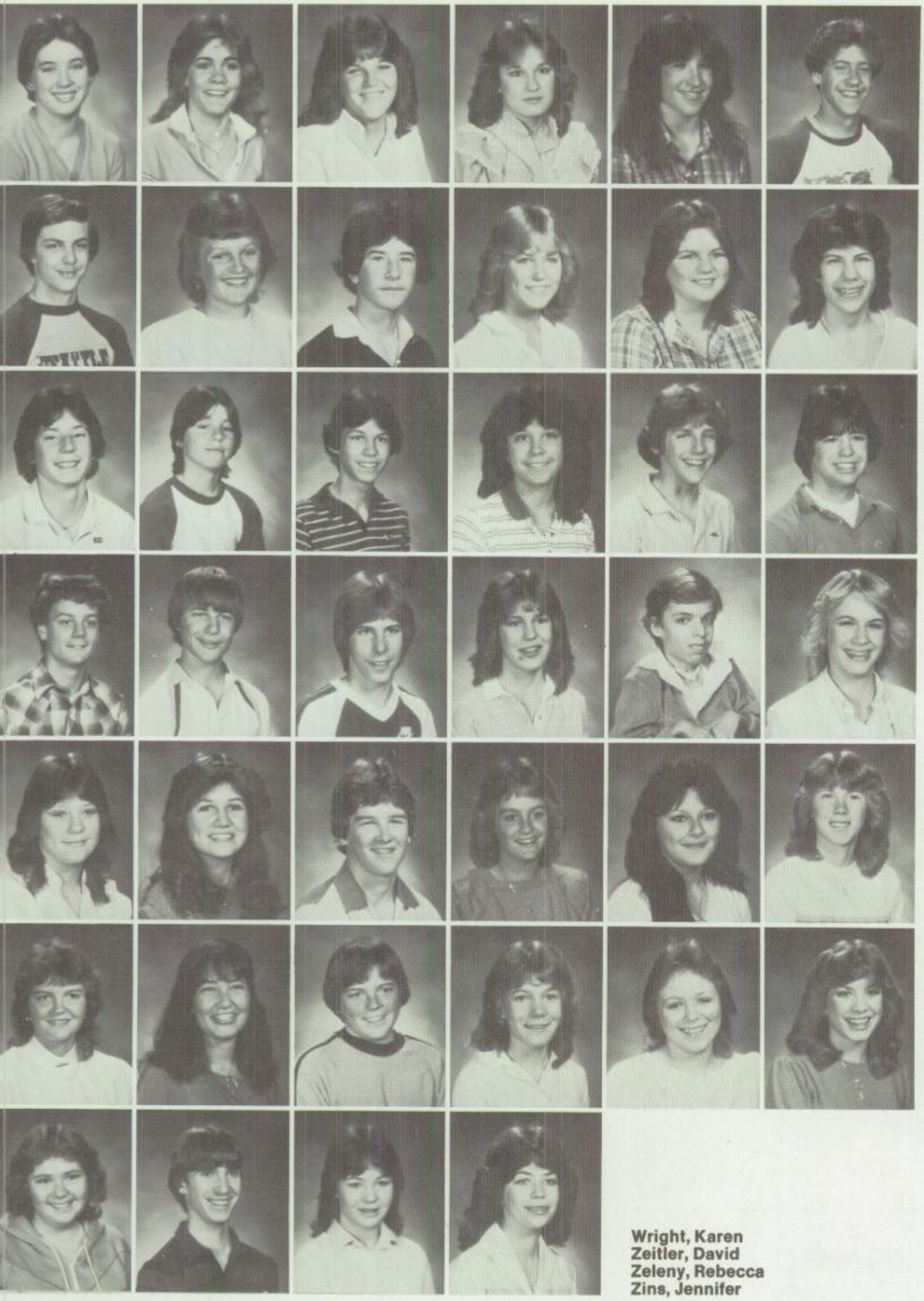
Schofield, Debara
Scott, Jeffery

Scott, Kelly
Scott, Michelle
Seaman, Cynthia
Sekhri, Radhika
Sewell, Judy
Shadwick, James

Sharp, Scott
Shepard, Barbara
Silleman, Brian
Simans, Jeffery
Slayton, Ken
Slusser, Carrie

Smotherman, Cynthia
Sol, Tiara
Sorenson, Diane
Steele, Joanna
Stefan, Geni
Steinke, Jeff

Strachn, Kenneth
Stuart, Brian
Suranyi, Steven
Tapia, Martha
Taverna, Alexandra
Thomas, Craig



Thomas, Tamara
Thomason, Dayna
Thompson, Carol
Thompson, Jennifer
Thompson, Kim
Thomson, Trevor

Trahan, Edward
Travis, Tammy
Tripp, Curtis
Turk, Robert
Turner, Debra
Valente, Anita

Vance, Billy
Vasta, Charles
Venegas, Brian
Vesely, Michele
Villeneuve, Samuel
Villereal, Gil

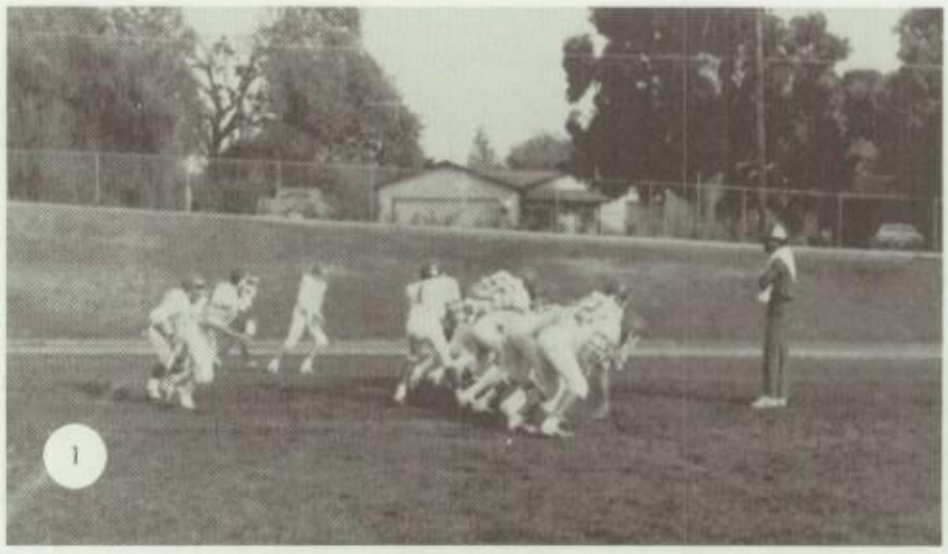
Vohs, Stephen
Wagner, Michael
Ward, James
Warner, Heather
Warner, Lara
Weaver, Lori

Wellman, Kim
West, Lori
Westbrook, Paul
Westfall, Melissa
Whatley, Lynn
White, Kimberley

Wilde, Kelly
Williams, Lisa
Wilson, Steven
Winchester, Goldie
Wiseman, Shanna
Wishman, Kimberly

Wright, Karen
Zeitler, David
Zeleny, Rebecca
Zins, Jennifer

Class of '87 Gains Courage and Spirit


1

2

The Freshman Class, had unusually strong spirit, something that doesn't happen that often. In spite of having a slow start in the Homecoming Week activities, the Class of '87 had a strong finish, almost passing the Sophomores in overall points. Their power was displayed on the football field as the Mighty Frosh destroyed its opposition in receiving the coveted Capital Athletic League Championship. The once timid freshmen put their maps away after the first week and grew into a strong, confident class that shows a strong future for San Juan.

1. The freshman football team wasrms up at Casa Roble. 2. Basketball was a popular pastime for freshmen at lunch. 3. Danielle Nicodemus and Jennifer Petrovich show perfect form.

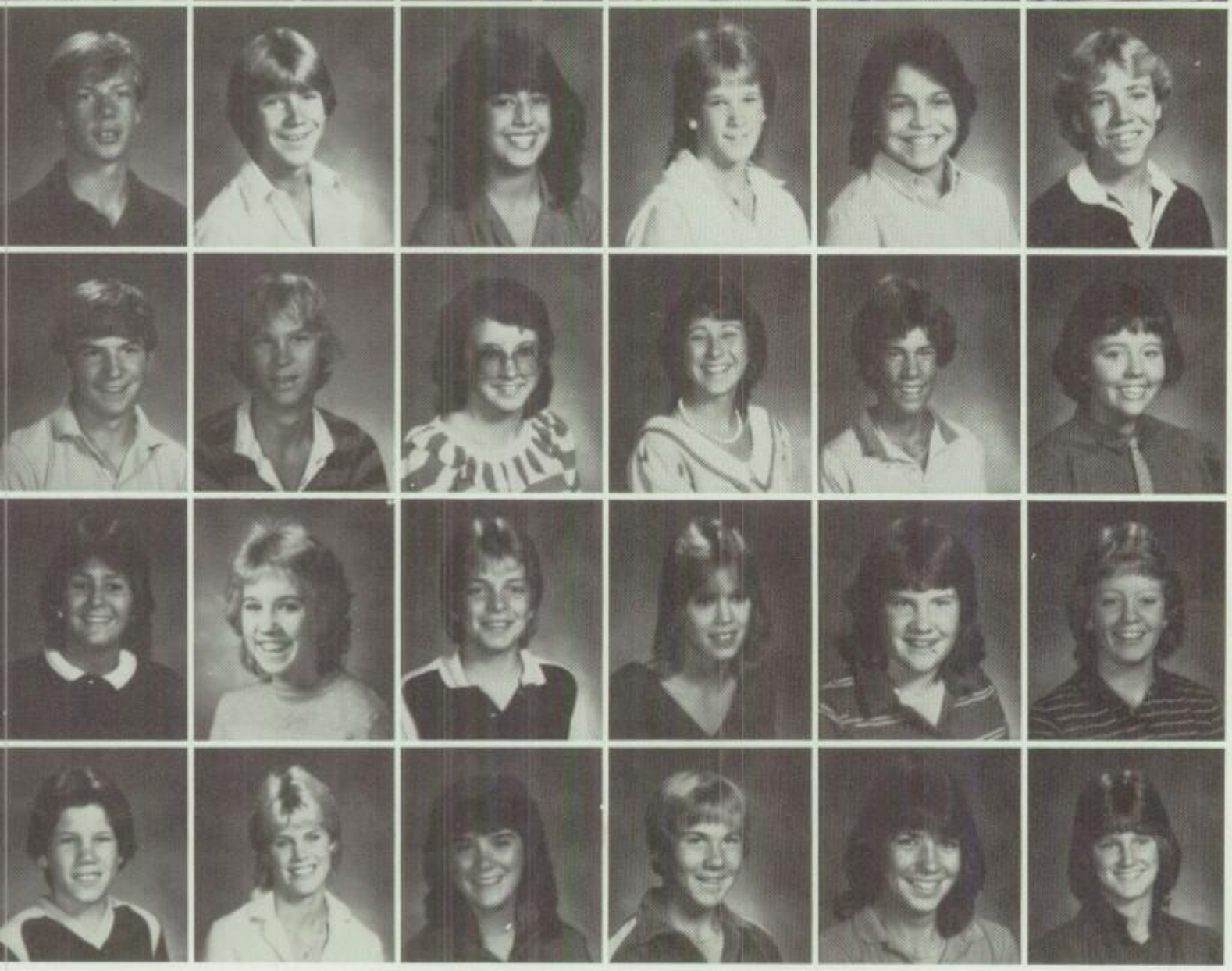
3

Abbott, Robert
Abodeely, Andy
Adams, Candy
Adams, Joey
Adams, Julie
Adrian, July

Allen, Marc
Alley, Carol
Alvarado, Roberta
Andrus, James
Anthon, Shane
Arthur, Shannon

Atteberry, Karla
Awad, Reem
Baker, Connie
Banek, Jennifer
Banta, Tamie
Bates, Shannon

Bayles, John
Becker, Randie
Bennett, Bill
Bennett, Janelle
Biddle, Susan
Bilberry, Erik



Blair, Jim
Bonnifield, Jeff
Boostrom, Heidi
Borders, Lisa
Borja, Susan
Borse, Paul

Bowman, Dave
Bradshaw, Gary
Breaks, Renee
Brennan, Jeanine
Brothers, Doug
Brown, Jamie

Brown, Tosha
Buchholz, Rena
Bucy, John
Bunch, Michelle
Burke, Kelly
Burnett, Lynn

Burt, Conrad
Bushey, Shauna
Bustabade, Andrea
Button, Dave
Byrd, Susan
Cable, Jenelle

Calvert, Robert
Campbell, Joanne
Campbell, Wayne
Carey, Susan
Carino, John
Carleton, Carrie

Carmack, Jerry
Carney, Christine
Cary, Robert
Case, Sara
Celaya, Bernie
Chalton, Edward

Chatoian, Michelle
Chatoian, Mike
Christensen, Scott
Christianson, Tammy
Cisneros, Denise
Cline, Alesia

Cloke, Michael
Connelly, Terri
Cook, James
Corona, Regina
Coronado, Jennifer
Cosker, Mark

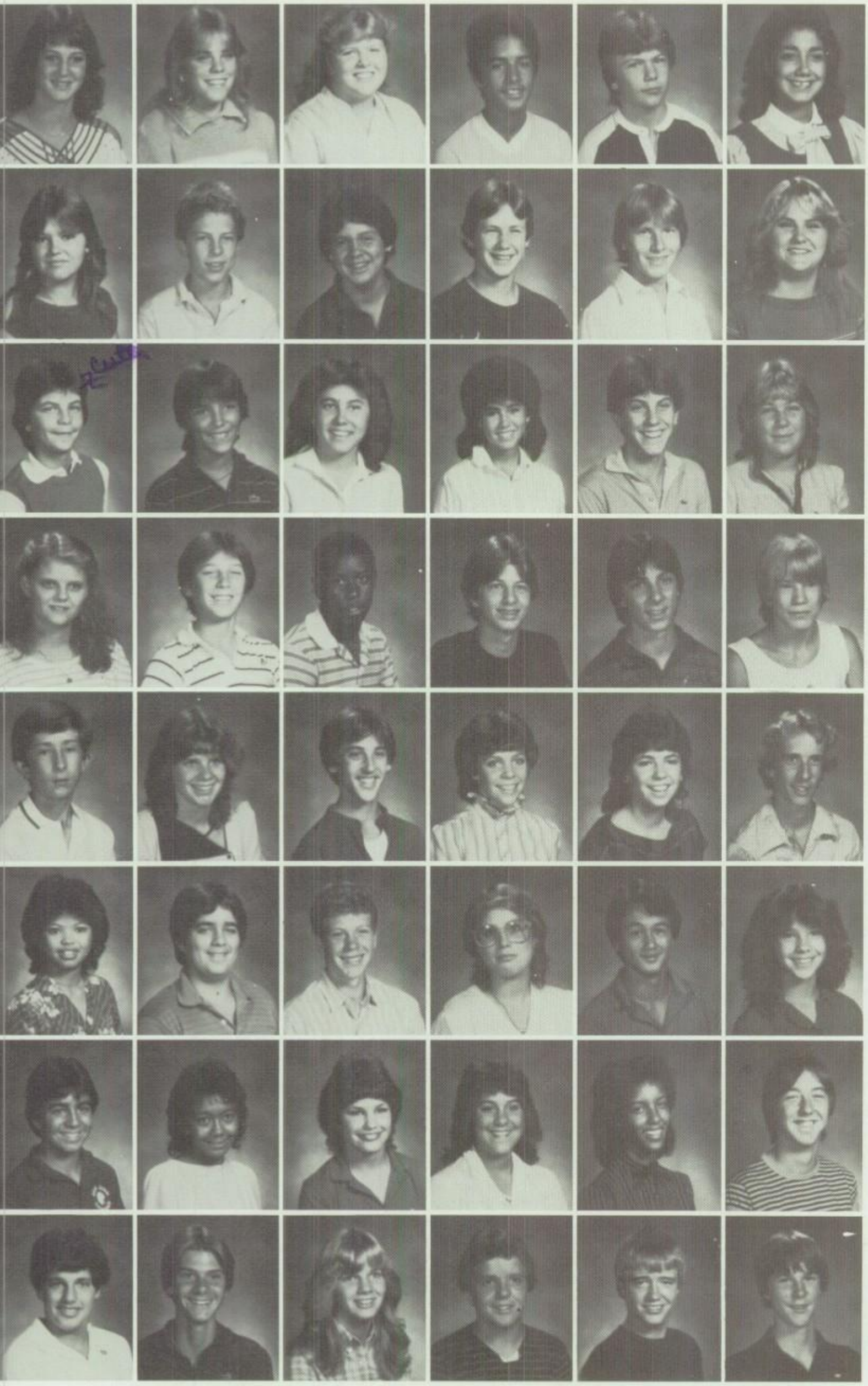
Counts, Sheila
Cox, Eric
Crawford, Kimberly
Crotts, James
Cruz, Michael
Cunningham, Cheryl

Cunningham, Kim
Dalton, Kelly
Dalton, Missy

Davis, Jason
Davis, Joe
Dawson, Tad

Day, Shon
DeCillis, Mary
Dennis, Terresa

Mark and Martin Ross pop at lunch.



Ding, Stacey
Doughman, Nancy
Douglas, Jodi
Dowse, Roy
DuBois, Leif
Dutra, Bela

Dye, Brenda
Eden, King
Ehrman, Kenny
Endicott, Bill
Engelbach, Patrick
Evans, Daphne

Facha, Dan
Fagundes, Eddie
Falco, Angella
Fenton, Debi
Fidler, David
Fields, Jennifer

Fiffick, Ann
Figueroa, David
Fletcher, David
Florence, Dan
Florey, David
Flynn, Pat

Frazer, Mike
Fredrickson, Diane
Friedlander, David
Galante, Christine
Galati, Angela
Gardner, Richard

Gates, Tracy
Gillespie, Steve
Gingrich, Mike
Girard, Jeni
Gisondi, James
Glossenger, Michele

Gomez, Alberto
Gomez, Amber
Gomez, Andrea
Gomez, Laura
Gordon, LeeAnne
Gordon, Loren

Grant, Eddy
Gravvat, Aaron
Green, Candace
Green, Gary
Green, Mike
Green, Ron

Guess, Rayna
Gundros, Stacy
Halbritter, Sherelle

Hansen, Sean
Harmon, Shawna
Harper, Katie

Harter, Dan
Harvey, Matt
Haslett, Betty

Good Morning, David!

Haven, Kim
Haymore, Shelly
Hazelwood, Debbie
Henry, Christy
Herrera, Tawny
Hickman, Barry

Hicks, Rodney
Highbaugh, Kevin
Hitchcock, Eric
Howe, Shannon
Hullet, Janine
Hutchens, Kathy

Huynh, Anh
Jacobi, Jennifer
Jensen, Jorn
Jimosse, Pat
Jobe, Tony
Johnson, Jeff

Johnson, Mark
Johnston, Diana
Jones, Alethia
Jones, Clint
Jones, Craig
Jones, Guy

Jones, Nicole
Jones, Scott
Jones, Tasha
Jurasas, Jennifer
Kalostos, Monique
Rampfraat, Joe

Karr, David
Keiser, Tom
Keith, Rob
Kelley, Chris
King, Lee
King, Michelle

Knape, Robert
Knudsen, Gordon
Kohler, Alice
Kohout, Michael
Korth, Maudeen
Kuntz, Brandi

L Ecuyer, Brian
La Nier, Sean
Lahmann, Jana
Lalley, Robert
Lambert, Todd
Landis, Bill

Latiker, Shannon
Leeson, Rich
Lepper, Jason
Lewis, Laura
Lim, Diane
Lindow, Jason

Lipp, Christine
Lohbeck, Cindy
Lorrekovich, Jackie
Lovett, Leonard
Machado, Kris
Maciolek, Hope

Magelssen, Lisa
Maloney, Sean
Maltby, Kimberly
Mardock, Dean
Marquez, Allen
Marrujo, Linda

Martin, Diahann
Mason, Lana
Matson, Doug
Matson, Scott
Mc Collum, Trina
Mc Corkle, Rob

Mc Donald, Tiffany
Mc Kennan, Tina
Mc Mahon, Sherri
Mc Williams, Cris
Melvin, Kim
Meyer, Jayson

Miller, Jeannie
Miller, Karen
Miller, Kathy

Tiffany McDonald goes over her lines.

Miller, Marla
Milton, Shannon
Mims, Gary

Mockler, David
Modley, Terry
Moen, Paul

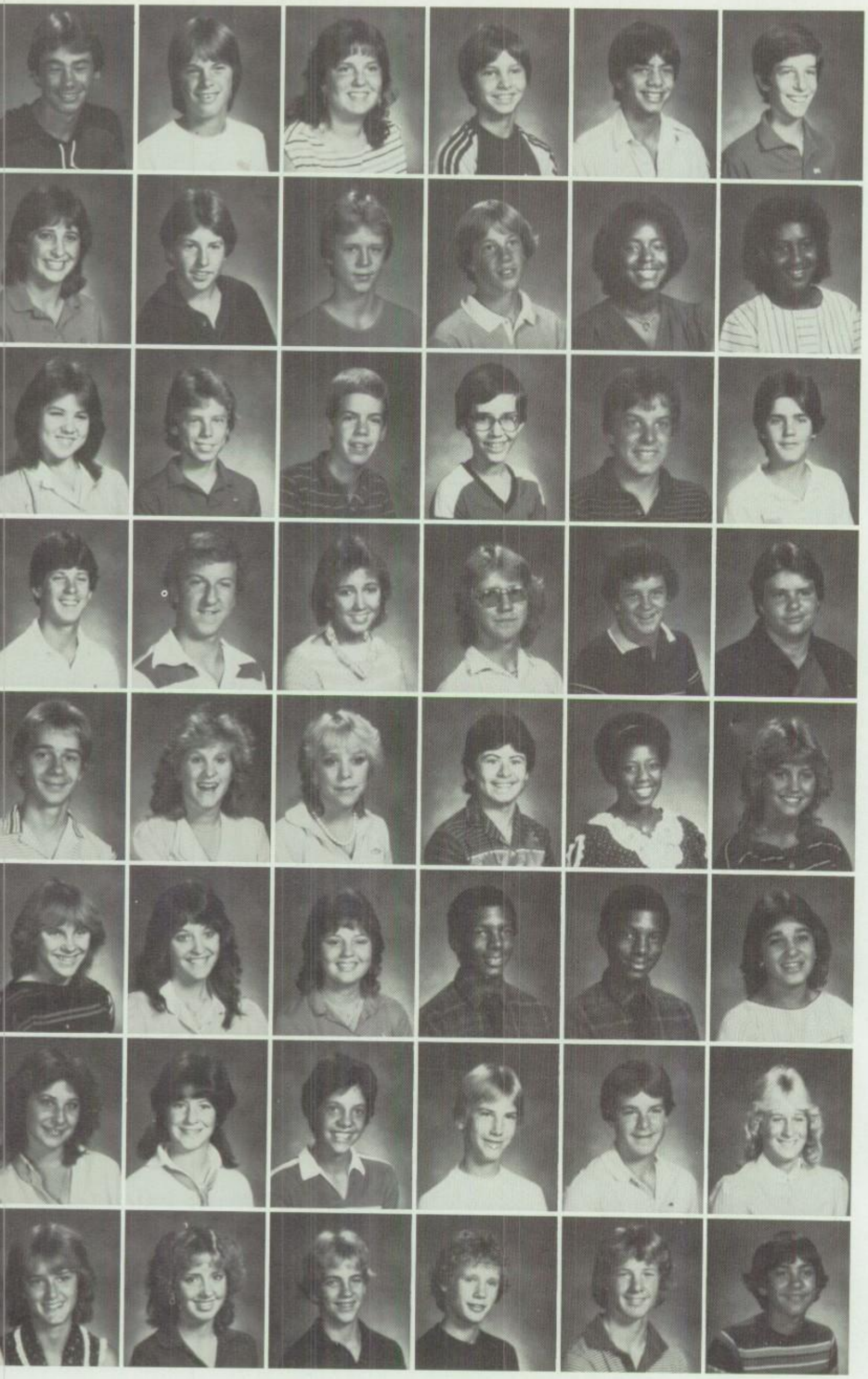
Moore, Kellie
Moore, Shari
Moorhead, Bebbie
Morgan, Liz
Morrison, Tye
Morrow, William

Nagy, Mary
Nelle, Le Ann
Nelms, Terrie
Nelson, Joy
Nelson, Kris
Nelson, Rhonda

Neugebauer, Nikki
Nevills, Linda
Nicholson, Suzanne
Nicodemus, Danielle
Normington, Julie
O Brien, Shawn

Oakley, Shauna
Okumura, Rob
Olson, Paul
Ornelas, Natalie
Orr, Dawn
Orr, Janet

Orr, Kathryn
Owen, Greg
Palansky, Chuck
Peacher, Steve
Pearson, Ann Marie
Pember, Alan



Penner, Tim
Perotti, Dave
Perry, Caryn
Perry, Scott
Peruch, David
Pesenti, David

Petrovich, Jennifer
Philip, Kirk
Pie, Philip
Pietromonaco, Dean
Polk, Rachel
Porter, Chamont

Powell, Candi
Purdy, Chris
Pursell, Robert
Pyle, Tim
Ramsey, Ben
Rankin, David

Rauh, Keith
Reha, Darren
Reynolds, Dawn
Rice, Scott
Richter, Brian
Rickert, Brett

Rickey, Glen
Ridgel, Rachael
Ritchie, Stephanie
Rivas, Jimmy
Robinson, Cathy
Rogers, Serena

Rolin, Michelle
Rood, Gale
Ross, Jennifer
Ross, Mark
Ross, Martin
Sanchez, Carin

Scalibrini, Teresa
Schager, Cindy
Scott, Ronald
Seabolt, Todd
Seeber, Mike
Seefeldt, Laura

Seitzinger, Lori
Sheppard, Dalena
Sherrill, Ryan
Skelley, Greg
Slagle, Matt
Sligar, Adam

Smith, David
Smith, Jennifer
Smith, Stephanie
Smith, Tammy
Soncrant, Mary
Sponaugle, Kara

Stadelman, Danny
Staggs, Cindy
Steinwandt, Lara
Sterert, Matt
Sternagle, John
Stevenson, Dawn

Stolz, Kaylon
Strawser, Gina
Strom, Ron
Stultz, Kammy
Sutton, Brian
Tannehill, Tami

Tatum, Cindy
Taylor, Brent
Taylor, Michelle
Thompson, Eric
Thompson, Stephanie
Thorn, Lisa

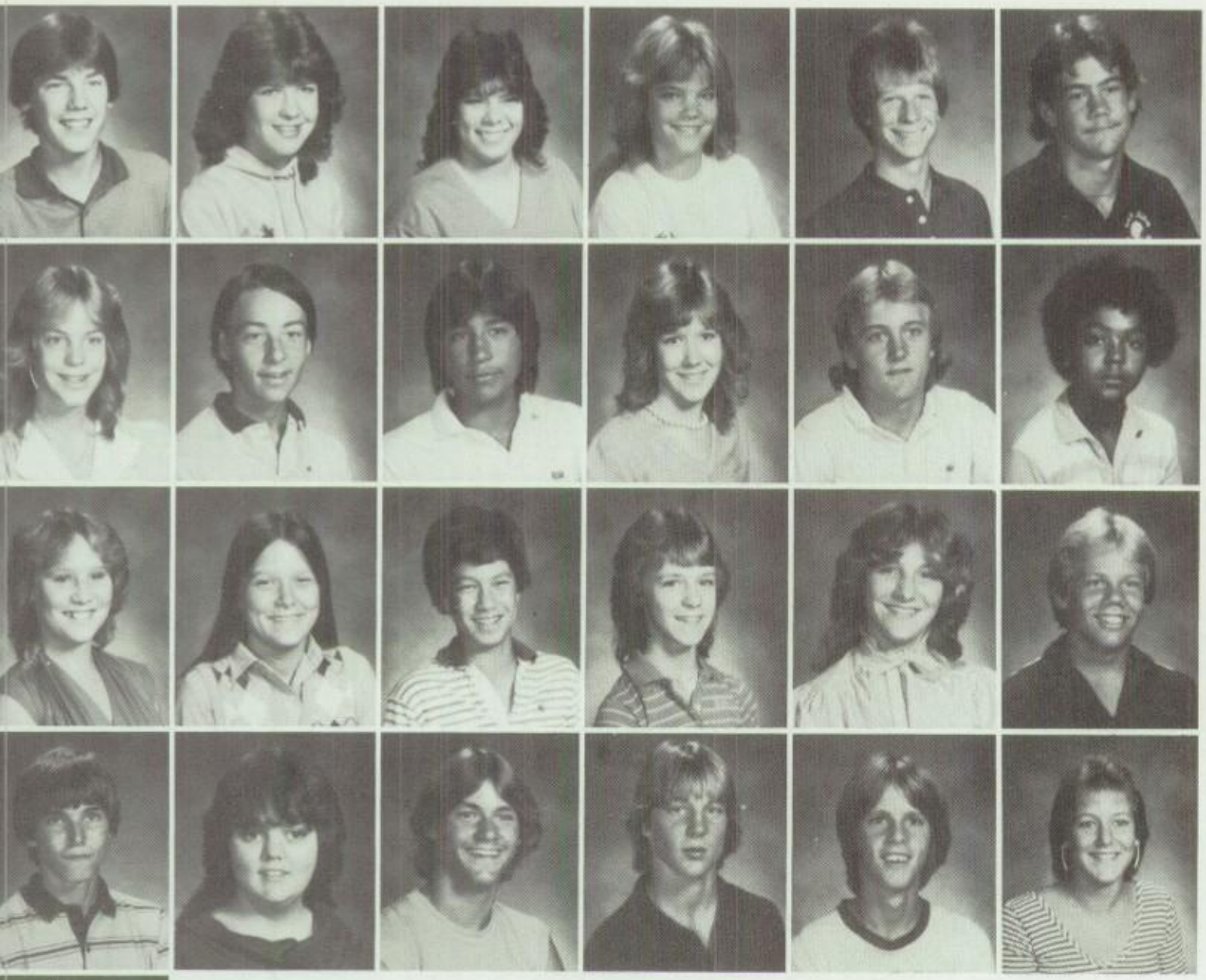
Tokimitsu, Marni
Torres, Richard
Troyak, Tony
Tucker, Brenda
Upton, Cindy
Valentine, Victoria

Vaters, Wendy
Venegas, Rita
Villarreal, Peter

Wade, Kristia
Wagner, Heath
Wakefield, Kimberly

Walker, Wendy
Wallace, DeShara
Wallom, Don

Danielle Nicodemus practices a move.



Walterscheid, Rick
Watkins, Leanne
Weathers, Melinda
Weaver, Laura
Webb, Bryan
Weber, Terry

Welder, Stacey
Weyhe, John
Whalen, Ray
Will, Tracy
Willey, David
Williams, Lamarr

Williams, Tammy
Wilson, Angie
Winning, John
Winters, Kim
Wirth, Sherry
Woods, Ted

Wycoff, Edward
Yaksitch, Joanne
Zacharias, Darren
Zahourek, Mike
Zanon, David
Zawlocki, Amy

Zeleny, Rhonda

It's been a GREAT year. Good luck in the future. Keep in touch.
723-2642
6845 Citrus Heights
MATT STEWART
SUGAR MAPLE WAY
California 95610

Faculty Improves Standards

The 1983-84 school year will go down as one of the outstanding years at San Juan High School. As students arrived in September, it became apparent that major changes had taken place. Through the efforts of student government new landscaping was observed upon entering the hallowed halls at San Juan. In addition, the entire exterior of the school had been painted and looked far more attractive than in past years.

Along with these cosmetic changes, a far more important change became apparent. Students' respect for the school increased. The community's attitude toward the school has taken on new impact, and the staff once again feels that someone cares. With parent, student, and community involvement increasing, significant strides forward have taken place. Our students, through such activities as Mathletes, Academic Decathlon, and Mock Trials, displayed academic excellence in competition with other schools in the area.

Both our Boys' and Girls' Basketball teams provided an outstanding year, combining for over thirty-eight wins between the two teams. Our Boys' team progressed to the Tournament of Champions, and our Girls' team won the El Camino Invitational Tournament.

In the area of clubs and student activities, a resurgence of student involvement has taken place, making San Juan High School the most active school in our community. As the year draws to a close, it is obvious to all of us that this has been a most memorable year.
Mr. Berger

3

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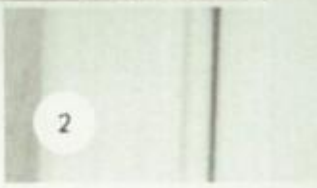
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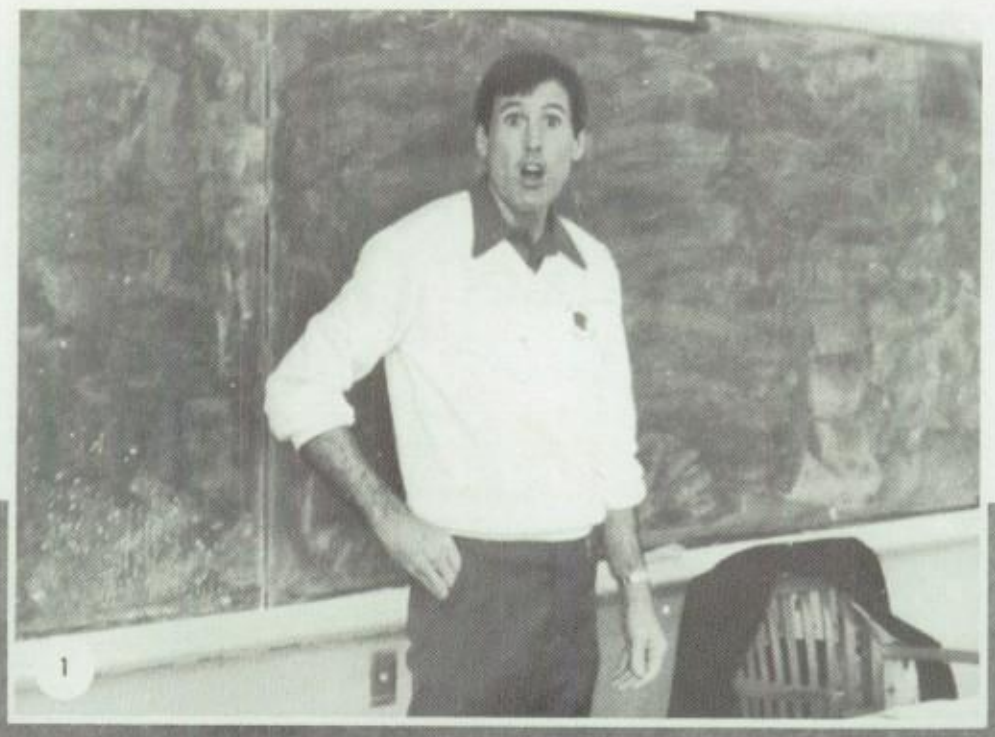
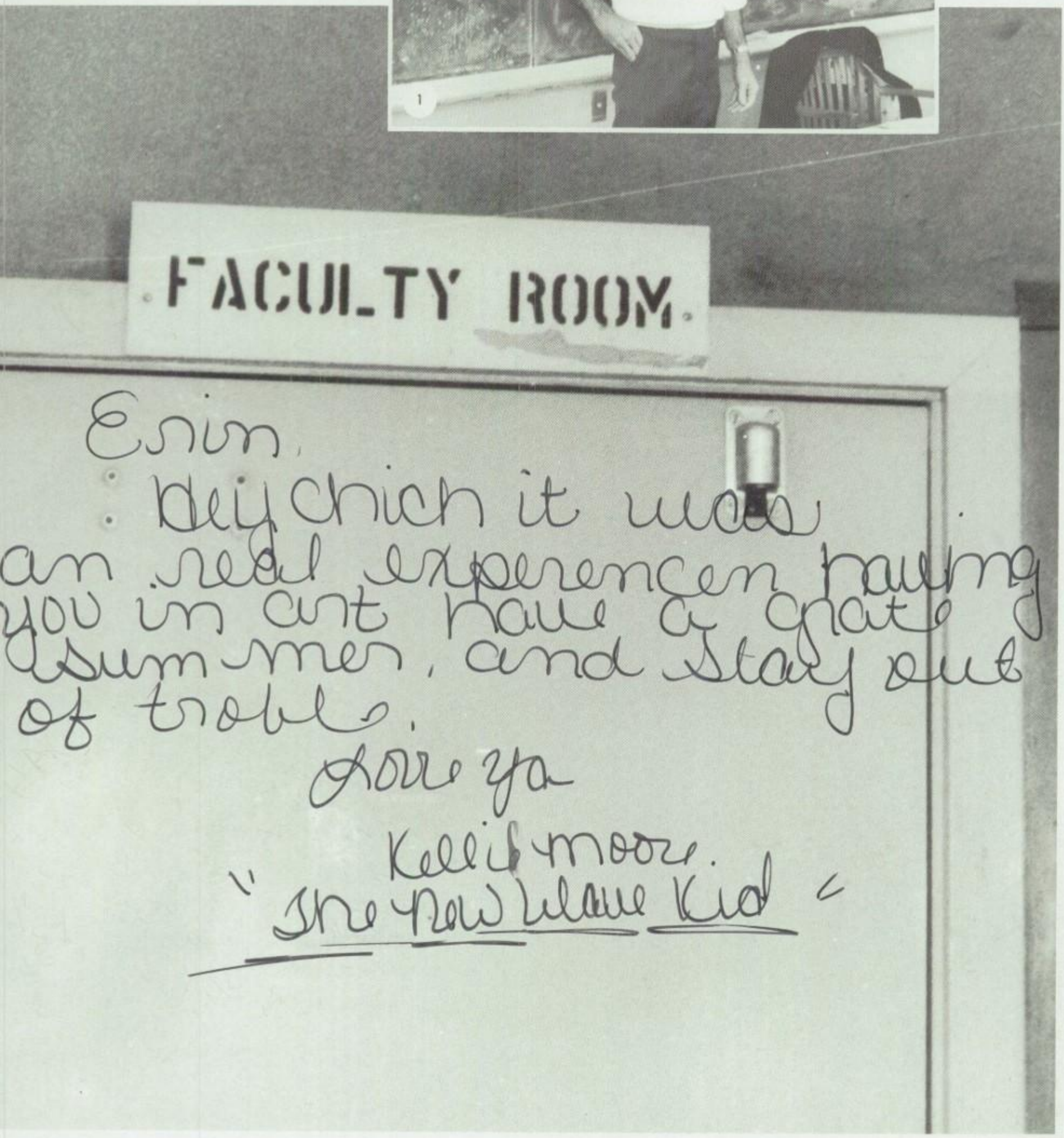
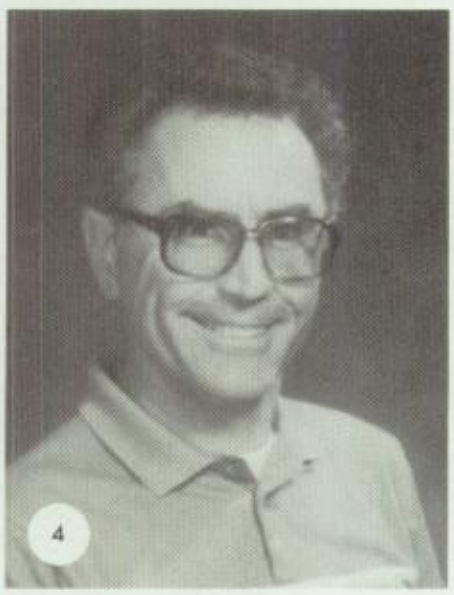
Mr. Clay is amazed. 2. The local hangout. 3. oby on Broadway. 4. Some people's kids!!, sighs Berger.

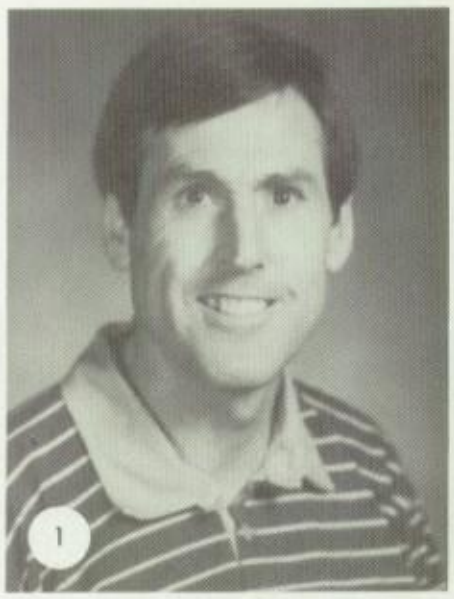




1. Mrs. Adams, Resource. 2. Mr. Allen, Science. 3. Ms. Altieri, Foreign Language. 4. Mrs. Anderson, English. 5. Mrs. Armstrong, Attendance Office. 6. Mrs. Bruce shows her best pose. 7. Workers at the Day Care Center working hard.

1. Mrs. Baharestani, Day Care Center. 2. Mrs. Bear, Finance Office. 3. Mrs. Bear awaits another customer. 4. Mr. Chase, English. 5. Mrs. Bruck, English. 6. Mrs. Bruce, Consumer Economics. 7. Mrs. Bouffard, Social Science.

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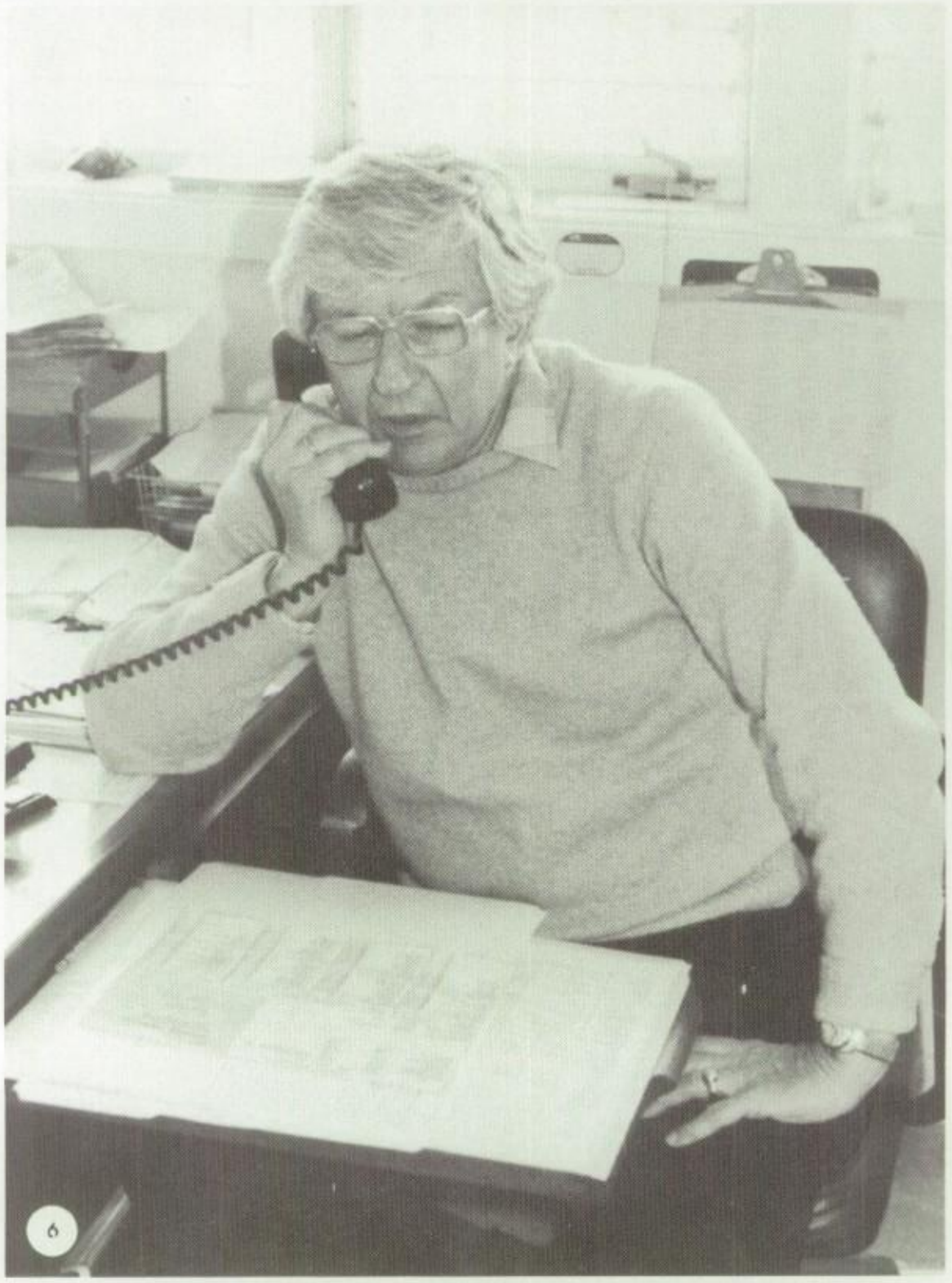
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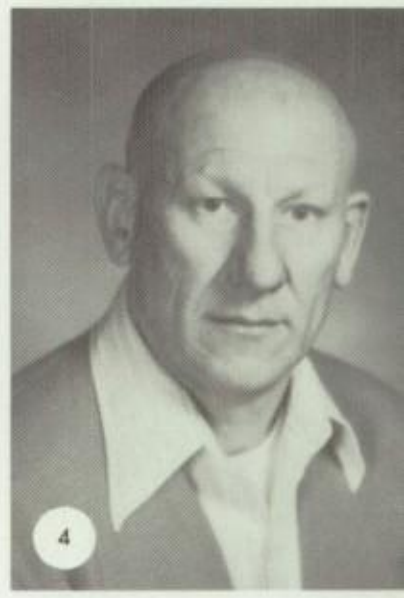
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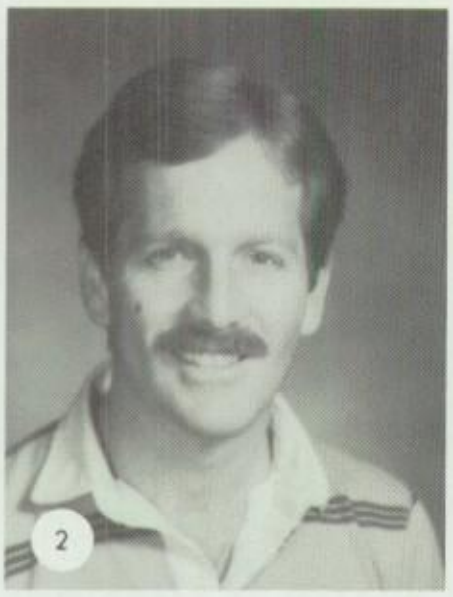
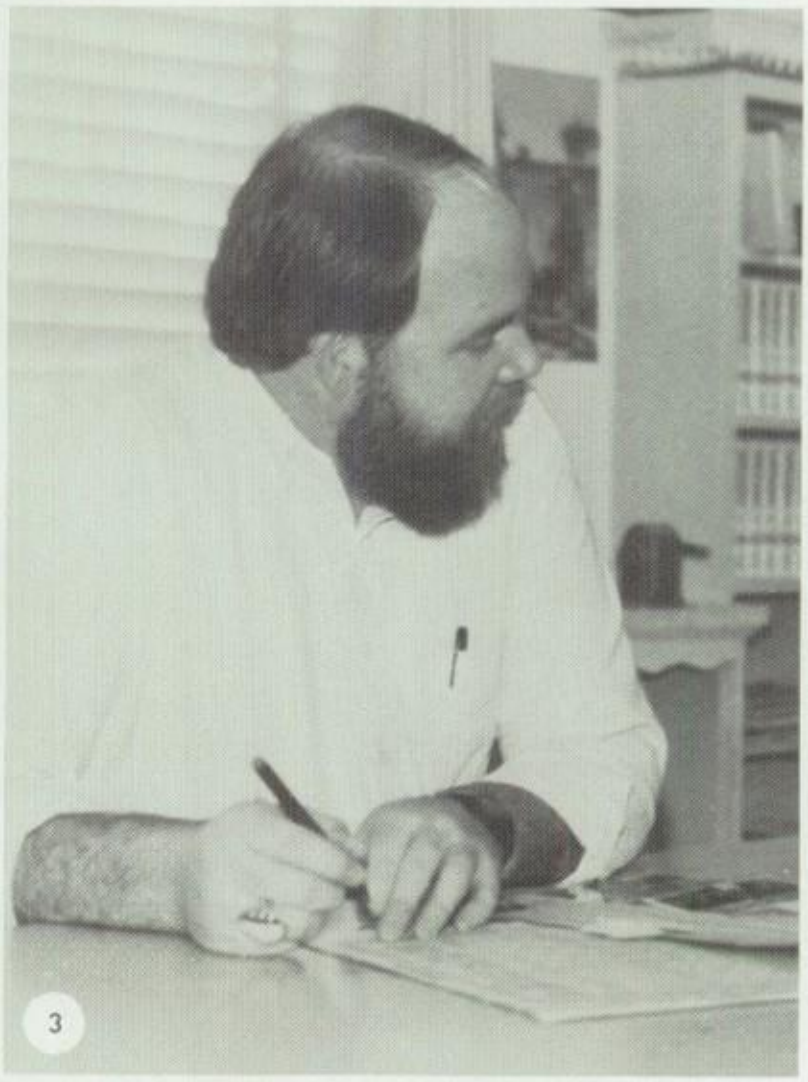
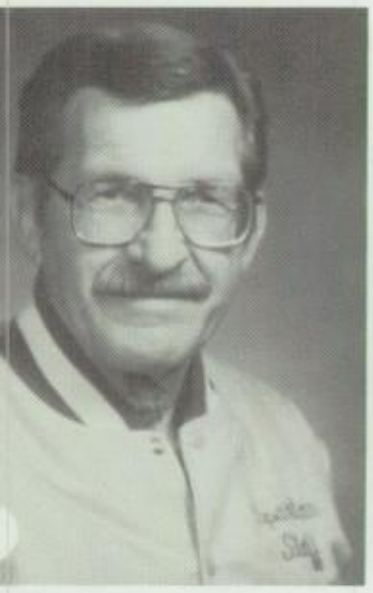
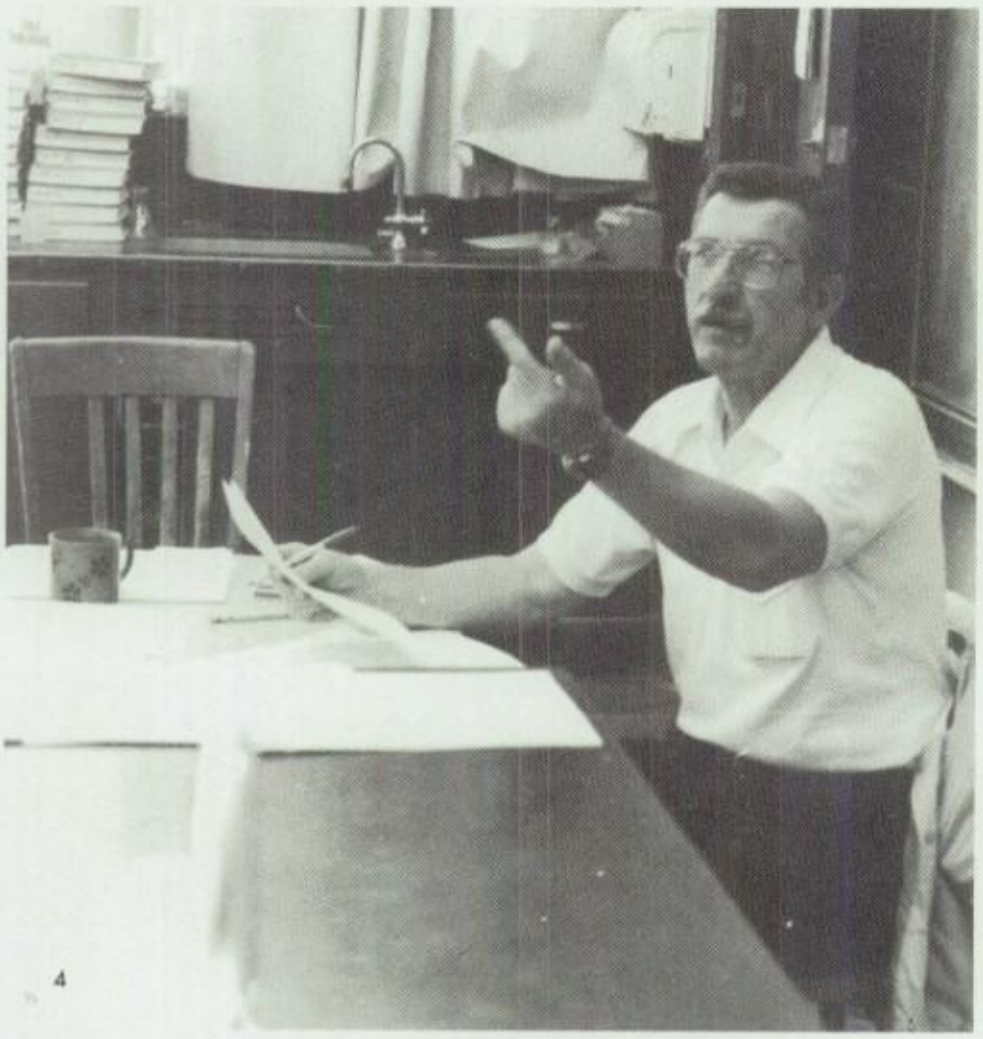
1. Mr. Clay, Math, P.E. 2. Mr. Cornwell, Counselor. 3. Dr. Clark, Administrator. 4. Mr. Crowl, Science. 5. Mrs. Cossairt, Consumer Economics, R.O.P. 6. Mr. Cornwell takes a call.



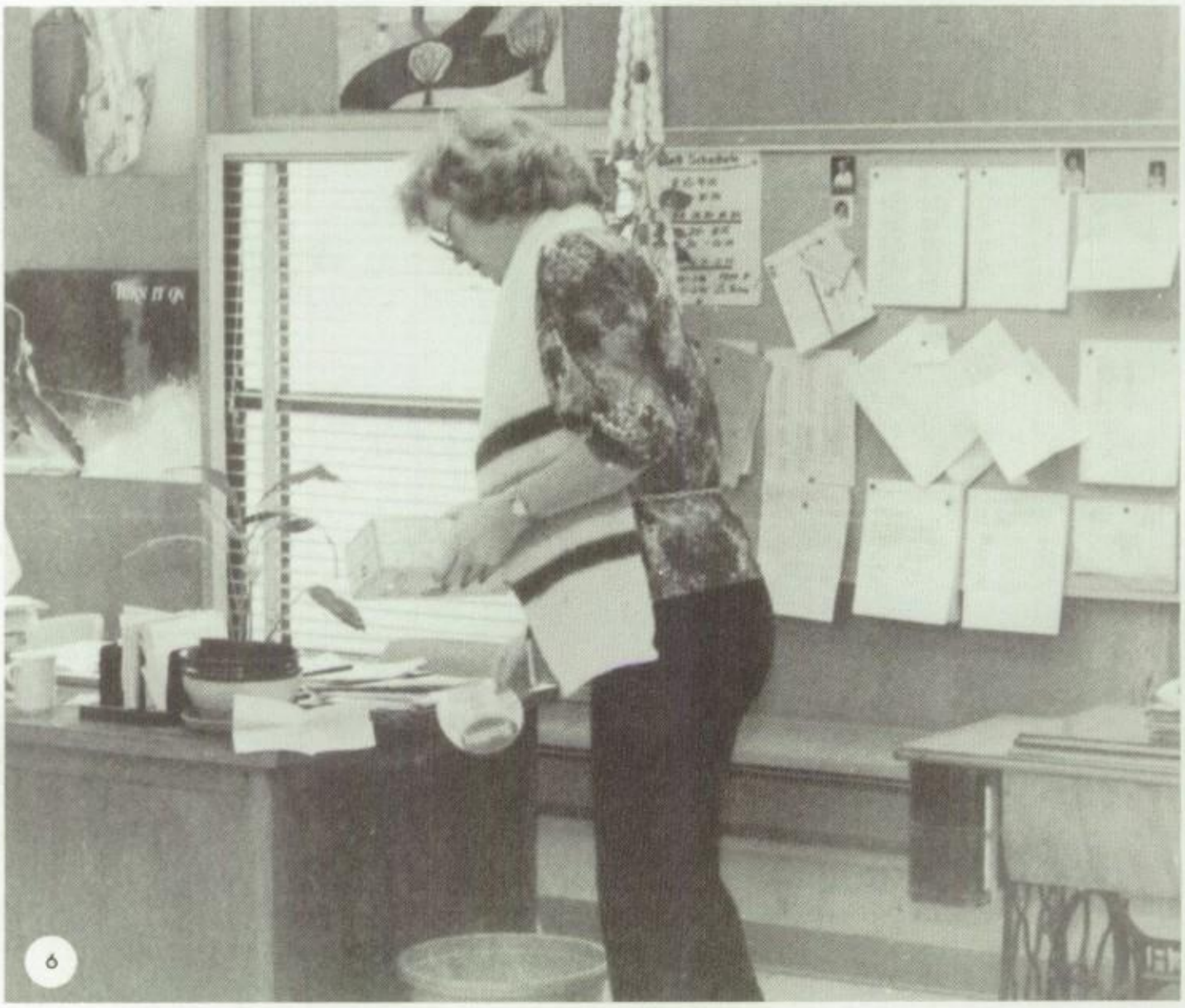






1. Ms. Curley, Foreign Language. 2. Mr. Curtis, Art. 3. Mr. Terwilliger seeks advice from a higher authority. 4. Mr. Dibben calls up a student. 5. Mrs. Edwards, Home Economics. 6. Mr. Dibben, Science. 7. Mrs. Davis, P.E. 8. Ms. Devichi, Foreign Language.

1. Mrs. Fleury, Day Care Center. 2. Mrs. Flores, Day Care Center. 3. Mr. Fox, Social Science. 4. Mr. Gonzalez, Music. 5. Mr. Gatewood, Social Science. 6. Mrs. Summer straightens up her desk.



1. Mrs. Gregoire, Administration. 2. Miss Haley, Social Science. 3. Mrs. Handy, Attendance Office. 4. Miss Haley smiles for the camera. 5. Mr. Lee, Resource. 6. Mrs. Jacoby, English. 7. Mrs. Hanson, Resource.

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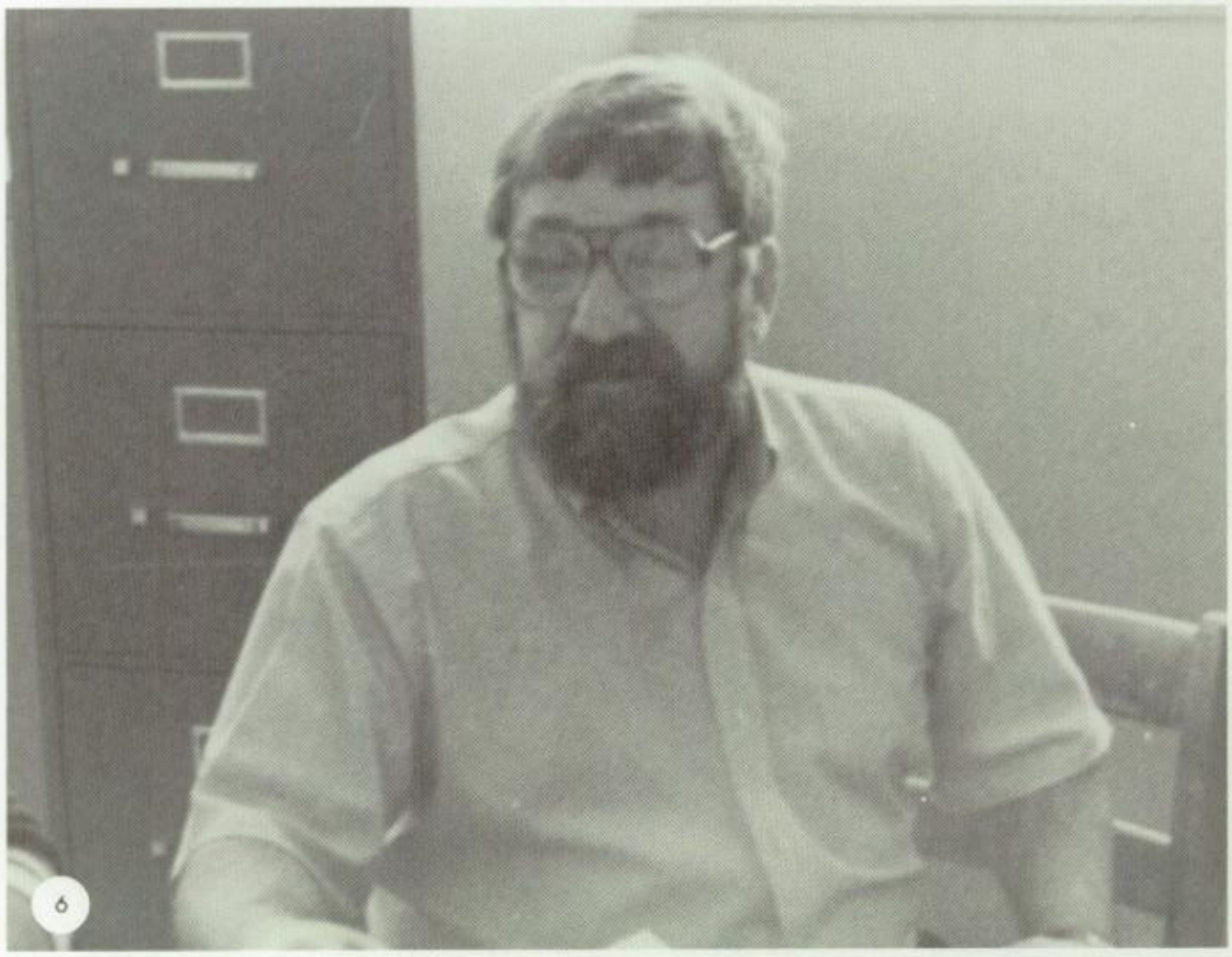
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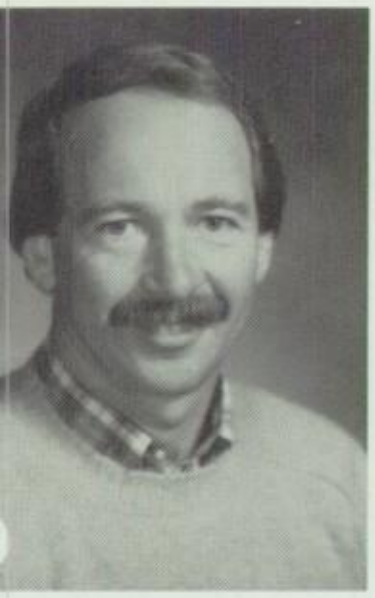
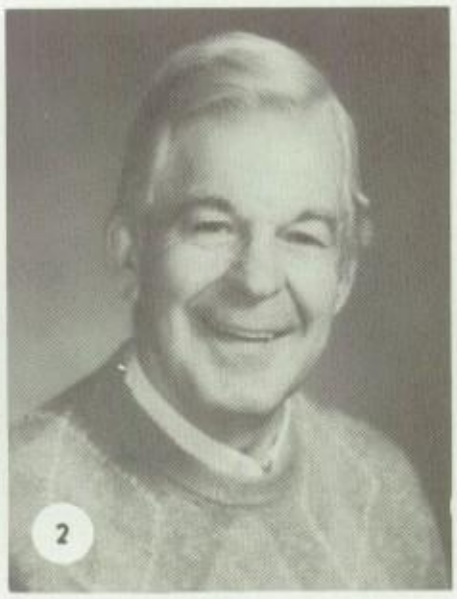
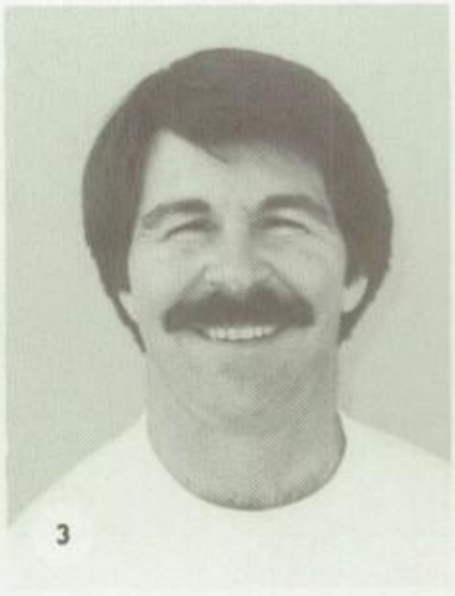
1. Mr. Lokteff, Math, Science. 2. Mr. Lehman, Math. 3. Ms. Lindauer. 4. Mrs. Mahoney, Secretary. 5. Mrs. McCarty, Secretary. 6. Mr. Mahan helps one of his students.



1. Mr. Murphy, Student Activities Director. 2. Mr. Nielsen, Science. 3. Mrs. Nollette, Secretary. 4. Mrs. Owen, Business. 5. Mrs. Michael helps a student in the Counseling Office. 6. Mrs. Prowen, English. 7. Mrs. Mahoney answers the phone in the Main Office. 8. Mrs. Peterson, Science.





1. Ms. Raney, Science. 2. Mr. Rasmussen, Administrator. 3. Mr. T. Rasmussen, P.E. 4. Mrs. Reagan, Resource. 5. Mr. Reed, Social Science. 6. Mrs. Smithson puckers up to the phone. 7. Mr. Rasmussen and Mrs. Nollette share a joke.

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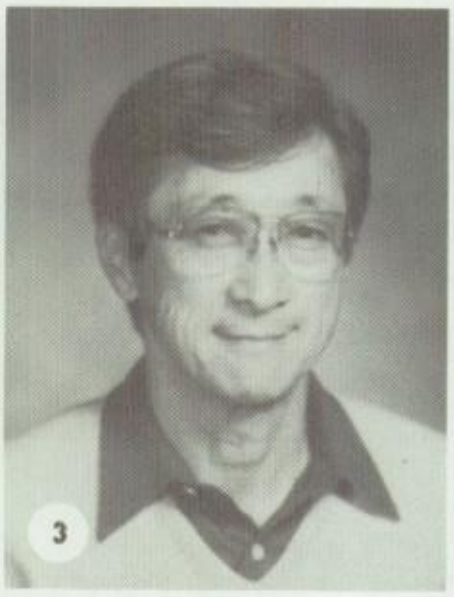

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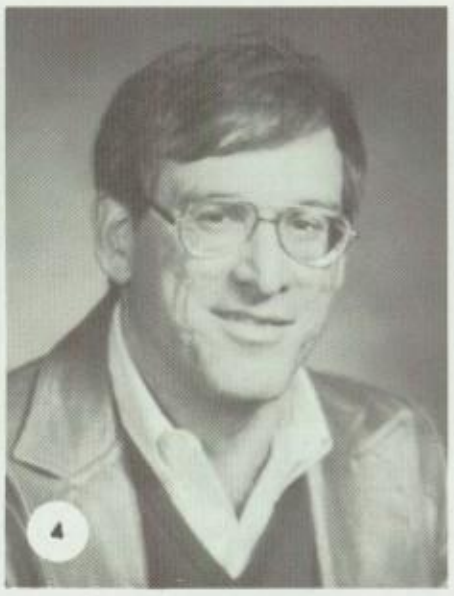

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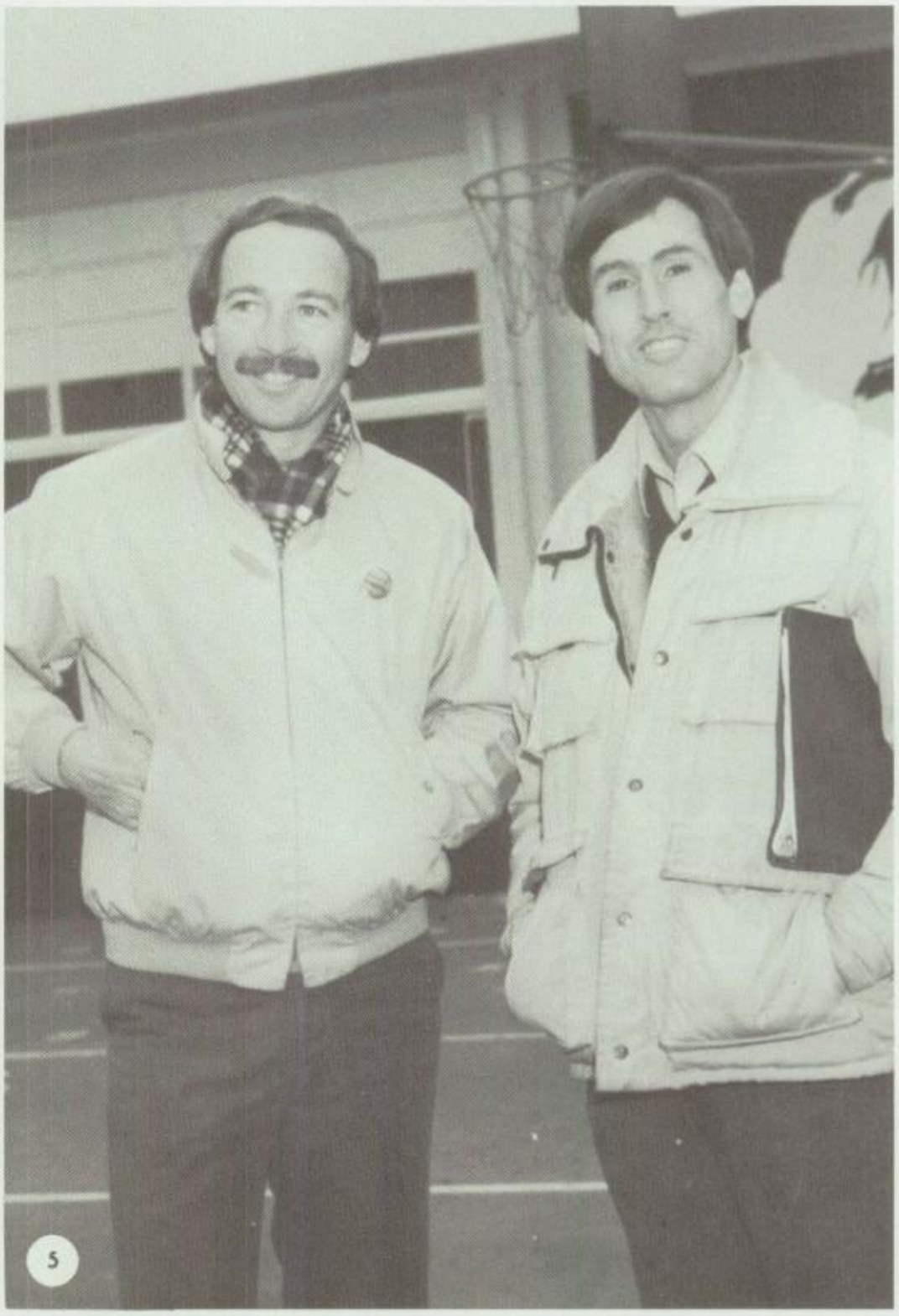

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Reyes, Social Science. 2. Mrs. Ross. 3. Mr. moto, Business 4. Mr. Searcy, Social Science. . Murphy and Mr. Clay supervise intramurals ach. 6. Mrs. Smithson, Secretary. 7. Mr. Shaw, odian.

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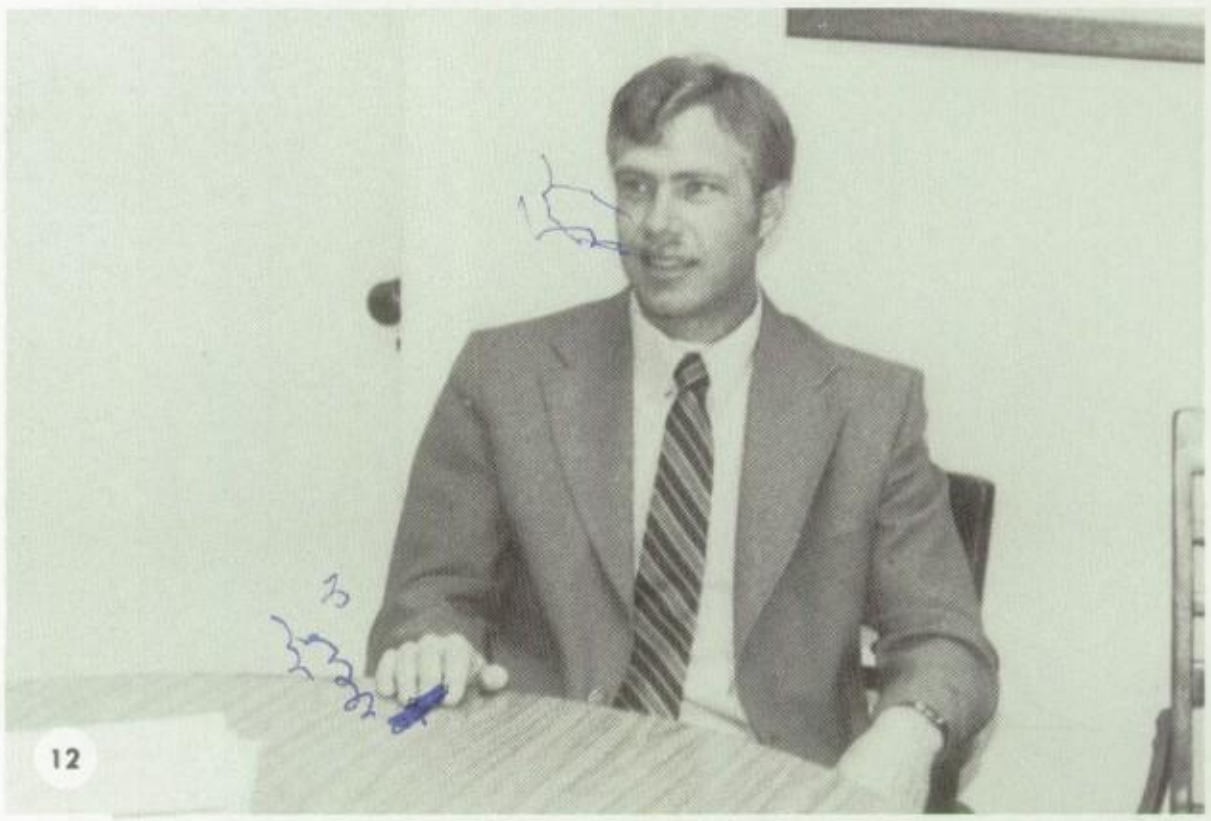
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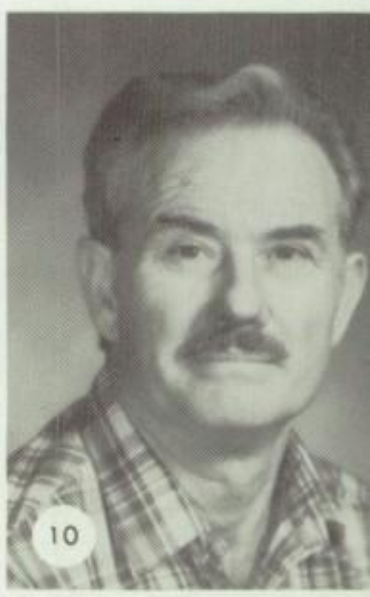
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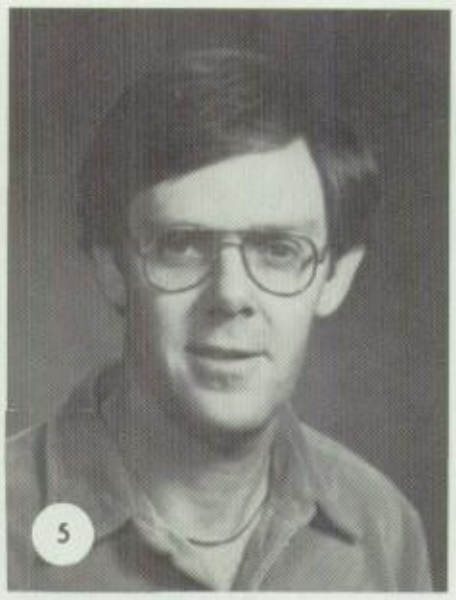

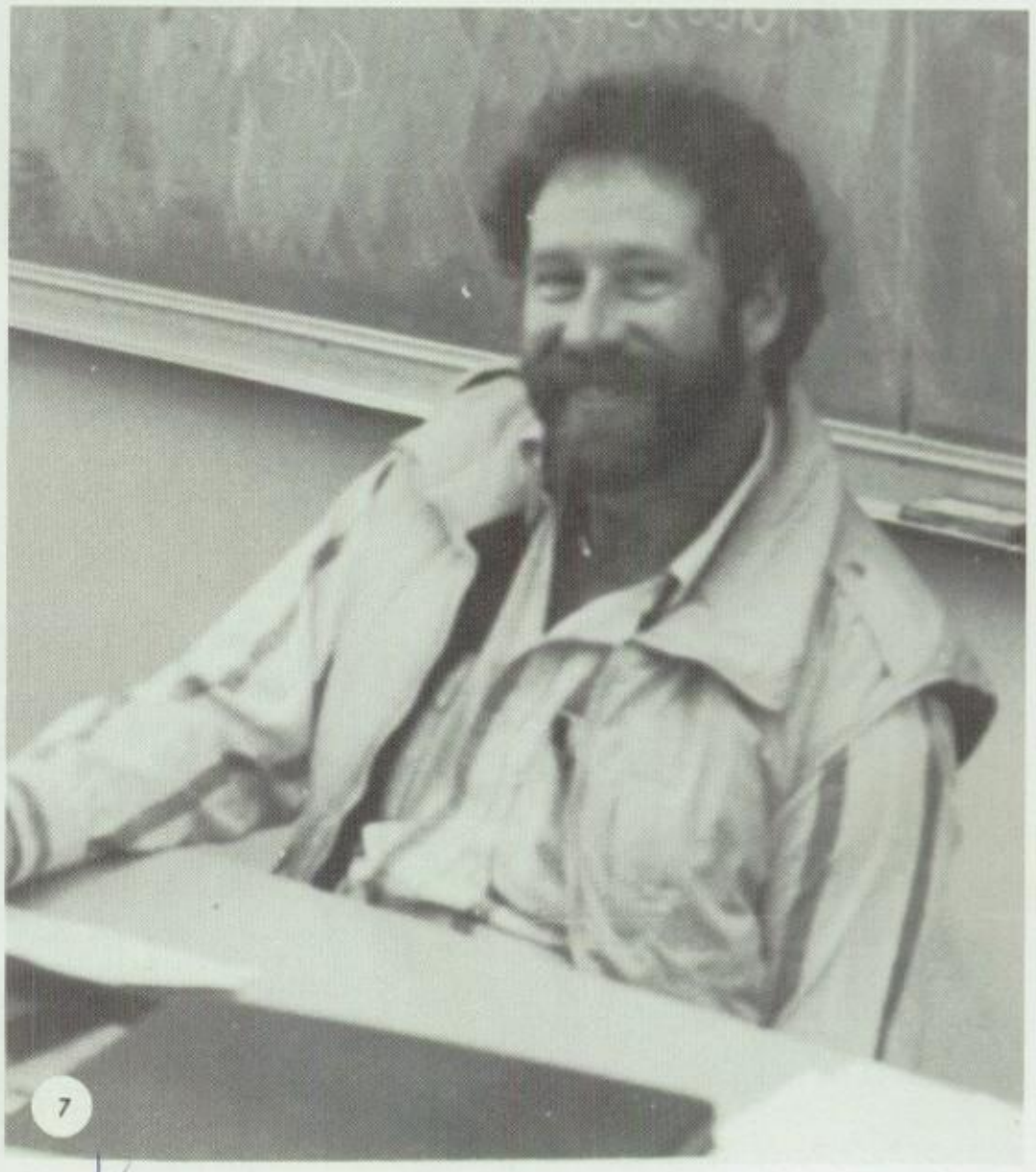

1. Miss Solie, Counselor. 2. Mrs. Spickelmier, Art. 3. Ms. Stewart, Counselor. 4. Mr. Wells greets the 'Notes photographer. 5. Mr. Wilson, English, Drivers' Ed. 6. Mrs. Woodard, P.E. 7. Mr. Wharton takes a break from grading papers. 8. Mrs. Yount, English. 9. Mrs. Worrall, Consumer Economics, Home Economics. 10. Mr. Tognetti, Industrial Arts. 11. Mr. Roth instructs his Drama Workshop. 12. Mr. Reidt strikes a friendly pose. 13. Mr. Terwilliger, English.

A Fast-Paced Year

1983-1984 was a fast-paced year, full of changing times. New fads appeared on the movie scene, wild styles hit the streets, and major world and economic news created controversy. Lebanon became even bloddier than before, the economy improved and nuclear protests increased. Many American families waited for days to learn whether or not their sons and husbands survived the Beirut bombing. Many families didn't see their loved ones again.

Along with the new styles and movies that were popular came the old 50's/60's styles and movies. A quintet of Hitchcock classics were dusted off for rerelease and an eighty-four foot replica of King Kong was seen clinging to his famous perch, the Empire State Building. The slicked-back hair styles, black leather jackets and penny loafers also survived the intervening years.

The fads seen throughout the year included grown women racing for Cabbage Patch dolls. Skateboarding came back again, as did the bop, and everyone's favorite: going to parties.

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Pop Hits Set Trends

Inflation hit the box offices again this year. Just to see a movie you had to pay $5.50. As a result, video cassette recorders became more popular. Tuesday bargain night came back, and the $1.00 admission was gladly welcomed.

One of the hottest movies to come out this year was "Flashdance" starring Jennifer Beals. "Footloose" then came out in February and was a take-off of the well-liked dance movies. The third in the Star Wars saga also appeared on the move screens. "Return of the Jedi" was the best movie out of the current trilogy. Other movies that ranked high on the charts were: "Terms of Endearment," "Yentle," "Silkwood," and "Sudden Impact."

In 1983-84 television saw many intriguing shows and changes. "The Day After" shocked America with its depiction of the effects of a nuclear holocaust. Movie Vision again changed its name to ON TV. Music video swept the channels including cable which presented MTV. Home videos were also popular, and Michael Jackson's "Thriller" video was rented and sold the most throughout 1984.

New Fashion

The styles of 83-84 were daring. Anyt
found in grandpa's closets to your own ga
was socially acceptable. Things like
clothes, plastic clothes, plastic shoes, vib
socks, plaid shorts, bright hair, spiked hair
level hair, gaudy plastic jewelry, old styles,
styles, mini skirts, leather skirts, big shirts,
sunglasses, and everyone's favorite Levi's 5
(best if dyed). If ever there was a year that w
to the extremes in fashions, this was it.

During the summer both males and fem
wore wild bermuda shorts, polo shirts and

ere Hot

rs. And for either set to be totally in style clothes were to be ripped, too big or too ll, and it all had to clash. This was the year guys discovered the miracles of make-up, dippity do. The female crowd got a taste of 's clothing, men's underwear, shaved ds, and wearing chains. Ten-ten purses aled all the little girls' secrets.

his was a year of change, bringing out new es and bringing up the old 50's/60's styles. vever, these unpredictable styles of 1984 e far from George Orwell's predictions.

A Year of Headlines

Many news making activities took place during the 1983-84 school year. Perhaps the biggest headliners were the downing of the Korean jetliner, the US invasion of Grenada, the Marines in Lebanon, the Olympics, the Presidential campaign, and the death of Soviet leader Yuri Andropov.

There were also numerous other stories that seemed to affect society in one way or another. For example, the outbreak of the mysterious disease Aids, America's first black astronaut and Miss America, along with the nation's first woman in orbit occurred during 1983 and 1984. Conceivably some of the stranger stories included the kidnapping of the founder of the Heineken beer company, the dubbing of John McEnroe's face on the shoulders of a body builder for an ad to sell tennis rackets, and the selling of everyday tools and parts to the Pentagon for outrageous prices.

Seattle 132,
Denver 120
Indiana 106,
Utah 104
Milwaukee 113,
Chicago 103
Boston 107
Portland 101

College

North Carolina 78,
Maryland 63
Fresno St. 68,
UNLV 43
Illinois 70,
Michigan St. 4

Another 1-2 ski finish for U

Phil Mahre nips brother Steve for 1st

By D. BYRON TARR
AP Sports Writer

SARAJEVO, Yugoslavia — As ...ttingly fell again on this nearly ... city on the final day of the ...nter Olympics, two United ...tags were slowly raised at ...ntada ceremonies. It was a ...moment, and it turned the ... a winter wonderland for ...m and twins on skis.

...ntal dragged around ... neck for winning the ... still was only the ...ppiest of his day. His ... in Arizona to a man ...was making his first ...nt Bjelasnica. He ... after he had wait... ...ed away in tears.

...Steve, took the ...econds off his ...bronze was won ...Yahoo ...hem the Soviet ...total medals ...gold medal it ... when Step... ...it won the ...nter crowd ...n athletes ...nk in the ...oodbye to ...

...es' had ...fingers. ...h their ...12 m...

BROTH...
Phil M...

...resno St. ...
...6th-ranked ...

...bronze medalist Didier Bouvet ...Olympic slalom runs

1. Sherry Ford and Diana Matracia shop at a local merchant. 2. Bob Maher sells M&M's for school fundraiser.

Community Support Was Tremendous

Many local merchants contributed to the production of the 1984 edition of Greenback Notes. The ads that were placed in the book helped in many ways. For example, they helped pay for the color pages, special artwork and general publication costs.

The community support was greatly appreciated and helped tremendously in making this year's yearbook, "Above the Rest."

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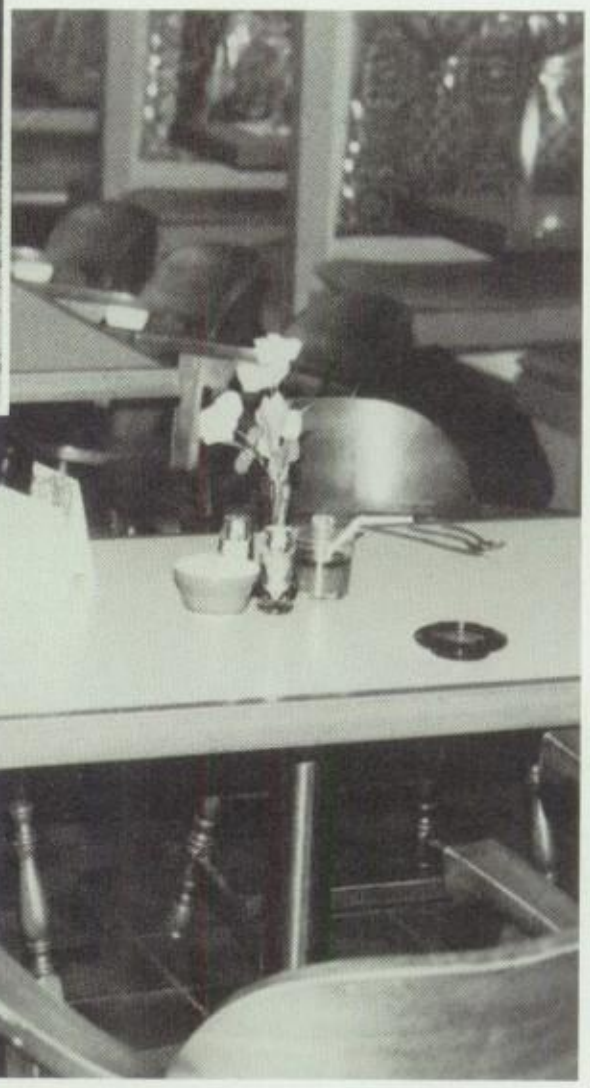
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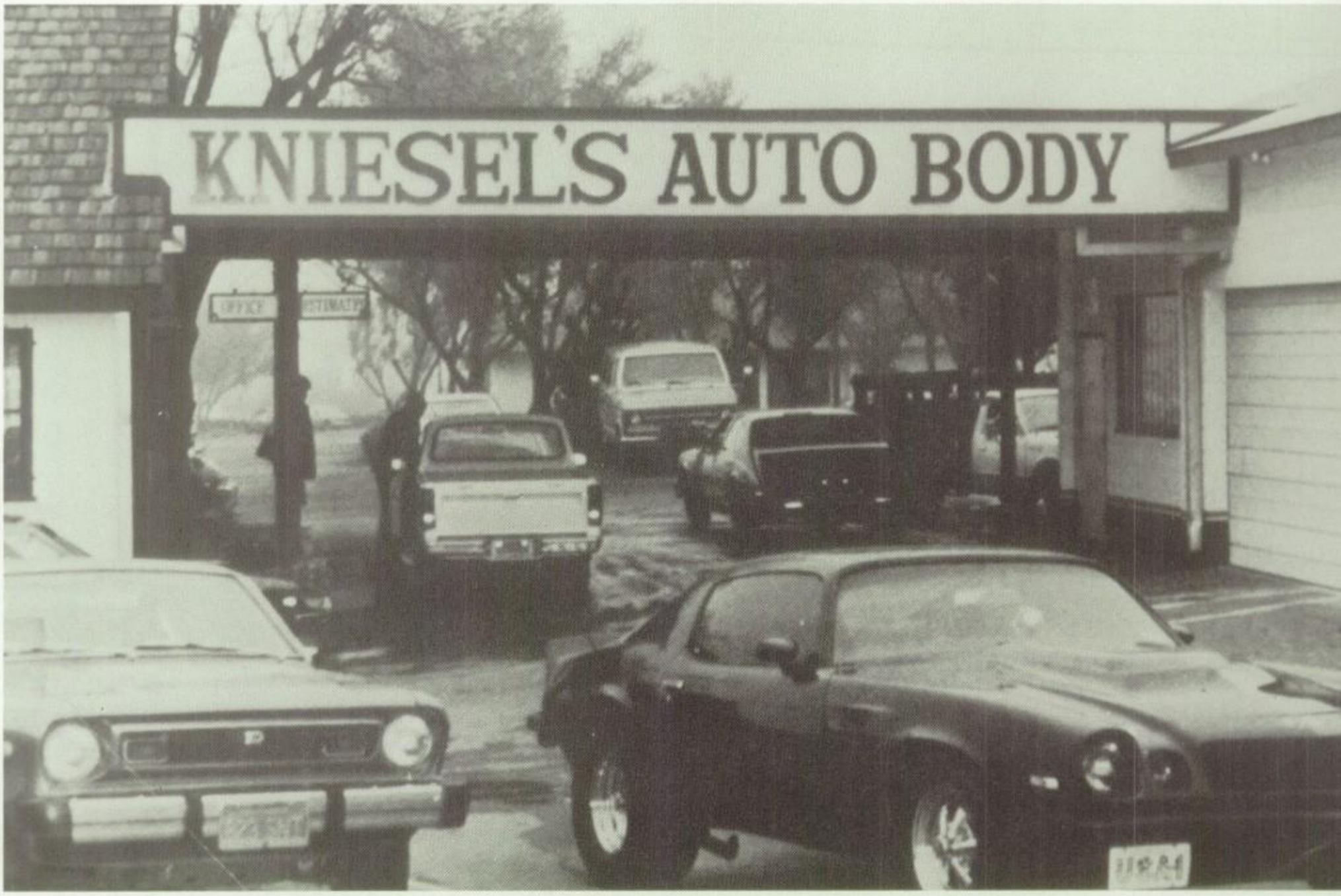

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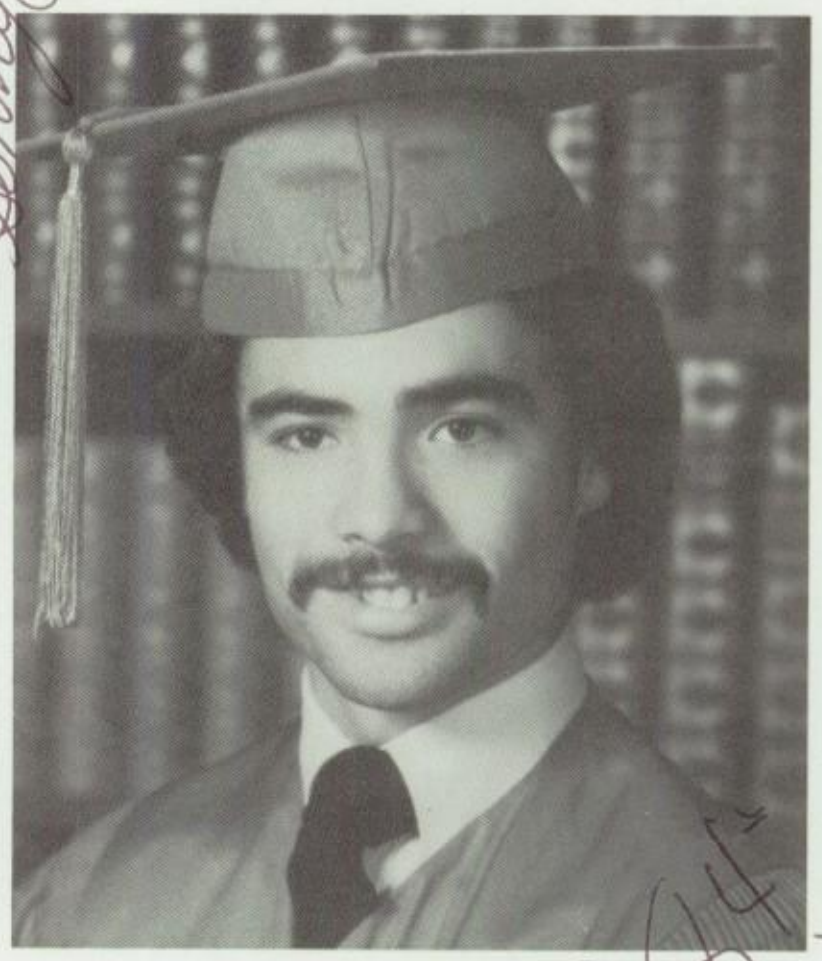

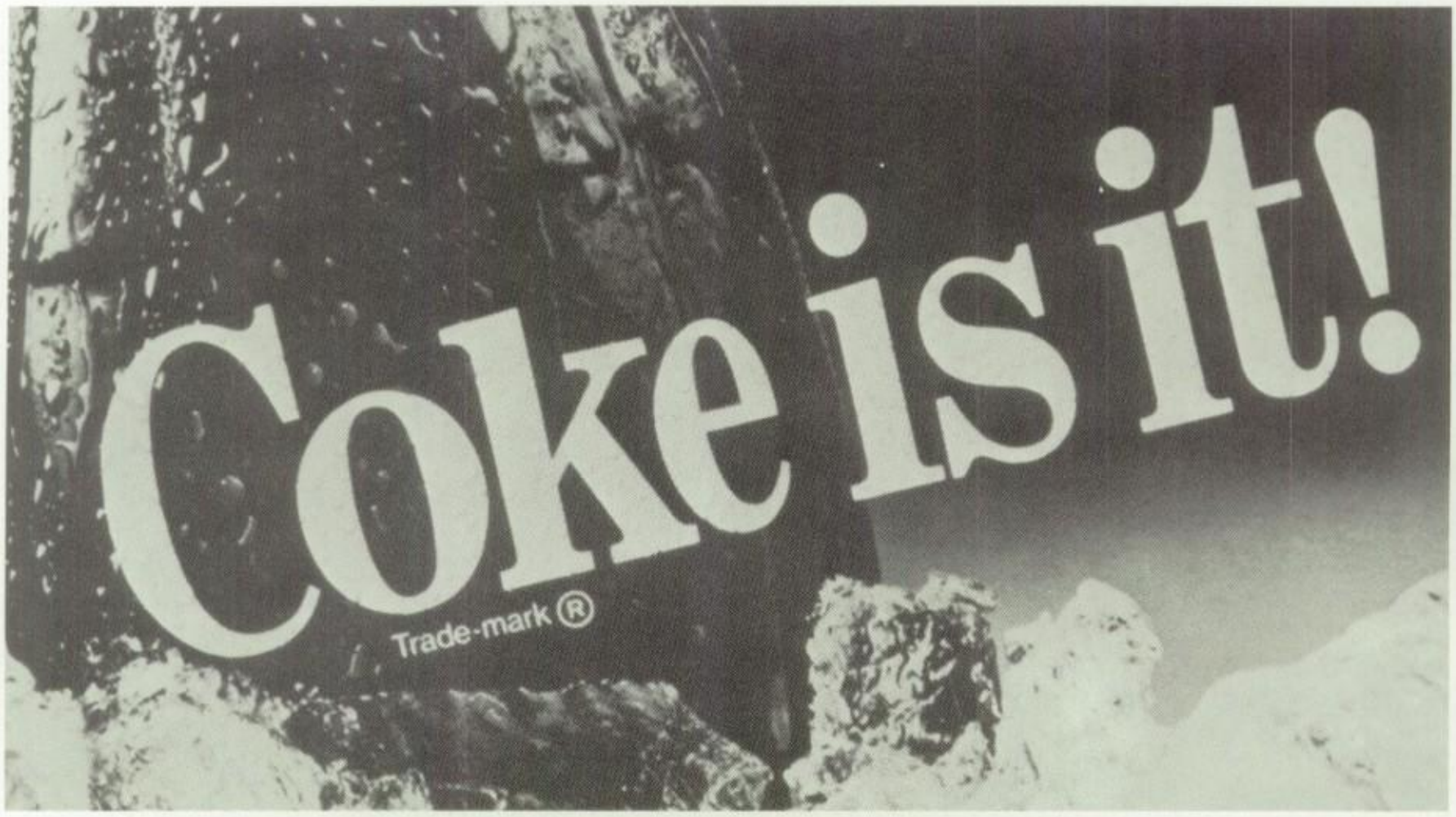

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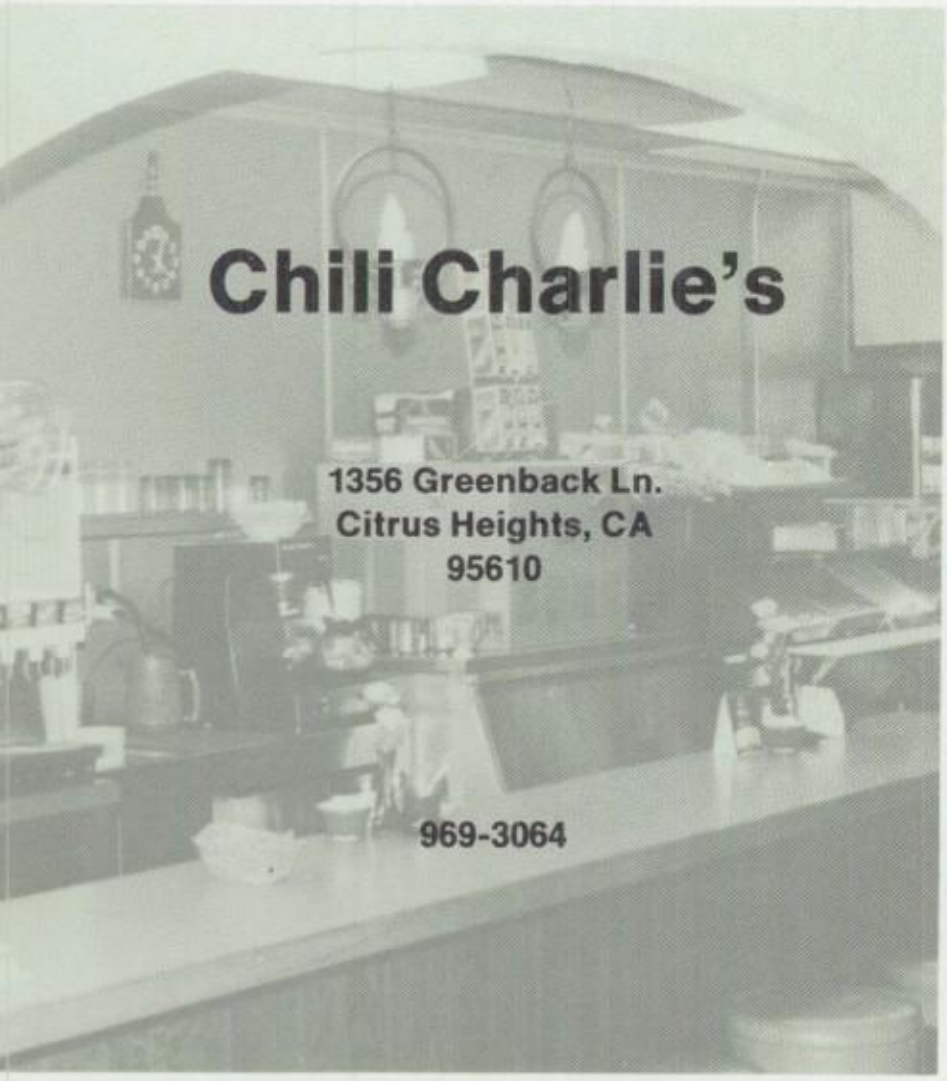

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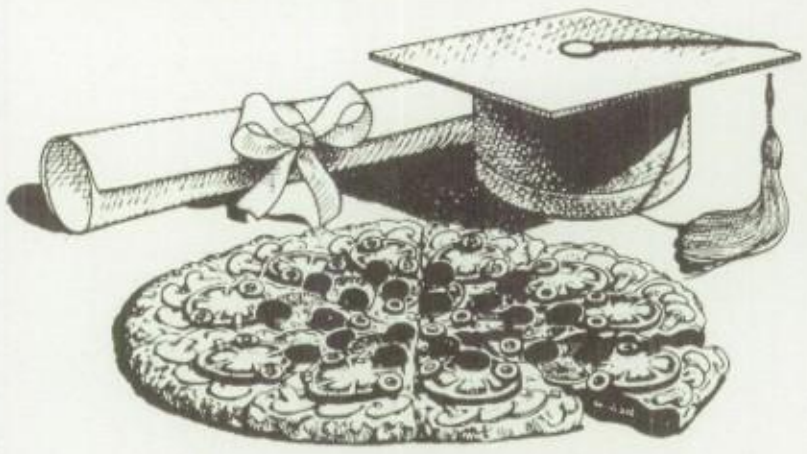

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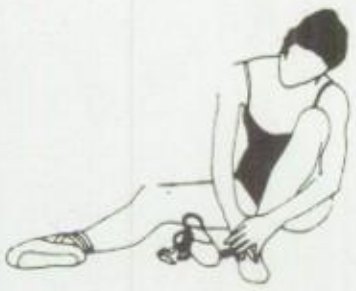

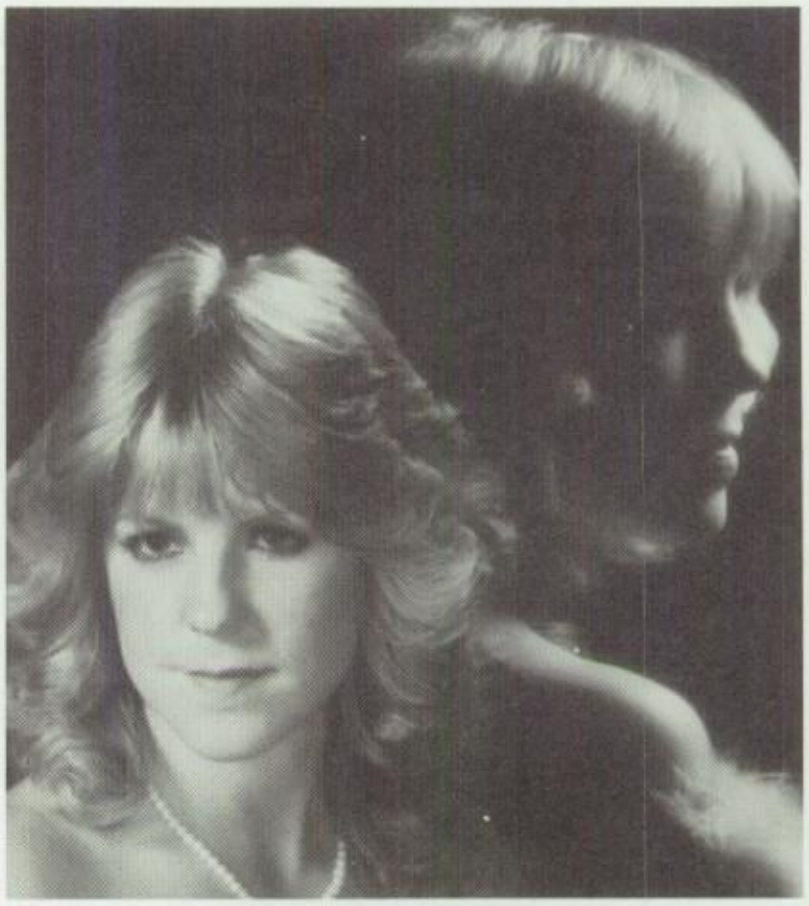

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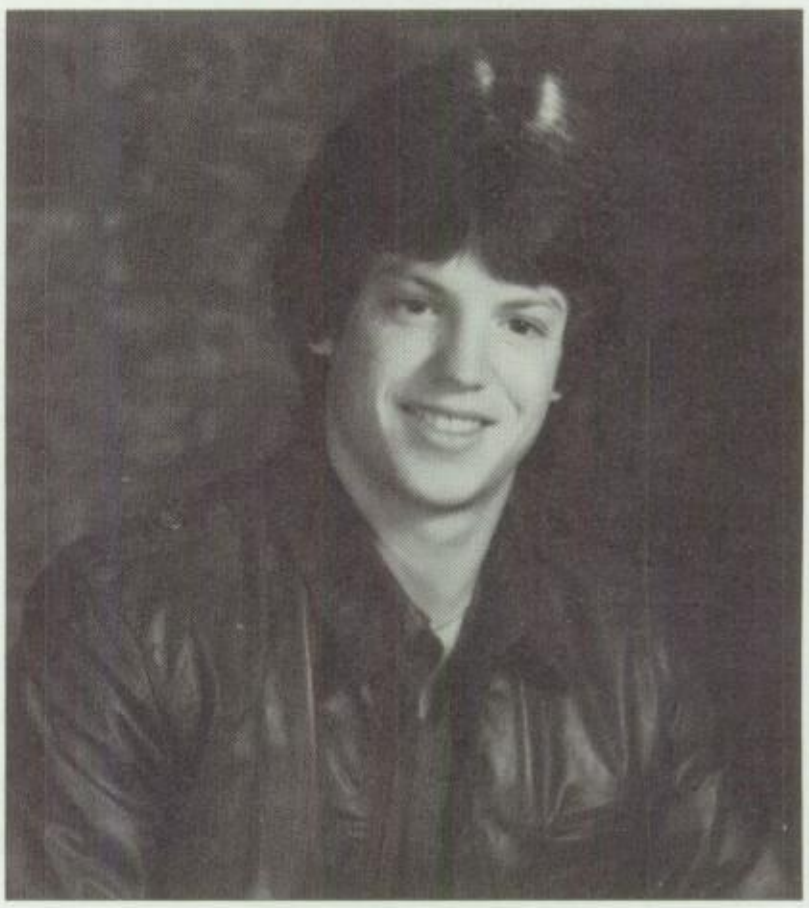

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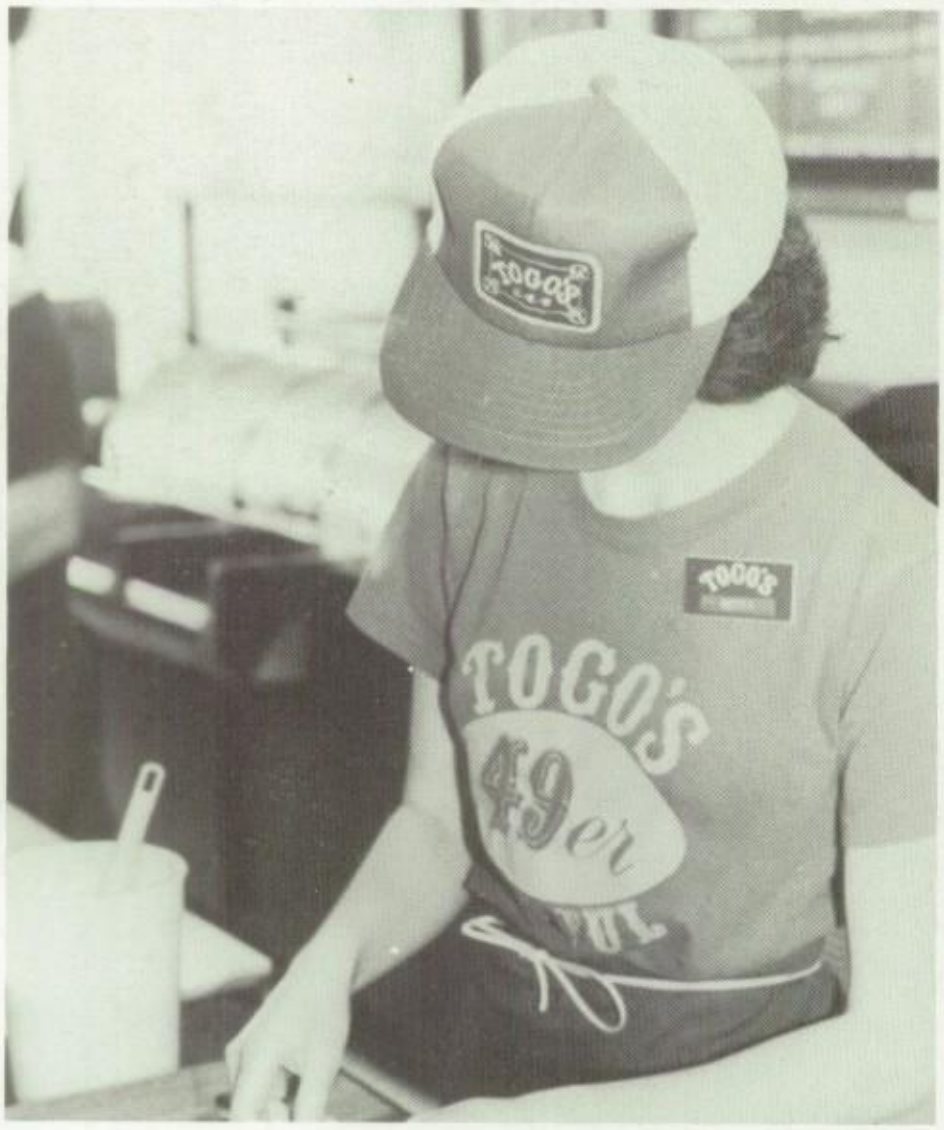

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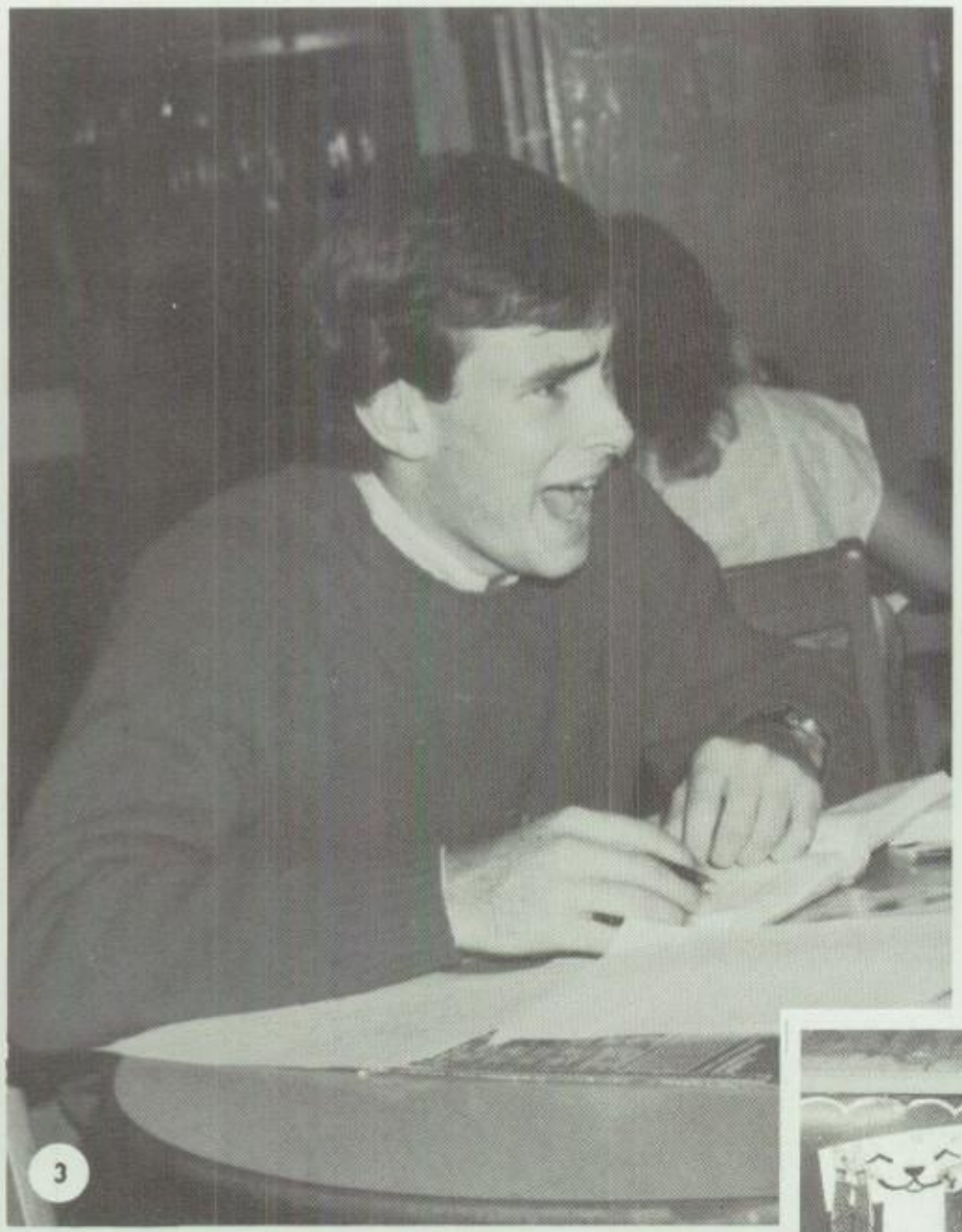
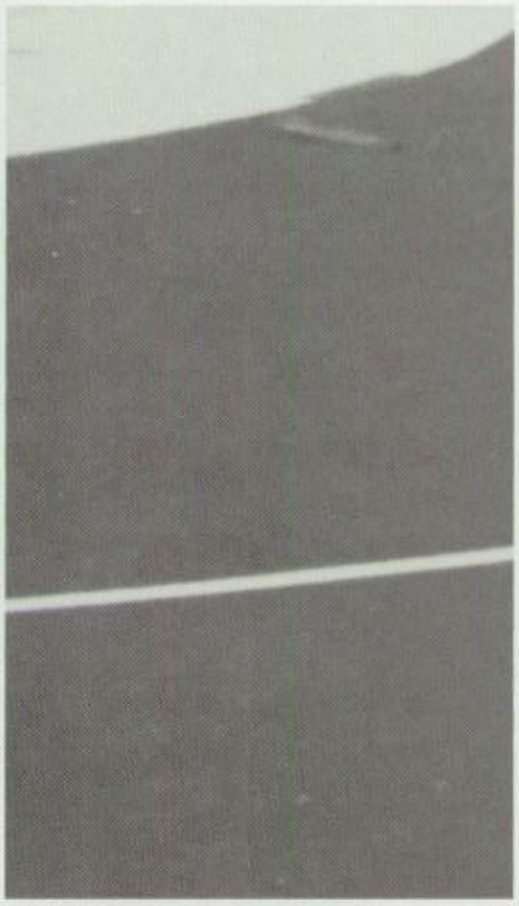
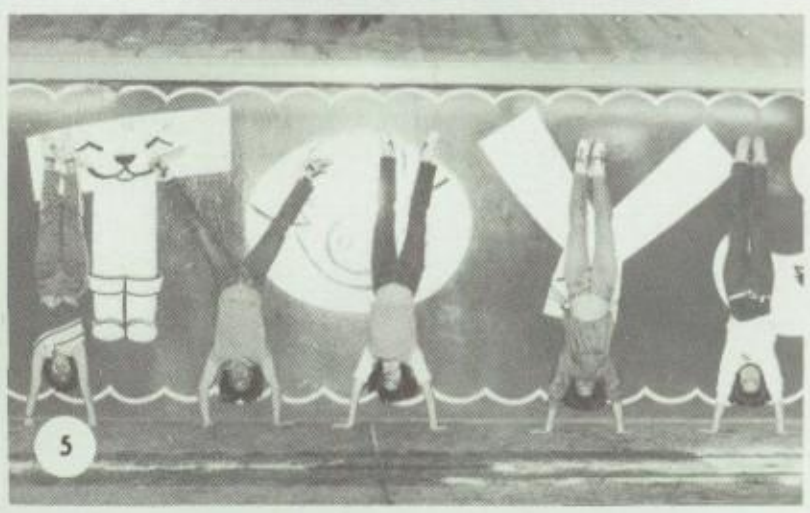
Spartans Prove Their Superiority

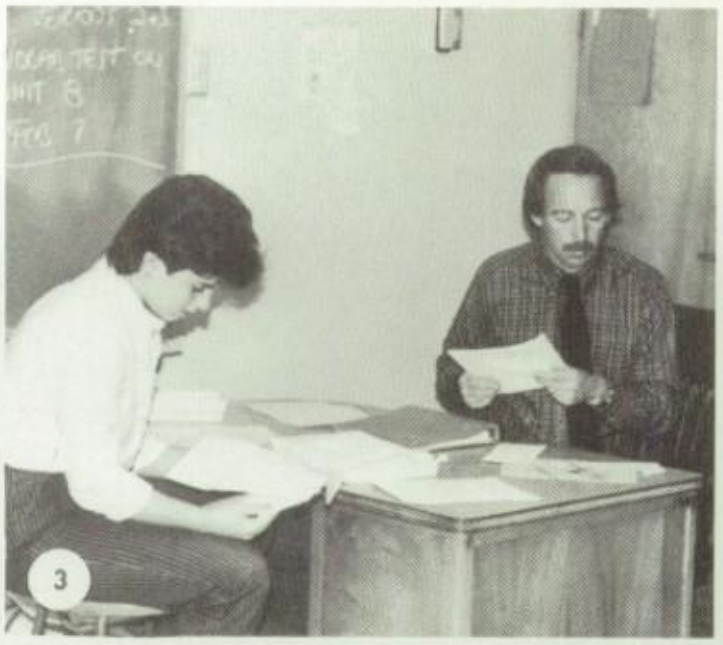
The San Juan Spartans have proven to be better than the rest. Athletic participation and game attendance has reached their peak. Rarely could anyone find a seat at a basketball or football game that didn't bring a feeling of claustrophobia. Furthermore closed campus (although most won't admit it) was beneficial in various ways. Clubs never have been more active than this year. Meeting rooms were filled with people looking for something to do with their lunch breaks. It's no wonder why San Juan has gained the respect of the community around us. Parents and businesses supported our athletes and publications, showing their confidence and appreciation in and to the students. Together, students and teachers made San Juan "Above the Rest."

1. San Juan Spartans: a name to proud of. 2. The Spartan might was displayed throughout the 1984 school year by every student. 3. An excited Geoff Shaw finally grasps the derivative and antiderivative after studying in the library for hours. 4. Renee Slocum, Chris Gopez, and Laurie Counts eat their homemade lunch in the cafeteria. 5. Leslie Stalz, Jeff Matracia, Debbie Harvill, Donna Boling and Krista Jensen stopped at the Nut Tree on the way home from the playoff game in Vallejo.





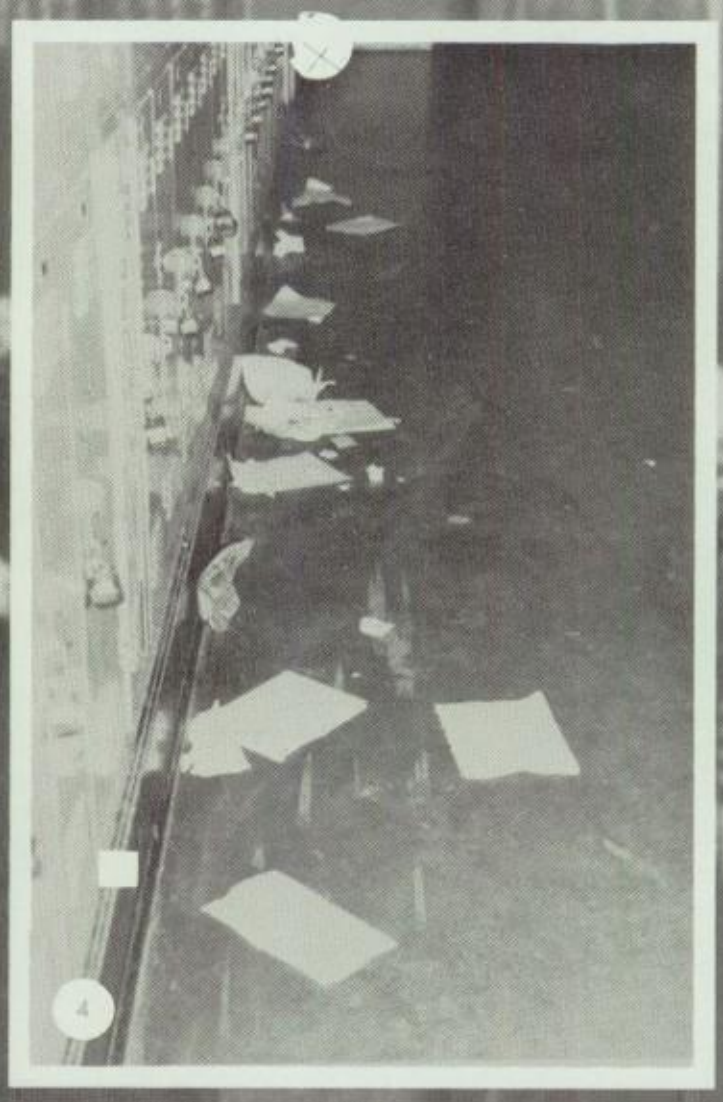




1. San Juan's unique indoor halls hold unique individuals every school day. 2. Seniors Brian Guensler, Bryan Victor, Rick Simmons, Marc Tanfani, Keith Ellis, Mike Hemphill, Jerry Kind and Brian Kurtz devote their ever so precious lunch time to a camera. 3. Sue Petroni and Smokey Murphy go over the agenda for the last rally. 4. Papers in the halls were a familiar sight after final exams. 5. This Cabbage Patch Kid is hung on the idea of visitng Cabbage Patch General.

Students' Hopes Build

Although the spirit, participation, unity and
titudes of every student are rising, there is
ill room for improvement. Returning
udents will have a task ahead of them to
eate an ideal school. For example, school
od needs definite improvement, rallies were
t attended by as many members of each
ass as desired, and the Spartans can always
prove their athletic records.
Hopes and dreams to aspire to a lofty posi-
n as the "perfect" school are held in the
inds of each Spartan. Departing seniors,
wever, will know that they made San Juan
e best it could be. San Juan is shoulders
bove the Rest."



Erin,
I hope you have a terrific
summer, and maybe some do
you will. Pass Business Mat
Ha! Ha! just kidding, Sinc

Farewell to the Class of 1984

A never-ending cycle continues as the descent of the school year affects the Class of 1984 in a special way. Shakespeare once wrote, "Parting is such sweet sorrow." There is also a happiness in that parting. Leaving old friends can bring a tear to one's eye and leave a gap in one's heart. But the challenge of conquering new goals and a new independence will fill that gap (along with frequent letters from high school buddies.)

"This is the year we've waited for," said the Class of 1984 in September. "This year" has arrived and each senior holds happy memories of the events which have filled every minute. Finally getting that date for Homecoming, the Senior Picnic, Senior Breakfast, the Prom, Hawaii, and the Grad Trip are a few unforgettable events. Looking back and looking forward, the future seems bright for the graduates. As the theme of the Junior-Senior Ball states — The Best Is Yet To Come!!

Erin,
I'm going to miss you. I'm going to M.R. in the fall. Good luck in the future.
Karen Turk

3

4

5

1. There's no stopping us now! The Class of 1984. 2. Just as important as the L.A. Olympics or Ronald Reagan's running for re-election in 1984, this class had its year. 3. Kelly Montiero posts a sign advertising the April Variety Show. 4. Going over her answers, Michelle Philpot does her Advanced Biology homework. 5. Getting ready for practice, a Mighty Spartan keeps her body from going to pot through cheerleading.

Dear, Michelle, what a year! Up, not much more. I'm glad I met you this year, you've been a great friend.

Bye, your friend Michelle

Hectic is the only word to describe the war (call it World War III) that took place in B-7 this past year. The enemies were, naturally, deadlines, broken cameras, missing pictures, untaken pictures, my ulcers, Mr. T.'s ulcers, lost copy, Steve's singing and the Taylor mobile are some things that aided in the dilemma. However, with small miracles and hard work every deadline was met. A special thanks goes to: Mr. Terwilliger for the patience and willingness to run to the post office at 5:29; John Stephenson for helpful suggestions and a caring, helpful hand; Ed Smith Photography for one day film rushes and custom printing (you'll get your ice cream someday!); Kim Lymath for her unflagging devotion to keeping the finances of the book under control; Lisa Doss for the emergency developing of needed pictures; and the staff who did the best job possible so everyone can cherish the events that took place in the memorable year — 1984.

Thanks again,
Susan Nelson
Editor

Hello
Erin,
It's been a great
fun year at the
red & white. I bet
have had a fun 4 years
I have 2 more to go so keep
touch 725-7414
David
Brandon

Erin, I'm real glad
I met you. Have
a real good
summer
Stacey

Erin-

Hey Stinkz
It's been great
buggin' you all
year. Good luck in
that 5th
You do
outs and
See you
Hope to
Hue to

Erin-

Take care of your-
self! Maybe I
see you next year

Always,
Suzie

Erin,
Hope you have a
great summer, and
take care and good
luck in the future
Whatever you do,
stay sweet and
don't get into
any trouble.
Friends
Always,
Suzie

Erin-

HAVE A HAPPY DAY!!

OR DIE.

Chrismaday

Erin,
it was fun getting to know you
during math, I still remember
when we went to the carnival
and jumping on that big
trampoline!
Love Tim Finee

Hey Stinkz
It's been great
buggin' you all
year. Good luck in
that 5th
You do
outs and
See you
Hope to
Hue to

again this
year.
again
again
All over
Bud

KET
334-
6C136

Erin,

Hi, well it's been a long year I am glad we had some classes together it's been nice knowing you this year good-luck in your future and have a killer summer

Stay Sweet

"Ole" Celena

Rules

Erin
Stay Nasty
Dave

Nasty Shit!

KINKY is THE WORD!

Christopher

POP!

Erin
Its been nice known you and I wish you luck for your future. Have many happy years.

your friend
Jim Little

Erin,
Well I'm glad I met you. I didn't know anyone at first and being in a class full of the opposite sex really put me nervous. Thank for being a Friend your Friend

Erin,
Well we made it through another year (Oh gosh is it Sr. Year already) Graduating is a big step in life. Have a super summer & take care with whatever you do in life.
Best wishes
Christine Sparks

Erin,
Well we made it through another year (Oh gosh is it Sr. Year already) Graduating is a big step in life. Have a super summer & take care with whatever you do in life.
Best wishes
Christine Sparks

Erin,
Well we made it through another year (Oh gosh is it Sr. Year already) Graduating is a big step in life. Have a super summer & take care with whatever you do in life.
Best wishes
Christine Sparks

Erin,
Well I'm glad I met you. I didn't know anyone at first and being in a class full of the opposite sex really put me nervous. Thank for being a Friend your Friend

Erin,
Congratulations
you made it
through high school.
Enjoy the world!
Take care
Have a nice day

ERIN Gall
CLASS of '84"

To Erin,
A very flashy
girl, who's unstoppable
sex drive just might
get her in trouble.
Best Wishes
Stan Day
"86

Erin
Im really glad I
got to know you last year!
Your a real sweet person.
Have a great summer.
KIT
988-0789

Love ya,
Michelle

Mike Coco

Erin
Has ben fun

Erin,
Its Been nice
Knowing you
This year Have
a great summer
and a good life!
See ya's
Jaun Segelat

To. Erin
Hi, what's the haps
I hope you have a
Killer Summer, And a
HAPPY Life From Now
On till Life Comes
to an End. "K."
Friends
Lynda.

June 4) 1984.

Erin
Good luck in
whatever you do
Have a good summer
Erin

YEARBOOKS
by TAYLOR